

Magnolia Heights

Gracious Retirement Living

485 East Central Street • Franklin, MA 02038 • Phone (508) 520-3471 • www.seniorlivinginstyle.com

JANUARY 2020

MAGNOLIA HEIGHTS STAFF

Managers.....ROB & SAM ONOFROIO
Assistant ManagersNICK LANGEL &
JULIE OLSON
Executive Chef..... JASON CARFAGNA
Activity CoordinatorMARY NUTTING
MaintenanceGERRY GIGUERE
TransportationPETER CHENEVERT

TRANSPORTATION

**Monday & Friday, 10 a.m.-Noon and
2-4 p.m.:** Local Shopping & Errands

Tuesday & Thursday, 9 a.m.-Noon and 2-4 p.m.:
Doctor Appointments

Wednesday, 10 a.m.-4 p.m.:
Special Outing

Friday, 8:30 a.m.:
Mass at St. Mary's Wrentham

HAWTHORN
SENIOR LIVING

Get Ready for Our 2020 Adventure!

Start your engines,
Magnolia Heights, we're
going on an adventure!
Beginning the week of
January 20th through
February 7th, we will be
hitting the road for an
expedition across Africa
taking us to the amazing
countries of Morocco,
Egypt and Tanzania!



As we make our scheduled stops at each destination, we
will be experiencing the food, history and culture of each of
these beautiful countries. Be sure to attend the Expedition
Kickoff Party on Wednesday, January 15th, at 3 p.m., in the
activities room, where you will be given more information
on our activities and events for this three weeks of fun.
Mark your calendars and come join us!

Just a Note

The exercise class "Balance with Lisa" has been changed
from Tuesday morning to Wednesday morning, and I will
do my "Stretch and Tone" class on Tuesdays instead. Both
classes are still at 9:45 a.m. in the activities room.



Getting to Know Our New Managers!

We heard they were coming and bringing their eight-month-old son, Nathan, so we decided to make a blanket that residents could help create and present it to Rob and Sam when they arrived. With the help of several residents, we cut and tied while we chatted, and before we knew it, the blanket was done. About a week or so later, we got to give it to them along with a cute stuffed lamb, and they loved them both. Most of you have had a chance to say hello and talk to them a bit, but I thought it would be nice for them to share some information about themselves to help us get to know them a little better so here's what they shared.

Rob and Sam are both from Connecticut and met about 11 years ago when Rob hired Sam to work at a nursing home he was managing. Since then, they have managed a hotel in Connecticut and have been managers at senior living communities like ours for six years in North Carolina and Virginia. This is their second year with Hawthorn Senior Living. When the opportunity arose to be managers here in Massachusetts, they liked the idea of being closer to home and family, so they decided to come north and take the job here.

Along with Nathan, also came their dog Cooper, their cat Benjamin and when they are working, Sam's mom comes here to watch Nathan for them.

Rob and Sam love to travel, especially to areas with beaches. They love Myrtle Beach, South Carolina, and Ogunquit, Maine, and are very much looking forward to visiting Cape Cod when the weather gets warmer. Rob and Sam truly enjoy doing their best to make the residents happy. Their goal is for everyone to have a great living experience, and they hope to create a close family of residents and staff here at Magnolia Heights. Everything happened very quickly for them and they're still trying to settle in, so please do your best to welcome them and work with them to make things work for all of us. Of course, it will help greatly if everyone makes an extra effort to wear their name tags so they can get to know names a little faster.



Rob, Sam and Nathan





Dean College Students Host Bingo

Several times during their school year, students from nearby Dean College come by and host our Bingo game. The students love engaging with the residents, and the residents love it when they come because they bring prizes like t-shirts and mugs filled with candy. The best part is they don't have to pay to play. If you like bingo make sure you come when the Dean students are here. It's always a lot of fun.



Sharing New Year's Resolutions

The New Year is here, and the old one is gone. Have you made any resolutions? Are there things you'd like to do? To see what others wish for in the new year and what they will try to do, I thought it would be fun to have everyone write their wishes and resolutions on sticky notes, (no names needed unless you want to) and we'll stick them on a poster board for all to see. Please take some time to think about this whole new year in front of you with all the possibilities that come with it and share with us what you wish for. Maybe you'll be inspired to make a change or try something new, or maybe you'll inspire others! I'm curious to see what you share.

In the meantime, I'd like to share this short poem with you.

Blessings to you in the
new year!

May peace fill your world,
May love fill your home
With contentment and
happiness too.

In wonderful ways
May this year of new days
Be filled with sweet blessings
for you.

I wish you all a happy and
healthy New Year!

Frosty Figures

Freshly fallen snow is nature's invitation for kids and kids at heart to build that classic symbol of winter, a snowman.

Though humans have probably been creating frosty figures since prehistoric times, the first known drawing of a snowman was found in a book from the late 1300s. With snow being an abundant and free material, artists in the Middle Ages used it to form detailed statues, and winter festivals showcased these works of art. In 1494, the ruler of Florence, Italy, commissioned a young Michelangelo to sculpt a snowman in his courtyard.

Over time, stacking three balls of snow into a human figure grew into a playful pastime for all. One of the earliest photographs, taken in 1845, was of a snowman. Around the turn of the 20th century, images of jolly snowmen started appearing on greeting cards and magazine covers. Later, they became the stars of many films, books and songs that remain popular today.

JANUARY
2020

Birthdays

Jim O'Leary, 1st
Linda Tittle, 4th
Patty Gerow, 11th
Roberta Jung, 13th
Alice MacKenzie, 21st
Sydelle Holtzman, 22nd
Carol Settles, 22nd
Carol Fetter, 24th
Bob Goldrick, 28th
Claire McGrath, 29th
Audrey Wilson, 29th

Locations

Activity Room, AR
Atrium, AT
Billiards Room, BR
Bistro Kitchen, Bistro
Bocci Court, BC
Chapel, Chpl
Computer Room, CR
Dining Room, DR
Exercise Room, EX
Fireplace, FP
Library, Lib
Lobby, LBY
Movie Theatre, MT
Private Dining Room, PDR
Shuffleboard Court, SC
TV Room, TV

Care Solutions, Inc.

Kristin Braley, RN
(508) 366-1766

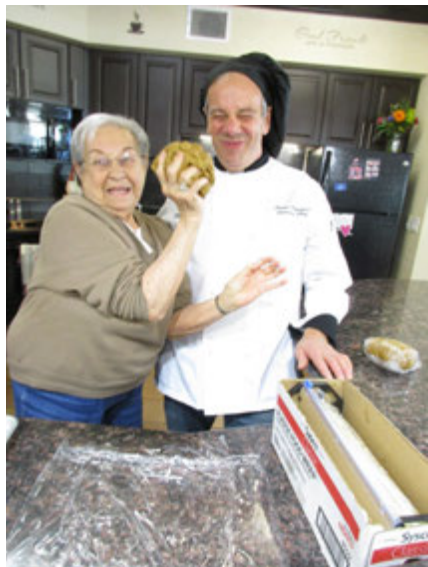
“If you love life,
don’t waste
time, for time
is what life is
made up of.”
—Bruce Lee

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <div>5</div> <div>8:00 Sun. Mass, Ch. 56, MT 10:30 Scrabble, TV 1:45 Movie, MT 4:00 Pat Durkin, DR 6:45 Bingo, AR 6:45 Movie, MT</div>	 <div>6</div> <div>9:45 Ageless Grace, AR 10:00 Men’s Club, TV 11:00 Brain Game, AR 1:45 Movie, MT 2:00 Chair Yoga, EX 2:00 Bridge Club, TV 3:00 Chair Volleyball, AR 4:00 Knit & Chat, Lib 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>7</div> <div>9:45 Stretch & Tone, AR 11:00 The Brain Game, AR 1:45 Movie, MT 2:00 Mah Jongg, TV 2:00 Exercise with Judith, EX 3:00 Bean Bag Baseball, AT 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>NEW YEAR’S DAY</div> <div>1</div> <div>9:45 Balance with Lisa, AR 10:30 Communion Service, Chpl 11:00 Brain Game, AR 1:45 Movie, MT 2:00 Bridge Club, BR 6:45 Bingo, AR 6:45 Movie, MT</div> 	<div>2</div> <div>9:45 Tai Chi with Connie, EX 10:30 Pokeno with Kate, AR 10:30 Michigan Rummy, TV 11:00 Blood Pressure Clinic, AT 11:30 Meditation, Chpl 1:45 Movie, MT 2:00 Drumming, AR 3:00 Chair Volleyball, AR 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>3</div> <div>8:45 Mass at St. Mary’s 9:45 Chair Yoga with Annette, EX 1:45 Movie, MT 2:00 Texas Hold ‘Em, TV 3:00 Bean Bag Baseball, AT 4:00 Knit & Chat, Lib 5:15 Men’s Night, AR 6:45 Bingo, AR</div>	<div>4</div> <div>11:00 Exercise with Judith, EX 11:30 Rosary with Kay, Chpl 1:45 Movie, MT 2:00 Canasta, AR 3:30 Wii Bowling, AR 6:45 Bingo, AR 6:45 Movie, MT</div> 
<div>8</div> <div>9:45 Balance with Lisa, AR 11:00 Brain Game, AR 1:45 Movie, MT 2:00 Bridge Club, BR 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>9</div> <div>9:45 Stretch & Tone, AR 10:30 Pokeno with Kate, AR 10:30 Michigan Rummy, TV 11:00 Blood Pressure Clinic, AT 11:30 Meditation, Chpl 1:45 Movie, MT 2:00 Drumming, AR 3:00 Chair Volleyball, AR 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>10</div> <div>8:45 Mass at St. Mary’s 9:45 Chair Yoga with Annette, EX 1:45 Movie, MT 2:00 Texas Hold ‘Em, TV 3:00 Bean Bag Baseball, AT 4:00 Knit & Chat, Lib 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>11</div> <div>11:00 Exercise with Judith, EX 11:30 Rosary with Kay, Chpl 1:45 Movie, MT 2:00 Canasta, AR 3:30 Wii Bowling, AR 6:45 Bingo, AR 6:45 Movie, MT</div> 			
<div>12</div> <div>8:00 Sun. Mass, Ch. 56, MT 10:30 Scrabble, TV 1:45 Movie, MT 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>13</div> <div>9:45 Ageless Grace, AR 10:00 Vets Join Men’s Club, TV 10:30 Painting with Mickey, AR 11:00 Brain Game, AR 1:45 Movie, MT 2:00 Chair Yoga, EX 2:00 Bridge Club, TV 3:00 Chair Volleyball, AR 4:00 Knit & Chat, Lib 6:45 Bingo, AR 6:45 Movie, MT</div> 	<div>14</div> <div>9:45 Stretch & Tone, AR 11:00 The Brain Game, AR 1:45 Movie, MT 2:00 Mah Jongg, TV 2:00 Exercise with Judith, EX 3:00 Bean Bag Baseball, AT 3:30 Happy Hour with Care Solutions, AR 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>15</div> <div>9:45 Balance with Lisa, AR 11:00 Brain Game, AR 1:45 Movie, MT 2:00 Bridge Club, BR 3:00 Expedition Kickoff Party, AR 6:30 Don & Dave, AT 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>16</div> <div>9:45 Tai Chi with Connie, EX 10:30 Pokeno with Kate, AR 10:30 Michigan Rummy, TV 11:00 Blood Pressure Clinic, AT 11:30 Meditation, Chpl 1:45 Movie, MT 2:00 Drumming, AR 3:00 Chair Volleyball, AR 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>17</div> <div>8:45 Mass at St. Mary’s 9:45 Chair Yoga with Annette, EX 1:45 Movie, MT 2:00 Texas Hold ‘Em, TV 3:00 Bean Bag Baseball, AT 4:00 Knit & Chat, Lib 5:15 Ladies’ Night, AR 6:45 Bingo, AR</div>	<div>18</div> <div>11:00 Exercise with Judith, EX 11:30 Rosary with Kay, Chpl 1:45 Movie, MT 2:00 Canasta, AR 3:30 Wii Bowling, AR 6:45 Bingo, AR 6:45 Movie, MT</div>
<div>19</div> <div>8:00 Sun. Mass, Ch. 56, MT 10:30 Scrabble, TV 1:45 Movie, MT 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>MARTIN LUTHER KING JR. DAY</div> <div>20</div> <div>9:30 Hearing Solutions, CR 9:45 Ageless Grace, AR 10:00 Men’s Club, TV 11:00 Brain Game, AR 1:45 Movie, MT 2:00 Chair Yoga, EX 2:00 Bridge Club, TV 3:00 Chair Volleyball, AR 4:00 Knit & Chat, Lib 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>21</div> <div>9:45 Stretch & Tone, AR 11:00 The Brain Game, AR 1:45 Movie, MT 2:00 Mah Jongg, TV 2:00 Exercise with Judith, EX 3:00 Bean Bag Baseball, AT 6:45 Bingo, AR 6:45 Movie, MT</div> 	<div>22</div> <div>9:45 Balance with Lisa, AR 11:00 Brain Game, AR 1:45 Movie, MT 2:00 Bridge Club, BR 6:45 Bingo, AR 6:45 Movie, MT</div> 	<div>23</div> <div>9:45 Stretch & Tone, AR 10:30 Pokeno with Kate, AR 10:30 Michigan Rummy, TV 11:00 Blood Pressure Clinic, AT 11:30 Meditation, Chpl 1:45 Movie, MT 2:00 Drumming, AR 3:00 Chair Volleyball, AR 6:30 Sunnyside Swing Band, AT 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>24</div> <div>8:45 Mass at St. Mary’s 9:45 Chair Yoga with Annette, EX 1:45 Movie, MT 2:00 Texas Hold ‘Em, TV 3:00 Bean Bag Baseball, AT 4:00 Knit & Chat, Lib 6:45 Bingo, AR 6:45 Movie, MT</div> 	<div>25</div> <div>11:00 Exercise with Judith, EX 11:30 Rosary with Kay, Chpl 1:45 Movie, MT 2:00 Canasta, AR 3:30 Wii Bowling, AR 6:45 Bingo, AR 6:45 Movie, MT</div>
<div>26</div> <div>8:00 Sun. Mass, Ch. 56, MT 10:30 Scrabble, TV 1:45 Movie, MT 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>27</div> <div>9:45 Ageless Grace, AR 10:00 Men’s Club, TV 11:00 Brain Game, AR 1:45 Movie, MT 2:00 Chair Yoga, EX 2:00 Bridge Club, TV 3:00 Chair Volleyball, AR 4:00 Knit & Chat, Lib 6:30 Dessert Social with Bill Burke, AR 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>28</div> <div>9:45 Stretch & Tone, AR 11:00 The Brain Game, AR 1:45 Movie, MT 2:00 Mah Jongg, TV 2:00 Exercise with Judith, EX 3:00 Bean Bag Baseball, AT 6:45 Bingo, AR 6:45 Movie, MT</div> 	<div>29</div> <div>9:45 Balance with Lisa, AR 11:00 Brain Game, AR 1:45 Movie, MT 2:00 Bridge Club, BR 6:45 Bingo, AR 6:45 Movie, MT</div> 	<div>30</div> <div>9:45 Tai Chi with Connie, EX 10:30 Pokeno with Kate, AR 10:30 Michigan Rummy, TV 11:00 Blood Pressure Clinic, AT 11:30 Meditation, Chpl 2:00 Residents’ Meeting, DR 2:45 Movie, MT 3:00 Chair Volleyball, AR 6:45 Bingo, AR 6:45 Movie, MT</div>	<div>31</div> <div>8:45 Mass at St. Mary’s 9:45 Chair Yoga with Annette, EX 1:45 Movie, MT 2:00 Texas Hold ‘Em, TV 3:00 Bean Bag Baseball, AT 4:00 Knit & Chat, Lib 6:45 Bingo, AR 6:45 Movie, MT</div>	



Gingerbread Fun!

We had a lot of fun working on our gingerbread project this year, at times even acting like silly kids in the kitchen. I want to thank all of the residents who participated, and I hope you had as much fun as it appeared you were having. It's always a joy for me to be able to spend that kind of time with you!



Wine and Beer Tasting Party!

Rachelle Robin, Lorraine Robin's daughter, has had a wine tasting party a couple of times before, but this time she decided to add the beer tasting as well, and we ended up with quite a crowd! Lorraine's family was here to have supper with her so they helped out, and we had about 30 or so residents come to enjoy the tasting. We had quite a spread of food that was passed around to everyone, then they passed around samples of the wine, and everyone was asked to wait to taste it after Rachelle shared information about it. They were asked to smell the aroma, then they tasted it trying to discern the flavors in it. After the wine came the beer. Rachelle brought one light and one darker beer made at a local brewery she works at. She told everyone a little bit about each one, and then they got to sample each of them.

As people arrived, they were given a raffle ticket to hold on to, and when the tasting and eating was done, there was a bag full of goodies that were given to the winning ticket holders. Everyone who came had a great time and many people asked when we could do it again. We don't have a date yet, but you can rest assured we will do it again!

Thank you to Rachelle, Celeste, Laura and Brian for a fun time. We look forward seeing you again soon. Cheers!





..... Fun at Our Open House!

To ring in the holidays, we had a wonderful open house on December 8th. The staff dressed up in festive holiday attire and welcomed residents and visitors. We had tables around the atrium tree with a delicious array of goodies and drinks for all to enjoy. We also had one of our favorite groups, The Sunnyside Swing Band, perform many popular holiday tunes, as well as their traditional numbers.

We even had Santa stop by for a visit and of course, some cookies and cocoa too. He mingled with the crowd asking people what they wanted for Christmas and taking pictures.

In the activities room, we had ornament painting, card making and cookie decorating for the kids (big and small). We also had a photographer there taking pictures by the tree for anyone who wanted a nice holiday picture.

The mood was festive, and there were people dancing and having a great time getting into the holiday spirit. It was clear everyone who came had a wonderful time.



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Franklin, MA 02038



Leave Your Winter Worries Behind

Enjoy the winter season by joining us for hot chocolate and homemade treats around a warm and cozy fire. You can count on things really "heating up" with our packed winter activities calendar. Please call for more information on any of the activities you'd like to participate in, or stop by for a complimentary meal and tour.

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