

# 202

## January Newsletter



### Neighborhood News

Happy New Year! Another 365 days have passed, and we made the most of each one here in our community since opening in April. Residents and staff enjoyed a wonderful and busy holiday season, and we would like to extend our thanks to all families who attended our special events with their loved ones. Since January symbolizes a time of new beginnings, we have asked residents what their goal or positive intentions will be for the coming year. Life Enrichment staff will assist residents in writing these resolutions down and we will display them in the community. Family members are encouraged to jot down their goals or wishes as well. Please see Life Enrichment staff for a "2020 Goals" form. Our staff and residents will continue to discuss our goals and track our progress throughout the year. Here's to a happy and healthy year for all!

#### Nice to Meet You!

My name is Omar Ayala, and I am the Director of Environmental Services here at Artis. Prior to starting with Artis, my experience included 15 years in maintenance management, and repair. In my spare time I enjoy restoring old cars and coaching my two boys in popwarner football. I am thrilled to be a part of such a great team here at Artis Senior Living of Lexington.



#### Dementia & The Arts Series - Part I

##### "I Remember Better When I Paint"

Please join us for a feature length documentary and hear from registered Art Therapist Erica Curcio on how the creative arts can bypass some of the limitations of dementia.

Tuesday January 28 @ 5-7pm. Light supper will be served.

Sign up with Jane Marie at [jbaker@artismgmt.com](mailto:jbaker@artismgmt.com)



#### Let it snow!



Residents supervised and encourage staff while they built snowmen during our first snowfall

#### Let it snow!



#### Let it snow!



## Upcoming January Events

- January 1<sup>st</sup>, - NEW YEARS DAY
- January 8<sup>th</sup>, 10:30 Alexandria Performs
- January 12<sup>th</sup>, 3:00 Maestro Musicians Recital
- January 18<sup>th</sup>, 1:30 David Coponigro Performs his Amazing Accordion
- January 20<sup>th</sup>, MARTIN LUTHER KING JR. DAY
- January 25<sup>th</sup>, 1:00 Mark West's Piano Program
- January 31<sup>st</sup>, 10:30 Denise Strolls and Plays Guitar

## Beauty and Barber Shop

A friendly reminder that our hairstylist Liane is here Wednesday's 9-4:00. Also, we are introducing manicures by our nail tech Gayle, who will be here every other Wednesday beginning January 8<sup>th</sup>. To sign up for any beauty or barber shop services, please visit the front desk concierge. Thank you.



Artis welcomed the Nature Connection, accompanied by "Cauliflower" the Silkie Chicken. It was such a joy to be able to connect with nature in a tangible way with out leaving the comfort of our warm and cozy community.

## This Month's Support Group

Our monthly family & caregiver support group will be held Wednesday, January 8<sup>th</sup>, from 6-7:30pm. All are welcome. Light supper will be served.

Sign up with Lindsay at [lsanjurjo@artismgmt.com](mailto:lsanjurjo@artismgmt.com)

## Positive Partner of the Month

Congratulations to care partner Anitta, who is our Positive Partner of the Month. Anitta has shown outstanding care and concern for our residents, as well as assisting all other care partners and staff. Thank you Anitta for your hard work and dedication! Reminder to please vote for future Positive Partners in the front lobby!



Artis was delighted to assist Jason Vogel on his Eagle Scout Project in September by having his Jazz Quintet perform for us. Because of his amazing work, Jason received his Eagle Scout rank, and a few members from Artis were there to support him. Way to go Jason!

Love The Artis Way?  
If we've earned your praises, please write a review, or give us a like on social media!

