January 2020 In The Moment - Sou			E E			created sogely
Sunday The Wentworth of Las Vegas Assisted Living & Memory Care	Monday 2620 Lake Sahara Drive Las Vegas, NV 89117 702-233-9800	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Wednesday New Year's Day 7:00 HAPPY BIRTHDAY 1 7:00 SS Catholic Church Services 9:00 SS Catholic Church Services 9:30 Daily Chronicles 10:00 Well Being Workout with Bob from Silver Sneakers! 12:30 Manicure Moments 2:30 Beach Ball Bowling 3:00 Sing A Long with Joyce & Harvey 5:00 5:00 Pampering Hands with Aroma Therapy 6:00 S Reminiscing Circle	9:15 Good Morning Stretch w/Cina 2 9:30 PE Daily Chronicles 9:30 CC Scenic Drive w/ Residents 10:00 CE Words of Wisdom 12:30 AE Reflection on the Year 2:00 CE Reminiscing w/snacks 3:00 L Music Appreciation 5:00 CE Puzzle Perfect 6:00 L Movie Night with Friends!	Friday9:15Good Morning Stretch w/Cina39:30Daily Chronicles10:00Name a Word Quiz12:30BINGO2:00Beach Ball Toss & Talk2:30Happy Hour5:00Sime Fluff and Fold6:00Nostalgic TV	Saturday 8:00 HAPPY BIRTHDAY GEORGETTE 4 9:00 PE Saturday Fitness 9:30 PE Daily Chronicles 10:00 CC Bingo Boogie 12:30 AE Groom w/me 2:00 PE Boogie Bowling 3:00 L Rhythm in Motion 5:00 AE Puzzling Puzzle 6:00 L Evening Movie w/Friends
9:00 Coffee Chat 5 9:30 Image: Daily Chronicles 5 9:30 SS Non-Denominational Church Service - Theater Room 10:00 Image: Stretch & Flex 1:00 File 1:00 Image: Stretch & Flex 1:00 File 5:00 Image: Stretch & Flex 1:00 File 6:00 Image: Stretch & Flex 1:00 File 6:00 Image: Stretch & Flex 1:00 File 6:00 Image: Stretch & Flex 1:00 <t< td=""><td>9:15 PE Good Morning Stretch w/Cina 9:30 PE Daily Chronicles 10:00 CE Words in a Word Game 1:00 AE Arts & Crafts 2:30 LE Boogie Bowling 5:00 LE Healthy Nails 6:00 LE Classic Movies</td><td>9:15 Good Morning Stretch w/Cina 9:30 Daily Chronicles 10:00 E BINGO 12:30 E Groom w/me 2:00 E Snack Activity w/ Cina 3:00 Fluff and Fold 5:00 Music and Manicure 6:00 Afternoon Tunes</td><td>9:00 SS Catholic Church Services 9:30 PE Daily Chronicles 10:00 PE Well Being Workout with Bob from Silver Sneakers! 12:30 AE Massage Therapy 2:30 PE Beach Ball Bowling 3:00 Sing A Long with Joyce & Harvey 5:00 Pampering Hands with Aroma Therapy 6:00 SS Reminiscing Circle</td><td>9:15 Good Morning Stretch w/Cina 9:30 PE Daily Chronicles 9:30 CC Scenic Drive w/ Residents 10:00 CE Words of Wisdom 12:30 AE Memory Crosswords 2:00 CE Reminiscing w/snacks 3:00 L Music Appreciation 5:00 CE Puzzle Perfect 6:00 L Movie Night with Friends!</td><td>9:15Good Morning Stretch w/Cina109:30Daily Chronicles10:00Image: Name a Word Quiz12:30Image: BlNGO2:00Image: Beach Ball Toss & Talk2:30Image: Beach Ball Toss & Talk2:30Image: Blue Ball Toss & Talk5:00Image: Slue Ball Toss & Talk6:00Image: Nostalgic TV</td><td>8:00 HAPPY BIRTHDAY COOKIE 11 9:00 PE Saturday Fitness 9:30 PE Daily Chronicles 10:00 CC Bingo Boogie 12:30 Groom w/me 2:00 PE Boogie Bowling 3:00 L Rhythm in Motion 5:00 AE Puzzling Puzzle 6:00 L Evening Movie w/Friends</td></t<>	9:15 PE Good Morning Stretch w/Cina 9:30 PE Daily Chronicles 10:00 CE Words in a Word Game 1:00 AE Arts & Crafts 2:30 LE Boogie Bowling 5:00 LE Healthy Nails 6:00 LE Classic Movies	9:15 Good Morning Stretch w/Cina 9:30 Daily Chronicles 10:00 E BINGO 12:30 E Groom w/me 2:00 E Snack Activity w/ Cina 3:00 Fluff and Fold 5:00 Music and Manicure 6:00 Afternoon Tunes	9:00 SS Catholic Church Services 9:30 PE Daily Chronicles 10:00 PE Well Being Workout with Bob from Silver Sneakers! 12:30 AE Massage Therapy 2:30 PE Beach Ball Bowling 3:00 Sing A Long with Joyce & Harvey 5:00 Pampering Hands with Aroma Therapy 6:00 SS Reminiscing Circle	9:15 Good Morning Stretch w/Cina 9:30 PE Daily Chronicles 9:30 CC Scenic Drive w/ Residents 10:00 CE Words of Wisdom 12:30 AE Memory Crosswords 2:00 CE Reminiscing w/snacks 3:00 L Music Appreciation 5:00 CE Puzzle Perfect 6:00 L Movie Night with Friends!	9:15Good Morning Stretch w/Cina109:30Daily Chronicles10:00Image: Name a Word Quiz12:30Image: BlNGO2:00Image: Beach Ball Toss & Talk2:30Image: Beach Ball Toss & Talk2:30Image: Blue Ball Toss & Talk5:00Image: Slue Ball Toss & Talk6:00Image: Nostalgic TV	8:00 HAPPY BIRTHDAY COOKIE 11 9:00 PE Saturday Fitness 9:30 PE Daily Chronicles 10:00 CC Bingo Boogie 12:30 Groom w/me 2:00 PE Boogie Bowling 3:00 L Rhythm in Motion 5:00 AE Puzzling Puzzle 6:00 L Evening Movie w/Friends
9:00 Coffee Chat 12 9:30 E Daily Chronicles 12 9:30 SS Non-Denominational Church Service - Theater Room 10:00 12 10:00 E Stretch & Flex 1:00 12 1:00 AE Knitting Class 2:30 14 Afternoon Piano Music with Joyce! 5:00 AE Pretty Nails! 6:00 15 Sunday Night Movie/Football Resident Choice	9:15 PE Good Morning Stretch w/Cina 9:30 PE Daily Chronicles 10:00 CE Words in a Word Game 1:00 AE Arts & Crafts 2:30 L Boogie Bowling 5:00 L Healthy Nails 6:00 Classic Movies	9:15 Good Morning Stretch w/Cina 9:30 PE Daily Chronicles 10:00 E BINGO 12:30 AE Groom w/me 2:00 AE Snack Activity w/ Cina 3:00 L Fluff and Fold 5:00 L Music and Manicure 6:00 L Afternoon Tunes	9:00 SS Catholic Church Services1 59:30 PS Daily Chronicles10:00 PS Well Being Workout with Bob from Silver Sneakers!12:30 AS Massage Therapy2:30 PS Beach Ball Bowling3:00 L Sing A Long with Joyce & Harvey5:00 L Pampering Hands with Aroma Therapy6:00 SS Reminiscing Circle	9:15 Good Morning Stretch w/Cina 9:30 PE Daily Chronicles 9:30 CC Scenic Drive w/ Residents 10:00 CE Words of Wisdom 12:30 AE Memory Crosswords 2:00 CE Reminiscing w/snacks 3:00 L Music Appreciation 5:00 CE Puzzle Perfect 6:00 L Movie Night with Friends!		9:00 PE Saturday Fitness 9:30 PE Daily Chronicles 10:00 CC Bingo Boogie 12:30 Groom w/me 2:00 PE Boogie Bowling 3:00 L Rhythm in Motion 5:00 AE Puzzling Puzzle 6:00 L Evening Movie w/Friends
9:00 Coffee Chat 19 9:30 PE Daily Chronicles 19 9:30 SS Non-Denominational Church Service - Theater Room 10:00 PE Stretch & Flex 1:00 AE Knitting Class 2:30 Afternoon Piano Music with Joyce! 5:00 AE Pretty Nails! 6:00 Sunday Night Movie/Football Resident Choice	Martin Luther King, Jr. Day 9:15 Sea Good Morning Stretch w/Cina 9:30 Sea Daily Chronicles 10:00 Sea Words in a Word Game 1:00 As Arts & Crafts 2:30 Sea Boogie Bowling 5:00 Sea Healthy Nails 6:00 Sea Classic Movies	9:15 Good Morning Stretch w/Cina 21 9:30 PE Daily Chronicles 10:00 E BINGO 12:30 AE Groom w/me 2:00 AE Snack Activity w/ Cina 3:00 L Fluff and Fold 5:00 L Music and Manicure 6:00 L Afternoon Tunes	9:00 SS Catholic Church Services 222 9:30 P Daily Chronicles 10:00 P Well Being Workout with Bob from Silver Sneakers! 12:30 A Massage Therapy 2:30 P Beach Ball Bowling 3:00 Sing A Long with Joyce & Harvey 5:00 Pampering Hands with Aroma Therapy 6:00 SS Reminiscing Circle	9:15 Good Morning Stretch w/Cina 23 9:30 PE Daily Chronicles 9:30 CC Scenic Drive w/ Residents 10:00 CE Words of Wisdom 12:30 AE Memory Crosswords 2:00 CE Reminiscing w/snacks 3:00 L Music Appreciation 5:00 CE Puzzle Perfect 6:00 L Movie Night with Friends!	9:15 Good Morning Stretch w/Cina 24 9:30 PE Daily Chronicles 10:00 E Name a Word Quiz 12:30 E BINGO 2:00 PE Beach Ball Toss & Talk 2:30 L Happy Hour 5:00 SS Fluff and Fold 6:00 Nostalgic TV	9:00 PE Saturday Fitness 9:30 PE Daily Chronicles 25 10:00 C Bingo Boogie 12:30 Groom w/me 2:00 PE Boogie Bowling 3:00 Rhythm in Motion 5:00 AE Puzzling Puzzle 6:00 Evening Movie w/Friends
9:00 Coffee Chat 9:30 Daily Chronicles 9:30 Non-Denominational Church Service - Theater Room 10:00 Stretch & Flex 1:00 Kitting Class 2:30 Afternoon Piano Music with Joyce! 5:00 Fretty Nails! 6:00 Sunday Night Movie/Football Resident Choice	9:30 PE Daily Chronicles 10:00 CE Words in a Word Game 1:00 AE Arts & Crafts 2:30 L Boogie Bowling 5:00 L Healthy Nails 6:00 Classic Movies	9:15 Good Morning Stretch w/Cina 28 9:30 PE Daily Chronicles 10:00 E BINGO 12:30 E Groom w/me 2:00 E Snack Activity w/ Cina 3:00 E Fluff and Fold 5:00 Music and Manicure 6:00 Afternoon Tunes	9:00 SS Catholic Church Services 29 9:30 E Daily Chronicles 10:00 E Well Being Workout with Bob from Silver Sneakers! 12:30 E Massage Therapy 2:30 E Beach Ball Bowling 3:00 Sing A Long with Joyce & Harvey 5:00 Pampering Hands with Aroma Therapy 6:00 SS Reminiscing Circle	9:30 PE Daily Chronicles 9:30 CC Scenic Drive w/ Residents 10:00 CE Words of Wisdom 12:30 AE Memory Crosswords	9:15 Good Morning Stretch w/Cina 31 9:30 PE Daily Chronicles 10:00 CE Name a Word Quiz 12:30 AE BINGO 2:00 PE Beach Ball Toss & Talk 2:30 L Happy Hour 5:00 SS Fluff and Fold 6:00 L Nostalgic TV	Healthy Snacks & Hydration offered throughout each day!