



Haven at Springwood

29	30	31	Jan 1	2	3	4
			Green Salad Homestyle Turkey and Gravy <i>or</i> Pork Chops and Kraut Cranberry Sage Dressing Buttery Carrots Baked Roll Fruit Cobbler	Green Salad Baked Ham <i>or</i> Chicken with Lemon Sauce Fresh Cooked Yams Green Beans with Bacon Baked Roll Soft Snickerdoodle	Green Salad Sweet Sour Meatballs <i>or</i> Parmesan Crusted Cod Brown Rice Snap Pea Vegetable Blend Baked Roll Glazed Lemon Pound Cake	Green Salad Roasted Lemon Chicken <i>or</i> Corned Beef with Cabbage Wedge Red Potatoes Glazed Baby Carrots Baked Roll Vanilla Berry Trifle
5	6	7	8	9	10	11
Green Salad Honey Glazed Pork <i>or</i> Herbed Roast with Vegetables AuGratin Potatoes Hawaiian Beets Fresh Banana Cream Pie	Green Salad Philly Cube Steak <i>or</i> Rosemary Roasted Turkey Roasted Yams Capri Blend Baked Roll Pumpkin Angel Cake	Green Salad Smothered Chicken Breasts <i>or</i> German Braised Sausage Mashed Red Potatoes Herbed Corn Baked Roll Blueberry Cobbler	Green Salad Lemon Garlic Fish <i>or</i> Citrus Glazed Ham Rice Orzo Pilaf Green Beans Baked Roll Pineapple Dream Cake	Green Salad Beef Patty with Mushroom Gravy <i>or</i> Turkey Roast with Stuffing Boiled Potatoes Baby Carrots Baked Roll Pear Fruit Cup	Green Salad Chicken with Savory Cream Gravy <i>or</i> Salmon with Honey Thyme Sauce Parsley Egg Noodles Sauteed Yellow Squash Baked Roll Black Forest Poke Cake	Green Salad Baked Meatballs with Gravy <i>or</i> Balsamic Roasted Pork Fresh Mashed Potatoes Chef's Steamed Vegetable Baked Roll Peanut Butter M&M Cookies
12	13	14	15	16	17	18
Green Salad Meatloaf and Gravy <i>or</i> Feta Chicken Fresh Mashed Potatoes Mixed Vegetables Baked Roll Pumpkin Pie	Green Salad Teriyaki Chicken <i>or</i> Tilapia with Tomato Cream Sauce Brown Rice Honey Glazed Pea Pods and Carrots Baked Roll Apple Cobbler	Green Salad Bread Crumb Pork Chop <i>or</i> Herb Roasted Turkey Sweet Baked Yams Scandinavian Veg Baked Roll Lemon Cream Cake	Green Salad Seasoned Salisbury Steak <i>or</i> Ham with Raisin Sauce Delicious Rice Cauliflower and Carrots Banana Split Dessert	Green Salad Mushroom and Swiss Chicken <i>or</i> Hot Pork Gravy Penne Pasta Roasted Brussels Sprouts Fresh Blueberry Pie	Green Salad Grilled Cod with Lemon Dill Sauce <i>or</i> Spanish Cubed Steak Rice Pilaf Chef's Steamed Vegetable Baked Roll Key Lime Pudding	Green Salad Traditional Lasagna <i>or</i> Sliced Turkey Breast Garlic Zucchini Saute Garlic Bread Buttermilk Spice Cake
19	20	21	22	23	24	25
Green Salad Glazed Baked Ham <i>or</i> Pepper Steak Baked Yams Seasoned Cabbage Baked Roll Dutch Apple Pie	Green Salad Sour Cream Chicken <i>or</i> Shrimp Creole Ranch Potato Bake Capri Blend Baked Roll Spice Raisin Cookies	Green Salad Meatballs with Marinara Sauce <i>or</i> Lemon Oregano Turkey Garlic Pasta Parmesan Green Beans Garlic Bread Chocolate Oreo Poke Cake	Green Salad Roast Pork with Apples <i>or</i> Hunter's Chicken Lyonnaise Potatoes Buttered Squash Baked Roll Mixed Berry Crisp	Green Salad Hamburger Steak and Gravy <i>or</i> Swiss Chicken Sour Cream Potatoes Parsley Carrots Butterscotch Bread Pudding	Green Salad Flounder Fillet <i>or</i> Shredded Pork Lemon Rice Spinach Polonaise Baked Roll Ice Cream Pudding Swirl	Green Salad Turkey Roast <i>or</i> Braised Beef Tips Fresh Mashed Potatoes Roasted Parmesan Brussels Sprouts Baked Roll Lazy Daisy Oatmeal Cake
26	27	28	29	30	31	Feb 1
Green Salad Autumn Pot Roast <i>or</i> Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	Green Salad Crispy Fried Chicken <i>or</i> Veal Marsala Seasoned Rice Sauteed Zucchini Baked Roll Apple Crisp	Green Salad Pork Chops and Gravy <i>or</i> Country Fried Steak with Gravy Baked Yams Capri Blend Baked Roll Spiced Pear Cake	Green Salad Bacon and Cheese Chopped Steak <i>or</i> Cranberry Glazed Turkey Roast Baked Potato Oven Roasted Cauliflower Baked Roll Banana Crumb Cake	Green Salad Grilled Chicken <i>or</i> Pork Roast with Mustard Sauce Greek Potatoes Green Beans Baked Roll Vanilla Fruit Pudding	Green Salad Cod Fillet with Lemon Sauce <i>or</i> Ham with Pineapple Sauce Roasted Potato Medley Spinach Baked Roll White Cake	