JA-267 - Discovery Village at Dominion Independent Living/a.k.a. Watercrest at Dominion -**BO BUS OUTING** DH DINING HALL TH Theater Issue 01/01/20 Village **BC** BISTRO CAFE **★** REQUIRES SIGN-UP BR BAR ROOM January 2020 AC ARTS & CRAFTS ROOM SP SWIMMING POOL DO DINNER OUT FR FITNESS ROOM GR GAME ROOM CH Chapel Sunday Monday Tuesday Wednesday Thursday Friday Saturday New Year's Day 9:30 CH Catholic Mass with Father 9:30 FR Stand & Stretch Yoga 10:30 FR a.m. Fitness Class 10:30 SP Water Aerobics 10:30 SP Water Aerobics Robert & Father George 1:30 GR Let's Play Bunco! 1:00 BC Mexican Train 1:00 BR Mexican Train Everyone is welcome to 2:30 FR p.m. Fitness Class 2:00 Matinee Movie: Mission 1:30 BR Trivial Pursuit attend 4:00 DH Happy Hour w/ Musical Impossible 3:00 FR Zumba Gold 1:00 GR Men & Womens Poker **Entertainment by TBD** 7:00 BR Bingo 4:30 DO Dinner Out: Russo's 2:00 GR Bridge (Party Bridge) Coal-Fired Italian 庚子年2020 Kitchen * 6 11 8:00 BO ROMEO Breakfast: Cracker Barrel ★ 9:30 FR Sit & Stretch Yoga 9:30 FR Stand & Stretch Yoga 9:30 AC At Home Foot Care * 10:30 FR a.m. Fitness Class 10:00 BO Ruby City Museum ★ 11:00 DH Sunday Brunch 9:30 Catholic Mass with Father Robert & Father 10:30 SP Water Aerobics 11:00-2:30pm 10:30 FR a.m. Fitness Class 9:30 FR Stand & Stretch Yoga 1:30 GR Let's Play Bunco! 10:30 SP Water Aerobics George - Everyone is welcome to attend. 1:00 BC Blood Pressure Checks 1:30 GR Let's Play Bunco! 10:30 Line Dancing with Julie 1:00 BC Mexican Train 3:00 GR 42 Dominoes - Open to all 10:30 SP Water Aerobics 2:30 FR p.m. Fitness Class 2:00 Nondenominational Bible Study: See 11:00 FR Sit & Stretch Yoga 2:30 FR p.m. Fitness class 1:00 BR Mexican Train 4:00 TH Happy Hour w/ Musical 2:00 Matinee Movie: North residents. Weekly Flyer & Daily Board for 1:00 GR Men & Womens Poker 3:00 BR Birthday Celebration -Discussion Topic 1:30 BR Trivial Pursuit 5:00 DH Resident Potluck 2:00 GR Bridge (Party Bridge) **Entertainment by TBD** Country 2:00 FR Rehab Care Healthy Learning 2:30 ER n m Fitness Class January birthdays w/ cake & 3:00 FR Zumba Gold 7:00 BR Bingo 3:00 DH BINGO! Lectures ice cream provided by 7:00 Janice Dombi Presents: History 3:00 FR Zumba Gold Guardian Healthcare of Christmas 6:00 GR Resident Cards & Games 12 14 18 9:30 Stand & Stretch Yoga 11:00 DH Sunday Brunch 9:30 FR Sit & Stretch Yoga 9:30 CH Catholic Mass with Father 9:30 FR Stand & Stretch Yoga 10:30 FR a.m. Fitness Class 10:30 SP Water Aerobics 0:30 SP Water Aerobics 11:00-2:30pm Robert & Father George -10:30 FR a.m. Fitness Class 10:30 SP Water Aerobics 1:30 GR Let's Play Bunco! 1:00 BC Mexican Train 1:00 BC Blood Pressure Checks Everyone is welcome to attend 2:30 CH Church Service w/ Minister 1:30 GR Let's Play Bunco! 2:00 BR Cooking Demo w/Culinary Director 2:30 FR p.m. Fitness Class 2:00 Matinee Movie: 1:00 BR Mexican Train 10:30 FR Line Dancing with Julie Danny of Freedom in Christ Deepesh 4:00 TH Happy Hour w/ Musical 2:30 FR p.m. Fitness class 1:30 BR Trivial Pursuit Invincible Nondenominational Bible Study: See Weekly 11:00 FR Sit & Stretch Yoga Ministries **Entertainment by TBD** 3:00 Matinee Movie: Flver & Daily Board for Discussion Topic 3:00 FR Zumba Gold 7:00 BR Bingo 1:00 GR Men & Womens Poker 3:00 GR 42 Dominoes - Open to all 2:00 Rehab Care: Fitness Center Equipment 5:00 BO Dinner & Country Western Bennett's War 4:30 DO Dinner Out: Sumo 2:00 GR Bridge (Party Bridge) residents. Dancing at the Kronkosky 3:00 FR Zumba Gold Japanese Restaurant * 2:30 FR p.m. Fitness Class 5:00 DH Resident Potluck 6:00 GR Resident Cards & Games Center in Boerne, TX★ 3:00 DH BINGO! 19 Martin Luther King Jr. Day 25 11:00 DH Sunday Brunch 9:30 FR Stand & Stretch Yoga 9:30 CH Catholic Mass with Father Robert & 9:30 FR Sit & Stretch Yoga 9:30 FR Stand & Stretch Yoga 10:30 FR a.m. Fitness Class 10:30 SP Water Aerobics 10:30 BR Food Forum with Chef Deepesh Father George - Everyone is welcome 11:00-2:30pm 10:30 FR a.m. Fitness Class 10:30 SP Water Aerobics 1:30 GR Let's Play Bunco! 1:00 BC Mexican Train to attend. & Hope 3:00 GR 42 Dominoes - Open to all 1:00 BR Mexican Train 2:30 FR p.m. Fitness Class 2:00 Matinee Movie: Two 1:30 GR Let's Play Bunco! 0:30 SP Water Aerobics 10:30 FR Line Dancing with Julie 1:00 BC Blood Pressure Checks 11:00 FR Sit & Stretch Yoga residents. 2:30 FR p.m. Fitness class 1:30 BR Trivial Pursuit 4:00 DH Happy Hour w/ Musical Weeks Notice 2:00 Nondenominational Bible Study: See 1:00 GR Men & Womens Poker 3:00 Matinee Movie: Flash of 5:00 DH Resident Potluck 3:00 FR Zumba Gold **Entertainment by TJ** 7:00 BR Bingo Weekly Flyer & Daily Board for Discussion 2:00 GR Bridge (Party Bridge) Genius Tonic 2:30 FR p.m. Fitness Class Dolotina 2:00 Rehab Care Healthy Learning Lectures 3:00 DH BINGO! 7:00 Janice Dombi Presents: Christmas 3:00 ER Zumba Gold 6:00 GR Resident Cards & Games Potpourri 2019 26 28 31 9:30 FR Stand & Stretch Yoga 11:00 DH Sunday Brunch 9:30 FR Sit & Stretch Yoga 9:30 CH Catholic Mass with Father 9:30 FR Stand & Stretch Yoga 10:30 FR a.m. Fitness Class 0:30 SP Water Aerobics 11:00-2:30pm Robert & Father George -10:30 FR a.m. Fitness Class 10:30 SP Water Aerobics 1:30 GR Let's Play Bunco! 1:00 Blood Pressure Checks Church Service w/ Minister Everyone is welcome to attend. 1:30 GR Let's Play Bunco! 1:00 BR Mexican Train 2:30 FR p.m. Fitness Class 2:00 Nondenominational Bible Study: See Danny of Freedom in Christ 10:30 FR Line Dancing with Julie Weekly Flyer & Daily Board for Discussion 2:30 FR p.m. Fitness class 1:30 BR Trivial Pursuit 4:00 DH Happy Hour w/ Musical 11:00 FR Sit & Stretch Yoga Ministries Topic 3:00 Matinee Movie: The 3:00 FR Zumba Gold **Entertainment by** 2:00 FR Rehab Care Healthy Learning Lectures 1:00 GR Men & Womens Poker 3:00 GR 42 Dominoes - Open to all **Shawshank Redemption** 3:00 FR Zumba Gold 4:30 DO Dinner Out: Ruth's Chris

2:00 GR Bridge (Party Bridge)

2:30 FR p.m. Fitness Class

3:00 DH BINGO!

Steakhouse *

3:30 DH Town Hall Meeting

6:00 Resident Cards & Games

residents.

5:00 DH Resident Potluck