

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

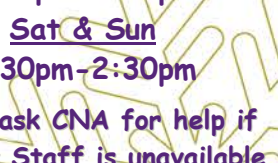
Saturday

# January 2020

Music Center  
Always Available by the  
1<sup>st</sup> Floor Activity Area

All Small Groups  
Now Run on the 1<sup>st</sup> Floor

"PCA"  
Programs being led  
by a Personal Care Aid  
on the 1<sup>st</sup> Floor

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| <div></div> <h1>January 2020</h1> <div><div><u>Music Center</u><br/>Always Available by the<br/>1<sup>st</sup> Floor Activity Area</div><div>All Small Groups<br/>Now Run on the 1<sup>st</sup> Floor</div><div><u>"PCA"</u><br/>Programs being led<br/>by a Personal Care Aid<br/>on the 1<sup>st</sup> Floor</div></div> |                                                                                                                                                                                                                                                                                              | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>10:30 Elvis is in the Building!<br>1:30 Humming Your Way to Health<br>2:00 Hometown Hero<br>2:30 Writer's Corner<br>3:30 Core-Strengthening Training<br>4:00 Walking Group<br>6:00 Happy Hour<br><small>New Year's Day</small>                 | 9:30 Coffee Time<br>10:00 Morning Circle<br><b>11:00 Reading with Renu</b><br>1:30 Mandarin Orange Still Life<br>2:00 Thirsty Thursday<br>2:30 Let's Get Active<br>3:00 Book Club<br>4:00 Chit & Chat<br>6:00 Evening Movie (PCA)                                         | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>11:00 Can You Puzzle This<br>1:30 Canvas Art<br>2:30 Sing Out Loud<br>3:30 Photo Booth Friday<br>4:00 Walking Group<br>6:00 Memory Card Game                          | 9:30 News & Views/<br>Coffee Hour<br>10:30 Morning Circle<br>11:00 Exercise Class<br>1:30 Noodle Hockey<br>2:30 Collage Art<br>3:30 Saturday Cinema (PCA)<br>6:00 Story Time                                                         |
| 9:30 News & Views<br><b>10:45 Catholic Service (IL)</b><br>11:30 Daily Inspiration<br>1:30 Documentary<br>2:30 Nail Care (PCA)<br>3:30 Meditative Art<br>6:00 Evening Film<br><br><i>Happy Birthday Joe J !!</i>                                                                                                                                                                                            | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>10:30 Movement to Music<br>11:00 Hangman<br>1:00 Mandala Art w/ Chuck<br>2:00 Baker's Club<br>2:30 Poetry Corner<br>3:30 Share Your Stories<br>4:00 Walking Group<br>6:00 Sing Along                                                         | 9:30 Coffee Time<br><b>9:45 Explore Hockessin</b><br>10:00 Morning Circle<br>11:00 Armchair Traveler<br>1:30 Parachute Time<br>2:00 Drama Class<br>2:30 Chicken Soup for the Soul<br>3:00 Wine & Dine<br>4:00 Tuesday Trivia Time<br>6:00 Mandala Art (PCA)                                    | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>10:30 Movement to Music<br>11:00 Ropin' Wrangler Games<br>1:30 Humming Your Way to Health<br>2:00 Leg-Strengthening Workout<br>2:30 Pass the Ball<br>3:30 Men's & Ladies' Group<br>4:00 Walking Group<br>6:00 Puzzle Time | 9:30 Coffee Time<br>10:00 Morning Circle<br>11:00 Who Am I?<br>1:30 MLK Plaque<br>2:00 Thirsty Thursday<br>2:30 Table Top Tennis<br>3:00 Drum Circle<br>4:00 Fireside Chat<br>6:00 Evening Movie (PCA)                | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>11:00 What's in the Box<br>1:30 Team Jeopardy<br>2:30 Wheel of Fortune<br>3:30 Photo Booth Friday<br>4:00 Walking Group<br>6:00 Evening Bingo                                        |
| 9:30 News & Views<br><b>10:45 Catholic Service (IL)</b><br>11:30 Daily Devotion<br>1:30 Documentary<br>2:30 Nail Care (PCA)<br>3:30 Meditative Art<br>6:00 Evening Film                                                                                                                                                                                                                                     | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>10:30 Movement to Music<br>11:00 Word Mining<br>1:00 Mandala Art w/ Chuck<br>2:00 Afternoon Trivia<br>2:30 Travelogue to Brazil<br>3:30 History of Mysteries<br>4:00 Walking Group<br>6:00 Drum Circle                                       | 9:30 Coffee Time<br><b>9:45 Explore White Clay</b><br>10:00 Morning Circle<br><b>11:00 Conversations with Sue</b><br>1:30 Name That Tune<br>2:00 Finish the Phrase<br>2:30 Table Top Tennis<br>3:00 Word Find<br>4:00 Tuesday Trivia Time<br>6:00 Wii Games                                    | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>10:30 Elvis is in the Building!<br>1:30 Humming Your Way to Health<br>2:00 Hometown Hero<br>2:30 Writer's Corner<br>3:30 Core-Strengthening Training<br>4:00 Walking Group<br>6:00 Happy Hour                             | 9:30 Coffee Time<br>10:00 Morning Circle<br><b>11:00 Reading with Renu</b><br>1:30 Painter's Club<br>2:00 Thirsty Thursday<br>2:30 Let's Get Active<br>3:00 Book Club<br>4:00 Chit & Chat<br>6:00 Evening Movie (PCA) | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>11:00 Can You Puzzle This<br>1:30 Canvas Art<br>2:30 Sing Out Loud<br>3:30 Photo Booth Friday<br>4:00 Walking Group<br>6:00 Memory Card Game<br><br><i>Happy Birthday Emily N !!</i> |
| 9:30 News & Views<br><b>10:45 Catholic Service (IL)</b><br>11:30 Daily Inspiration<br>1:30 Documentary<br>2:30 Nail Care (PCA)<br>3:30 Meditative Art<br>6:00 Evening Film<br><br><small>Activity Professionals Week</small>                                                                                                                                                                                | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>10:30 Movement to Music<br>11:00 Name Ten<br>1:00 Mandala Art w/ Chuck<br>2:00 Baker's Club<br>2:30 Poetry Corner<br>3:30 Share Your Stories<br>4:00 Walking Group<br>6:00 Sing Along<br><br><small>Martin Luther King Day</small>           | 9:30 Coffee Time<br><b>9:45 Explore Carousel</b><br>10:00 Morning Circle<br>11:00 Armchair Traveler<br>1:30 Parachute Time<br>2:00 Drama Class<br>2:30 Chicken Soup for the Soul<br>3:00 Wine & Dine<br>4:00 Tuesday Trivia Time<br>6:00 Mandala Art (PCA)                                     | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>10:30 Movement to Music<br>11:00 Ropin' Wrangler Games<br>1:30 Humming Your Way to Health<br>2:00 Leg-Strengthening Workout<br>2:30 Pass the Ball<br>3:30 Men's & Ladies' Group<br>4:00 Walking Group<br>6:00 Puzzle Time | 9:30 Coffee Time<br>10:00 Morning Circle<br>11:00 Who, What When & Where?<br>1:30 MLK Plaque<br>2:00 Thirsty Thursday<br>2:30 Table Top Tennis<br>3:00 Drum Circle<br>4:00 Fireside Chat<br>6:00 Evening Movie (PCA)  | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>11:00 What's in the Box<br>1:30 Team Jeopardy<br>2:30 Wheel of Fortune<br>3:30 Photo Booth Friday<br>4:00 Walking Group<br>6:00 Evening Bingo                                        |
| 9:30 News & Views<br><b>10:45 Catholic Service (IL)</b><br>11:30 Daily Devotion<br>1:30 Documentary<br>2:30 Nail Care (PCA)<br>3:30 Meditative Art<br>6:00 Evening Film                                                                                                                                                                                                                                     | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>10:30 Movement to Music<br>11:00 Hangman<br>1:00 Mandala Art w/ Chuck<br>2:00 Poetry Corner<br>2:30 Share Your Stories<br>3:30 History of Mysteries<br>4:00 Walking Group<br>6:00 Drum Circle<br><br><small>Australia Day (observed)</small> | 9:30 Coffee Time<br><b>9:45 Explore Newark</b><br>10:00 Morning Circle<br><b>11:00 Conversations with Sue</b><br>1:30 Name That Tune<br>2:00 Finish the Phrase<br>2:30 Table Top Tennis<br>3:00 Word Find<br>4:00 Tuesday Trivia Time<br>6:00 Wii Games<br><br><i>Happy Birthday Lois B !!</i> | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>10:30 Elvis is in the Building!<br>1:30 Humming Your Way to Health<br>2:00 Hometown Hero<br>2:30 Writer's Corner<br>3:30 Core-Strengthening Training<br>4:00 Walking Group<br>6:00 Happy Hour                             | 9:30 Coffee Time<br>10:00 Morning Circle<br><b>11:00 Reading with Renu</b><br>1:30 Painter's Club<br>2:00 Thirsty Thursday<br>2:30 Let's Get Active<br>3:00 Book Club<br>4:00 Chit & Chat<br>6:00 Evening Movie (PCA) | 9:30 Daily Gratitude<br>10:00 Morning Circle<br>11:00 Can You Puzzle This<br>1:30 Canvas Art<br>2:30 Sing Out Loud<br>3:30 Photo Booth Friday<br>4:00 Walking Group<br>6:00 Memory Card Game                                         |
| <div><b>Ice Cream Parlor Hours!</b><br/><u>Mon - Fri</u><br/><b>3:30pm-4:00pm</b><br/><b>6:30pm-7:00pm</b><br/><u>Sat &amp; Sun</u><br/><b>1:30pm-2:30pm</b><br/><br/>Please ask CNA for help if<br/>Activity Staff is unavailable</div> <div></div>                                                                   |                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                      |

The Neighborhood at The Summit ~ 5850 Limestone Road ~ Hockessin, DE 19707

302-235-8734

Programs are Subject to Change