

Orchard

HEIGHTS

Gracious Retirement Living

3650 South Highway 27 • Clermont, FL 34711 • Phone (352) 242-2235 • www.seniorlivinginstyle.com

JANUARY 2020

ORCHARD HEIGHTS STAFF

Managers..... DAVE & BJ DREW
Assistant ManagersSTEVE &
KIMBERLY ROGERS
Executive Chef..... OSCAR M. GUZMAN
Activity CoordinatorYVONNE KECK
MaintenanceJOE O'FARRIL
TransportationED PREMO

TRANSPORTATION

Monday, 9 a.m.-Noon: Shopping

Tuesday, 9 a.m.-3 p.m.: Appointments

Wednesday, 9 a.m.: Outing

Thursday, 9 a.m.-3 p.m.: Appointments

Friday, 9 a.m.-Noon: Shopping

HAWTHORN
SENIOR LIVING

2020 Hawthorn Adventure

Start your engines, Orchard Heights! Beginning the week of January 20th through February 7th, Orchard Heights will be hitting the road for an expedition across Africa! We will be exploring these three amazing destinations:

- Morocco
- Egypt
- Tanzania

As we make our scheduled stops at each destination, we will be experiencing the food, history and culture of each of these beautiful countries. Be sure to attend the Expedition Kick-off on Friday, January 17th, to get all of your travel information. If you have any additional questions, like what to pack or weather conditions, be sure to check in with your Expedition Guide, Yvonne, for all the details!



Employee Of the Month!

Thank you for your sunny disposition, all your hard work and for being a great team player!



Everyone loves Marcus!



Morocco's Travel Stops

Tangier

Tangier has long been romanticized by artists, Beat Poets, and writers who have arrived at its busy shores seeking adventure. Tangier is the gateway for many travelers. Cruise ships often dock there on their way from the Atlantic to the Mediterranean, and travelers in Europe find it easy to take a quick ferry from Spain to the Port of Tangier. Just a few hours outside of the city, tourists should not miss the chance to visit Morocco's Blue City, Chefchaouen (pronounced "Shafshawan").

Morocco's Blue City

Chefchaouen was founded in 1471 in the Rif Mountains by Jews and Moors fleeing Spain. There are different (some quite unbelievable) theories about why Chefchaouen is blue. Some say it was painted blue by the Jews who settled there after fleeing Hitler, others say it's to keep the mosquitos away, while some just said it represents the color of the sea.

Who can be sure which version is true, but it seems to have worked out well for Chefchaouen, as it sure looks good blue!

January 21st: "Wear Blue Day" and discover Chefchaouen!

Casablanca

Today's Casablanca is a large, modern city, but the former French Colonial post still allows myriad movie moments for those who want to revisit love in the medina and Old City. Casa (as locals call it) isn't too touristy, but it's the most cosmopolitan and Western-feeling city in Morocco.

The movie "Casablanca" will be showing January 21st at the Orchard Heights Movie Theater.



Blue City

Egypt's Travel Stops

Pyramids and More

We'll visit the Valley of the Kings, where Tutankhamun's tomb was unearthed, and see the glittering finds in the Egyptian Museum in Cairo. You never know, your camel might stumble across yet another find, for that is the way many previous discoveries were made.



Going With the Flow

The old saying that Egypt is the gift of the Nile still rings true. Without the river, there would be no fertile land, no food and a lot less electricity. Although people's lives are increasingly physically detached from the water, the Nile still exerts a uniquely powerful role. Luckily for visitors, the river is also the perfect place from which to see many of the most spectacular ancient monuments, which is one reason why a Nile Cruise remains such a popular way to travel.

The Egyptian Museum

The scale of the Egyptian Museum is so overwhelming that, if you have the time, we recommend at least two visits. The vast rooms are packed to the rafters with some of the world's most fascinating treasures: glittering gold jewelry, King Tut's socks and mummies of the greatest Pharaoh. After taking in the highlights, go back a second time and wander through the less-visited rooms, looking for alabaster offering tables, life-sized wood statues, scale models of armies, farms and ships, and even mummified pets — everything the ancients hoped would accompany them to the second life.



This-n-That, Here-n-There



Shirl enjoying her time at Limoges, Dade City.



Allison testing some of the police equipment.



Touring the Clermont Police Headquarters



Tea Time at Lavender and Lace

To All Of Our Residents

On behalf of the Orchard Heights staff, we would like to express our most heartfelt gratitude for your kindness and generosity, but mostly for allowing us to hold you ever so close to our hearts.

Sincerely,
Your Staff



THE BLESSING
OF YOUR GENEROSITY
WILL BE WITH US
ALWAYS.

JANUARY
2020

Birthdays

Mabel Story, 5th
Anita Roberts, 13th
Maurice Gregoire, 18th
Blanche Brown, 24th

Locations

Activity Room, AR
Atrium, AT
Billiards Room, BR
Bistro, Bistro
Chapel, CH
Computer Center, CC
Dining Room, DR
Fire Pit, FP
Fitness Center, FC
Front Lobby, Lobby
Grand Piano, GP
Grandma's Kitchen, GK
Library, LIB
Main Entrance
Canopy, Canopy
Movie Theater, MT
Raised Bed Gardens, Garden
Shuffleboard Court, SC
Sitting Arbor, SA
Swimming Pool, Pool
TV Room, TV

Dining
Schedule

8 a.m. — Breakfast
12:30 p.m. — Dinner
5:30 p.m. — Supper
(Unless otherwise
announced.)

“If you love life,
don’t waste
time, for time
is what life is
made up of.”
—Bruce Lee

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <div>9:30 Non-Denominational Sunday Service, MT 5</div> <div>10:30 Morning Movie, MT</div> <div>2:00 Penny Poker, BR</div> <div>2:00 Women’s Bible Study, LIB</div> <div>3:00 Bingo Resident Volunteer, AR</div> <div>7:00 “The Crown” Series, MT </div>	 <div>9:00 Our Daily Bread, CH 6</div> <div>9:30 Chair Exercise, AR</div> <div>10:00 Happy Hour, GK</div> <div>2:00 Volleyball, AR</div> <div>3:00 Penny Poker, BR</div> <div>3:00 Rummikub, Bistro</div> <div>7:00 Comedy Night, MT</div>	<div>9:00 Our Daily Bread, CH 7</div> <div>9:30 Fit-Beat Drumming, AR</div> <div>10:30 Adult Coloring with Chede & Friends, Bistro</div> <div>10:30 Catholic Communion, CH</div> <div>11:00 Dominoes, TV</div> <div>11:45 Residents’ & Managers’ Meeting, DR</div> <div>1:30 Bridge, BR</div> <div>2:00 Zumba, AR</div> <div>3:00 “T” for Tuesday Bingo, AR</div> <div>7:00 Drama Night at the Movies, MT</div>	<div>NEW YEAR’S DAY 1</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Chair Exercise, AR</div> <div>9:30 Hard Rock Cafe & Casino, Lobby</div> <div>10:30 Art Class with George, AR</div> <div>2:00 Trivia with Kristina, AR</div> <div>3:00 Oceans of Lotion Spa, AR</div> <div>7:00 Western Wednesday at the Movies, MT</div>	<div>2</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Fit-Beat Drumming, AR</div> <div>10:00 Happy Hour, GK</div> <div>10:30 Free Blood Pressure Screening, AR</div> <div>11:45 Residents’ & Chef’s Meeting, DR</div> <div>2:00 Volleyball, AR</div> <div>3:00 Orchard Heights Derby, AR</div> <div>7:00 Action Movie Night, MT</div>	<div>3</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Tai Chi, AR</div> <div>10:00 Happy Hour, GK</div> <div>1:30 Canasta, BR</div> <div>2:00 Bean Bag Baseball with Maurice, AR</div> <div>3:00 Bingo, AR</div> <div>7:00 Date Night Flick: Romance, MT</div>	<div>4</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Chair Exercise, AR</div> <div>2:00 Bridge, BR</div> <div>2:00 Penny Poker, BR</div> <div>2:30 Afternoon Matinee, MT</div> <div>4:00 Men’s Bible Study with Pastor Bill, LIB</div> <div>4:00 Sit N Stitch with Cliffa, AR</div> <div>7:00 Flick Night, MT</div>
<div>9:30 Non-Denominational Sunday Service, MT 12</div> <div>10:30 Morning Movie, MT</div> <div>2:00 Penny Poker, BR</div> <div>2:00 Women’s Bible Study, LIB</div> <div>3:00 Bingo Resident Volunteer, AR</div> <div>7:00 “The Crown” Series, MT</div>	<div>9:00 Our Daily Bread, CH 13</div> <div>9:30 Chair Exercise, AR</div> <div>10:00 Happy Hour, GK</div> <div>11:00 Seminar by Angels: Do You Know?, AR</div> <div>2:00 Volleyball, AR</div> <div>3:00 Penny Poker, BR</div> <div>3:00 Understanding Your Smartphone with Kristina, AR </div> <div>3:00 Rummikub, Bistro</div> <div>7:00 Comedy Night, MT</div>	<div>9:00 Our Daily Bread, CH 14</div> <div>9:30 Fit-Beat Drumming, AR</div> <div>10:30 Adult Coloring with Chede & Friends, Bistro</div> <div>10:30 Catholic Communion, CH</div> <div>11:00 Dominoes, TV</div> <div>12:30 S.M.O.O.T.T., Lobby</div> <div>1:30 Bridge, BR</div> <div>2:00 Zumba, AR</div> <div>3:00 “T” for Tuesday Bingo, AR</div> <div>7:00 Drama Night at the Movies, MT</div>	<div>15</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Chair Exercise, AR</div> <div>2:00 Trivia with Kristina, AR</div> <div>7:00 Western Wednesday at the Movies, MT</div>	<div>16</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Fit-Beat Drumming, AR</div> <div>10:00 Happy Hour, GK</div> <div>10:30 Free Blood Pressure Screening, AR</div> <div>10:30 Chef’s Corner: Flavors of the Season, GK</div> <div>2:00 Volleyball, AR</div> <div>3:00 Orchard Heights Derby, AR</div> <div>7:00 Action Movie Night, MT</div>	<div>Pick Up Morocco Packet 17</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Tai Chi, AR</div> <div>10:00 Happy Hour, GK</div> <div>1:30 Canasta, BR</div> <div>2:00 Bean Bag Baseball with Maurice, AR</div> <div>3:00 Bingo, AR</div> <div>4:15 2020 Hawthorn Adventure Kickoff Social, AR</div> <div>7:00 Date Night Flick: Romance, MT</div>	<div>9:00 Our Daily Bread, CH 18</div> <div>9:30 Chair Exercise, AR</div> <div>10:30 Pilates with Ashley, AR</div> <div>2:00 Bridge, BR</div> <div>2:00 Penny Poker, BR</div> <div>2:30 Afternoon Matinee, MT</div> <div>4:00 Men’s Bible Study with Pastor Bill, LIB</div> <div>4:00 Sit N Stitch with Cliffa, AR </div> <div>7:00 Flick Night, MT</div>
<div>9:30 Non-Denominational Sunday Service, MT 19</div> <div>10:30 Morning Movie, MT</div> <div>2:00 Penny Poker, BR</div> <div>2:00 Women’s Bible Study, LIB</div> <div>3:00 Bingo Resident Volunteer, AR</div> <div>7:00 “The Crown” Series, MT</div>	<div>MARTIN LUTHER KING JR. DAY 20</div> <div>Welcome to Morocco!</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Chair Exercise, AR</div> <div>10:00 Happy Hour: Moroccan Avocado & Almond Smoothie!, GK</div> <div>10:30 Morocco’s Tourist Information Center, MT</div> <div>2:00 Volleyball, AR</div> <div>3:00 Penny Poker, BR</div> <div>3:00 Rummikub, Bistro</div> <div>3:45 Moroccan Mint Tea Social, AR</div> <div>7:00 Comedy: The Marx Bro., A Night in Casablanca, MT</div>	<div>Chefchaoven’s Wear Blue Day 21</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Drumming with A Moroccan Vibe, AR</div> <div>10:30 Adult Coloring with Chede & Friends, Bistro</div> <div>10:30 Catholic Communion, CH</div> <div>11:00 Dominoes, TV</div> <div>1:30 Bridge, BR</div> <div>2:00 Zumba, AR</div> <div>3:00 “T” for Tuesday Bingo, AR</div> <div>6:45 Evening Show: “Queen of the Desert,” MT</div>	<div>22</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Chair Exercise, AR</div> <div>10:30 Moroccan Craft, AR</div> <div>10:30 Lunch at the Moroccan Breeze, Orlando, Lobby</div> <div>2:00 Morocco Trivia with Kristina, AR</div> <div>7:00 Western Wednesday: “Hidalgo,” MT</div>	<div>23</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Fit-Beat Drumming, AR</div> <div>10:00 Chef’s Corner: A Taste of Morocco, GK</div> <div>10:30 Free Blood Pressure Screening, AR</div> <div>2:00 Volleyball, AR</div> <div>3:00 Orchard Heights Derby, AR</div> <div>3:30 Moroccan Show & Tell, AR</div> <div>7:00 Evening Show: “The Man Who Knew Too Much,” MT</div>	<div>Pick Up Your Egypt Packet 24</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Tai Chi, AR</div> <div>10:00 Happy Hour, GK</div> <div>10:30 Belly Dancing Class with Balli, AR</div> <div>1:30 Canasta, BR</div> <div>2:00 Bean Bag Baseball with Maurice, AR</div> <div>3:00 Bingo, AR</div> <div>7:00 Evening Show: “Casablanca,” MT </div>	<div>9:00 Our Daily Bread, CH 25</div> <div>9:30 Chair Exercise, AR</div> <div>10:30 Pilates with Ashley, AR</div> <div>2:00 Bridge, BR</div> <div>2:00 Penny Poker, BR</div> <div>2:30 Afternoon Matinee, MT</div> <div>4:00 Men’s Bible Study with Pastor Bill, LIB</div> <div>4:00 Sit N Stitch with Cliffa, AR</div> <div>7:00 Flick Night, MT</div>
<div>9:30 Non-Denominational Sunday Service, MT 26</div> <div>10:30 Morning Movie, MT</div> <div>2:00 Penny Poker, BR</div> <div>2:00 Women’s Bible Study, LIB</div> <div>3:00 Bingo Resident Volunteer, AR</div> <div>7:00 “The Crown” Series, MT</div>	<div>Welcome to Egypt 27</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Chair Exercise, AR</div> <div>10:00 Happy Hour: Tut’s Ginger Rush, GK</div> <div>10:30 Egypt’s Tourist Information Center, MT</div> <div>2:00 Volleyball, AR</div> <div>3:00 Penny Poker, BR</div> <div>3:00 Rummikub, Bistro</div> <div>3:00 Egyptian Craft, AR</div> <div>7:00 Evening Show: “Raiders of the Lost Ark,” MT</div>	<div>Cruising Down the Nile 28</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Fit-Beat Drumming, AR</div> <div>10:30 Adult Coloring with Chede & Friends, Bistro</div> <div>10:30 Catholic Communion, CH</div> <div>11:00 Dominoes, TV</div> <div>1:30 Bridge, BR</div> <div>2:00 Zumba, AR</div> <div>3:00 “T” for Tuesday Bingo, AR</div> <div>4:15 Karkade Hibiscus Tea Social, AR</div> <div>7:00 Drama Night at the Movies, MT</div> <div>7:00 Evening Show: “Cleopatra,” MT</div>	<div>29</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Chair Exercise, AR</div> <div>10:30 Experience Egypt at Makani Rest., Lobby</div> <div>10:45 Eat Like An Egyptian at Makani’s in Orlando, Lobby</div> <div>2:00 Trivia with Kristina, AR</div> <div>2:00 Egyptian Trivia with Kristin, AR</div> <div>7:00 Western Wednesday at the Movies, MT</div> <div>7:00 Evening Show: “The Curse of King Tut’s Tomb,” MT</div>	<div>30</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Fit-Beat Drumming, AR</div> <div>10:00 Happy Hour, GK</div> <div>10:30 Free Blood Pressure Screening, AR</div> <div>10:30 Fishing Expedition on the Nile with Capt. Dave, AT</div> <div>2:00 Volleyball, AR</div> <div>3:00 Orchard Heights Derby, AR</div> <div>7:00 Action Movie Night, MT</div> <div>7:00 Evening Show: “The Mummy,” MT</div>	<div>31</div> <div>9:00 Our Daily Bread, CH</div> <div>9:30 Tai Chi, AR</div> <div>10:00 Happy Hour, GK</div> <div>10:30 Egyptian Craft, AR</div> <div>1:30 Canasta, BR</div> <div>2:00 Bean Bag Baseball with Maurice, AR</div> <div>3:00 Bingo, AR</div> <div>4:15 Monthly Birthday Celebration by Angels Care, AR</div> <div>4:30 Walk Like An Egyptian Contest, AR</div> <div>7:00 Date Night Flick: Romance, MT</div> <div>7:00 Evening Show: “Whatever Lola Wants,” MT</div>	



In Honor of Our Veterans



*Special thanks to VFW for
their continual support*



Party time with October Mountain



*Chief Broadway, Clermont Police
Dept., Guest Speaker*

Chef's Corner



*Chef Oscar presents
Thanksgiving Dinner. Main
Ingredient ... Love.*



The team ... 100% Hawthorn Heart!



It's the Most
Wonderful
Time of
the Year!



Girl Scout-inspired cookie bakers



Busy elves in the gift-making business



Happy Hanukkah!



These amazing Girl Scouts sure know the cookie business.



Lydia just wants the picture taken to get to the tasting.



Christmas tree up the day before Thanksgiving



3650 South Highway 27
Clermont, FL 34711



Leave Your Winter Worries Behind

Enjoy the winter season by joining us for hot chocolate and homemade treats around a warm and cozy fire. You can count on things really "heating up" with our packed winter activities calendar. Please call for more information on any of the activities you'd like to participate in, or stop by for a complimentary meal and tour.

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