

Resident Spotlight: January



Cheryl Sisario

Cheryl is a very proud Canadian who moved from Winnipeg, Canada to Redondo Beach, CA at the age of 15 with her family of 7 brothers and a sister. She met her first husband, Clifford "Mike" at Redondo Beach H.S and together they had 2 girls, Gina and Gaylene. Cheryl spent her time caring for her home and family and shopping!

Following the early loss of her husband, she met a career Naval soldier, Fred, through a friend and they lived in Vista, CA. Together they enjoyed socializing and going to the local Casinos to play penny slots.

At Vista Gardens, Cheryl continues to enjoy socializing, humor, movies and parties! Cheryl, we're happy to know you!

Welcome New Residents!



to our Vista Gardens Family!

Joseph "Pat" O.

Virginia P.

Thomas G.

We are very glad to meet you!

Food for Thought

***We cannot give them
their memory back,
but we can give them an
experience that
triggers memory.***

Moyra Jones

December 2019 Employee of the Month



**Jose Robles
Med-Tech**

Jose' was born in the city of Guadalajara, Mexico and moved to Fallbrook with his parents and 3 brothers at the age of 15. He has remained in Fallbrook and enjoys time there with his partner and 2 Corgis.

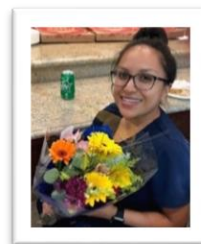
Jose' began working in Senior Care communities as a server, then a caregiver and ultimately a med-tech. He plans to start Nursing School next year with the goal of earning his RN degree in 2 years.

Jose' says he has remained at Vista Gardens for 5 years because our residents have become like family and he has a supportive staff and encouraging Management team.

Way to go, Jose. We're proud of you!

2019 Employee of the Year

**Mercedes
Bahenas**



Mercedes was chosen by our Management team as 2019 Employee of the Year. She is one of our very special caregivers. She is small in stature, but we have learned not to underestimate her abilities!

Mercedes has served her residents and families at Vista Gardens 3 years and has won the respect of her supervisors and co-workers. Our residents love her calm demeanor and her smile. Our team loves her dependability, capability and her positivity.

She is the proud mother of two beautiful Children, Sofia and Antonio Thanks, Mercedes for being part of our Vista Gardens team!

Congratulations from all of us!