


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

 <p>1290 Santa Rosa Dr. Chula Vista, CA 91913 619-779-7400</p>		<p>CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</p>	<p>Happy New Year! New Year's Day Rose Bowl 9:30 LL Meditation [MT] 10:30 CE Pictionary. [FL] 11:30 PE Sienna Walk [FL] 1:30 LL Craft [CR] 2:30 LL Mai Tai's Social [USR] 3:30 CE Ted Talk [MT] 4:00 LL Memory Game [CR] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 CC Chair Exercise & Movements [CR] 2 10:30 LL Activity Mats (Spell that word) [CR] 11:30 LL Sienna Walk [FL] 1:30 LL Name that Phrase. [FL] 2:30 LL Brain Teasers & Current Events [CR] 3:30 LL Balloon Game [CR] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 PE Stretching & Toning [MPR] 3 10:30 LL Art [CR] 11:30 PE Sienna Walk [FL] 1:30 LL What am I? (Game) [CR] 3:00 LL Happy Hour [CR] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>Trivia Day 4 9:30 LL Chair Yoga [UB] 10:30 LL Jeopardy [FL] 11:30 PE Sienna Walk [FL] 1:30 LL Craft [CR] 2:30 LL Ted Talk [MT] 3:00 LL Daily News & Brain Teasers [CR] 3:30 LL Jenga, Scrabble & Bridge [FL] 6:30 LL Movie Night & Games with Friends [MT]</p>
<p>Horse Day 5 9:30 PE Bingo [CR] 10:30 LL Craft [MPR] 10:45 SS Mainstream Church Service [CR] 11:30 LL Sienna Walk [FL] 1:00 LL Ted Talk [MT] 1:30 LL Surprise Dessert Making [DR] 2:30 LL Jeopardy [FL] 3:30 LL Balloon Game [UB] 4:30 LL Hand Massages [UB] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 LL Chair Exercise & Movements [CR] 6 10:30 LL Art [MPR] 11:30 LL Sienna Walk [FL] 1:00 LL Activity Mats (Spell that word) [CR] 2:00 LL Brain Teasers & Trivia [FL] 3:00 LL Rootbeer Floats [FL] 4:00 LL Hand Massages [UB] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 LL Meditation [MT] 7 10:30 LL Bingo [USR] 11:30 PE Sienna Walk [FL] 1:30 LL Craft [CR] 2:00 LL Tea Social [CR] 3:30 LL Jeopardy [CR] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 LL Chair Exercise & Movements [CR] 8 10:30 CE Pictionary. [FL] 11:30 LL Sienna Walk [FL] 1:30 LL What am I ? [CR] 2:30 LL Mai Tai's Social [USR] 4:00 LL Memory Game [CR] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 PE Chair Yoga [CR] 9 10:30 LL Activity Mats (Spell that word) [CR] 11:30 LL Sienna Walk [FL] 1:30 LL Name that Phrase. [FL] 2:30 LL Brain Teasers & Current Events [CR] 3:30 LL Rootbeer Floats [UB] 4:00 LL Memory Game [FL] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>Mahayna New Year 10 9:30 PE Stretching & Toning [MPR] 10:30 LL Trivia & Daily News [UB] 11:30 PE Sienna Walk [FL] 1:00 LL Pictionary [FL] 2:00 LL Ted Talk [CR] 3:00 LL Happy Hour [CR] 4:00 LL Hand Massages [UB] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 CC Golden State Dog Visit [FL] 11 10:45 LL Daily News & Brain Teasers [CR] 11:30 PE Sienna Walk [FL] 1:00 LL Craft [CR] 2:00 LL Balloon Game [UB] 3:00 LL Hot Cocoa & Scrabble [CR] 4:00 LL Trivia & Brain Teasers [FL] 6:30 LL Movie Night & Games with Friends [MT]</p>
<p>9:30 a LL Meditation - Movie theater room 12 10:30 LL Craft [MPR] 10:45 SS Mainstream Church Service [CR] 11:30 LL Sienna Walk [FL] 1:00 LL Ted Talk [MT] 1:30 LL Surprise Dessert Making [DR] 2:30 LL Jeopardy [FL] 3:30 LL Balloon Game [UB] 4:30 LL Hand Massages [UB] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 LL Chair Exercise & Movements [CR] 13 10:30 LL Art [MPR] 11:30 LL Sienna Walk [FL] 1:00 LL Activity Mats (Spell that word) [CR] 2:00 LL Brain Teasers & Trivia [FL] 3:00 LL Rootbeer Floats [FL] 4:00 LL Hand Massages [UB] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:00 LL Movements with Nardiah [FL] 14 10:30 LL Bingo [USR] 11:30 PE Sienna Walk [FL] 1:30 LL Ted Talk [MT] 2:00 LL Tea Social [CR] 3:30 LL Jeopardy [CR] 4:15 LL Name that Phrase [CR] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>Strawberry Ice Cream Day 15 9:30 LL Chair Exercise & Movements [CR] 10:30 CE Pictionary. [FL] 11:30 PE Sienna Walk [FL] 2:30 LL Mai Tai's Social [USR] 3:30 LL Strawberry Sundaes [UB] 4:00 LL Memory Game [CR] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 PE Chair Yoga [CR] 16 10:30 LL Activity Mats (Spell that word) [CR] 11:30 LL Sienna Walk [FL] 1:30 LL Name that Phrase. [FL] 2:30 LL Brain Teasers & Current Events [CR] 3:00 LL Craft [CR] 4:00 LL Memory Game [FL] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 PE Stretching & Toning [MPR] 17 10:30 LL Trivia & Daily News [UB] 11:30 PE Sienna Walk [FL] 1:00 LL Pictionary [FL] 2:00 LL Ted Talk [CR] 3:00 LL Happy Hour [CR] 4:00 LL Hand Massages [UB] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>10:30 LL Daily News & Brain Teasers [CR] 18 11:30 PE Sienna Walk [FL] 1:00 LL Craft [CR] 2:00 LL Balloon Game [UB] 3:00 LL Hot Cocoa & Scrabble [CR] 4:00 LL Trivia & Brain Teasers [FL] 6:30 LL Movie Night & Games with Friends [MT]</p>
<p>9:30 PE Bingo [CR] 19 10:30 LL Craft [MPR] 10:45 SS Mainstream Church Service [CR] 11:30 LL Sienna Walk [FL] 1:00 LL Ted Talk [MT] 1:30 LL Surprise Dessert Making [DR] 2:30 LL Jeopardy [FL] 3:30 LL Balloon Game [UB] 4:30 LL Hand Massages [UB] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>Martin Luther King, Jr. Day 20 9:30 LL Chair Exercise & Movements [CR] 10:30 LL Art [MPR] 11:30 LL Sienna Walk [FL] 1:00 LL Activity Mats (Spell that word) [CR] 2:00 LL Brain Teasers & Trivia [FL] 3:00 LL Rootbeer Floats [FL] 4:00 LL Hand Massages [UB] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 LL Meditation [MT] 21 10:30 LL Bingo [USR] 11:30 PE Sienna Walk [FL] 1:00 LL Craft [CR] 2:00 LL Tea Social [CR] 3:30 LL Jeopardy [CR] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 LL Chair Exercise & Movements [CR] 22 10:30 CE Pictionary. [FL] 11:30 PE Sienna Walk [FL] 1:30 LL Activity Mats (Spell that Word) [CR] 2:30 LL Mai Tai's Social [USR] 3:30 LL What am I ? [CR] 4:00 LL Memory Game [CR] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 PE Chair Yoga [CR] 23 10:30 LL Activity Mats (Spell that word) [CR] 11:30 LL Sienna Walk [FL] 1:30 LL Name that Phrase. [FL] 2:30 LL Brain Teasers & Current Events [CR] 4:00 LL Memory Game [FL] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 PE Stretching & Toning [MPR] 24 10:30 LL Trivia & Daily News [UB] 11:30 PE Sienna Walk [FL] 1:00 LL Pictionary [FL] 2:00 LL Ted Talk [CR] 3:00 LL Happy Hour [CR] 4:00 LL Hand Massages [UB] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>Chinese New Year 25 9:30 CC Golden State Dogs Visit [FL] 10:30 LL Daily News & Brain Teasers [CR] 11:30 PE Sienna Walk [FL] 1:00 LL Craft [CR] 2:00 LL Balloon Game [UB] 3:00 LL Hot Cocoa & Scrabble [CR] 4:00 LL Trivia & Brain Teasers [FL] 6:30 LL Movie Night & Games with Friends [MT]</p>
<p>9:30 PE Bingo [CR] 26 10:30 LL Craft [MPR] 10:45 SS Mainstream Church Service [CR] 11:30 LL Sienna Walk [FL] 1:00 LL Ted Talk [MT] 1:30 LL Surprise Dessert Making [DR] 2:30 LL Jeopardy [FL] 3:30 LL Balloon Game [UB] 4:30 LL Hand Massages [UB] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 LL Chair Exercise & Movements [CR] 27 10:30 LL Art [MPR] 11:30 LL Sienna Walk [FL] 1:00 LL Activity Mats (Spell that word) [CR] 2:00 LL Brain Teasers & Trivia [FL] 3:00 LL Rootbeer Floats [FL] 3:45 LL Hand Massages [UB] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 LL Meditation [MT] 28 10:30 LL Bingo [USR] 11:30 PE Sienna Walk [FL] 1:30 LL Hand Massages [UB] 2:00 LL Tea Social [CR] 3:30 LL Jeopardy [CR] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 LL Chair Exercise & Movements [CR] 29 10:30 CE Pictionary. [FL] 11:30 PE Sienna Walk [FL] 1:30 LL Craft [CR] 2:30 LL Mai Tai's Social [USR] 4:00 LL Memory Game [CR] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 PE Chair Yoga [CR] 30 10:30 LL Activity Mats (Spell that word) [CR] 11:30 LL Sienna Walk [FL] 1:30 LL Name that Phrase. [FL] 2:30 LL Brain Teasers & Current Events [CR] 4:00 LL Memory Game [FL] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>9:30 PE Stretching & Toning [MPR] 31 10:30 LL Trivia & Daily News [UB] 11:30 PE Sienna Walk [FL] 1:00 LL Pictionary [FL] 2:00 LL Ted Talk [CR] 3:00 LL Happy Hour [CR] 4:00 LL Hand Massages [UB] 6:30 LL Movie Night & Games with Friends [MT]</p>	<p>Location Keys Computer Room CR Dinning Room DR Front Lobby FL Movie Theater MT Multi purpose room MPR Upstairs Bistro UB Upstairs sitting room USR</p>