



Celebrating  
Birthday's in  
January

01/03 Jay A  
01/06 Peggy M  
01/09 Luis V  
01/11 Evelyn C  
01/13 Frank K  
01/17 Pat H  
01/22 Joan M  
01/30 Donald R  
01/30 Roy M

January 6th  
Birthday Celebration  
Wishing you a very  
Happy Birthday!

CHEF’S COOKING DEMONSTRATIONS

- 06

Vanilla/ Chocolate Malt  
Station
- 13

Mac & Cheese Bar
- 20

Spring Roll/ Egg Roll
- 27

Banana Fosters-  
Tableside

CHEF’S SIGNATURE RECIPE  
Apple Pie


Ingredients

1 recipe pastry for a 9 inch double crust pie  
½ cup unsalted butter  
3 tablespoons all-purpose flour  
¼ cup water  
½ cup white sugar  
8 Granny Smith apples-peeled, cored and slides

Directions

Preheat oven to 425 degrees F (220 degrees C). Melt the butter in a saucepan. Stir in flour to form a paste. Add water, white sugar and brown sugar, and bring to a boil. Reduce temperature and let simmer.

Place the bottom crust in your pan. Fill with apples, mounded slightly. Cover with a lattice work crust. Gently pour the sugar and butter liquid over the crust. Pour slowly so that it does not run off. Bake 15 minutes in the preheated oven. Reduce the temperature to 350 degrees F (175 degrees C). Continue baking for 35 to 45 minutes, until apples are soft.





\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS  
CONNECT

JANUARY 2020



UPCOMING EVENT HIGHLIGHT

*“Winter Carnival Week”*

*January 27th-31st*

*Come join us for a Week  
full of fun activities and  
giveaways.*

27475 Huron Circle, Novi, MI 48377  
[www.waltonwood.com](http://www.waltonwood.com) | 248-735-1500  
Facebook: /WaltonwoodTwelveOaks

COMMUNITY  
MANAGEMENT

- Executive Director  
Angie Hanson

Nicole McDonald  
Business Office Manager

Nicholas Laliros  
Culinary Services Manager

Alyssa Tobias  
Independent Living Manager

Monique Furniss  
Life Enrichment Manager

Stephan Skidmore  
Environmental Services  
Manager

Heather Lasko  
Marketing Manager

Marketing Manager

Resident Care Manager

Wellness Coordinator



# ASSOCIATE SPOTLIGHT

Caprice Coakley is our wonderful, ever smiling, Culinary Supervisor. A friend of hers was a med tech and suggested she check out WTO, she will be here 4 years in August. Family is very important to her, and she feels like it’s a family in the kitchen. She loves who she works with.

Caprice learned how to cook from both of her grandmothers, who each have a different style of cooking. She also watches the food network and you tube videos to get her cooking inspiration.

When Caprice isn’t cooking, she takes care of her grandmother, enjoys sleeping and being a homebody. She enjoys action and scary movies. Caprice has 2 brothers and 2 sisters and she is very close to both of her grandmothers.

Caprice grew up in Detroit and went to Henry Ford High School. After she graduated, she moved to Ohio and lived there for 7 years. While in Ohio she worked for Cedar Pointe and Kalahari Resort on their culinary teams. They both were very fast paced environments, which she really enjoyed.

Her positive energy, hard work ethic and helpful spirit are just a few of the reasons that make Caprice such an inspiring member of our 12 Oaks team.



## DECEMBER HIGHLIGHTS

**02** Sundaes on Monday/Birthday Celebration  
“Birthdays come but once a year, celebrate and be of good cheer.”

**14** The Ford Motor Company Chorus Presents: “A Jolly Merry Christmas” Concert

**10** Home for the Holiday Event

**16** Metropolitan Dance Group Presents: The Nutcracker



## TRANSPORTATION INFORMATION

“Open” Bus Service Every Thursday

- ❖ Doctor’s visit
- ❖ Shopping Trips
- ❖ Emagine Theatre
- ❖ Restaurants
- ❖ Local Community Centers



Doctor’s visits will take priority over all other requests.

Please see Mike 2 week prior to your appointment date so that he can confirm the request.

Mike will make every attempt to accommodate your request.

Please join us on Friday’s for our Outings, sign up book located in the Fireside Lounge.

## JANUARY SPECIAL EVENTS

**06** Sundaes on Monday/Birthday Celebration  
“Birthdays come but once a year, celebrate and be of good cheer.”

**21** New Resident Luncheon  
“The great thing about new friends is that they bring new energy to your soul”

**10** Jiffy Mix Plant Tour  
A free, one hour tour consists of an educational and informative video presentation, and a product sample

**27** Winter Carnival Week: Snowman Ball Toss  
Come enjoy some fun Winter Activities !

01/27-01/31



## FOREVER FIT/WELLNESS TOPIC/LE

### January Journal

Every January millions of Americans resolve to move more, eat better and stress less. In fact, nearly 55% of all New Year’s resolutions focus on improving our overall health & wellness and while that’s an encouraging number, only 8% actual stick to their plan. There are certain tactics however that make it much more likely you’ll have success in staying on track and reaching your goals. This January try a resolution journal. A quick entry of daily activity provides a 24-hour snapshot showing if the choices you’ve made took you closer too or further from your ultimate goal. Whether a short note or lengthy paragraph keeping a journal helps to create the accountability necessary to achieve success now and for the months to come. So, this January write it down, give yourself a tool to help make 2020 your healthiest year ever!

## EXECUTIVE DIRECTOR CORNER

Happy New Year everyone!! I always look forward to the beginning of a year because it gives me the opportunity to start off fresh and set goals for new year. 2020 will bring new refreshing changes to the Waltonwood community as well. We will begin to see many faces around the community as a remodel to the common areas begin. I will keep you all informed as we learn more. So far, a lighting crew has been out to count and assess our current lighting configurations and to begin the plan for standardizing and upgrading fixtures. I look forward to learning the design plan and will share with everyone as the plan comes together so stay tuned! I would also like to take this time to announce a new member to our team. Betsy Weakland is our new Marketing and Sales Manager and will start full time with us on January 6<sup>th</sup>. Betsy’s office will be located behind the reception area on the Assisted Living side of campus. Wishing you all a new year full of good health and happiness.