

Mulberry Gardens

GRACIOUS RETIREMENT & ASSISTED LIVING

395 South Main Street • Munroe Falls, Ohio 44262 • Phone (330) 634-9919 • www.seniorlivinginstyle.com
Facility License Number 2405R

JANUARY 2020

MULBERRY GARDENS STAFF

Administrator.....MICHAEL SHACKELFORD
Assistant Administrator.....TIFFANY QUERRY
Director of Health Services.....SHARON LANN
Assistant Director of
Health Services SARAH GRAY
Resident Services
Coordinator.....AMBER HINDELANG
Executive Chef.....JORDAN LOOP
Activity CoordinatorGLORIA CHURNEY
Maintenance Coordinator.....TODD FRANTZ

HAWTHORN
SENIOR LIVING

Road Trippin' On Our Hawthorn Adventure!

Start your engines, Mulberry Gardens, we are headed for a virtual road trip! Beginning the week of January 13th through February 8th, Mulberry Gardens residents will be hitting the road for a virtual expedition across Africa! We will be exploring these three amazing destinations:

- Morocco
- Egypt
- Tanzania

As we make our scheduled stops at each destination, we will be experiencing the food, history and culture of each of these beautiful countries. Be sure to attend the Expedition Kick-off Party on Monday, January 13th, with "Steppin' Out" to get all of your travel information. If you have any additional questions, like what to pack or weather conditions, be sure to check in with your Expedition Guide, Gloria, for all the details!





An Awesome Hearing Event!

Our residents were “all ears” during a very special hearing screening event provided by our good friends at Advanced Eargear. Residents gathered in the Activity Room for an educational presentation on the science and importance of hearing. As hot coffee and delicious donuts were served, residents had the opportunity to ask questions and learn a few fun facts about all that their ears can do! After the presentation, residents could sign up for a complimentary hearing exam and be entered in a drawing to win a 32-inch flat screen TV! A special thanks to Advanced Eargear for providing us with a wonderful presentation and service.



Learning fun facts on the importance of hearing.

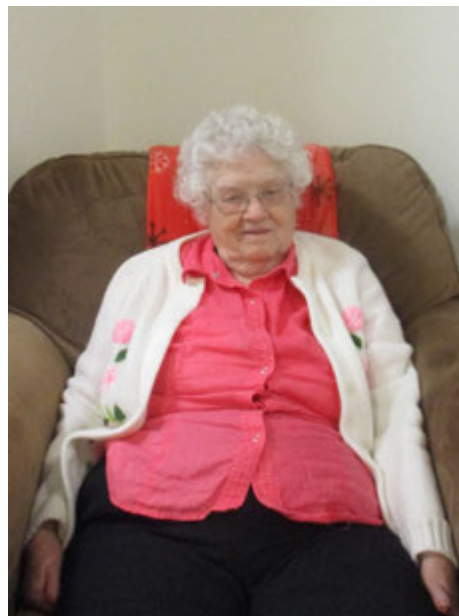


The audiologist team from Advanced Eargear give a presentation.

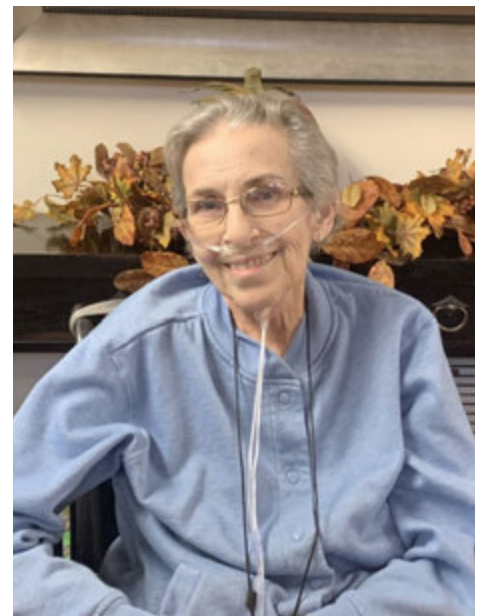
Welcome, New Residents!



Tony



Anna



Martie



Munroe Falls Veterans Day Ceremony

It was a beautiful morning to honor our veterans with the community of Munroe Falls. Mulberry Gardens teamed up with the Munroe Falls Park Board for our second annual Veterans Day Ceremony with the city. The ceremony took place at the Veterans' Memorial at Munroe Falls City Hall. The ceremony began with an opening address from Munroe Falls Mayor, James Armstrong. Next was the posting of the flag by the University of Akron ROTC Color Guard. A keynote address was given by Congressman David Joyce, thanking our members of the military for their service and sacrifice to our country. Each veteran in attendance was honored during our pinning ceremony by Fire Chief Lee and Police Chief Hughes. After the ceremony, a Celebration Reception was held, where residents enjoyed cake and a special performance by talented piano player, Duane Carlson.

A special thanks to Mayor Armstrong, Congressman Joyce, Fire Chief Lee and Police Chief Hughes for taking part in our special Veterans Day ceremony. We look forward to next year's ceremony!



Thank you, Chief Lee, for being a part of our ceremony!



Residents pose for a picture with Mayor Armstrong.



All bundled up!

Happy New Year!

2020 ... a new decade. Have you made any New Year's resolutions? Are you looking to spend more time with friends, craft or cook, or even exercise more? Well, the answer to your resolution is right in your own "backyard!" The Activity Department has the solution to your resolution. Stop in and join your friends for full days of super-charged activities! See how fast you can complete your New Year's resolution and start your year off right!



JANUARY 2020

Birthdays

- Bobbi Jones, 10th
Mary Emling, 10th
Ruth Bezzi, 10th
Gerri Kramer, 15th
Tammy Bolt, 16th (Employee)
Tamara Whiteman, 18th (Employee)
Michael Meloy, 26th (Employee)
Michelle Harouff, 26th (Employee)
Kathleen Bachtel, 26th (Employee)
Ginny Chapman, 28th
Pam Sears, 28th (Employee)
Norma Hill, 29th
Don Kramer, 30th
Joan Gonder, 30th

Locations

- Activity Room, AR
Dining Room, DR
Library, LB
Mulberry Room, MR
Munroe Room, FC
Wellness Center, WC

“If you love life,
don’t waste
time, for time
is what life is
made up of.”
—Bruce Lee

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			NEW YEAR'S DAY 1 10:00 St. Eugene's Catholic Service, MR 10:30 New Year's Day Traditions!, AR 11:30 Start the Year Off Right Exercise!, AR 2:30 Mulberry Movie and Popcorn, AR 6:45 Resident Game Night, AR	2 10:30 Today's Topics, AR 11:30 Move It with Melinda, AR 2:30 Duane Carlson on the Piano, DR 3:45 Playing Pokeno, AR 6:30 Resident Movie Night, AR	3 10:15 Name That Tune!, AR 10:30 Today's Topics, AR 11:30 Stretch and Flex, AR 2:30 Bingo, AR 3:45 Making Snowflakes, AR	10:15 Name That Tune!, AR 10:30 Games with Cuyahoga Falls NHS, AR 11:30 Move and Groove Exercise, AR 2:30 Hometown Derby!, AR 3:45 Trivia Day: Test Your Knowledge!, AR
5 10:30 Art with Nyki!, AR 11:30 Senior Aerobics, AR 2:30 Church Services with Adam, AR 3:45 Games with Cuyahoga Falls NHS, AR	6 10:15 Oceans of Lotions, AR 10:30 Today's Topics, AR 11:30 Senior Fitness, AR 2:30 Lutheran Worship, DR 3:30 Dominoes & Triominoes, AR 6:45 Resident Card Night, AR	7 10:30 Chit-Chat with Kath!, AR 11:30 Go Chicken Fat Go, AR 2:30 Bingo, AR 3:45 Cranium Crunches, AR	8 10:00 St. Eugene's Catholic Service, MR 10:30 Today's Topics, AR 11:00 Lunch at La Terraza 11:30 Senior Aerobics, AR 2:00 Echo Hills Elementary 4th Grade Fun! 2:30 Getting Creative with Watercolors, AR 3:45 Left, Right, Center!, AR 6:30 His Trio Gospel Music, DR	9 9:00 Biography Books with Tallmadge School, AR 10:30 Today's Topics, AR 11:30 Move It with Melinda, AR 2:30 Dave Umana on the Piano, DR 3:45 Amber's Baby Shower!, AR 6:30 Resident Movie Night, AR	10 10:15 Name That Tune!, AR 10:30 Today's Topics, AR 11:30 Beach Ball Blitz!, AR 2:30 Bingo, AR 3:45 Giant Crossword Puzzle, AR 	11 10:15 Name That Tune!, AR 10:30 Games with Cuyahoga Falls NHS, AR 11:30 Move and Groove Exercise, AR 2:30 Fly Swatter Volleyball, AR 3:45 Puzzle Palooza, AR
12 10:30 Art with Nyki!, AR 11:30 Senior Aerobics, AR 2:30 Worship Services, AR 3:45 Games with Cuyahoga Falls NHS, AR	13 10:15 Oceans of Lotions, AR 10:30 Today's Topics, AR 11:30 Senior Fitness, AR 2:00 Bible Study Group Meeting, MR 2:30 Hawthorn Adventure Safari Social with Steppin' Out, DR 6:45 Resident Card Night, AR	14 10:30 Chit-Chat with Kath!, AR 11:30 Ballo Flex Exercise with Jani Ott, AR 2:30 Bingo, AR 3:45 Math Facts!, AR	15 10:00 St. Eugene's Catholic Service, MR 10:30 Today's Topics, AR 11:00 Lunch at Laziza Moroccan Food! 11:30 Senior Aerobics, AR 2:15 Shopping at Marc's 2:30 Baking with Friends, AR 6:45 Resident Game Night, AR 	16 10:00 Guys' Time with Todd, WC 10:00 Stow Munroe Falls Mobile Library, LB 11:00 Book Club Meeting, MR 11:30 Move It with Melinda, AR 2:30 His Trio: If Elvis Were a Worship Leader, DR 3:45 Hot Tea "Puzzle" Party, AR 6:30 Resident Movie Night, AR 	17 10:15 Name That Tune!, AR 10:30 Today's Topics, AR 11:30 Stretch and Flex, AR 2:30 Bingo, AR 3:45 Putt-Putt Fun!, AR	18 10:15 Name That Tune!, AR 10:30 Donuts & Discussion, AR 11:30 Move and Groove Exercise, AR 2:30 Kim Gallagher on the Piano, DR 3:45 Bowling, AR 
19 10:30 Art with Nyki!, AR 11:30 Senior Aerobics, AR 2:30 Church Services with Adam, AR	MARTIN LUTHER KING JR. DAY 20 10:15 Oceans of Lotions, AR 10:30 Today's Topics, AR 11:30 Senior Fitness, AR 2:30 Lutheran Worship, DR 3:45 Dominoes & Triominoes, AR 6:45 Resident Card Night, AR	21 10:30 Salvation Army Singalong, DR 2:30 Bingo, AR 3:45 Stumperz with Sharon, AR	22 10:00 St. Eugene's Catholic Service, MR 10:30 Today's Topics, AR 11:00 Day Trip Lunch and a Movie 11:30 Senior Aerobics, AR 2:30 Making Henna Art, AR 3:45 Hangman, AR 6:45 Resident Game Night, AR	23 10:30 Today's Topics, AR 11:30 Move It with Melinda, AR 2:30 Movie Time: Casablanca!, AR 6:30 Resident Movie Night, AR	24 10:15 Name That Tune!, AR 10:30 Today's Topics, AR 11:30 Beach Ball Blitz!, AR 2:30 Bingo, AR 3:45 Making Mosaics, AR	25 10:15 Name That Tune!, AR 10:30 Today's Topics, AR 11:30 Move and Groove Exercise, AR 2:30 Making Moroccan Lanterns, AR 3:45 Exploring Eygpt, AR
26 10:30 Art with Nyki!, AR 11:30 Senior Aerobics, AR 2:30 Worship Services, AR 3:45 All About Hieroglyphics, AR 	27 10:15 Oceans of Lotions, AR 10:30 Today's Topics, AR 11:30 Senior Fitness, AR 2:00 Bible Study Group Meeting, MR 2:30 Steve Moticak on the Guitar & Resident Bday Party!, DR 6:45 Resident Card Night, AR	28 10:30 Chit-Chat with Kath!, AR 11:30 Ballo Flex Exercise with Jani Ott, AR 2:30 Bingo, AR 3:45 Resident Council, MR 	29 10:00 St. Eugene's Catholic Service, MR 10:30 Today's Topics, AR 11:00 Day Trip to Hollywood Casino 11:30 Senior Aerobics, AR 2:30 Fly Swatter Volleyball, AR 3:45 Mummy Wrap Competition!, AR 6:45 Resident Game Night, AR 	30 10:00 Stow Munroe Falls Mobile Library, LB 10:30 Today's Topics, AR 11:30 Move It with Melinda, AR 2:45 Building Sugar Cube Pyramids, AR 4:00 Pyramid Facts & Fun, AR 6:30 Resident Movie Night, AR 	31 10:15 Name That Tune!, AR 10:30 Today's Topics, AR 2:30 Bingo, AR 3:45 Egyptian Clay Pot Painting, AR 4:30 Furry Friend Visit with Stella, AR	



Veterans Day Celebration at Mulberry Gardens

In addition to our ceremony at Munroe Falls City Hall, we teamed up with Harbor Light for an in-house Veterans Day ceremony. Ron and Norene Jones, along with our own nurse, Heather, started off our day with a beautiful rendition of the National Anthem. Brenda from Harbor Light recited a wonderful thank you to our veterans. A certificate and pinning ceremony was led by Chief Lee Chafin of the Munroe Falls Fire Department. Ron and Norene continued the festivities with all the favorite patriotic songs, while everyone enjoyed cake and punch. Thank you to our veterans for their service!





Our Thanksgiving Special Event

Every year, Mulberry Gardens hosts a very special Thanksgiving event, where our residents and their loved ones can gather for a night of great food and lots of fun! Our guests were treated to a delicious buffet of Thanksgiving favorites, courtesy of our wonderful Culinary team! Our friends, Matt and Jim, put on quite the show. Their songs and jokes kept us singing and laughing all evening! It was the perfect night to gather with family and friends and reflect on all the things for which we are grateful.



Mary is enjoying the evening with her family.



We are thankful for our Culinary crew!



Emilie and her family are all smiles!



Juanita and Lloyd enjoying time with their daughter



Matt and Jim entertain



Bill and Bobbi invited their family to join in the fun!

New Year Knock Knock Joke!

Knock knock.
Who's there?
Razor.
Razor who?
Razor glass
and toast to a
New Year!





395 South Main Street
Munroe Falls, Ohio 44262



Leave Your Winter Worries Behind

Enjoy the winter season by joining us for hot chocolate and homemade treats around a warm and cozy fire. You can count on things really "heating up" with our packed winter activities calendar. Please call for more information on any of the activities you'd like to participate in, or stop by for a complimentary meal and tour.

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