

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2020

The Mansions at Alpharetta Assisted Living Activities Calendar



11:00am Afternoon Walk
1:30pm Uno!
3:00pm Storytelling
6:00pm Piano Playing w/ Evan!

1 National Science Fiction Day **2**
10:30am New Years Resolutions
11:00am FOX Walk
1:30am Horse Races
3:00pm FOX Balance Booster
3:30pm HAPPY HOUR!
6:30pm BINGO!

Festival of Sleep Day **3**
10:15am Aroma Therapy
10:45am FOX Tai Chi
1:00pm Devotions
2:30pm FOX Sports
3:30pm BINGO!
6:15pm Uno!
HAPPY BIRTHDAY, GERRI!

National Spaghetti Day **4**
10:30am Fun with Risha!
1:00pm Walk N' Talk
2:00pm Storytelling
3:00pm Lets Have a Ball!
4:00pm Coffee Corner
6:30pm BINGO!

National Bird Day **5**
9:00am Bus: Church Service
10:30am Balloon Volleyball
11:30am Catholic Service
1:30pm Would You Rather?
3:00pm Matinee Movie
6:00pm Evening Stroll
6:30pm Yahtzee

National Shortbread Day **6**
10:45am FOX Yoga
1:00pm Devotions
2:00pm Afternoon Walk
3:30pm FOX Fitness
6:30pm Balloon Volleyball

National Bobblehead Day **7**
11:00am FOX Walk
1:15pm Uno!
1:45pm Rosary
3:00pm FOX Balance Booster
3:30pm Resident Council
6:30pm BINGO!

Winter Skin Relief Day **8**
10:15am Lets Have a Ball!
10:45am FOX Yoga
1:00pm Music Move & Groove
1:45pm Shopping: Kroger
2:30pm Afternoon Walk
3:30pm FOX Fitness
6:30pm Checkers

National Law Enforcement Appreciation Day **9**
TRIP TO SWITZERLAND!
11:00am FOX Walk
1:30am Horse Races
3:00pm FOX Balance Booster
3:30pm SWITZERLAND HAPPY HOUR!!!
6:30pm BINGO!

Houseplant Appreciation Day **10**
10:45am FOX Tai Chi
1:00pm DIGITAL TRIVIA!!
2:00pm Devotions
2:30pm FOX Sports
3:30pm Aroma Therapy
6:15pm BananaGrams
6:30pm Movie Night

National Milk Day **11**
10:30am Fun with Risha!
1:00pm Walk N' Talk
2:00pm What's in a Word?
3:00pm Lets Have a Ball!
4:00pm Coffee Corner
6:30pm BINGO!

National Pharmacist Day **12**
9:00am Bus: Church Service
10:30am Balloon Volleyball
11:30am Catholic Service
1:30pm Puzzle Mania
3:00pm Matinee Movie
6:00pm Evening Stroll
6:30pm Yahtzee

National Sticker Day **13**
10:45am FOX Yoga
10:50am Joyful Noise Luncheon
1:00pm Devotions
2:00pm Afternoon Walk
3:30pm FOX Fitness
6:30pm Balloon Volleyball

Ratification Day **14**
10:30am Illustration Station
11:00am FOX Walk
1:15pm What's in a Word?
1:45pm Rosary
3:00pm FOX Balance Booster
3:30pm LIVE with PAULA!
6:30pm BINGO!

National Hat Day **15**
Wear a Hat Today at Lunch!
10:30am Aroma Therapy
10:45am FOX Yoga
1:00pm Music Move & Groove
1:45pm Shopping: Publix/Dollar Tree
3:30pm FOX Fitness
6:30pm Yahtzee

Book Publishers Day **16**
10:30am Lets Have a Ball!
11:00am FOX Walk
1:30am Horse Races
3:00pm FOX Balance Booster
3:30pm HAPPY HOUR!!!
6:30pm BINGO!

Ben Franklin Day **17**
10:45am FOX Tai Chi
11:30am Lunch: Village Tavern
1:00pm Devotions
2:30pm FOX Sports
3:30pm Craft Corner
6:15pm Uno!
6:30pm Movie Night

Winnie the Pooh Day **18**
10:30am Fun with Risha!
1:00pm Walk N' Talk
2:00pm Storytelling
3:00pm Lets Have a Ball!
4:00pm Coffee Corner
6:30pm BINGO!
HAPPY BIRTHDAY, MARCIA!

Good Memory Day **19**
9:00am Bus: Church Service
10:30am Balloon Volleyball
11:30am Catholic Service
1:30pm Brain Games
3:00pm Matinee Movie
6:00pm Evening Stroll
6:30pm Yahtzee

Martin Luther King, Jr. Day **20**
10:45am FOX Yoga
1:00pm Devotions
2:00pm Afternoon Walk
3:30pm FOX Fitness
6:30pm Balloon Volleyball
HAPPY BIRTHDAY, MARTHA!

National Hugging Day **21**
10:30am Lets Have a Ball!
11:00am FOX Walk
1:15pm What's in a Word?
1:45pm Rosary
3:00pm FOX Balance Booster
3:30pm Town Hall Meeting
6:30pm BINGO!

Celebration of Life Day **22**
10:30am Aroma Therapy
10:45am FOX Yoga
1:00pm Music Move & Groove
1:45pm Shopping: Walmart
2:30pm Afternoon Walk
3:30pm FOX Fitness
6:30pm Scrabble

Clashing Clothes Day **23**
WEAR MIXED MATCH CLOTHES TODAY!
11:00am FOX Walk
1:30am Horse Races
3:00pm FOX Balance Booster
3:30pm HAPPY HOUR!!!
6:30pm BINGO!

National Activities Professional Day **24**
10:45am FOX Tai Chi
1:00pm Devotions
2:30pm FOX Sports
3:30pm Show & Tell
6:15pm BananaGrams
6:30pm Movie Night

National Opposite Day **25**
10:30am Fun with Risha!
1:00pm Walk N' Talk
2:00pm What's in a Word?
3:00pm Lets Have a Ball!
4:00pm Coffee Corner
6:30pm BINGO!

National Spouses Day **26**
9:00am Bus: Church Service
10:30am Balloon Volleyball
11:30am Catholic Service
1:30pm Would You Rather?
3:00pm Matinee Movie
6:00pm Evening Stroll
6:30pm Yahtzee

National Geographic Day **27**
10:45am FOX Yoga
1:00pm Devotions
2:00pm Afternoon Walk
3:00pm FOX Fitness
3:30pm LIVE with AL!
6:30pm Balloon Volleyball

Daisy Day **28**
10:30am Color Creations
11:00am FOX Walk
1:15pm What's in a Word?
1:45pm Rosary
3:00pm FOX Balance Booster
6:30pm BINGO!

National Puzzle Day **29**
10:30am Aroma Therapy
10:45am FOX Yoga
1:00pm Music Move & Groove
1:45pm Shopping: Kroger/Goodwill
2:30pm Afternoon Walk
3:30pm FOX Fitness
6:30pm BananaGrams

National Croissant Day **30**
10:30am Lets Have a Ball!
11:00am FOX Walk
1:30am Horse Races
3:00pm FOX Balance Booster
3:30pm HAPPY BIRTHDAY HAPPY HOUR!!!
6:30pm BINGO!

Inspire Your Heart with Art Day **31**
10:15am Signin' Oldies
10:45am FOX Tai Chi
1:00pm Devotions
2:30pm FOX Sports
3:30pm ART SHOW!
6:15pm Uno!
6:30pm Movie Night

