

SUN

MON

TUE

WED

THUR

FRI

SAT

ROOM KEY
 2FGR - 2nd Floor Game Room
 2FK - 2nd Floor Kitchen
 3FGR - 3rd Floor Game Room
 A - Atrium
 BB - Bottle Bar
 CR - Community Room
 DR - Dining Room
 LR - Living Room
 PCB - Personal Care Building
 PDR - Private Dining Room

T - Theater

New Year's Day
HAPPY BIRTHDAY BOB B!
8:30 Coffee & Conversation w/ Cyndi (BB)
 9:00 Yoga (CR)
 12:30 Afternoon Movie: "Grand- Daddy Daycare" Starring Danny Trejo (T)
 12:45 Canasta (3FGR)
 1:00 Fitness Fun
 2:30 Quarter/Dime Bingo (2FK)
 6:00 Pool League (2FGR)
 6:00 Movie Night "Pottersville" Starring Michael Shannon (CC) (T)

NATIONAL CREAM PUFF DAY
 10:15 Seated Broom Hockey (CR)
 10:30 Blood Pressure Check (PDR)
12:30 Outing to Splash & Fitness Center for Silver Sneaker Splash
 12:30 "Just Us Gals" (T)
1:30 Dining Services Meeting (DR)
2:00 Town Hall (DR)
3:30 Happy Hour (BB)
6:00 Entertainment w/ Glenn Faul (A)
 6:00 Mini Series "Reign" (T)

9:00 Errand Express-Douglassville Loop
 10:00 Well Being Workout (CR)
11:30 Outing for Lunch at The Blue Elephant -Pottstown
 2:00 Mini Spin Class (T)
 3:30 Cornhole Practice (CR)
 3:30 Rosary (T)
 4:00 Catholic Communion Service (T)
 6:00 Movie Night "Miss Julie" Starring Jessica Chastain (CC) (T)

NATIONAL SPAGHETTI DAY
HAPPY BIRTHDAY BEV E!
 12:45 Rummikub (3FGR)
 1:00 Afternoon Chair Travel "Dancing with Birds" (T)
 2:00 Quarter/Dime Bingo (2FK)
3:30 Shuttle to St. Gabe's Catholic Church
 6:00 Movie Night "The Pelican Brief" Starring Julia Roberts (CC) (T)

HAPPY BIRTHDAY RALPH R!
 8:00 St Gabes Sunday Service Schedule (Next door at St Gabe's Parish-must walk over)
 9:00 Worship Service w/the Moses Family (T)
 10:30 St Gabes Sunday Service Schedule (Next door at St Gabe's Parish-must walk over)
 1:00 Sunday Service w/ Neil & Deb Cressman (CR)
2:30 Sing-A-Long w/Dan Pell (LR)
 4:40 NFL Eagles vs Seahawks (NBC)
 6:00 Movie Night: "The Gospel of Matthew"(CC) (T)

HAPPY BIRTHDAY BOB O!
NATIONAL GLAZED DONUT DAY!
 8:00 St Gabes Sunday Service Schedule (Next door at St Gabe's Parish-must walk over)
 9:00 Worship Service w/the Moses Family (T)
 10:30 St Gabes Sunday Service Schedule (Next door at St Gabe's Parish-must walk over)
 1:00 Sunday Service w/ Neil & Deb Cressman (CR)
 6:00 Movie Night "Gosford Park" Starring Eileen Atkins (CC) R (T)

HAPPY BIRTHDAY MARY RUTH F!
9:00 Errand Express-Walmart
10:00 Volunteering at the Pottstown Community Table
 10:00 Well Being Workout (CR)
 12:30 "Craft Corner" w/Kay- Jewelry Making (2FK)
 12:45 Pinochle (3FGR)
 1:00 Sassy Stitchers (CR)
 2:30 Po-Ke-No (2FK)
3:30 Beer & Wine w/Tom on Piano (BB)
 6:00 Movie Night: "A Little Chaos" Starring Kate Winslet (CC) (R) (T)
 6:00 Shuffleboard (2FGR)

NATIONAL HOT PASTRAMI SANDWICH DAY
8:30 Outing to Wind Creek Casino -Bethlehem
 10:30 Fitness Fun (CR)
12:30 Outing to Splash & Fitness Center for Silver Sneaker Splash
 1:00 Caregivers Support Group (PDR)
 1:00 Senior Circle Bridge (3FGR)
 2:00 Seated Yoga w/ Vicky (CR)
 6:00 Mini Series "Reign"

NATIONAL BAGEL DAY!
HAPPY BIRTHDAY JOE P!
8:30 Breakfast w/ the Managers (BB)
 9:00 Yoga (CR)
10:00 Today is Med Collection Day -Please drop off between 10 & 12
 12:45 Canasta (3FGR)
1:00 Interfaith Service (T)
2:00 "Gratefulness" presented by Chestnut Knoll at Home (CR)
 2:30 Quarter/Dime Bingo (2FK)
 6:00 Movie Night: "Finding Your Feet" Starring Imelda Staunton (CC) (T)
 6:00 Pool League (2FGR)
 6:00 Seated Tai chi w/Betsy (CR)

9:00 VA Breakfast-Telehealth for veterans- RSVP to Cyndi X5137 (DR)
 10:00 90's Group (3FGR)
 10:15 Seated Broom Hockey (CR)
 10:30 Blood Pressure Check (PDR)
12:30 Outing to Splash & Fitness Center for Silver Sneaker Splash
 12:30 "Just Us Gals" (T)
 2:00 Meditation & Mindfulness w/Angie from Heartland Rehab (CR)
3:30 Happy Hour (BB)
6:00 Entertainment w/Double Duo (A)

HAPPY BIRTHDAY LEW D!
9:00 Errand Express-Douglassville Loop
 10:00 Well Being Workout (CR)
12:30 Outing to The Dollar Tree
 1:00 Mini Spin Class (T)
 2:30 Cornhole Practice (CR)
 3:30 Rosary (T)
 4:00 Catholic Communion Service (T)
 6:00 Friday Night Flick : Residents' Choice (T)

Chinese New Year Begins
 12:45 Rummikub (3FGR)
 1:00 Shuffleboard- Resident Run (3FGR)
 2:00 Quarter/Dime Bingo (2FK)
3:30 Shuttle to St. Gabe's Catholic Church
 6:00 Movie Night "The Music of Silence" Starring Tony Sebastian (CC) (T)

World Religion Day
 8:00 St Gabes Sunday Service Schedule (Next door at St Gabe's Parish-must walk over)
 9:00 Worship Service w/the Moses Family (T)
 10:30 St Gabes Sunday Service Schedule (Next door at St Gabe's Parish-must walk over)
 12:15 Shenkel UCC Communion Service (CR)
 1:00 Sunday Service w/ Neil & Deb Cressman (CR)
 2:00 Afternoon Tea (BB)
 6:00 Movie Night: "The Gospel of John" (CC) (T)

Martin Luther King Day
 10:00 Well Being Workout (CR)
 12:30 "Bake Shop" (2FK)
12:30 Errand Express Giant/Target
 12:45 Pinochle (3FGR)
 1:00 Sassy Stitchers (PDR)
 1:30 New Resident Meet & Greet (CR)
 2:30 Po-Ke-No (2FK)
3:30 Beer & Wine w/Tom on Piano (BB)
 6:00 Movie Night: "Imagine That" Starring Eddie Murphy (CC) (T)
 6:00 Shuffleboard (2FGR)

HAPPY BIRTHDAY JEAN C & IRENE R!
 10:30 Fitness Fun (CR)
11:00 Outing to the Center at Spring Street for Lunch & Entertainment w/ Elvis Tribute
12:30 Outing to Splash & Fitness Center for Silver Sneaker Splash
 1:00 Afternoon Chair Travel-Pole to Pole (DVD) (T)
 2:00 Seated Tai Chi w/ Betsy (CR)
 3:30 Cornhole-Resident Run (CR)
 6:00 Movie Night: "Cincinnati Kid" Starring Steve McQueen (CC) (T)

NATIONAL PUZZLE DAY
8:30 Coffee & Puzzles to celebrate National Puzzle Day! (BB)
 9:00 Yoga (CR)
10:00 Interfaith Service (T)
10:30 Yucha Hearing Aids- Cleaning & Service (LR)
 12:30 Afternoon Chair Travel: "The Most Unknown" (T)
 12:45 Canasta (3FGR)
1:00 Outing to Liberty Thrift
 2:30 Quarter/Dime Bingo (2FK)
 6:00 Mini Series "Reign"
 6:00 Pool League (2FGR)

NATIONAL CROISSANT DAY
 10:15 Seated Broom Hockey (CR)
 10:30 Blood Pressure Check (PDR)
12:30 Outing to Splash & Fitness Center for Silver Sneaker Splash
 12:30 "Just Us Gals" (T)
1:30 Sing-A-Long w/ Tom & Mary (LR)
3:30 Happy Hour w/Bobby Newton (BB)
 6:00 Mini Series "Reign" (T)
 6:00 Winter Bingo (2FK)

NATIONAL HOT CHOCOLATE DAY!
9:00 Errand Express-Douglassville Loop
 10:00 Well Being Workout (CR)
 12:30 Humor Group w/Kay (T)
 2:00 Mini Spin Class (T)
 3:30 Rosary (T)
 6:00 Friday Night Flick : Residents' Choice (T)
6:00 Entertainment w/ Steve Walker (A)

8:30 Coffee & Conversation w/ Donna
 12:45 Rummikub (3FGR)
1:00 "Fighter Pilot" Book Launch & Signing (A)
 2:00 Quarter/Dime Bingo (2FK)
3:30 Shuttle to St. Gabe's Catholic Church
 6:00 Movie Night "Wish Man " Starring Andrew Steele (CC) (T)

INTERNATIONAL CUSTOMS DAY
 8:00 St Gabes Sunday Service Schedule (Next door at St Gabe's Parish-must walk over)
 9:00 Worship Service w/the Moses Family (T)
 10:30 St Gabes Sunday Service Schedule (Next door at St Gabe's Parish-must walk over)
 1:00 Sunday Service w/ Neil & Deb Cressman (CR)
 3:00 Cornhole- Resident Run (CR)
 6:00 Movie Night "The First Wives Club" Starring Bette Midler (CC) (T)

NATIONAL CHOCOLATE CAKE DAY!
9:00 Errand Express- Redners
 9:15 Wyomissing Optometric-eyeglass Check /repairs (BB)
 10:00 Well Being Workout (CR)
 12:45 Pinochle (3FGR)
1:00 Entertainment w/ Terry Kane (LR)
 1:00 Sassy Stitchers (CR)
 2:30 Po-Ke-No (2FK)
3:30 Beer & Wine w/ Paul Bartending - Tom on Piano (BB)
 6:00 Shuffleboard (2FGR)
 6:00 Movie Night "A Noble Intention" Starring Jacob Derwig (CC) (T)

10:30 Fitness Fun (CR)
11:00 Outing to the Center at Spring Street for Lunch & Entertainment w/ Elvis Tribute
12:30 Outing to Splash & Fitness Center for Silver Sneaker Splash
 1:00 Afternoon Chair Travel-Pole to Pole (DVD) (T)
 2:00 Seated Tai Chi w/ Betsy (CR)
 3:30 Cornhole-Resident Run (CR)
 6:00 Movie Night: "Cincinnati Kid" Starring Steve McQueen (CC) (T)

9:00 Mini Manicures w/Deb (2FK)
 9:00 Yoga (CR)
10:00 Interfaith Service (T)
 12:30 Afternoon Chair Travel : "Monty Don's Italian Gardens" (CC) (T)
 12:45 Canasta (3FGR)
 2:30 Quarter/Dime Bingo (2FK)
3:30 Italian Themed Happy Hour (BB)
4:30 Italian Theme Dinner Tonight (DR)
 5:45 Seated Drum Exercise w/ Kim (CR)
 6:00 Movie Night "Roman Holiday" Starring Audrey Hepburn (T)
 6:00 Pool League (2FGR)

9:30 Outing to The American Treasure Tour -Oaks
 10:15 Seated Volleyball (CR)
 10:30 Blood Pressure Check (PDR)
12:30 Outing to Splash & Fitness Center for Silver Sneaker Splash
 12:30 "Just Us Gals" (T)
1:30 Sing-A-Long w/ Tom & Mary (LR)
3:30 Happy Hour w/Bobby Newton (BB)
 6:00 Mini Series "Reign" (T)
 6:00 Winter Bingo (2FK)

9:00 Errand Express-Douglassville Loop
 10:00 Well Being Workout (CR)
 12:30 Humor Group w/Kay (T)
 2:00 Mini Spin Class (T)
 3:30 Rosary (T)
 6:00 Friday Night Flick : Residents' Choice (T)
6:00 Entertainment w/ Steve Walker (A)

12:45 Rummikub (3FGR)
 1:00 Shuffleboard- Resident Run (3FGR)
 2:00 Quarter/Dime Bingo (2FK)
3:30 Shuttle to St. Gabe's Catholic Church
 6:00 Movie Night "The Music of Silence" Starring Tony Sebastian (CC) (T)

INTERNATIONAL CUSTOMS DAY
 8:00 St Gabes Sunday Service Schedule (Next door at St Gabe's Parish-must walk over)
 9:00 Worship Service w/the Moses Family (T)
 10:30 St Gabes Sunday Service Schedule (Next door at St Gabe's Parish-must walk over)
 1:00 Sunday Service w/ Neil & Deb Cressman (CR)
 3:00 Cornhole- Resident Run (CR)
 6:00 Movie Night "The First Wives Club" Starring Bette Midler (CC) (T)

NATIONAL CHOCOLATE CAKE DAY!
9:00 Errand Express- Redners
 9:15 Wyomissing Optometric-eyeglass Check /repairs (BB)
 10:00 Well Being Workout (CR)
 12:45 Pinochle (3FGR)
1:00 Entertainment w/ Terry Kane (LR)
 1:00 Sassy Stitchers (CR)
 2:30 Po-Ke-No (2FK)
3:30 Beer & Wine w/ Paul Bartending - Tom on Piano (BB)
 6:00 Shuffleboard (2FGR)
 6:00 Movie Night "A Noble Intention" Starring Jacob Derwig (CC) (T)

HAPPY BIRTHDAY JEAN C & IRENE R!
 10:30 Fitness Fun (CR)
12:30 Outing to Splash & Fitness Center for Silver Sneaker Splash
 12:45 Cornhole (CR)
 1:00 Senior Circle Bridge (3FGR)
 2:00 Seated Yoga w/Vicky (CR)
 3:00 New Resident And Family Orientation (CR)
4:00 Dinner Outing to Olive Garden
 6:00 Movie Night: "Like Arrows" Starring Alan Powell (CC) (T)

NATIONAL PUZZLE DAY
8:30 Coffee & Puzzles to celebrate National Puzzle Day! (BB)
 9:00 Yoga (CR)
10:00 Interfaith Service (T)
10:30 Yucha Hearing Aids- Cleaning & Service (LR)
 12:30 Afternoon Chair Travel: "The Most Unknown" (T)
 12:45 Canasta (3FGR)
1:00 Outing to Liberty Thrift
 2:30 Quarter/Dime Bingo (2FK)
 6:00 Mini Series "Reign"
 6:00 Pool League (2FGR)

NATIONAL CROISSANT DAY
 10:15 Seated Broom Hockey (CR)
 10:30 Blood Pressure Check (PDR)
12:30 Outing to Splash & Fitness Center for Silver Sneaker Splash
 12:30 "Just Us Gals" (T)
 2:00 Science For Seniors "Snow" (CR)
3:30 Happy Hour (BB)
6:00 Entertainment w/Dan Flock (A)

NATIONAL HOT CHOCOLATE DAY!
9:00 Errand Express-Douglassville Loop
 10:00 "Cornhole" w/PC Building (PCB)
 10:00 Well Being Workout (CR)
 1:00 Mini Spin Class (T)
 2:00 Monthly Birthday Party (BB)
 3:30 Rosary (T)
 6:00 Friday Night Flick : Residents' Choice (T)
7:15 Entertainment by the Reading Philharmonic (Atrium/Dining Room)

12:45 Rummikub (3FGR)
 1:00 Shuffleboard- Resident Run (3FGR)
 2:00 Quarter/Dime Bingo (2FK)
3:30 Shuttle to St. Gabe's Catholic Church
 6:00 Movie Night "The Music of Silence" Starring Tony Sebastian (CC) (T)

January 2020

Donna McDonald- Lifestyle & Leisure Director x5006



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