


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|---|---|--|
|  <p>Symphony Square Assisted Living & Memory Care</p> <p>35 Old Lancaster Road Bala Cynwyd, PA 19004 610-660-6560</p> | | <p>AE Artistic Expression CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</p> | New Year's Day 1 10:30 PE Chair Aerobics 2:15 LL Sing-Along with Memory Support [MS] 3:30 CE Random Trivia [AR] 4:15 AE Crafty Corner | 10:00 Memorial Service for Mrs. Topping [AR] 2 10:00 SS Morning Moments [2FL] 10:30 PE Tune Up Thursday! 11:00 CE Trivia Fun 4:00 AE Singing & Dancing w/ Margo | Fox Rehab Presents Name that Tune [2FL] 3 11:00 CE Team Games 3:30 LL Happy Hour [BR] 5:00 SS Shabbat Service [AR] 6:00 LL Movie & Popcorn [AR] | 10:00 LL Moments to Reminisces 4 10:00 SS Spiritual Saturday Moment 10:30 PE Fitness Fun! [AR] 11:00 LL Morning Tea Social [AR] 1:30 AE Puzzle me Crazy! [AR] 2:00 LL Women's Chat [2FL] 3:00 CE Poetry Circle! 4:00 CE Brain Trivia! [LB] |
| | 10:30 CE Sunday Morning News & Coffee [2FL] 5 11:30 PE Sunday Sun Salutations 1:30 LL Sunday Matinee [AR] 2:00 SS Sunday Service with Sharon Baptist Church [LI] 3:30 CE Crossword Puzzle Fun! [LB] 4:30 LL Poker Club | 10:00 SS Mindful Monday Recap 6 11:00 CE Word Categories 2:00 PE Yoga & Aromatherapy 2:30 LL Cooking w/Thomas the Chef [AR] 4:00 AE Jewelry Club 5:45 LL Evening at the Cinema! [AR] | 10:15 SS Morning Inspiration [2FL] 7 10:45 PE Silver Sneakers at LA Fitness!! [OT] 11:15 CE Trivia!! 1:30 Art w/ Diane [AR] 3:00 AE Afternoon Social 4:00 AE 10 Minute Skits [AR] | 10:30 PE Chair Aerobics 8 12:15 Cracker Barrel Restaurant [OT] 2:15 LL Sing-Along with Memory Support [MS] 3:30 CE Scenes from a Show 4:15 AE Crafty Corner | 10:30 PE Tune Up Thursday! 9 11:00 CE Trivia Fun 2:00 AE Philly Senior Stage Presents Broadway Funny Guys 4:00 AE Singing & Dancing w/ Margo | 11:00 CE Family Feud 10 3:30 LL Happy Hour [BR] 5:00 SS Shabbat Service [AR] 6:00 LL Movie & Popcorn [AR] |
| | 10:30 CE Sunday Morning News & Coffee [2FL] 12 11:00 SS Sunday Service with Reverend Winder [MS] 11:30 PE Sunday Sun Salutations 1:30 LL Sunday Matinee [AR] 3:30 CE Crossword Puzzle Fun! [LB] 4:30 LL Poker Club | 10:00 SS Mindful Monday Recap 13 11:00 CE Word Categories 2:00 PE Yoga & Aromatherapy 3:30 PE Seated Journey [AR] 4:00 AE Jewelry Club 5:45 LL Evening at the Cinema! [AR] | 10:15 SS Morning Inspiration [2FL] 14 10:45 PE Silver Sneakers at LA Fitness!! [OT] 11:00 CE Fox Rehab Presentation [AR] 11:15 CE Trivia!! 2:45 PE Chair Ballet Class [LB] 4:00 AE 10 Minute Skits [AR] | 10:30 PE Chair Aerobics 15 11:00 CE What's News? with Bob Haley [AR] 2:15 LL Sing-Along with Memory Support [MS] 3:30 CE Scenes from a Show 4:15 AE Crafty Corner | 10:00 SS Inspirational Moment 16 10:30 PE Tune Up Thursday! 11:00 CE Trivia Fun 1:30 CE Puzzle Perfect! 4:00 AE Singing & Dancing w/ Margo | 11:00 CE Family Feud 17 3:30 LL Happy Hour [BR] 5:00 SS Shabbat Service [AR] 6:00 LL Movie & Popcorn [AR] |
| | 10:30 CE Sunday Morning News & Coffee [2FL] 19 11:30 PE Sunday Sun Salutations 1:30 LL Sunday Matinee [AR] 3:30 CE Crossword Puzzle Fun! [LB] 4:30 LL Poker Club | Martin Luther King, Jr. Day 20 10:00 SS Mindful Monday Recap 11:00 CE MLK Jr. Tribute 2:00 PE Yoga & Aromatherapy 3:30 PE Seated Journey [AR] 4:00 AE Jewelry Club 5:45 LL Evening at the Cinema! [AR] | 10:15 SS Morning Inspiration [2FL] 21 10:45 PE Silver Sneakers at LA Fitness!! [OT] 11:15 CE Trivia!! 3:00 AE Sip n Stroke 4:00 AE 10 Minute Skits [AR] | 10:30 PE Chair Aerobics 22 12:15 Citron and Rose Restaurant 2:15 LL Sing-Along with Memory Support [MS] 3:00 AE Wednesday Party with Stu Weitz [MS] 4:15 AE Crafty Corner | 10:00 SS Inspirational Moment 23 10:30 PE Tune Up Thursday! 11:00 CE Trivia Fun 1:30 CE Clay Art w/Diane 4:00 AE Singing & Dancing w/ Margo | 11:00 CE Family Feud 24 3:30 Entertainment w/Bruce Cobb 3:30 LL Happy Hour [BR] 5:00 SS Shabbat Service [AR] 6:00 LL Movie & Popcorn [AR] |
| | 10:30 CE Sunday Morning News & Coffee [2FL] 26 11:00 SS Sunday Service with Reverend Winder [MS] 11:30 PE Sunday Sun Salutations 1:30 LL Sunday Matinee [AR] 3:30 CE Crossword Puzzle Fun! [LB] 4:30 LL Poker Club | 10:00 SS Mindful Monday Recap 27 11:00 CE Word Categories 2:00 PE Yoga & Aromatherapy 3:30 PE Seated Journey [AR] 4:00 AE Jewelry Club 5:45 LL Evening at the Cinema! [AR] | 10:15 SS Morning Inspiration [2FL] 28 10:45 PE Silver Sneakers at LA Fitness!! [OT] 11:15 CE Trivia!! 2:45 PE Chair Ballet [LB] 4:00 AE 10 Minute Skits [AR] | 10:30 PE Chair Aerobics 29 2:15 LL Sing-Along with Memory Support [MS] 3:30 CE Scenes from a Show 4:15 AE Crafty Corner | 10:00 SS Inspirational Moment 30 10:30 PE Tune Up Thursday! 11:00 CE Trivia Fun 1:30 CE Puzzle Perfect! 4:00 AE Singing & Dancing w/ Margo | 11:00 CE Family Feud 31 3:30 LL Happy Hour [BR] 5:00 SS Shabbat Service [AR] 6:00 LL Movie & Popcorn [AR] |
| | | | | | | Location Keys 2nd Floor 2FL Activity Room AR Bistro BR Library LI Lobby LB Memory Support MS Outing OT |