

Activities Subject to change

January 2020

Any Activity with an * (asterisk) requires sign up

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 New Year's Day 9:15 SAIL Exercise 10:30 Wii Bowling 1:00 Doug Deems	2 Doctor Drive 9:00 Healthy Nails* 11:15 The Cascade Loop 1:15 SAIL Exercise 2:15 Words in Words 3:15 Un-Trim-A-Tree	3 8:45 Library 9:15 SAIL Exercise 10:15 Dollar Tree 1:00 Enzo Piazza 3:15 Dealer's Choice 6:00 Movie and Popcorn	4 10:00 Adult Coloring 1:00 Movie 3:00 Dealer's Choice 6:30 Lutheran Worship
5 9:00 Pastor Joel 9:20 Church 2:30 One Way Reps Happy Birthday Monica Sheran-Chavez	6 9:00 Catholic Communion 9:30 SAIL Exercise 10:30 Safeway 1:00 Hank Blumenthal 2:00 Bingo 3:15 Pinochle	7 Doctor Drive 9:00 Devotional 10:00 Chair Volleyball 11:15 This Letter/That Letter 1:15 SAIL Exercise	8 9:15 SAIL Exercise 10:30 Wii Bowling 12:30 Lunchtime Trivia 1:00 Kalani Poepoe 3:15 Bible Study Happy Birthday Dan Michener	9 Doctor Drive 9:00 Healthy Nails* 11:15 Book Club 1:15 SAIL Exercise 2:00 Terry Bartelme 3:15 Tour of Graceland	10 9:00 SAIL Exercise 10:00 Walmart 1:00 Ben Brown 3:15 Dealer's Choice 6:00 Movie and Popcorn	11 9:30 Exercise 10:00 Bible Study 1:00 New Year Bingo 2:00 Rummikub 6:30 Lutheran Worship
12 9:00 Pastor Joel 9:20 Church 10:00 New Year Craft 1:00 Marty Performs 2:00 Pinochle	13 9:00 Catholic Communion 9:30 SAIL Exercise 10:30 Fred Meyer 1:00 Lyle Schaefer 2:00 Bingo 3:15 Cribbage	14 Doctor Drive 9:00 Devotional 10:30 Armchair Travel: Turkey 1:00 Tacoma Historical Society Guest Speaker 2:15 SAIL Exercise 3:00 Art Class with Elsa: Calligraphy Happy Birthday Cynthia Calhoun	15 9:15 SAIL Exercise 10:30 Wii Bowling 11:45 Lunch Outing: Golden Corral* 3:15 Bible Study	16 Doctor Drive 9:00 Healthy Nails* 11:15 Wonders of National Marine Sanctuaries and Monuments 1:15 SAIL Exercise 2:15 Charades 3:30 Lutheran Communion	17 9:00 SAIL Exercise 10:00 Target 1:00 Cameron Keller 3:15 Dealer's Choice 6:00 Movie and Popcorn	18 9:30 Exercise 10:00 Bible Study 1:00 Scandia Baking 3:00 Skipbo 6:30 Lutheran Worship
19 9:00 Pastor Joel 9:20 Church 10:00 Lemon Surprise 1:00 Dick Performs 2:00 Rummikub	20 Martin Luther King Jr. Day 9:00 Catholic Communion 9:30 SAIL Exercise 10:30 Wheel of Fortune 1:00 Resident Council 2:00 Bingo 3:15 Phase 10	21 Doctor Drive 9:00 Devotional 10:00 Ceramics with Rose 10:45 Reading with the Harvard kids 12:00 Take Out Tuesday: Moctezuma's Mexican Restaurant * 2:15 SAIL Exercise 3:15 Rummikub	22 9:15 SAIL Exercise 10:30 Wii Bowling 1:00 Fred Meyer 3:15 Bible Study Happy Birthday Rose Biederman	23 Doctor Drive 9:00 Healthy Nails* 11:15 Jeopardy 1:15 SAIL Exercise 2:15 Snake Words 3:15 Remembering the Wonders of Winter	24 9:15 SAIL Exercise 10:30 Creative Coloring 1:00 Prayer and Praise 3:15 Dealer's Choice 6:00 Movie and Popcorn Happy Birthday Walt Elsner	25 9:30 Exercise 9:30 Massage 10:00 Bible Study 1:00 Craft Time 6:30 Lutheran Worship
26 9:00 Pastor Joel 9:20 Church 10:00 Town Meeting 1:00 Mark Redal performs 2:00 Skipbo	27 9:00 Catholic Communion 9:30 SAIL Exercise 10:30 Walgreens 1:00 Lynne Vrooman 2:00 Bingo 3:15 Bunco	28 Doctor Drive 9:00 Devotional 10:30 Armchair Travel: Greece 1:15 SAIL Exercise 2:15 Cranium Crunches 3:15 Rummikub	29 9:15 SAIL Exercise 10:30 Wii Bowling 1:00 Scenic Drive* 3:15 Bible Study	30 Doctor Drive 9:00 Healthy Nails* 11:15 Wonders of Acadia's Highlands and Islands 1:15 SAIL Exercise 2:15 Baking: Apple Cookies & Cream Cheese Frosting	31 9:15 SAIL Exercise 10:15 Grocery Outlet 1:00 Jeremy Johnson 2:15 Happy Hour 3:15 Dealer's Choice 6:00 Movie and Popcorn	