



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>January 2020 DISCOVERY VILLAGE ASSISTED LIVING NOTE NEW LEGEND: C= COGNITIVE/CREATIVE P = PHYSICAL PR= PRODUCTIVE R= REFLECTIVE S= SOCIAL SY= SENSORY N= NATURE</p>			<p>1</p> <p>9:30 Armchair Fitness: Dance Aerobics on DVD – P: Bistro 10:30 Blurt Word Game – C, S: Bistro 11:00 Group Trivia - C, S: Bistro 1:30 Bingo – C, S: Study 3:00 Ice Cream Scoops served for 30 minutes – S: Bistro 3:30 Group Word Game – C S: Bistro 6:00 Sitcom – S, R: Theatre</p> <p>New Year's Day</p>	<p>2</p> <p>9:30 Armchair Fitness: Dance Aerobics on DVD - P: Bistro 10:30 Pokeno – C S: Study 1:30 Art: Snowflakes – PR C: Bistro 2:00 National Parks video #1 – N; Theatre 3:30 Corn Hole Toss – P, S, C, Sy: DR 6:00 Movie: Suspense/Mystery - Theatre</p>	<p>3</p> <p>8:45 Shopping Trip to Walmart – \$ needed to purchase PR C: Lobby for bus 9:30 Coloring –R PR: Bistro 11:00 Group Crossword – C S: Bistro 1:15 Scenic Bus Ride–N: Meet in the Lobby 1:30 Resident Choice Movie - Theatre 3:00 Cheers: cheese & crackers, sodas, beer & wine – S: Bistro 6:00 Movie: Western – Theatre</p>	<p>4</p> <p>10:15 Sit & Stretch with Brandie – P: Bistro 10:45 Favorite Things Chat – R: Bistro 11:15 Buzzword Word Game – C S: Bistro 1:45 Group Crossword – C S: Bistro 3:00 Ice Cream Scoops, served for 30 minutes – S: Bistro 3:45 Movie: Frank Sinatra; Till the Clouds Roll By - R S: Theatre 6:00 Movie: Repeat – Theatre</p>
<p>5</p> <p>10:15 Sit & Stretch – P: Bistro 10:45 Coffee Chat with Brandie – R: Bistro 11:15 Word Game/Trivia – C S: Bistro 1:30 Bingo - C: Study 3:00 Ice Cream Scoops served for 30 minutes – S: Bistro 3:45 Movie: Goldie Hawn; Lovers & Liars – R S: Theatre 6:00 Movie Repeat - Theatre</p>	<p>6</p> <p>12th Day of Christmas 9:30 Armchair Fitness - P: Bistro 10:10 Bridge Group – CL Study 10:30 Zumba: movement to music – P: Meet in lobby for Memory Care LR 11:00 Complimentary Hearing Aid Service – Bistro/Theatre 2:00 Exercise & Balance Class – P: DR 2:30 Afternoon Nature Documentary – N: Theatre 6:00 Movie: Resident Choice - Theatre</p>	<p>7</p> <p>8:00 Breakfast Cooking Demo: Chef Tyler makes Omelets to order – SY: DR 9:30 Armchair Fitness – P: Bistro 11:00 Mary Stella – R, S Memory Care LR 2:00 Hymn Sing – R, S Memory Care LR 2:40 Bible Sermon – R Memory Care LR 3:30 Trivia – C, S: Bistro 6:00 Movie: Western Night - S, R: Theatre</p>	<p>8</p> <p>9:30 Armchair Fitness - P: Bistro 10:30 Group Crossword – C S: Bistro 1:30 Pokeno – C S: Study 3:00 Ice Cream Scoops served for 30 minutes – S: Bistro 3:45 Bottle Ring Toss – P S: Study 6:00 Sitcom: Lavern & Shirley – S: Theatre</p>	<p>9</p> <p>9:30 Armchair Fitness: Dance Aerobics on DVD - P: Bistro 10:30 Bingo – C S: Study 1:30 Art/Crafts – C, S Sy Pr: Bistro 2:00 National Parks video #2 - Theatre 3:30 Ageless Grace movement to music with Phyllis - DR 6:00 Movie: Suspense/Mystery - Theatre</p>	<p>10</p> <p>8:45 Shopping Trip to Kroger –\$ needed to purchase PR C: Lobby for bus 9:30 Armchair Fitness – P: Bistro 11:15 Family Feud Game – C S Bistro 1:30 Bus Ride – N S: Meet in the Lobby 1:30 Movie: Resident Choice – Theatre 3:00 Cheers: cheese & crackers, sodas, beer & wine – S: Bistro 6:00 Movie: Bob Denver; Rescue from Gilligan's Island – R S: Theatre</p>	<p>11</p> <p>10:15 Sit & Stretch – P: Bistro 10:45 Chat; good memories – R: Bistro 11:15 Buzzword Word Game – C S: Bistro 1:30 Group Crossword – C: Bistro 3:00 Ice Cream Scoops served for 30 minutes – S: Bistro 3:45 Sitcom: NYPD Blue – R S: Theatre 6:00 Movie/Sitcom: Resident Pick – Theatre</p>
<p>12</p> <p>10:15 Sit & Stretch – P: Bistro 10:45 Coffee Chat with Cierra - R: Bistro 11:15 Word Game/Trivia – C: Bistro 1:30 Bingo – C: Study 3:00 Ice Cream Scoops served for 30 minutes – S: Bistro 3:45 Movie: Fred Astaire in Royal Wedding – R: Theatre 6:00 Movie Repeat - Theatre</p>	<p>13</p> <p>9:30 Armchair Fitness - P: Bistro 10:10 Bridge Group – C: Study 10:30 Zumba: movement to music– P: Meet in lobby for Memory Care LR 2:00 Exercise & Balance Class – P: DR 2:35 Resident Council - DR 3:30 Afternoon Nature with Animals Documentary – N: Theatre 6:00 Movie: Resident Choice - Theatre</p>	<p>14</p> <p>9:30 Armchair Fitness – P: Bistro 10:30 Hardy Central Singers – S, R Memory Care LR 2:00 Hymn Sing – R, S Memory Care 2:40 Bible Sermon– R, S Memory Care 3:15 Resident Birthday Party– S: Bistro 4:00 Catholic Communion - R, S Chapel 6:00 Movie: Western night - S, R: Theatre</p>	<p>15</p> <p>9:30 Armchair Fitness: Dance Aerobics on DVD - P: Bistro 10:30 Group Crossword – C S Bistro 1:30 Pokeno – C Sy S: Study 3:00 Ice Cream Scoops served for 30 minutes – S: Bistro 4:00 Episcopal Communion, hymns with David Sacks on Keyboard - R, S Memory Care Living Room 6:00 Sitcom: Lavern & Shirley - S R: Theatre</p>	<p>16</p> <p>9:30 Armchair Fitness: Dance Aerobics on DVD - P: Bistro 10:30 Bingo – C S: Study 1:30 Art: Painting – Sy C PR: Bistro 3:00 James Curry Sings – S: DR 3:30 Caring Canines visit MC 4:00 Caring Canines visit – S SY: Lobby 6:00 Movie: Suspense/Mystery – S Theatre</p>	<p>17</p> <p>8:45 Shopping Trip to Publix–\$ needed to purchase PR C: Lobby for Bus 9:30 Armchair Fitness – P: Bistro 11:15 Family Feud Game – C S- Bistro 2:00 Diane Hart Sing–a-Long – MC 3:00 Cheers: cheese & crackers, sodas, beer & wine – S: Bistro 6:00 Movie: Classic – R S: Theatre</p>	<p>18</p> <p>10:15 Coffee Chat with James– R: Bistro 10:45 Sit & Stretch with James – P: Bistro 11:15 Sing songs with James – R S Lobby 1:45 Sip & Paint w/ James – PR C: Bistro 3:00 Ice Cream Scoops served for 30 minutes – S: Bistro 3:45 Horse Shoe Toss - P: DR 6:00 Movie: National Parks #1 – N R: Theatre</p>
<p>19</p> <p>10:15 Sit & Stretch – P: Bistro 10:45 Coffee Chat with Brandie – R: Bistro 11:15 Word Game/Trivia – C S: Bistro 1:30 Bingo – C S: Study 3:00 Ice Cream Scoops served for 30 minutes – S: Bistro 3:45 Movie: Danny Kaye; The Inspector General – S: Theatre 6:00 Movie Repeat - Theatre</p> <p>Activity Professionals Week</p>	<p>20</p> <p>9:30 Armchair Fitness - P: Bistro 10:10 Bridge Group – C: Study 10:30 Zumba: movement to music– P: meet in lobby for Memory Care LR 2:00 Exercise & Balance Class – P: DR 2:30 Corn Hole Toss – P, S: DR 6:00 Movie: Resident Choice – S: Theatre</p> <p>Martin Luther King Day</p>	<p>21</p> <p>9:30 Armchair Fitness - P: Bistro 10:30 Group Word Game – C S: Bistro 11:00 Group Word Game – C S: Bistro 12:00 Cooking Demo: Chef Tyler makes A Taste of the Orient – Sy: DR 2:00 Hymn Sing – R, S: Memory Care 2:40 Bible Sermon – R, S: Memory Care 3:30 Trivia – Bistro 6:00 Movie: Western Night - S, R: Theatre</p>	<p>22</p> <p>9:30 Armchair Fitness: Dance Aerobics on DVD – P: Bistro 10:30 Group Word Game – C S: Bistro 1:30 Pokeno – Study 3:00 Ice Cream Scoops served for 30 minutes – S: Bistro 3:45 Bottle Ring Toss – P S: Study 6:00 Movie: Resident Choice – S R: Theatre</p>	<p>23</p> <p>9:30 Armchair Fitness: Dance Aerobics on DVD - P: Bistro 10:30 Bingo – C, S: Study 1:30 Art & Crafts – PR SY: Bistro 2:00 National Parks video #3 – N: Theatre 3:30 Corn Hole Toss – P C S: DR 6:00 Movie: Suspense/Mystery – Theatre</p>	<p>24</p> <p>8:45 Shopping Trip to Kroger –\$ needed to purchase PR C: Lobby for Bus 9:30 Armchair Fitness – P: Bistro 11:15 Family Feud Game – C S Bistro 1:30 Bus Ride N S: Meet in the Lobby 1:30 Movie: Resident Choice – Theatre 3:00 Cheers: cheese & crackers, sodas, beer & wine – S: Bistro 6:00 Movie: Classic – S: Theatre</p>	<p>25</p> <p>10:15 Sit & Stretch with Brandie – P: Bistro 10:45 Buzzword Word Game – C S: Bistro 11:15 Trivia Word Game - C S: Bistro 1:45 Group Crossword – C S: Bistro 3:00 Ice Cream Scoops served for 30 minutes with fortune cookies to celebrate the Chinese New Year; year of the White Rat – S: Bistro 3:45 Sitcom: Resident Choice – S R: Theatre 6:00 Movie: China – S Theatre</p> <p>Chinese New Year</p>
<p>26</p> <p>10:15 Sit and Stretch – P: Bistro 10:45 Chat with James – R: Bistro 11:15 Oldie songs with James – Bistro 1:30 Bingo– Study 3:00 Ice Cream Scoops served for 30 minutes – Bistro 3:45 Horse Shoe Toss - P: Lobby 6:00 National Parks #4 - Theatre</p>	<p>27</p> <p>9:30 Armchair Fitness - P: Bistro 10:10 Bridge Group – C: Study 10:30 Zumba: movement to music– P: Meet in lobby for Memory Care Living Room 2:00 Exercise & Balance Class – P: DR 2:45 Table Talk with Hearing at Home speaker: CAN YOU HEAR ME? AFRAID TO ADMIT IT? touch, feel and learn how to charge batteries and how to enjoy hearing better – C, S Sy: Bistro 3:30 Movie: Rail road trip - Theatre 6:00 Movie: Resident Choice - Theatre</p> <p>Australia Day (observed)</p>	<p>28</p> <p>9:30 Armchair Fitness – P: Bistro 10:30 Group Word Game – C S: Bistro 11:00 Group Crossword – C: Bistro 1:30 Rummikub For Beginners: Learn to play the Game – C, S Study 2:00 Hymn Sing 2:40 Bible Sermon – R, S Memory Care LR 3:30 Buzzy Lawler Sings – S, R DR 6:00 Movie: Western night; – S, R: Theatre</p>	<p>29</p> <p>9:30 Armchair Fitness: Dance Aerobics on DVD - P: Bistro 10:30 Group Trivia - Bistro 1:30 Bingo – Study 3:00 Ice Cream Scoops served for 30 minutes – Bistro 3:30 Corn Hole Toss – DR 6:00 Movie: Resident Choice - Theatre</p>	<p>30</p> <p>9:30 Armchair Fitness: Dance Aerobics on DVD - P: Bistro 10:30 Pokeno – C, S Study 1:30 Bottle Ring Toss – Study 2:00 Scrabble Word Game for beginners: Learn to play – C S: Bistro 3:00 National Parks video #2 - Theatre 6:45 Blue Orchid Trio Jazz Band - DR</p>	<p>31</p> <p>8:45 Shopping Trip to Walmart – Meet in Lobby \$ needed to purchase 9:30 Armchair Fitness – P: Bistro 11:00 Group Crossword – C: Bistro 1:30 Bus Ride – N S: Meet in the Lobby 1:30 Movie: Resident Choice – Theatre 3:00 Cheers: cheese & crackers, sodas, beer & wine – S: Bistro 6:00 Movie: Classic – S: Theatre</p>	<p>LEGEND C= COGNITIVE/CREATIVE P = PHYSICAL PR= PRODUCTIVE R= REFLECTIVE S= SOCIAL, N= NATURE SY= SENSORY</p> 

Activities last 30 –60 minutes and are subject to change. Changes will be posted on daily activity flyers. Note: DR = dining room and MC = Memory Care Community \$ Extra charge for outing.