


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
 THE RENAISSANCE <small>A SENIOR LIVING COMMUNITY OF CHOICE</small>	1400 East McElroy Road Stillwater, OK 74075 405-743-4900	AE Artistic Expression CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Happy New Year's Day, Everyone! 1 7:30 LL Sunrisers: Coffee & Music 9:30 PE Sit & Be Fit: Exercise! 10:15 St. Andrews Therapy Dogs 3:00 AE Watercolor Wednesday!	2 7:30 LL Sunrisers: Coffee & Music 9:30 PE Sit & Be Fit: Exercise! 10:30 CE Brain Games! 11:30 LL Music Matinee 1:30 CE Reading Roundtable 2:00 AE Sip n' Scrapbook!	3 7:30 LL Sunrisers: Coffee & Music 9:30 PE Sit & Be Fit: Exercise! 11:30 LL Music Matinee 1:30 AE Partner Puzzles! 2:00 LL Bingo! 3:15 CE Just January Things: Fun Facts About January!	4 7:30 Sunrisers: Coffee & Music 10:00 Renaissance Reminisce! 2:00 SS Praise & Worship!			
			7:30 Sunrisers: Coffee & Music 5 10:00 Renaissance Reminisce! 3:30 Sunday Worship Service!	7:30 LL Sunrisers: Coffee & Music 6 9:30 PE Sit & Be Fit: Exercise! 10:30 AE Snowflake Shop! 11:30 LL Music Matinee 1:15 LL Monday Memory Mania! 2:00 LL Nail Salon!	7:30 LL Sunrisers: Coffee & Music 7 9:30 PE Sit & Be Fit: Exercise! 11:00 PE Simple Stretches & Sing-A-Long! 11:30 LL Music Matinee 2:00 AE Sip n' Scrapbook! 3:30 LL Social Hour: Roll & Remember!	7:30 LL Sunrisers: Coffee & Music 8 9:30 PE Sit & Be Fit: Exercise! 10:15 St. Andrews Therapy Dogs 11:30 LL Music Matinee 2:00 LL Nail Salon! 3:00 AE Watercolor Wednesday!	7:30 LL Sunrisers: Coffee & Music 9 9:30 PE Sit & Be Fit: Exercise! 11:00 PE Simple Stretches & Sing-A-Long! 11:30 LL Music Matinee 2:00 AE Sip n' Scrapbook! 3:15 AE Make it Snow Inside!	7:30 LL Sunrisers: Coffee & Music 10 9:30 PE Sit & Be Fit: Exercise! 10:30 PE Indoor Bowling! 11:30 LL Music Matinee 2:00 LL Bingo! 3:15 CE Sensory Bin Scavenger Hunt!	7:30 Sunrisers: Coffee & Music 11 10:00 Renaissance Reminisce! 2:00 SS Praise & Worship!
			7:30 Sunrisers: Coffee & Music 12 10:00 Renaissance Reminisce!	7:30 LL Sunrisers: Coffee & Music 13 9:30 PE Sit & Be Fit: Exercise! 11:30 LL Music Matinee 1:15 LL Monday Memory Mania! 2:00 LL Nail Salon! 3:30 CE A Science Experiment: Magic in a Bottle!	7:30 LL Sunrisers: Coffee & Music 14 9:30 PE Sit & Be Fit: Exercise! 10:30 PE Chair Yoga with Lori! 11:30 LL Music Matinee 2:00 AE Sip n' Scrapbook! 3:15 AE Crafty Corner: Taped Painting!	7:30 LL Sunrisers: Coffee & Music 15 9:30 PE Sit & Be Fit: Exercise! 10:15 St. Andrews Therapy Dogs 11:30 LL Music Matinee 2:00 LL Nail Salon! 3:00 AE Watercolor Wednesday!	7:30 LL Sunrisers: Coffee & Music 16 9:30 PE Sit & Be Fit: Exercise! 10:30 PE Balloon Volleyball! 11:30 LL Music Matinee 2:00 AE Sip n' Scrapbook! 3:15 CE Reading Roundtable!	7:30 LL Sunrisers: Coffee & Music 17 9:30 PE Sit & Be Fit: Exercise! 11:30 LL Music Matinee 1:30 AE Creative Coloring Circle 2:00 LL Bingo! 3:15 AE Snowflake Streamers!	7:30 Sunrisers: Coffee & Music 18 10:00 Renaissance Reminisce! 2:00 SS Praise & Worship!
			7:30 Sunrisers: Coffee & Music 19 10:00 Renaissance Reminisce! 3:30 Sunday Worship Service!	Martin Luther King, Jr. Day 20 7:30 LL Sunrisers: Coffee & Music 9:30 PE Sit & Be Fit: Exercise! 11:30 LL Music Matinee 1:15 LL Monday Memory Mania! 2:00 LL Nail Salon! 3:15 CE Reading Roundtable!	7:30 LL Sunrisers: Coffee & Music 21 9:30 PE Sit & Be Fit: Exercise! 11:00 PE Simple Stretches & Sing-A-Long! 11:30 LL Music Matinee 2:00 AE Sip n' Scrapbook! 3:15 AE Pom Pom Painting!	7:30 LL Sunrisers: Coffee & Music 22 9:30 PE Sit & Be Fit: Exercise! 10:15 St. Andrews Therapy Dogs 11:30 LL Music Matinee 2:00 LL Nail Salon! 3:00 AE Watercolor Wednesday!	7:30 LL Sunrisers: Coffee & Music 23 9:30 PE Sit & Be Fit: Exercise! 11:00 PE Simple Stretches & Sing-A-Long! 11:30 LL Music Matinee 2:00 AE Sip n' Scrapbook! 3:30 LL Time For Table Games!	7:30 LL Sunrisers: Coffee & Music 24 9:30 PE Sit & Be Fit: Exercise! 10:00 AE Penguin Piece Puzzle! 11:30 LL Music Matinee 2:00 LL Bingo! 3:15 CE Sensory Bin Scavenger Hunt!	Happy Birthday Wanda L! 25 7:30 Sunrisers: Coffee & Music 10:00 Renaissance Reminisce! 2:00 SS Praise & Worship!
			7:30 Sunrisers: Coffee & Music 26 10:00 Renaissance Reminisce!	7:30 LL Sunrisers: Coffee & Music 27 9:30 PE Sit & Be Fit: Exercise! 11:30 LL Music Matinee 1:15 LL Monday Memory Mania! 2:00 LL Nail Salon! 3:30 AE Polar Bear Painting Pals!	7:30 LL Sunrisers: Coffee & Music 28 9:30 PE Sit & Be Fit: Exercise! 10:00 LL Morning Movie Time! 11:30 LL Music Matinee 2:00 AE Sip n' Scrapbook! 3:15 LL Chicken Soup for the Soul Circle	7:30 LL Sunrisers: Coffee & Music 29 9:30 PE Sit & Be Fit: Exercise! 10:15 St. Andrews Therapy Dogs 11:30 LL Music Matinee 2:00 LL Nail Salon! 3:00 AE Watercolor Wednesday!	7:30 LL Sunrisers: Coffee & Music 30 9:30 PE Sit & Be Fit: Exercise! 10:30 PE Balloon Volleyball! 11:30 LL Music Matinee 2:00 AE Sip n' Scrapbook! 3:30 CE Make a Match!	7:30 LL Sunrisers: Coffee & Music 31 9:30 PE Sit & Be Fit: Exercise! 11:30 LL Music Matinee 2:00 LL Bingo! 3:15 AE Mitten Making Fun!	Healthy Snacks & Hydration offered throughout each day!