

January

The Heritage at Northern Hills

Assisted Living

SUN

MON

TUE

WED

THU

FRI

SAT

LOCATION KEY

AR—Activity Room
C— Chapel
L— Lobby
CY— Courtyard
CS— Country Store
D— Dining Room
F— 2nd Level
Fireplace

If you would like to go on an outing, please sign up. All outings are weather permitting. Be ready for outings 15 minutes early as the bus will plan to leave at the time listed.

Please note the calendar is subject to change without notice.

1
8:45 Current Events (D)
9:30 Wii Bowling (C)
11:00 Devotional (C)
1:00 Cards w/ Friends (CS)
6:00 Creative Coloring (CS)

HAPPY NEW YEARS!
ALL ACTIVITIES ARE
SELF DIRECTED.
ACTIVITIES DEPARTMENT
IS CLOSED.

2
9:00 Bingo (AR)
10:15 Chair Aerobics (C)
10:30 Men's Coffee (CS)
10:30 Calvary Lutheran w/
Pastor Travis (L)
12:00 Popcorn (CS)
1:00 Card Club (CS)
2:00 Coffee by the
Fireplace
3:00 Corner Store Open

3
8:45 Current Events
10:00 Fareway (Sign-Up)
10:30 Word Search
Puzzles (CS)
11:00 Devotions (C)
1:30 Fit and Fun (C)
2:00 Country Drive
3:15 Manicures (AR)
4:00 Personal Shopping
List Due

4
9:00 Bingo— Candy (AR)
10:30 Wii Bowling (C)
12:00 Popcorn (CS)
12:30 Movie—Miracles
Heaven (C)
1:00 Card Club (CS)
6:00 Gaither Gospel Hour
(Ch. 27)
7:00 Lawrence Welk
(Ch. 27)

Glenda Schultz's Birthday

5
8-12 Church Transport
11:00 Mass (Ch.85)
2:00 Coffee w/ Friends (CS)
3:00 Gospel Celebration
w/ Gary (C)
3:30 Fellowship (CS)
6:30 Creative Coloring
(CS)

6
8:45 Current Events (D)
9:30 Walmart (Sign-Up)
10:15 Creative Coloring
(AR)
1:45 Exercise (C)
2:30 Garden Club— (GC)
3:00 Gospel Music
With Nate (L)
6:00 Wii Bowling (C)

7
9:00 Bingo (AR)
10:15 Chair Aerobics (C)
10:30 Women's Coffee
(CS)
10:30 Catholic Communion
w/ Father Peter (C)
12:00 Popcorn (CS)
1:00 Card Club— Kings
Corner (CS)
2:30 Puzzle Art (CS)
3:00 Corner Store Open

Joe Bank's Birthday

8
8:45 Current Events (D)
9:30 Wii Bowling (C)
10:15 Manicures (AR)
11:00 Devotional (C)
1:30 Exercise (C)
3:30 Happy Hour w/ Radio
Rangers (L)

9
9:00 Bingo (AR)
10:00 Jitters (Sign-Up)
10:15 Chair Aerobics (C)
10:30 Men's Coffee (CS)
12:00 Popcorn (CS)
1:00 Card Club (CS)
2:30 Stories by the
Fireplace
3:00 Corner Store Open

10
8:45 Current Events
10:00 Fareway (Sign-Up)
10:30 Word Search
Puzzles (CS)
11:00 Devotions (C)
1:30 Exercise (C)
2:00 Country Drive
3:15 Manicures (AR)
4:00 Personal Shopping
List Due

11
9:00 Bingo— Candy (AR)
10:30 Wii Bowling (C)
12:00 Popcorn (CS)
12:30 Movie—Cinderella(C)
1:00 Card Club (CS)
6:00 Gaither Gospel Hour
(Ch. 27)
7:00 Lawrence Welk
(Ch. 27)

12
8-12 Church Transport
11:00 Mass (Ch.85)
2:00 Coffee w/ Friends (CS)
3:00 Gospel Celebration
w/ Gary (C)
3:30 Fellowship (CS)
6:30 Creative Coloring
(CS)

13
8:45 Current Events (D)
9:30 HyVee/Dollar Tree
(Sign-Up)
10:15 Creative Coloring(AR)
1:45 Exercise (C)
2:30 Garden Club—
Planting Marjoram (GC)
6:00 Wii Bowling (C)

14
9:00 Bingo (AR)
10:15 Chair Aerobics (C)
10:30 Women's Coffee
(CS)
12:00 Popcorn (CS)
1:00 Card Club— Kings
Corner (CS)
2:30 Catholic Communion
w/ Sister Pia (C)
3:00 Corner Store Open

15
8:45 Current Events (D)
9:30 Wii Bowling (C)
10:15 Manicures (AR)
11:00 Devotional (C)
11:00 Lunch at Harvey's
(Sign-Up)
1:30 Exercise (C)
3:30 Game— Yahtzee (AR)

16
9:00 Bingo (AR)
10:15 Chair Aerobics (C)
10:30 Men's Coffee (CS)
10:30 Calvary Lutheran w/
Pastor Travis (L)
12:00 Popcorn (CS)
1:00 Card Club (CS)
2:30 Snowman Scarf (CS)
3:00 Corner Store Open

17
8:45 Current Events
10:00 Fareway (Sign-Up)
10:30 Word Search
Puzzles (CS)
11:00 Devotions (C)
1:30 Exercise (C)
2:00 Country Drive
2:00 Food Council (D)
3:15 Manicures (AR)
4:00 Personal Shopping
List Due

Twila Weaver's Birthday

18
9:00 Bingo— Candy (AR)
10:30 Wii Bowling (C)
12:00 Popcorn (CS)
1:00 Card Club (CS)
1:00 Dani & Gary Show
(L)
6:00 Gaither Gospel Hour
(Ch. 27)
7:00 Lawrence Welk
(Ch. 27)

19
8-12 Church Transport
11:00 Mass (Ch.85)
2:00 Coffee w/ Friends (CS)
3:00 Gospel Celebration
w/ Gary (C)
3:30 Fellowship (CS)
6:30 Creative Coloring
(CS)

20
8:45 Current Events (D)
9:30 Walmart (Sign-Up)
10:15 Creative Coloring
(AR)
1:45 Exercise (C)
2:30 Garden Club (GC)
3:45 Sing-A-Long w/
Carole (L)
6:00 Wii Bowling (C)

21
9:00 Bingo (AR)
10:15 Chair Aerobics (C)
10:30 Women's Coffee
(CS)
12:00 Popcorn (CS)
1:00 Card Club— Kings
Corner (CS)
2:30 Catholic Communion
w/ Sister Pia (C)
3:00 Corner Store Open

22
8:45 Current Events (D)
9:30 Wii Bowling (C)
10:15 Manicures (AR)
11:00 Devotional (C)
1:30 Exercise (C)
3:30 Craft- Sensory Tube
(AR)

23
9:00 Bingo (AR)
10:15 Chair Aerobics (C)
10:30 Men's Coffee (CS)
12:00 Popcorn (CS)
1:00 Card Club (CS)
2:30 Stories by the
Fireplace
3:00 Corner Store Open

24
8:45 Current Events
10:00 Fareway (Sign-Up)
10:30 Word Search
Puzzles (CS)
11:00 Devotions (C)
1:30 Exercise (C)
2:00 Country Drive
3:30 Happy Hour w/ Ed
Tyron (L)
4:00 Personal Shopping
List Due

25
9:00 Bingo— Candy (AR)
10:30 Wii Bowling (C)
12:00 Popcorn (CS)
12:30 Movie- Aladdin (C)
1:00 Card Club (CS)
6:00 Gaither Gospel Hour
(Ch. 27)
7:00 Lawrence Welk
(Ch. 27)

26
8-12 Church Transport
11:00 Mass (Ch.85)
2:00 Coffee w/ Friends (CS)
3:00 Gospel Celebration
w/ Gary (C)
3:30 Fellowship (CS)
6:30 Creative Coloring
(CS)

27
8:45 Current Events (D)
9:30 HyVee/Dollar Tree
(Sign-Up)
10:15 Creative Coloring
(AR)
1:45 Exercise (C)
2:30 Garden Club (GC)
2:45 Craft- Personalized
Ceramic Planters (GC)
6:00 Wii Bowling (C)

28
9:00 Bingo (AR)
10:15 Chair Aerobics (C)
10:30 Women's Coffee
(CS)
12:00 Popcorn (CS)
1:00 Card Club— Kings
Corner (CS)
2:30 Catholic Communion
w/ Sister Pia (C)
3:00 Resident Council &
Birthday Party (D)

29
8:45 Current Events (D)
9:30 Wii Bowling (C)
10:15 Manicures (AR)
11:00 Devotional (C)
1:30 Exercise (C)
3:30 Game— Yahtzee (AR)

30
9:00 Bingo (AR)
10:15 Chair Aerobics (C)
10:30 Men's Coffee (CS)
12:00 Popcorn (CS)
1:00 Card Club (CS)
2:30 Craft— Trinket Dish
(CS)
3:00 Corner Store Open



Resident Birthdays

04 Glenda Schultz
07 Joe Banks
17 Twila Weaver

Staff Birthdays:

2 Shawna Maaske
16 Deanna Johnson
22 Elizabeth Glade

Staff Anniversaries:

06 Jeana Veach (6 years)
07 Nicole Wanderscheid (1 year)
09 Elizabeth Glade (2 years)
12 Heather Cook (5 years)