January 2020 Memory Support						created science U
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brentwood at St. Pete Assisted Living & Memory Care	6280 Central Avenue St. Petersburg, FL 33707 (727) 536-9900	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	New Year's Day 9:30	9:30 Welcome the Day 10:00 PE Seated Soccer 10:30 What's So Funny? 1:30 PE Stretch and Go 2:00 Afternoon Tea 3:00 Boogie Woogie Bugle 4:00 Mellow Moods	10:30 CC Musical Therapy With James 1:30 PE 10 Pin Knock Down 2:30 LL Nail Spa	9:30 Welcome the Day 10:00 Morning Fitness 10:30 AE Crafting Corner No Bake S'mores Bars 1:30 E Bean Bag Toss 2:00 AE Name that Tune 3:00 Reminiscent Corner 4:00 Mellow Moods
9:30 Welcome the Day 10:00 Men's Club 10:30 Name 5 1:30 Basketball 2:00 Sing A Long 2:30 Good News 3:00 Puzzle Club 4:00 Mellow Moods	9:30 Welcome the Day 10:00 PE Noodle Blast 10:30 CE Word Game 1:30 PE Afternoon Stretch 2:00 COffee Social 2:30 Moments in Melody 3:00 AE Color Your World 4:00 Mellow Moods	9:30 Welcome the Day 10:15 SS Spiritual Service With Chaplain Jean 11:00 SS Chapel Chat 1:30 PE Volleyball 2:00 CC Maliblues 3:00 AE Let's Write a Poem 4:00 Mellow Moods	9:30 Welcome the Day 10:00 PE Seat Works 10:30 CE Word Games 1:30 PE Let's get Active 2:00 AE Color Your World 3:00 CE Brain Games 4:00 Mellow Moods	9:30 Welcome the Day 10:00 PE Seated Soccer 10:30 What's So Funny? 1:30 PE Stretch and Go 2:00 CE EduFeathers Cupid th Vulture 3:00 BINGO 4:00 Mellow Moods	10:30 AE Sing A Long 1:30 PE 10 Pin Knock Down	9:30 Welcome the Day 10:00 PE Morning Fitness 10:30 AE Crafting Corner Sensory Snow 1:30 PE Bean Bag Toss 2:00 CE Name that Tune 40's theme 3:00 Reminiscent Corner 4:00 Mellow Moods
9:30 Welcome the Day 10:00 Men's Club 10:30 Name 5 1:30 Basketball 2:00 Sing A Long 2:30 Good News 3:00 Puzzle Club 4:00 Mellow Moods		9:30 Welcome the Day 10:15 SS Spiritual Service With Chaplain Jean 11:00 SS Chapel Chat 1:30 PE Volleyball 2:00 Baking Goods 3:00 AE Relaxing Poems 4:00 Mellow Moods	9:30 LL Welcome the Day 10:00 PE Seat Works 10:00 AE Sing A Long 1:30 PE Let's get Active 2:00 AE Color Your World 3:00 CE Brain Games 4:00 LL Mellow Moods	9:30 Welcome the Day 10:00 Seated Soccer 10:30 What's So Funny? 1:30 Stretch and Go 2:00 Afternoon Tea 3:00 BINGO 4:00 Mellow Moods	9:30 Welcome the Day 10:00 Felexing on Fridays 10:30 Musical Therapy With James 1:30 Fe 10 Pin Knock Down 2:00 AE Baking Fun 2:30 Nail Spa 3:00 Fantastic Friday Get Together 4:00 Mellow Moods	9:30 Welcome the Day 10:00 Morning Fitness 10:30 AE No Bake Chocolate Peanut Butter Bars 1:30 ME Bean Bag Toss 2:00 AE Name that Tune 3:00 Mellow Moods
9:30 Welcome the Day 10:00 Men's Club 10:30 Name 5 1:30 Basketball 2:00 Sing A Long 2:30 Good News 3:00 Puzzle Club 4:00 Mellow Moods	Martin Luther King, Jr. Day 9:30 Welcome the Day 10:00 Noodle Blast 10:30 Word Game 1:30 Note: Afternoon Stretch 2:00 Coffee Social 2:30 Moments in Melody 3:00 AE Color Your World 4:00 Mellow Moods	9:30 Welcome the Day 10:15 SS Spiritual Service With Chaplain Jean 11:00 SS Chapel Chat 1:30 PE Volleyball 2:00 Baking Goods 3:00 AE Relaxing Poems 4:00 Mellow Moods	9:30 LL Welcome the Day 10:00 PE Seat Works 10:00 AE Sing A Long 1:30 PE Let's get Active 2:00 AE Color Your World 3:00 CE Brain Games 4:00 LL Mellow Moods		10:30 AE Sing A Long 1:30 PE 10 Pin Knock Down 2:00 AE Baking Fun 2:30 LL Nail Spa	9:30 Welcome the Day 10:00 PE Morning Fitness 10:30 AE Crafting Corner Collage Creations 1:30 PE Bean Bag Toss 2:00 CE Name that Tune 3:00 Reminiscent Corner 4:00 Mellow Moods 6:00 Lawrence Welk on PBS
9:30 Welcome the Day 10:00 Men's Club 10:30 Name 5 1:30 Se Basketball 2:00 Sing A Long 2:30 Good News 3:00 Puzzle Club 4:00 Mellow Moods	9:30 Welcome the Day 10:00 Noodle Blast 10:30 Noodle Blast 10:30 Noodle Blast 1:30 N		9:30 LL Welcome the Day 10:00 PE Seat Works 10:00 AE Sing A Long 1:30 PE Let's get Active 2:00 AE Color Your World 3:00 CE Brain Games 4:00 LL Mellow Moods	9:30 Welcome the Day 10:00 Seated Soccer 10:30 What's So Funny? 1:30 Stretch and Go 2:00 Afternoon Tea 3:00 BINGO 4:00 Mellow Moods	9:30 Welcome the Day 10:00 PE Quick Stretch 10:30 Musical Therapy With James 1:30 PE 10 Pin Knock Down 2:00 AE Baking Fun 2:30 Nail Spa 3:00 Fantastic Friday Get Together 4:00 Mellow Moods	Healthy Snacks & Hydration offered throughout each day!