

SUN	MON	TUE	WED	THU	FRI	SAT
<div><p><u>Orchard Pointe at Arrowhead</u></p><p>17200 N. 67th Ave Glendale AZ 85308</p><p>Activities subject to change without notice; please refer to daily schedule, flyers, or digital displays for updates.</p></div>	<div><p><u>January Monthly Highlights</u></p><ul style="list-style-type: none">1st - Sr. Discount Outing: Fry's Grocery Store 9:15am6th - Outing & Lunch: Desert Diamond Casino 10:30am7th - Sr. Discount Outing: Walgreens 9:15am8th - Root Beer Float Social 2:30pm (AR1)14th - Town Hall 2pm (T)21st - Outing & Lunch: OdySea Aquarium 10:30am22nd - Microwave S'mores Social 2:30pm (AR1)28th - Chef's Chat 2pm (T)</div>			<div><p>Happy Birthday</p><p>Ann Hamilton.....01/05 Eugenia Guarino.....01/10 Barbara Iampagila.....01/13 Joan Ackerman.....01/14</p></div>		
<div><p><u>Location Key</u></p><p>AR1: 1st Floor Activity Room AR2: 2nd Floor Activity Room CR: Card Room CS: Coffee Shop GR: Game Room DR: Dining Room SR1: 1st Floor Sunroom SR2: 2nd Floor Sunroom T: Theater L: Library CY: Courtyard SPR: Spa Room FD: Front Desk</p></div>	<div><p><u>Color Key</u></p><p>Purple: Clubs & Classes Blue: Religious/ Spiritual Pink: Art/Crafts Green: Community Outings Red: Entertainment, Special Events, Resident Socials, Vendors, Speakers Orange: Snapshots Grey: Resident Run Activity (RR) Teal: Shows on TV</p></div>	<div><p>My Dearest Residents, </p><p>You all will forever hold a special place in my heart. I thank each and every one of you for allowing me into your home and trusting me with your day to day activities. I am beyond grateful for the memories that we've all shared together. I truly Enjoyed coming to work every day and I will miss you greatly.</p><p> With all my love, -AnaLucia Garza</p></div>	<div><p>1 New Year Day</p><p><i>Happy New Year</i> 2020</p><p>9:15 Sr. Discount Outing: Fry's Grocery Store 10:30 Chair Pilates (Gym) 11:00 Matinee Movie & Popcorn (T) "Resident's Choice" 3:00 Pinochle (CR) 6:00 Chit-Chat in the Coffee Shop (RR)</p><p></p></div>	<div><p>2 10:00 Daily Chronicles (CS) 10:30 Chair Yoga (Gym)  11:00 Catholic Communion (SR1) 11:00 How to Play Chess w. Ken (AR2) 11:30 TED Talk Thursdays (T) 1:00 Entertainment: Billy Jay Benson (Lobby)  2:30 2 Hour Piggy Bank Bingo (AR2) 6:00 Ping Pong (GR)(RR)</p></div>	<div><p>3 10:00 Coffee Shop Games (CS) 10:30 Simply Stretch (Gym) 11:00 Wood Snowman Craft(AR2)  2:00 Final Farewell to Ana (She has gifts for you!) (T) 3:00 Pinochle (CR) 3:30 Hymn Sing-A-Longs with Jean (T) 4:00 Yahtzee (AR1) 6:00 Billiards (GR)(RR)</p></div>	<div><p>4 10:30 Chair Yoga (Gym) 11:30 Shopping Outing: Target 1:00 Uno with Spencer (AR1) 2:00 Afternoon Movie &  Popcorn: "Linda Ronstadt: The Sound of My Voice" (T) 3:00 Piggy Bank Bingo (AR2) 5:00 Coffee Shop Games (RR) </p></div>
<div><p>5 Ann H.'s Birthday  8:30 Church Bus (Bus leaves at 8:30) 10:00 Independent Brain Teasers (CS) 11:00 Non- Denominational Church Service with Larry Chappell (T) 2:00 Sunday Games (CS) (RR) 3:00 Canasta (CR) (RR) 6:00 Corn Hole (SR2) (RR)</p><p></p></div>	<div><p>6 10:00 Coffee Shop Games (CS) 10:30 Chair Yoga (Gym) \$\$\$ 10:30 Outing & Lunch: Desert Diamond Casino (Will Return by 2:30) 11:30 Corn Hole with Terrazza (SR2) 3:00 Piggy Bank Bingo  (AR2) 6:00 Chit-Chat in the Coffee Shop (RR)</p></div>	<div><p>7 9:15 Senior Discount Outing: Walgreens 10:30 Sit Down & Tone Up (Gym) 11:00 Bible Study (T) 11:00 How to Play Chess w. Ken (AR2) 1:00 Mexican Train (AR1) 3:00 Pinochle (CR) 3:30 Bunco (AR1) 4:15 Snapshots (AR1) 6:00 Ping Pong (GR)(RR) </p></div>	<div><p>8 10:00 Walking Group (Lobby) 10:30 Chair Pilates (Gym) 10:30 Lunch & Shopping  Outing: Cracker Barrel 1:00 Sing-A-Longs with Jean by DR 2:30 Root Beer Float Social (AR1)  3:00 Pinochle (CR)(RR) 4:00 Uno (AR1) 6:00 Chit-Chat in the Coffee Shop (RR) </p></div>	<div><p>9  10:00 Daily Chronicles (CS) 10:30 Chair Yoga (Gym) 11:00 Catholic Communion (SR1) 11:00 How to Play Chess w. Ken (AR2) 11:30 TED Talk Thursdays (T) 1:00 Entertainment: Dusty Titles (Lobby)  2:30 2 Hour Piggy Bank Bingo (AR2) 6:00 Ping Pong (GR)(RR)</p></div>	<div><p>10 Eugenia G.'s Birthday  10:00 Coffee Shop Games (CS) 10:30 Simply Stretch (Gym) 11:00 Modge Podge Coaster Craft (AR2) 2:30 Cooking Club: Donut Cupcakes (AR1) 3:00 Pinochle (CR) 3:30 Hymn Sing-A- Longs with Jean (T) 4:00 Snapshots (AR1) 6:00 Billiards (GR)(RR) </p></div>	<div><p>11 10:30 Chair Yoga (Gym) 11:30 Shopping Outing: Sprout's Grocery Store 1:00 Uno with Spencer (AR1) 2:00 Afternoon Movie &  Popcorn: "Downton Abbey" (T) 3:30 Piggy Bank Bingo (AR2) 5:00 Coffee Shop Games (RR) </p></div>

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<div>12</div> <div>8:30 Church Bus (Bus leaves at 8:30)</div> <div>10:00 Independent Crosswords (CS)</div> <div>11:00 Non- Denominational Church Service with Larry Chappell (T)</div> <div>2:00 Sunday Games (CS) (RR)</div> <div>3:00 Canasta (CR) (RR)</div> <div>6:00 Corn Hole (SR2) (RR)</div> <div></div>	<div>13</div> <div>Barbara L's Birthday</div> <div>10:00 Coffee</div> <div>Shop Games (CS)</div> <div>10:45 Chair Yoga Class with Debbie (Gym)</div> <div>11:00 Outing: Corn Hole at Terrazza</div> <div>1:00 Mexican Train (AR1)</div> <div>2:00 Adult Coloring/Word Searches (AR1)</div> <div>3:00 Piggy Bank Bingo (AR2)</div> <div>6:00 Chit-Chat in the Coffee Shop (RR)</div> <div></div>	<div>14</div> <div>Joan A's Birthday</div> <div>10:30 Sit Down & Tone Up (Gym)</div> <div>11:00 Bible Study (T)</div> <div>1:00 Mexican Train (AR1)</div> <div>2:00 Town Hall (T)</div> <div>3:00 Pinochle (CR)(RR)</div> <div>3:30 Bunco (AR1)</div> <div>4:15 Snapshots (AR1)</div> <div>6:00 Ping Pong (GR)(RR)</div> <div></div>	<div>15</div> <div>10:00 Walking Group (Lobby)</div> <div>10:30 Chair Pilates (Gym)</div> <div>11:00 Lunch Outing: Mimi's Cafe</div> <div>2:30 Manicures & Hand Massages (AR1)</div> <div>3:00 Pinochle (CR)</div> <div>4:00 Uno (AR1)</div> <div>6:00 Chit-Chat in the Coffee Shop (RR)</div> <div></div>	<div>16</div> <div>10:00 Daily Chronicles (CS)</div> <div>10:30 Chair Yoga (Gym)</div> <div>11:00 Catholic Communion (SR1)</div> <div>11:00 How to Play Chess w. Ken Garver (AR2)</div> <div>11:30 TED Talk Thursdays (T)</div> <div>1:00 Entertainment: Ed Panopio (Lobby)</div> <div>2:30 2 Hour Piggy Bank Bingo (AR2)</div> <div>6:00 Ping Pong (GR) (RR)</div>	<div>17</div> <div>10:00 Coffee</div> <div>Shop Games (CS)</div> <div>10:30 Simply Stretch (Gym)</div> <div>11:00 Puzzle Piece Heart Craft (AR2)</div> <div>2:00 Resident Happy Hour (AR1)</div> <div>3:00 Pinochle (CR)</div> <div>3:30 Hymn Sing-A-Longs with Jean (T)</div> <div>4:15 Snapshots (AR1)</div> <div>6:00 Billiards (GR)(RR)</div> <div></div>	<div>18</div> <div>10:30 Chair Yoga (Gym)</div> <div>11:30 Shopping Outing: Ross</div> <div>1:00 Uno with Spencer (AR1)</div> <div>2:00 Afternoon Movie & Popcorn: "Judy" (T)</div> <div>3:00 Piggy Bank Bingo (AR2)</div> <div>5:00 Coffee Shop Games (RR)</div> <div></div>
<div>19</div> <div>8:30 Church Bus (Bus leaves at 8:30)</div> <div>10:00 Independent Word Searches (CS)</div> <div>11:00 Non- Denominational Church Service with Larry Chappell (T)</div> <div>2:00 Sunday Games (CS) (RR)</div> <div>3:00 Canasta (CR) (RR)</div> <div>6:00 Corn Hole (SR2) (RR)</div> <div></div>	<div>20</div> <div>Martin Luther King Jr Day</div> <div>10:00 Coffee</div> <div>Shop Games (CS)</div> <div>10:45 Chair Yoga Class with Debbie (Gym)</div> <div>11:30 Corn Hole with Terrazza (SR2)</div> <div>1:00 Mexican Train (AR1)</div> <div>3:30 Piggy Bank Bingo (AR2)</div> <div>6:00 Chit-Chat in the Coffee Shop (RR)</div> <div></div>	<div>21</div> <div>10:00 Walking Group (Lobby)</div> <div>10:30 Sit Down & Tone Up (Gym)</div> <div>10:30 Outing & Lunch: OdySea Aquarium (Will Return by 2:30)</div> <div>11:00 Bible Study (T)</div> <div>3:00 Pinochle (CR)</div> <div>3:30 Bunco (AR1)</div> <div>4:15 Snapshots (AR1)</div> <div>6:00 Ping Pong (GR)(RR)</div> <div></div>	<div>22</div> <div>10:00 Walking Group (Lobby)</div> <div>10:30 Chair Pilates (Gym)</div> <div>11:00 Lunch Outing: Garcia's Mexican Food</div> <div>2:30 Microwave S'mores Social (AR1)</div> <div>3:00 Pinochle (CR)</div> <div>4:00 Uno (AR1)</div> <div>6:00 Chit-Chat in the Coffee Shop (RR)</div> <div></div>	<div>23</div> <div>10:00 Daily Chronicles (CS)</div> <div>10:30 Chair Yoga (Gym)</div> <div>11:00 How to Play Chess w. Ken Garver (AR2)</div> <div>11:30 TED Talk Thursdays (T)</div> <div>1:00 Entertainment: Jennifer Linul (Lobby)</div> <div>2:30 2 Hour Piggy Bank Bingo (AR2)</div> <div>6:00 Ping Pong (GR)(RR)</div> <div></div>	<div>24</div> <div>10:00 Coffee</div> <div>Shop Games (CS)</div> <div>10:30 Simply Stretch (Gym)</div> <div>11:00 Valentine Wreaths Part 1 (AR2)</div> <div>2:00 Yahtzee and Scrabble (AR1)</div> <div>3:00 Pinochle (CR)</div> <div>3:30 Hymn Sing-A- Longs with Jean (T)</div> <div>4:00 Snapshots (AR1)</div> <div>6:00 Billiards (GR)(RR)</div> <div></div>	<div>25</div> <div>10:30 Chair Yoga (Gym)</div> <div>11:30 Shopping Outing: Basha's Grocery Store</div> <div>1:00 Uno with Spencer (AR1)</div> <div>2:00 Afternoon Movie & Popcorn: "Poms" (T)</div> <div>3:00 Piggy Bank Bingo (AR2)</div> <div>5:00 Coffee Shop Games (RR)</div> <div></div>
<div>26</div> <div>8:30 Church Bus (Bus leaves at 8:30)</div> <div>10:00 Independent Brain Teasers (CS)</div> <div>11:00 Non- Denominational Church Service with Larry Chappell (T)</div> <div>2:00 Sunday Games (CS) (RR)</div> <div>3:00 Canasta (CR) (RR)</div> <div>6:00 Corn Hole (SR2) (RR)</div> <div></div>	<div>27</div> <div>10:00 Coffee</div> <div>Shop Games (CS)</div> <div>10:45 Chair Yoga Class with Debbie (Gym)</div> <div>11:00 Outing: Corn Hole at Terrazza</div> <div>1:30 Mexican Train (AR1)</div> <div>3:00 Piggy Bank Bingo (AR2)</div> <div>6:00 Chit-Chat in the Coffee Shop (RR)</div> <div></div>	<div>28</div> <div>10:30 Sit Down & Tone Up (Gym)</div> <div>11:00 Bible Study (T)</div> <div>1:00 Mexican Train (AR1)</div> <div>2:00 Chef's Chat with Vince (T)</div> <div>3:00 Pinochle (CR)(RR)</div> <div>3:30 Bunco (AR1)</div> <div>4:15 Snapshots (AR1)</div> <div>6:00 Ping Pong (GR)(RR)</div> <div></div>	<div>29</div> <div>10:00 Walking Group (Lobby)</div> <div>10:30 Chair Pilates (Gym)</div> <div>11:00 Lunch Outing: The Place</div> <div>2:30 Mexican Train (AR1)</div> <div>3:00 Pinochle (CR)</div> <div>4:00 Uno (AR1)</div> <div>6:00 Chit-Chat in the Coffee Shop (RR)</div> <div></div>	<div>30</div> <div>10:00 Daily Chronicles (CS)</div> <div>10:30 Chair Yoga (Gym)</div> <div>11:00 How to Play Chess w. Ken Garver (AR2)</div> <div>11:30 TED Talk Thursdays (T)</div> <div>1:00 Entertainment: Dick & Diane (Lobby)</div> <div>2:30 2 Hour Piggy Bank Bingo (AR2)</div> <div>6:00 Ping Pong (GR)(RR)</div> <div></div>	<div>31</div> <div>10:00 Coffee</div> <div>Shop Games (CS)</div> <div>10:30 Simply Stretch (Gym)</div> <div>11:00 Valentine Wreaths Part 2 (AR2)</div> <div>2:00 January Birthday Bash (AR1)</div> <div>3:00 Pinochle (CR)</div> <div>3:30 Hymn Sing-A- Longs with Jean (T)</div> <div>4:00 Snapshots (AR1)</div> <div>6:00 Billiards (GR)(RR)</div> <div></div>	<div>Resident Reminders:</div> <div>The Lawrence Welk Show is on PBS—Channel 8 every Saturday at 4pm!</div> <div>Residents must sign up for bus trips 48hrs in advance, at the front desk. If an outing has less than 5 people signed up, it may be cancelled & Residents will be notified.</div>