January 2020
Assisted Living Lifestyle & Leisure

created with Sagely

The Wentworth at The Meadows
Assisted Living & Memory Care

950 South 400 East
St. George, UT 84770
435-628-0090

- AE Artistic Expression
- CC Community Connections
- CE Continuing Education
- LL Lifestyle & Leisure
- PE Physical Engagement
- SS Spiritual Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 **A BIG CHEER FOR A HAPPY NEW YEAR!** 9:30 Smooth Moves [HCG] 10:15 Uno [GR] 1:00 At The Piano W/Carol [CH] 1:00 CC Indexing-By The Theater 2:00 AE Frosty The Snowman Craft [GR] 3:00 Kings in the Corner [GR] 4:00 Hilarious New Year's Resolutions [GR]	**2** 9:30 Cinnamon Rolls & Morning Chat [GR] 10:15 Race To The Finish [GR] 1:00 PE Let's Get Physical [CH] 2:00 Tricky Triominos [GR] 3:00 Old Time Rock 'N Roll W/Mac [CH] 4:00 Pet Therapy W/Margo & Kallie [LR] 4:00 Teachable Moments [GR] 6:00 Picture Show [T]	**3** 9:00 Trip to Mesquite 9:30 Armchair Exercises [HCG] 10:15 CE Famous Environmentalists [T] 2:00 Risk It [GR] 3:00 Blast From the Past [GR] 4:00 Movies and Stars [GR]	**4** 9:30 Fitness in 15 [HCG] 10:00 SS Good Morning Devotional [CH] 10:00 Nifty Nails [RR] 1:00 Phase 10 [GR] 2:00 Color My World [GR] 3:00 LL A Little Bit of Magic W/ Magician Trey Paterson [CH] 4:00 Words of Wisdom [GR]
5 9:30 SS The Church of Jesus Christ of Latter Day Saints Sacrament Meeting [CH] 10:30 The Church of Jesus Christ of Latter Day Saints-Sunday School [CH]	**6** 9:30 Get Fit [HCG] 10:15 Bingo [GR] 1:00 CC Indexing-By The Theater 1:00 Wii Bowling [T] 3:00 Musical Memories W/Marv [CH] 4:00 Dominoes [GR] 6:30 The Church of Jesus Christ of Latter Day Saints Family Home Evening [CH]	**7** 9:30 Stretch & Flex [HCG] 10:15 Race To The Finish [GR] 2:00 LL Fast Track [GR] 3:00 On A Different Note W/ Ed Tracey [CH] 4:00 Remembering Tex Ritter [GR] 6:00 Picture Show [T]	**8** 9:30 Smooth Moves [HCG] 10:15 Uno [GR] 1:00 At The Piano W/Carol [CH] 1:00 Indexing-By The Theater 2:00 AE Make It Take It Craft [GR] 3:00 Rummikub [GR] 4:00 Who Am I? - Mystery Person [GR] 6:00 Fascinatin' Rythm W/Dave Seely [CH]	**9** 10:15 Race To The Finish [GR] 1:00 Let's Get Physical [CH] 2:00 CE Pie & Pallative Care [HCG] 3:00 Bob & Garth [CH] 4:00 Positively Positive News [GR] 6:00 Picture Show [T]	**10** 9:30 Armchair Exercises [HCG] 10:15 Famous Entrepreneurs [CH] 1:00 Out and About 2:00 Risk It [GR] 3:00 Take Your Brain Down Memory Lane W/Pamela [T] 4:00 Deep in the Heart of Texas [T]	**11** 9:30 PE Fitness in 15 [HCG] 10:00 Good Morning Devotional [CH] 10:00 Nifty Nails [RR] 1:00 Phase 10 [GR] 2:00 Color My World [GR] 3:00 Mix It Up W/Dave Compton [CH] 4:00 Daily Chronicles [GR]
12 9:30 The Church of Jesus Christ of Latter Day Saints Sacrament Meeting [CH] 10:30 The Church of Jesus Christ of Latter Day Saints Relief Society Meeting [CH] 10:30 The Church of Jesus Christ of Latter Day Saints-Priesthood Meeting [T]	**13** 9:30 Get Fit [HCG] 10:15 Bingo [GR] 12:10 Pet Therapy W/Sandy and Finn [LR] 1:00 Indexing-By The Theater 1:00 Wii Bowling [T] 3:00 Musical Memories W/Marv [CH] 4:00 Dominoes [GR] 6:30 SS The Church of Jesus Christ of Latter Day Saints Family Home Evening [CH]	**14** 9:30 PE Stretch & Flex [HCG] 10:15 Race To The Finish [GR] 2:00 Fast Track [GR] 3:00 Music To My Ears W/The Dixie Can-Do's [T] 4:00 Cruisin' to The Bahamas [T] 6:00 Picture Show [T]	**15** 9:30 Smooth Moves [HCG] 10:15 Uno [GR] 1:00 Indexing-By The Theater 2:00 CC Help Thy Neighbor [CH] 3:00 Tenzi [GR] 4:00 Men's Club [T]	**16** 10:15 Race To The Finish [GR] 1:00 Let's Get Physical [CH] 2:00 Tales of The Old West [T] 3:00 Country Music W/Roger Dean [CH] 4:00 CE Figure That! [GR] 6:00 Picture Show [T]	**17** 9:30 Armchair Exercises [HCG] 10:15 Famous Environmentalists [T] 1:00 Out and About 2:00 LL Risk It [GR] 3:00 Blast From the Past [GR] 4:00 Resident Council Meeting [CH]	**18** 9:30 Fitness in 15 [HCG] 10:00 Good Morning Devotional [CH] 10:00 Nifty Nails [RR] 1:00 Phase 10 [GR] 2:00 AE Color My World [GR] 3:00 Dixie State Dance Team [CH] 4:00 Current Events [GR]
19 9:30 The Church of Jesus Christ of Latter Day Saints Sacrament Meeting [CH] 10:30 The Church of Jesus Christ of Latter Day Saints-Sunday School [CH]	**20** **MARTIN LUTHER KING, JR. DAY** 9:30 Get Fit [HCG] 10:15 Bingo [GR] 1:00 Indexing-By The Theater 1:00 Wii Bowling [T] 3:15 Don't Laugh At Me Players [CH] 4:00 LL Dominoes [GR] 6:30 The Church of Jesus Christ of Latter Day Saints Family Home Evening [CH]	**21** 10:15 Race To The Finish [GR] 1:00 Gentle Yoga [CH] 2:00 Fast Track [GR] 3:00 In The Mood W/Kevin [CH] 4:00 Five Clues-What Is It? [GR] 6:00 Picture Show [T]	**22** 9:30 Smooth Moves [HCG] 10:15 Uno [GR] 1:00 At The Piano W/Carol [CH] 1:00 Indexing-By The Theater 2:00 CC Mozambique Africa Outreach [GR] 3:00 AE Artist's Corner [CH] 4:00 Picture This [GR] 6:00 Songs From The Heart W/ Mikalene [CH]	**23** 10:15 Race To The Finish [GR] 1:00 Let's Get Physical [CH] 2:00 Build A Snowman Dice Game [GR] 3:00 Timeless Tunes W/Nicki Excell [CH] 4:00 The Price is Right [GR] 6:00 Picture Show [T]	**24** 9:30 PE Armchair Exercises [HCG] 10:15 Famous Entrepreneurs [CH] 1:00 Out and About 2:00 Risk It [GR] 3:00 CE Take Your Brain Down Memory Lane W/ Pamela [T] 4:00 Positive News [GR]	**25** 9:30 Fitness in 15 [HCG] 10:00 SS Good Morning Devotional [CH] 10:00 Nifty Nails [RR] 1:00 Phase 10 [GR] 2:00 Color My World [GR] 3:00 Mix It Up W/Hal Hartzell [CH] 4:00 This Day In History [GR]
26 9:30 The Church of Jesus Christ of Latter Day Saints Sacrament Meeting [CH] 10:30 SS The Church of Jesus Christ of Latter Day Saints Relief Society Meeting [CH] 10:30 The Church of Jesus Christ of Latter Day Saints-Priesthood Meeting [T] 2:00 Helen Marr Clark 100th Birthday Party [CH]	**27** 9:30 PE Get Fit [HCG] 10:15 Bingo [GR] 12:10 Pet Therapy W/Sandy and Finn [LR] 1:00 Indexing-By The Theater 1:00 Wii Bowling [T] 3:00 Magical Harp Music & Massage By Zhailaa Rei [LR] 4:00 Dominoes [GR] 6:30 The Church of Jesus Christ of Latter Day Saints Family Home Evening [CH]	**28** 10:15 Race To The Finish [GR] 1:00 Gentle Yoga [CH] 2:00 Fast Track [GR] 3:00 Bar None [CH] 4:00 Who, What, When [GR] 6:00 Picture Show [T]	**29** 9:30 Smooth Moves [HCG] 10:15 Uno [GR] 1:00 AE At The Piano W/Carol [CH] 1:00 Indexing-By The Theater 2:00 Chef's Special-Small Dining Room 3:00 CC Blankets For Babies [CH] 4:00 Finish The Drawing [GR]	**30** 10:15 Race To The Finish [GR] 1:00 Let's Get Physical [CH] 2:00 Resident Food Meeting [DR] 3:00 Kings in the Corner [GR] 4:00 Pet Therapy W/Margo & Kallie [LR] 5:30 Ice Cream Social [DR] 6:00 LL Picture Show [T]	**31** 9:30 Armchair Exercises [HCG] 10:15 CE Famous Inventors [T] 1:00 Out and About 2:00 Risk It [GR] 3:00 Reminiscing the Good Ole Days [GR] 4:00 Humor Me [GR]	

Location Keys

Clubhouse	CH
Dining Room	DR
Game Room	GR
Health Club Gym	HCG
Living Room	LR
Reading Room	RR
Theater	T