

# Bringing a Little Extra C.A.R.E. to Mountain Meadows

by Amanda Ledezma, RN, DOW

After lots of brainstorming, we have decided to name our new intergenerational therapy program the CARE (Child And Resident Engagement) program.

In November and December, we facilitated a few activities: gingerbread house making, holiday card making and delivery to resident rooms, and holiday story time in small groups room to room. The residents enjoyed the activities at least as much as the children did.

We also hosted a music class with Cassandra Bridges of Fruit Tones Studio. It was a huge hit for over 20 residents and 10 children. She will begin hosting weekly classes in our Memory Care unit every Thursday morning starting in January.

We want to thank you for your generous support of this program in response to our annual fundraising letter. If you are interested in volunteering or getting a child (or grandchild) involved, please email me at

[wellness@mountianmeadowsliving.org](mailto:wellness@mountianmeadowsliving.org)

Please also follow us on Facebook at Mountain Meadows Senior Living to see live updates on the program's development.





Merry  
**CHRISTMAS**  
to you

