

January 2020  
In The Moment - South



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div>2620 Lake Sahara Drive Las Vegas, NV 89117 702-233-9800</div>		<div><div>AE Artistic Expression</div><div>CC Community Connections</div><div>CE Continuing Education</div><div>LL Lifestyle &amp; Leisure</div><div>PE Physical Engagement</div><div>SS Spiritual Support</div></div>	<div>New Year's Day</div> <div>7:00 HAPPY BIRTHDAY MICKEY</div> <div>9:00 SS Catholic Church Services</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 PE Well Being Workout with Bob from Silver Sneakers!</div> <div>12:30 AE Manicure Moments</div> <div>2:30 PE Beach Ball Bowling</div> <div>3:00 LL Sing A Long with Joyce &amp; Harvey</div> <div>5:00 LL Pampering Hands with Aroma Therapy</div> <div>6:00 SS Reminiscing Circle</div> <div>1</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>2</div> <div>9:30 PE Daily Chronicles</div> <div>9:30 CC Scenic Drive w/ Residents</div> <div>10:00 CE Words of Wisdom</div> <div>12:30 AE Reflection on the Year</div> <div>2:00 CE Reminiscing w/snacks</div> <div>3:00 LL Music Appreciation</div> <div>5:00 CE Puzzle Perfect</div> <div>6:00 LL Movie Night with Friends!</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>3</div> <div>9:30 Daily Chronicles</div> <div>10:00 CE Name a Word Quiz</div> <div>12:30 AE BINGO</div> <div>2:00 PE Beach Ball Toss &amp; Talk</div> <div>2:30 LL Happy Hour</div> <div>5:00 SS Fluff and Fold</div> <div>6:00 LL Nostalgic TV</div>	<div>8:00 HAPPY BIRTHDAY GEORGETTE</div> <div>4</div> <div>9:00 PE Saturday Fitness</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CC Bingo Boogie</div> <div>12:30 AE Groom w/me</div> <div>2:00 PE Boogie Bowling</div> <div>3:00 LL Rhythm in Motion</div> <div>5:00 AE Puzzling Puzzle</div> <div>6:00 LL Evening Movie w/Friends</div>
<div>9:00 Coffee Chat</div> <div>9:30 PE Daily Chronicles</div> <div>9:30 SS Non-Denominational Church Service - Theater Room</div> <div>10:00 PE Stretch &amp; Flex</div> <div>1:00 AE Knitting Class</div> <div>2:30 LL Afternoon Piano Music with Joyce!</div> <div>5:00 AE Pretty Nails!</div> <div>6:00 LL Sunday Night Movie/Football Resident Choice</div> <div>5</div>	<div>9:15 PE Good Morning Stretch w/Cina</div> <div>6</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CE Words in a Word Game</div> <div>1:00 AE Arts &amp; Crafts</div> <div>2:30 LL Boogie Bowling</div> <div>5:00 LL Healthy Nails</div> <div>6:00 LL Classic Movies</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>7</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CE BINGO</div> <div>12:30 AE Groom w/me</div> <div>2:00 AE Snack Activity w/ Cina</div> <div>3:00 LL Fluff and Fold</div> <div>5:00 LL Music and Manicure</div> <div>6:00 LL Afternoon Tunes</div>	<div>9:00 SS Catholic Church Services</div> <div>8</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 PE Well Being Workout with Bob from Silver Sneakers!</div> <div>12:30 AE Massage Therapy</div> <div>2:30 PE Beach Ball Bowling</div> <div>3:00 LL Sing A Long with Joyce &amp; Harvey</div> <div>5:00 LL Pampering Hands with Aroma Therapy</div> <div>6:00 SS Reminiscing Circle</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>9</div> <div>9:30 PE Daily Chronicles</div> <div>9:30 CC Scenic Drive w/ Residents</div> <div>10:00 CE Words of Wisdom</div> <div>12:30 AE Memory Crosswords</div> <div>2:00 CE Reminiscing w/snacks</div> <div>3:00 LL Music Appreciation</div> <div>5:00 CE Puzzle Perfect</div> <div>6:00 LL Movie Night with Friends!</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>10</div> <div>9:30 Daily Chronicles</div> <div>10:00 CE Name a Word Quiz</div> <div>12:30 AE BINGO</div> <div>2:00 PE Beach Ball Toss &amp; Talk</div> <div>2:30 LL Happy Hour</div> <div>5:00 SS Fluff and Fold</div> <div>6:00 LL Nostalgic TV</div>	<div>8:00 HAPPY BIRTHDAY COOKIE</div> <div>11</div> <div>9:00 PE Saturday Fitness</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CC Bingo Boogie</div> <div>12:30 Groom w/me</div> <div>2:00 PE Boogie Bowling</div> <div>3:00 LL Rhythm in Motion</div> <div>5:00 AE Puzzling Puzzle</div> <div>6:00 LL Evening Movie w/Friends</div>
<div>9:00 Coffee Chat</div> <div>9:30 PE Daily Chronicles</div> <div>9:30 SS Non-Denominational Church Service - Theater Room</div> <div>10:00 PE Stretch &amp; Flex</div> <div>1:00 AE Knitting Class</div> <div>2:30 LL Afternoon Piano Music with Joyce!</div> <div>5:00 AE Pretty Nails!</div> <div>6:00 LL Sunday Night Movie/Football Resident Choice</div> <div>12</div>	<div>9:15 PE Good Morning Stretch w/Cina</div> <div>13</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CE Words in a Word Game</div> <div>1:00 AE Arts &amp; Crafts</div> <div>2:30 LL Boogie Bowling</div> <div>5:00 LL Healthy Nails</div> <div>6:00 LL Classic Movies</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>14</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CE BINGO</div> <div>12:30 AE Groom w/me</div> <div>2:00 AE Snack Activity w/ Cina</div> <div>3:00 LL Fluff and Fold</div> <div>5:00 LL Music and Manicure</div> <div>6:00 LL Afternoon Tunes</div>	<div>9:00 SS Catholic Church Services</div> <div>15</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 PE Well Being Workout with Bob from Silver Sneakers!</div> <div>12:30 AE Massage Therapy</div> <div>2:30 PE Beach Ball Bowling</div> <div>3:00 LL Sing A Long with Joyce &amp; Harvey</div> <div>5:00 LL Pampering Hands with Aroma Therapy</div> <div>6:00 SS Reminiscing Circle</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>16</div> <div>9:30 PE Daily Chronicles</div> <div>9:30 CC Scenic Drive w/ Residents</div> <div>10:00 CE Words of Wisdom</div> <div>12:30 AE Memory Crosswords</div> <div>2:00 CE Reminiscing w/snacks</div> <div>3:00 LL Music Appreciation</div> <div>5:00 CE Puzzle Perfect</div> <div>6:00 LL Movie Night with Friends!</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>17</div> <div>9:30 Daily Chronicles</div> <div>10:00 CE Name a Word Quiz</div> <div>12:30 AE BINGO</div> <div>2:00 PE Beach Ball Toss &amp; Talk</div> <div>2:30 LL Happy Hour</div> <div>5:00 SS Fluff and Fold</div> <div>6:00 LL Nostalgic TV</div>	<div>9:00 PE Saturday Fitness</div> <div>18</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CC Bingo Boogie</div> <div>12:30 Groom w/me</div> <div>2:00 PE Boogie Bowling</div> <div>3:00 LL Rhythm in Motion</div> <div>5:00 AE Puzzling Puzzle</div> <div>6:00 LL Evening Movie w/Friends</div>
<div>9:00 Coffee Chat</div> <div>9:30 PE Daily Chronicles</div> <div>9:30 SS Non-Denominational Church Service - Theater Room</div> <div>10:00 PE Stretch &amp; Flex</div> <div>1:00 AE Knitting Class</div> <div>2:30 LL Afternoon Piano Music with Joyce!</div> <div>5:00 AE Pretty Nails!</div> <div>6:00 LL Sunday Night Movie/Football Resident Choice</div> <div>19</div>	<div>Martin Luther King, Jr. Day</div> <div>9:15 PE Good Morning Stretch w/Cina</div> <div>20</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CE Words in a Word Game</div> <div>1:00 AE Arts &amp; Crafts</div> <div>2:30 LL Boogie Bowling</div> <div>5:00 LL Healthy Nails</div> <div>6:00 LL Classic Movies</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>21</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CE BINGO</div> <div>12:30 AE Groom w/me</div> <div>2:00 AE Snack Activity w/ Cina</div> <div>3:00 LL Fluff and Fold</div> <div>5:00 LL Music and Manicure</div> <div>6:00 LL Afternoon Tunes</div>	<div>9:00 SS Catholic Church Services</div> <div>22</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 PE Well Being Workout with Bob from Silver Sneakers!</div> <div>12:30 AE Massage Therapy</div> <div>2:30 PE Beach Ball Bowling</div> <div>3:00 LL Sing A Long with Joyce &amp; Harvey</div> <div>5:00 LL Pampering Hands with Aroma Therapy</div> <div>6:00 SS Reminiscing Circle</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>23</div> <div>9:30 PE Daily Chronicles</div> <div>9:30 CC Scenic Drive w/ Residents</div> <div>10:00 CE Words of Wisdom</div> <div>12:30 AE Memory Crosswords</div> <div>2:00 CE Reminiscing w/snacks</div> <div>3:00 LL Music Appreciation</div> <div>5:00 CE Puzzle Perfect</div> <div>6:00 LL Movie Night with Friends!</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>24</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CE Name a Word Quiz</div> <div>12:30 AE BINGO</div> <div>2:00 PE Beach Ball Toss &amp; Talk</div> <div>2:30 LL Happy Hour</div> <div>5:00 SS Fluff and Fold</div> <div>6:00 LL Nostalgic TV</div>	<div>9:00 PE Saturday Fitness</div> <div>25</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CC Bingo Boogie</div> <div>12:30 Groom w/me</div> <div>2:00 PE Boogie Bowling</div> <div>3:00 LL Rhythm in Motion</div> <div>5:00 AE Puzzling Puzzle</div> <div>6:00 LL Evening Movie w/Friends</div>
<div>9:00 Coffee Chat</div> <div>9:30 PE Daily Chronicles</div> <div>9:30 SS Non-Denominational Church Service - Theater Room</div> <div>10:00 PE Stretch &amp; Flex</div> <div>1:00 AE Knitting Class</div> <div>2:30 LL Afternoon Piano Music with Joyce!</div> <div>5:00 AE Pretty Nails!</div> <div>6:00 LL Sunday Night Movie/Football Resident Choice</div> <div>26</div>	<div>9:15 PE Good Morning Stretch w/Cina</div> <div>27</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CE Words in a Word Game</div> <div>1:00 AE Arts &amp; Crafts</div> <div>2:30 LL Boogie Bowling</div> <div>5:00 LL Healthy Nails</div> <div>6:00 LL Classic Movies</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>28</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CE BINGO</div> <div>12:30 AE Groom w/me</div> <div>2:00 AE Snack Activity w/ Cina</div> <div>3:00 LL Fluff and Fold</div> <div>5:00 LL Music and Manicure</div> <div>6:00 LL Afternoon Tunes</div>	<div>9:00 SS Catholic Church Services</div> <div>29</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 PE Well Being Workout with Bob from Silver Sneakers!</div> <div>12:30 AE Massage Therapy</div> <div>2:30 PE Beach Ball Bowling</div> <div>3:00 LL Sing A Long with Joyce &amp; Harvey</div> <div>5:00 LL Pampering Hands with Aroma Therapy</div> <div>6:00 SS Reminiscing Circle</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>30</div> <div>9:30 PE Daily Chronicles</div> <div>9:30 CC Scenic Drive w/ Residents</div> <div>10:00 CE Words of Wisdom</div> <div>12:30 AE Memory Crosswords</div> <div>2:00 CE Reminiscing w/snacks</div> <div>3:00 LL Music Appreciation</div> <div>5:00 CE Puzzle Perfect</div> <div>6:00 LL Movie Night with Friends!</div>	<div>9:15 Good Morning Stretch w/Cina</div> <div>31</div> <div>9:30 PE Daily Chronicles</div> <div>10:00 CE Name a Word Quiz</div> <div>12:30 AE BINGO</div> <div>2:00 PE Beach Ball Toss &amp; Talk</div> <div>2:30 LL Happy Hour</div> <div>5:00 SS Fluff and Fold</div> <div>6:00 LL Nostalgic TV</div>	<div>Healthy Snacks &amp; Hydration offered throughout each day!</div>