

January 2020

In The Moment - Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 12877 Sylva Lane Sonora, CA 95370 209-588-0373	AE Artistic Expression CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	AE Artistic Expression CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	New Year's Day 9:30 PE Movement with Music [F] 10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 1:45 CE You Be the Judge [A] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 3:30 LL Garden Activities [G] 6:00 LL Stars of the Silver Screen	10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 1:45 LL Helping Hands [A] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:30 PE Let's Get Physical [F] 10:00 PE Snacktivity 10:45 LL Aromatherapy 2:30 PE Snacktivity 6:00 LL Stars of the Silver Screen	9:30 PE Physical Fun [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 LL Table Time- Games, Art, Puzzles etc. [F] 6:00 LL Stars of the Silver Screen
9:30 Game show T.V time [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:00 SS Prayer & Communion (Catholic) [R] 9:30 PE Simple Stretches [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 1:45 PE Afternoon Stroll 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:30 PE Movement with Music [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 1:45 CE You Be the Judge [A] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:30 PE Let's Get Physical [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:30 Craft Class 6:00 LL Stars of the Silver Screen	Happy Birthday Dwayne! 9:30 PE Physical Fun [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 LL Table Time- Games, Art, Puzzles etc. [F] 6:00 LL Stars of the Silver Screen
9:30 Game show T.V time [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:00 SS Prayer & Communion (Catholic) [R] 9:30 PE Simple Stretches [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 1:45 PE Afternoon Stroll 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:30 PE Movement with Music [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 1:45 ASPCA Craft [A] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	10:00 PE Snacktivity 10:30 LL Aromatherapy 1:45 LL Helping Hands [A] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:30 PE Let's Get Physical [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:30 Craft Class 6:00 LL Stars of the Silver Screen	9:30 PE Physical Fun [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 LL Table Time- Games, Art, Puzzles etc. [F] 6:00 LL Stars of the Silver Screen
9:30 Game show T.V time [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 CE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	Martin Luther King, Jr. Day 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:00 SS Prayer & Communion (Catholic) [R] 9:30 PE Simple Stretches [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 1:45 PE Afternoon Stroll 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:30 PE Movement with Music [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 1:45 CE You Be the Judge [A] 2:30 PE Taste & Tell 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:30 PE Let's Get Physical [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:30 Craft Class 6:00 LL Stars of the Silver Screen	9:30 PE Physical Fun [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 LL Table Time- Games, Art, Puzzles etc. [F] 6:00 LL Stars of the Silver Screen
9:30 Game show T.V time [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:00 SS Prayer & Communion (Catholic) [R] 9:30 PE Simple Stretches [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 12:00 SS Catholic Mass 1:45 PE Afternoon Stroll 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:30 PE Movement with Music [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 1:45 CE You Be the Judge [A] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	10:00 PE Snacktivity 10:30 LL Aromatherapy 1:45 LL Scenic Drive Outing 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL Stars of the Silver Screen	9:30 PE Let's Get Physical [F] 10:00 PE Snacktivity 10:30 LL Aromatherapy 2:30 PE Snacktivity 3:30 Craft Class 6:00 LL Stars of the Silver Screen	Healthy Snacks & Hydration offered throughout each day!