

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2020

IL Discovery Villages at Sugarloaf

<p>10:00- Bus Transportation To St. Monica Catholic Church 10:40 Bus Transportation To- Sugarloaf United Methodist 11:00(T) Worship with Grace Point Community Church 1:00 (CR) Bingo 2:30 (FL) Stars and Strikes Bowling 2:30 (B) Art 3:00 (T) Sunday Afternoon Movie And popcorn 4:00 (T) Football games</p>	<p>10:00 (ER) Sit and Fit 10:30 Go on a Nature walk 11:00-(2FD) Bible Study 2:00-(CR) Bridge Club 2:30 (L) Book Club 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise New Year's Day</p>	<p>10:00 (ER) Sit and Fit 10:30 (FL) Walking Group 11:00 (2FD) Bible Study with Rae 1:00 (CR) Bingo 1:00 (B) Painting Class 2:30 (DR) Food Forum Meeting 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 4:30 (T) Night at the Theatre</p>	<p>10:00 (ER) Sit and Fit 10:30 (FL) Walking Group 11:00 (2FD) Bible Study 1:00 (CR) Bingo 1:00 (B) Trip to Kroger 2:00-(CR) Bridge Club 2:30(T) - Wii Bowling 3:00-(CR) Writing Club 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 4:30 (T) Night at the Movies</p>	<p>10:00 (ER) Sit and Fit 10:30 (FL) Walking Group 11:00 (2FD) Bible Study/ Lora/ Jodi 1:00 (CR) Bingo 2:00(B) Putting the Past in Order Game 5:30 (B) Social Event with wine 6:30 (T) Night at the Theatre</p>	<p>10:00 (ER) Sit and Fit 10:30(FL)- Walking Club 11:00 (2FD) Bible Study w/ Carolyn 12:30 (B) New Year's Day Puzzles 1:00 (L) Walmart Run 2:00 (B) Wii Bowling 2:30(T) - Advanced Exercise 3:00 (DR) Happy Hour with Brian</p>	<p>10:00(ER) Sit and Fit Exercise 1:00-(T) Saturday Afternoon Movie 1:00-(L) Sit and Knit Club 2:00 (CR) Just a Note to Say Thanks to someone 2:00 (B) North Gwinnett Students with Art 2:00-(CR)) Bridge Club 4:00-(D) Wine & Dine dinner services</p>
<p>10:00- Bus Transportation To St. Monica Catholic Church 10:40 Bus Transportation To- Sugarloaf United Methodist 11:00(T) Worship with Grace Point Community Church 1:00 (CR) Bingo 2:30 (FL) Stars and Strikes Bowling 2:30 (B) Art 3:00 (T) Sunday Afternoon Movie And popcorn 4:00 (T) Football games</p>	<p>9:15 (B) Men's Coffee and News 10:00 (ER) Sit and Fit 10:30(ER) - Walking Club 11:00 (2FD) Bible Study w/ Aaron 3:00 (ER) Advanced Exercise 3:30 (CR) Beginners Dominos 4:00 (DR) Life Stories 4:30 (T) Night at the Theatre</p>	<p>10:00 (ER) Sit and Fit 10:30 (FL) Walking Group 11:00 (2FD) Bible Study with Rae 1:00 (CR) Bingo 1:00 (B) Painting Class 2:30 (DR) Food Forum Meeting 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 4:30 (T) Night at the Theatre</p>	<p>7:30- Cracker Barrel Men's 10:00 (ER) Sit and Fit 10:30 (FL) Walking Group 11:00 Taste Yonah Mountain Vineyards wines 11:00-(2FD) Bible Study 1:30- Trip to Kroger 2:00-(CR) Bridge Club 2:30(T) - Wii Bowling 3:00-(CR) Writing Club 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 4:30 (T) Night at the Movies</p>	<p>10:00(ER) Easy Exercise 10:30 (FL) Walking Group 11:00 (2FD) Bible Study/ Lora/ Jodi 1:00 (CR) Bingo 2:00(B) Play a Game 2:30(T) Activities Meeting 3:00 (T) Residential Meeting 5:00 (B) Social Event with wine</p>	<p>10:00 (ER) Sit and Fit 10:30(FL)- Walking Club 11:00 (2FD) Bible Study w/ Carolyn 12:30 (B) Woodcraft Class 1:00 (L) Walmart Run 2:00 (B) Wii Bowling 2:30 (CR) Beginners Dominos 2:30(T) - Advanced Exercise 3:00 (DR) Happy Hour with Laura</p>	<p>10:00(ER) Sit and Fit Exercise 1:00-(T) Saturday Afternoon Movie 1:00-(L) Sit and Knit Club 1:30 (CR) Play a Game 2:00 (B) North Gwinnett Students with Art 2:00-(CR)) Bridge Club 2:30 (CR) Beginners Dominos 4:00-(D) Wine & Dine dinner services</p>
<p>10:00- Bus Transportation To St. Monica Catholic Church 10:40 Bus Transportation To- Sugarloaf United Methodist 11:00(T) Worship with Grace Point Community Church 1:00 (CR) Bingo 2:30 (FL) Stars and Strikes Bowling 2:30 (B) Art 3:00 (T) Sunday Afternoon Movie And popcorn 4:00 (T) Football games</p>	<p>9:15 (B) Men's Coffee and News 10:30(ER) - Walking Club 10:45(FL) Joyful Noise Luncheon 11:00 (2FD) Bible Study w/ Aaron 2:00 (B) Art class 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 3:00 (T) Football games Party 4:00 (CR) Remembering Courage National Rubber Duckie Day</p>	<p>10:00 (ER) Sit and Fit 10:30 (FL) Walking Group 11:00 (2FD) Bible Study with Rae 1:00 (CR) Bingo 1:00 (B) Movie day at Movie Traven 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 4:30 (T) Night at the Theatre Dress Up Your Pet Day</p>	<p>10:00 (ER) Sit and Fit 10:30 (FL) Walking Group 11:30- Men's Lunch Outing 1:30 (FL) Trip to Publix 2:00-(CR) Bridge Club 2:30(T) - Wii Bowling 3:00-(CR) Writing Club 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 4:30 (T) Night at the Movies National Hat Day</p>	<p>10:00(ER) Easy Exercise 10:30 (FL) Walking Group 10:30- Happy Tails Pets 11:00 (2FD) Bible Study/ Lora/ Jodi 1:00 (CR) Bingo 1:00 (B) Handmade Greeting Cards 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 5:30 (B) Social Event with wine</p>	<p>10:00 (ER) Sit and Fit 10:30(FL)- Walking Club 11:00 (2FD) Bible Study w/ Carolyn 12:30 (B) Woodcraft Class 1:00 (L) Walmart Run 2:00 (B) Wii Bowling 2:30(T) - Advanced Exercise 3:00 (DR) Happy Hour with Yvette</p>	<p>10:00(ER) Sit and Fit Exercise 1:00-(T) Saturday Afternoon Movie 1:00-(L) Sit and Knit Club 1:30 (CR) Play a Game 2:00 (B) North Gwinnett Students with Art 2:00-(CR)) Bridge Club 2:30 (CR) Beginners Dominos 4:00-(D) Wine & Dine dinner services</p>
<p>10:00- Bus Transportation To St. Monica Catholic Church 10:40 Bus Transportation To- Sugarloaf United Methodist 11:00(T) Worship with Grace Point Community Church 1:00 (CR) Bingo 2:30 (FL) Stars and Strikes Bowling 2:30 (B) Art 3:00 (T) Sunday Afternoon Movie And popcorn 4:00 (T) Football games Activity Professionals Week</p>	<p>9:15 (B) Men's Coffee and News 9:00 Martin Luther King, Jr. National Historical Park 10:00 (ER) Sit and Fit 10:30(ER) - Walking Club 11:00 (2FD) Bible Study w/ Aaron 1:00 (L) Art Class 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 4:30 (T) Night at the Theatre Martin Luther King Day</p>	<p>10:00 (ER) Sit and Fit 10:30 (FL) Walking Group 11:00 (2FD) Bible Study with Rae 12:00 ATLANTA'S CENTER FOR CIVIL AND HUMAN RIGHTS PROVIDES MOVING EXPERIENCE 1:00 (CR) Bingo 2:00 Art Class 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise</p>	<p>7:30- Cracker Barrel Men's 9:00- Museum of Aviation 10:00 (ER) Sit and Fit 10:30 (FL) Walking Group 11:00-(2FD) Bible Study 1:30- Trip to Kroger 2:00-(CR) Bridge Club 2:30(T) - Chair Yoga 3:00-(CR) Writing Club 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise</p>	<p>10:00(ER) Easy Exercise 10:30 (FL) Walking Group 11:00 (2FD) Bible Study/ Lora/ Jodi 1:00 (CR) Bingo 1:00 (B) From Selma to Montgomery Problem 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 5:00 (B) Social Event with wine/ with Pie National Pie Day</p>	<p>10:00 (ER) Sit and Fit 10:30(FL)- Walking Club 11:00 (2FD) Bible Study w/ Carolyn 12:30 (B) Woodcraft Class 1:00 (L) Walmart Run 2:00 (B) Wii Bowling 2:30(T) - Advanced Exercise 2:30 (CR) Beginners Dominos 3:00 (DR) Happy Hour with Steve</p>	<p>10:00(ER) Sit and Fit Exercise 1:00-(T) Saturday Afternoon Movie 1:00-(L) Sit and Knit Club 1:30 (CR) Play a Game 2:00 (CR) The Chinese Calendar All about it 2:00 (B) North Gwinnett Students with Art 2:00-(CR)) Bridge Club 4:00-(D) Wine & Dine dinner services Chinese New Year</p>
<p>10:00- Bus Transportation To St. Monica Catholic Church 10:40 Bus Transportation To- Sugarloaf United Methodist 11:00(T) Worship with Grace Point Community Church 1:00 (CR) Chinese New Year Bingo 2:30 (FL) Stars and Strikes Bowling 2:30 (B) Art 3:00 (T) Sunday Afternoon Movie And popcorn 4:00 (T) Football games</p>	<p>9:15 (B) Men's Coffee and News 9:00- Trip To Ga Aquarium 10:00 (ER) Sit and Fit Exercise 10:30(ER) - Walking Club 11:00 (2FD) Bible Study w/ Aaron 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 4:00 (CR) Beginners Dominos Bubble Wrap Appreciation Day Australia Day (observed)</p>	<p>10:00 (ER) Sit and Fit 10:30 (FL) Walking Group 11:00 (2FD) Bible Study with Rae 1:00 (CR) Bingo 1:00 (B) Chinese New Year Trivia 2:30 (DR) Food Forum Meeting 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 4:30 (T) Night at the Theatre</p>	<p>7:30- Cracker Barrel Men's 10:00 (ER) Sit and Fit 10:30 (FL) Walking Group 11:00-(2FD) Bible Study 1:00- Penny 1:30- Trip to Publix 2:00-(CR) Bridge Club 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 4:30 (T) Night at the Movies</p>	<p>10:00(ER) Easy Exercise 10:30 (FL) Walking Group 11:00 (2FD) Bible Study/ Lora/ Jodi 1:00 (CR) Bingo 1:00 (B) Learn all about different kind of Music 3:00 (ER) Advanced Exercise 3:30 (ER) Easy Exercise 5:00 (B) Social Event with wine Nails all day</p>	<p>8:30 (L) Cracker Barrel Ladies 10:00 (ER) Sit and Fit 10:30(FL)- Walking Club 11:00 (2FD) Bible Study w/ Carolyn 12:30 (B) Woodcraft Class 1:00 (L) Walmart Run 2:00 (B) Wii Bowling 2:30(T) - Advanced Exercise 2:30 (CR) Beginners Dominos 3:00 (DR) Happy Hour with Charles</p>	<p>Abbreviations: 2FD- 2nd Floor Den; FL- Floor Lobby ER- Exercise room L- Library B- Bistro DR- Dining Room T- Theatre CR- Card Room</p>

Activities are subject to change please check your daily