

Pioneer Ridge

Gracious Retirement Living

7210 Linkside Point Drive • McKinney, TX 75071 • Phone (972) 547-6800 • www.seniorlivinginstyle.com

JANUARY 2020

PIONEER RIDGE STAFF

Managers..... DORA & JOE SUMMERS
Assistant ManagersPAM HART &
DAVE WERKLEY
Executive Chef LATICIA SEAY
Activity Coordinator APREL MELDER
MaintenanceSENA HEMARANJA
Bus DriverJOE PAGORIA

TRANSPORTATION

Monday, 10 a.m. and 1:45 p.m.: Shopping

Tuesday, 9 a.m.-3 p.m.: Appointments

Wednesday, TBD: Outings

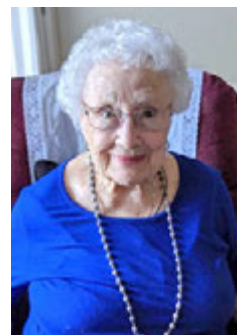
Thursday, 9 a.m.-3 p.m.: Appointments

HAWTHORN
SENIOR LIVING

January Resident Spotlight

On Veterans Day, Mary Wilson, aka “MJ,” touched our hearts with her words. She began her story as a teenager who was working and very much into the fashion trends and especially investing in clothing. This was during war time, and two of her brothers had enlisted. MJ felt guilty about her lifestyle of working to stay in fashion. She took her clothes and spread them out on the grass and sold them. She then went to her parents and asked them to sign for her to enlist and serve in the war with her brothers.

MJ went to Camp Barkley for Technical Nursing and Physical Therapy training. She vividly remembers having to make her bed so tight that a quarter could bounce off of it. Once trained, MJ served at a cardiac hospital. Most of the patients had rheumatic fever and many did not survive. Along with her care, comfort, love and support, MJ also gave blood regularly, directly to the person needing it. She had the opportunity to stay in the military and become an officer, but MJ wanted to move on from the heartbreaking sorrow and the loss



she had endured. She was looking forward to marriage and children in her future. MJ did marry and have a family, and because of that, she was not allowed to become a nurse, since a woman with children did not have that opportunity. In 1975, things changed

and MJ became a nurse!

MJ is 96 years old and twice widowed, has three children, 13 grandchildren and 20 great-grandchildren. She knows that she survived life-threatening circumstances, with the Lord's guidance, on many occasions. She has been blessed to be able to travel all over the world. Her passion is to advocate for domestic violence and she is proud of her volunteer time and her service at the VFW, aiding veterans.

Mary Wilson says the key to happiness for her has been to stay busy doing good and to live life excitedly.

Now you see why Mary Wilson was an ideal candidate for our January Resident Spotlight! Thank you for your service, Mary.



The New Year

The first day of our new year, year
twenty-twenty,
What a great blessing to behold!
A very special year with
new beginnings,
As new mysteries begin to unfold.
I am sure many surprises soon
await us,
Hopefully all will be happy
and good.
Finding more cures to keep
us healthy,
Will be as great as any
surprise could.
I am looking forward to the
new year,
Believing it must be very kindly.
Perhaps, we will find love and
respect for one another,
And the good Lord, looking down,
will say "Finally."
Then as we approach year's end
and meet year twenty-twenty-one
Our century will have
reached adulthood;
Just possibly, all of us adults would
be acting like grown-ups,
Sounds like the best answer, if only
we could!

Happy New Year and God Bless!
Marie Hunt
December 8th, 2019



And The Employee Of The Year Is ...

Willie Arrington has been selected as Pioneer Ridge Employee of the Year for 2019! Willie was promoted to Sous Chef in September and has filled that role like he was made for it. He is an awesome Chef, who brings a little Louisiana flair to our meals. Willie is a great team player and is always willing to help or put in extra hours when there is a staff shortage. He puts on his smile along with his hat, and it remains while he is working. Thank you, Willie, for keeping the Kitchen on point and running smoothly, along with our other great Kitchen staff. Keep that great food coming our way! You are appreciated and loved.



Residents Love Bingo!

Here at Pioneer Ridge, our residents love to play Bingo. We play ten rounds every Thursday at 3 p.m. in the Activity Room. They play a dime a game, and play anything from four corners to Texas T, and end with Blackout, where you have to fill up your whole card. Yes, we love bingo, Straight Bingo, and we are very competitive. Janice, (a resident) says "Don't clear your cards!" It's always fun to see when you get multiple winners at once. We play on cards where you swipe the color down instead of using chips or markers. Most residents play with two cards, some with three, if you're bold! Play on!





Santa Came To See the Residents

What a fun time we had when Santa came to visit us here at Pioneer Ridge! Residents and their families got to see and talk with the Big Man himself, and got their picture taken with him. Santa sat patiently as each resident and family told him what they wanted for Christmas. What a great way to start the holidays! We enjoyed cookies made by our Kitchen staff, sugar cookies as well as white chocolate cranberry cookies, and homemade hot cocoa. It was delicious and hit the spot while we waited to see Santa. Residents got in the spirit of Christmas sitting on Santa's lap while sharing laughs and hugs.



Santa waited patiently to hear what everyone wanted.



Cookies and Hot Cocoa made for our residents and guests



Mr. Dean Nail was having a blast.



The Voigts' grandchildren had a great time!



Winona Samples made the "Nice List!"

JANUARY
2020

Birthdays

Betty Broyles, 1st
Don Conley, 2nd
Peggy Knight, 3rd
Mary Wilson, 7th
Dick Hall, 7th
Lou Ann
Stephenson, 13th
Joe Buffaloe, 14th
Rossi Hardison, 16th
David Barnes, 19th
Marie Hunt, 21st
Jane Finley, 25th
Louise Freeman, 25th
Carl Gahan, 26th
Dana Watkins, 30th
Estelle Rickets, 30th

Anniversaries

Patti Hakes and
Vladimir Mastryukov,
1/11/1997

Locations

Activity Room, AR
Billiards Room, BR
Bus, B
Chapel, CH
Computer Center, CC
Dining Room, DR
DR Alcove, DRA
Front Lobby, Lobby
Gym, G
Library, L
Movie Theater, MT
Patio, P
TV Room, TV

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <div>5</div>	 <div>6</div>		<div>NEW YEAR'S DAY</div> <div>1</div> <div>9:30 Wacky Wednesday Exercise Class, AR</div> <div>2:00 Rummikub & Dominoes, AR</div> <div>2:00 Wednesday Movie Matinee, MT</div> <div>3:00 "Jeopardy," AR</div> 	<div>2</div> <div>9:30 Strength and Stretch with Aprel, AR</div> <div>10:00 Baking in the Bistro, AR</div> <div>11:00 Monthly Managers/ Resident Meeting, AR</div> <div>12:00 Blood Pressure Checks: Legacy, AR</div> <div>2:00 Faith Talk with Jack Greever, CH</div> <div>3:00 Bingo: Dime a Game, AR</div> <div>4:30 Singalong, DR</div> <div>7:00 Penny Poker, DRA</div> 	<div>3</div> <div>9:30 Stretch Class, AR</div> <div>11:00 Drumming 2.0, AR</div> <div>11:00 Crocheting, Needlework and Knitting, BR</div> <div>11:30 Spot the Differences, AR</div> <div>12:15 Wear Red & Pledge, DR</div> <div>2:00 Rummikub, AR</div> <div>2:00 Friday Movie Matinee, MT</div> <div>2:00 Hand & Foot, BR</div> <div>4:00 Happy Hour with Monarch, AR</div> 	<div>4</div> <div>9:30 Exercise Class with Dick, AR</div> <div>10:00 Donut Social, AR</div> <div>2:00 Go to Africa with Pioneer Ridge, AR</div> <div>2:00 Open Game Time, AR</div>
<div>8:00 Walkers Club, Lobby</div> <div>11:00 Church at the Ridge Service, CH</div> <div>3:00 Bingo: Dime a Game, AR</div>	<div>9:30 Strength and Stretch Training, AR</div> <div>10:00 Shopping Trip No. 1, B</div> <div>1:45 Shopping Trip #2, B</div> <div>2:00 Hand & Foot, BR</div> <div>2:00 Lamp & Light Bible Study, L</div> <div>3:00 Chair Volleyball, AR</div>	<div>9:00 Hearing Services with Liz, AR</div> <div>9:30 Stretch and Strength Class, AR</div> <div>10:00 Catholic Communion Service, CH</div> <div>10:00 "Ask a Nurse" with Texas Home Health, AR</div> <div>11:30 Memory Fitness, AR</div> <div>2:00 Phase 10 or Mexican Train, BR</div> <div>3:00 Hawthorn Expedition 2020 Kick-Off Party, AR</div> <div>4:30 Gospel Singalong, DR</div> <div>7:00 Penny Poker, DRA</div> 	<div>8</div> <div>9:30 Wacky Wednesday Exercise Class, AR</div> <div>2:00 Rummikub & Dominoes, AR</div> <div>2:00 Wednesday Movie Matinee, MT</div> <div>3:00 "Jeopardy," AR</div>	<div>9:30 Strength and Stretch Training, AR</div> <div>10:00 Baking in the Bistro, AR</div> <div>12:00 Blood Pressure Checks: Legacy, AR</div> <div>2:00 Faith Talk with Jack Greever, CH</div> <div>3:00 Bingo: Dime a Game, AR</div> <div>4:30 Singalong, DR</div> <div>7:00 Penny Poker, DRA</div>	<div>10</div> <div>9:30 Stretch Class, AR</div> <div>11:00 Crocheting, Needlework and Knitting, BR</div> <div>11:30 Spot the Differences, AR</div> <div>12:15 Wear Red & Pledge, DR</div> <div>2:00 Rummikub, AR</div> <div>2:00 Friday Movie Matinee, MT</div> <div>2:00 Hand & Foot, BR</div> <div>4:00 Happy Hour with Kristi and Dewayne, AR</div>	<div>11</div> <div>9:30 Exercise Class with Dick, AR</div> <div>2:00 Open Game Time, AR</div> <div>3:00 Rummikub, AR</div> 
<div>12</div> <div>8:00 Walkers Club, Lobby</div> <div>11:00 Church at the Ridge Service, CH</div> <div>3:00 Bingo: Dime a Game, AR</div>	<div>13</div> <div>9:30 Strength and Stretch Training, AR</div> <div>10:00 Shopping Trip No. 1, B</div> <div>1:45 Second Shopping Trip, B</div> <div>2:00 Hand & Foot, BR</div> <div>2:00 Lamp & Light Bible Study, L</div> <div>3:00 Chair Volleyball, AR</div> <div>3:00 Ice Cream Social with Legacy, AR</div> 	<div>14</div> <div>9:30 Stretch and Strength Class, AR</div> <div>9:45 Harris Jewelry Repair, AR</div> <div>10:00 Catholic Communion Service, CH</div> <div>10:00 "Ask a Nurse" with Texas Home Health, AR</div> <div>11:30 Memory Fitness, AR</div> <div>2:00 Phase 10 or Mexican Train, BR</div> <div>4:30 Gospel Singalong, DR</div> <div>7:00 Penny Poker, DRA</div> 	<div>15</div> <div>9:30 Wacky Wednesday Exercise Class, AR</div> <div>2:00 Rummikub & Dominoes, AR</div> <div>2:00 Wednesday Movie Matinee, MT</div> <div>3:00 "Jeopardy," AR</div>	<div>16</div> <div>10:00 Baking in the Bistro, AR</div> <div>11:00 Chef's Meeting with Residents, AR</div> <div>12:00 Blood Pressure Checks: Legacy, AR</div> <div>2:00 Faith Talk with Jack Greever, CH</div> <div>3:00 Bingo: Dime a Game, AR</div> <div>4:30 Singalong, DR</div> <div>7:00 Penny Poker, DRA</div> 	<div>17</div> <div>9:30 Stretch Class, AR</div> <div>11:00 Drumming 2.0, AR</div> <div>11:00 Crocheting, Needlework and Knitting, BR</div> <div>11:30 Spot the Differences, AR</div> <div>12:15 Wear Red & Pledge, DR</div> <div>2:00 Rummikub, AR</div> <div>2:00 Friday Movie Matinee, MT</div> <div>2:00 Hand & Foot, BR</div> <div>4:00 Happy Hour with Michelle Home Health, AR</div>	<div>18</div> <div>9:30 Exercise Class with Dick, AR</div> <div>10:00 Donut Social, AR</div> <div>2:00 Open Game Time, AR</div>
<div>19</div> <div>8:00 Walkers Club, Lobby</div> <div>11:00 Church at the Ridge Service, CH</div> <div>3:00 Bingo: Dime a Game, AR</div> 	<div>MARTIN LUTHER KING JR. DAY</div> <div>20</div> <div>9:30 Strength and Stretch Training, AR</div> <div>10:00 Shopping Trip No. 1, B</div> <div>1:45 Second Shopping Trip, B</div> <div>2:00 Hand & Foot, BR</div> <div>2:00 Lamp & Light Bible Study, L</div> <div>3:00 Kick-Off Party for Hawthorn Adventure, AR</div>	<div>21</div> <div>9:30 Stretch and Strength Class, AR</div> <div>10:00 Catholic Communion Service, CH</div> <div>10:00 "Ask a Nurse" with Texas Home Health, AR</div> <div>11:30 Memory Fitness, AR</div> <div>2:00 Phase 10 or Mexican Train, BR</div> <div>3:00 Hawthorn Expedition 2020 Kick-Off Party, AR</div> <div>4:30 Gospel Singalong, DR</div> <div>7:00 Penny Poker, DRA</div> 	<div>22</div> <div>9:30 Wacky Wednesday Exercise Class, AR</div> <div>2:00 Rummikub & Dominoes, AR</div> <div>2:00 Wednesday Movie Matinee, MT</div> <div>3:00 "Jeopardy," AR</div>	<div>23</div> <div>10:00 Baking in the Bistro, AR</div> <div>12:00 Blood Pressure Checks: Legacy, AR</div> <div>1:30 January's Birthday Celebration, DR</div> <div>2:00 Faith Talk with Jack Greever, CH</div> <div>3:00 Bingo: Dime a Game, AR</div> <div>4:30 Singalong, DR</div> <div>7:00 Penny Poker, DRA</div>	<div>24</div> <div>9:30 Stretch Class, AR</div> <div>11:00 Drumming 2.0, AR</div> <div>11:00 Crocheting, Needlework and Knitting, BR</div> <div>11:30 Spot the Differences, AR</div> <div>12:15 Wear Red & Pledge, DR</div> <div>2:00 Rummikub, AR</div> <div>2:00 Friday Movie Matinee, MT</div> <div>2:00 Hand & Foot, BR</div> <div>4:00 Happy Hour with Monarch, AR</div>	<div>25</div> <div>9:30 Exercise Class with Dick, AR</div> <div>2:00 Go to Africa with Pioneer Ridge, AR</div> <div>3:00 Rummikub, AR</div> 
<div>26</div> <div>8:00 Walkers Club, Lobby</div> <div>11:00 Church at the Ridge Service, CH</div> <div>3:00 Bingo: Dime a Game, AR</div> 	<div>27</div> <div>9:30 Strength and Stretch Training, AR</div> <div>10:00 Shopping Trip No. 1, B</div> <div>2:00 Hand & Foot, BR</div> <div>2:00 Lamp & Light Bible Study, L</div> <div>3:00 Chair Volleyball, AR</div>	<div>28</div> <div>9:30 Stretch and Strength Class, AR</div> <div>10:00 Catholic Communion Service, CH</div> <div>10:00 "Ask a Nurse" with Texas Home Health, AR</div> <div>11:30 Memory Fitness, AR</div> <div>2:00 Phase 10 or Mexican Train, BR</div> <div>3:00 Hawthorn Expedition 2020 Kick-Off Party, AR</div> <div>4:30 Gospel Singalong, DR</div> <div>7:00 Penny Poker, DRA</div>	<div>29</div> <div>9:30 Wacky Wednesday Exercise Class, AR</div> <div>2:00 Rummikub & Dominoes, AR</div> <div>2:00 Wednesday Movie Matinee, MT</div> <div>3:00 "Jeopardy," AR</div>	<div>30</div> <div>10:00 Baking in the Bistro, AR</div> <div>12:00 Blood Pressure Checks: Legacy, AR</div> <div>2:00 Faith Talk with Jack Greever, CH</div> <div>3:00 Bingo: Dime a Game, AR</div> <div>4:30 Singalong, DR</div> <div>7:00 Penny Poker, DRA</div> 	<div>31</div> <div>9:30 Stretch Class, AR</div> <div>11:00 Drumming 2.0, AR</div> <div>11:00 Crocheting, Needlework and Knitting, BR</div> <div>11:30 Spot the Differences, AR</div> <div>12:15 Wear Red & Pledge, DR</div> <div>2:00 Rummikub, AR</div> <div>2:00 Friday Movie Matinee, MT</div> <div>2:00 Hand & Foot, BR</div> <div>4:00 Happy Hour, AR</div>	



Talent and Charm

The holiday season brought us a wonderful greeting as you entered the door of Pioneer Ridge: the Twelve Days of Christmas depicted in stained glass panels. These were created by our own Jack Greever.

Jack first learned to do stained glass during a Road Scholar class in North Carolina. He continued his craft, making panels for the neighborhood kids, telling them, "When the sun shines through, you know that God is watching over you." Since moving to Pioneer Ridge about three years ago, Jack has made about 83 panels for residents. He started with the women, creating a unique panel with each name. It takes him about 25 hours to make one small plaque. He now blesses each new resident with a personalized panel shortly after they move in.



Jack's pride and joy

Jack spent about four months making the Twelve Days of Christmas display. His friend from Coppell made the frames. Jack considers his best piece to be the Nativity Scene displayed near the beauty salon. This is a labor of love that keeps Jack busy and brings him great enjoyment, and brings great joy to the residents and visitors of Pioneer Ridge. Jack also leads a Faith Talk with Jack Greever, every Thursday at 2 p.m. in our Chapel. He is a man of many talents and we are honored he chose Pioneer Ridge for his home.

Thank you, Jack. We appreciate you and all you do! And we love you very much!



Twelve Days of Christmas



New Year's Resolutions

Well folks, the new year is upon us and in light of it, let's talk resolutions.

For me, it's a time for new beginnings with my new family, and a time to put the negative behind me and aim for a positive year! I plan on getting more organized this year with work and home, and be on top of my daily schedules and busy activities. Yes, there is a lot to be thankful for and look forward to this year. What about you and your resolutions? What are your plans for this new year of 2020? What would you like to accomplish? To improve? Do you wish to add more activities to your calendar? Get healthier? Attend exercise daily? Watch what you eat? Socialize more?

Life is too short to sweat the small stuff! Whatever you decide to do, do it all the way, no shortcuts. Remember, my motto: "Go Big or Go Home!"

Happy New Year, everyone! Here's to an exciting year!

*Written By Aprel Melder,
Your Activity Coordinator*





Christmas At Pioneer Ridge

Deck the Halls with Christmas trees, and that is just what you saw when you walked into our home here at Pioneer Ridge. Holiday decorations were everywhere, transforming our halls into a pretty festive scene. We had wreaths on walls and tinsel on trees and Dean Martin singing, "It's Beginning to Look a Lot Like Christmas" on the overhead speakers, piped throughout the halls for all to enjoy. Yes sir, Christmas came to Pioneer! Santa came to visit, and we had around 50 or more residents tell him what they desire. We revelled in the smell of fresh warm gingerbread baking and cooling, to be turned into a gingerbread house by our very own residents; apple cider in a Crock-Pot; holiday favorites being played in the movie theater; and toes toasting by the fireplace, with a warm cup of cocoa. All were awaiting the greatest story ever told, "The Night Before Christmas" being read by Manager Joe Summers. Could it get any better? Well, yes it did! Residents and their family and friends feasted on Chef Laticia's delicious Christmas Dinner. And lastly, let's not forget our wonderful Open House, a chance for outsiders to see what we are all about. And we have a lot to offer to a new member of our family! From myself, (your Activity Coordinator, April), and all the staff, may you and your families have a wonderful and prosperous New Year!



Our Winter Wonderland



Our Lovely Dining Room



Christmas Tree in the Foyer

Laurie Gabriel Sings

On December 9th, we had a great time as Laurie Gabriel put on a Christmas show. With her talented renditions of the holiday classics to her beautiful Cello recital, she gave a show so good, you would think we were listening to the symphony.



Residents watched in delight as she took them down memory lane, singing the best of Dean Martin to Kringle himself. It was a full hour and a half of fun for all. Laurie will be back for Valentine's Day to perform romantic songs of the heart. We can't wait!



7210 Linkside Point Drive
McKinney, TX 75071



Leave Your Winter Worries Behind

Enjoy the winter season by joining us for hot chocolate and homemade treats around a warm and cozy fire. You can count on things really "heating up" with our packed winter activities calendar. Please call for more information on any of the activities you'd like to participate in, or stop by for a complimentary meal and tour.

Pioneer Ridge
Gracious Retirement Living

972-547-6800