



29	30	31	Jan 1	2	3	4
			Cucumber Onion Salad Homestyle Turkey and Gravy <i>or</i> Pork Chops and Kraut Fresh Mashed Potatoes and Gravy Buttery Carrots Fruit Cobbler	Three Bean Salad Baked Ham <i>or</i> Chicken with Tomato Mushroom Sauce Scalloped Potatoes Green Beans with Bacon Baked Roll Peanut Butter Cake	Carrot Raisin Salad Parmesan Crusted Cod <i>or</i> Corned Beef with Cabbage Wedge Roasted Rosemary Potatoes Broccoli Lemon Cake	Oriental Broccoli Salad Veal Steak and Onions <i>or</i> Baked Meatballs with Gravy Fresh Mashed Potatoes Bacon Brussels Sprouts Pear Crisp
5	6	7	8	9	10	11
Carrot Raisin Salad Honey Glazed Pork <i>or</i> Herbed Roast with Vegetables AuGratin Potatoes Hawaiian Beets Assorted Desserts	Cottage Cheese and Fruit Beef Tips in Gravy <i>or</i> Rosemary Roasted Turkey Rice Pilaf Capri Blend Maple Bread Pudding	Green Salad Smothered Chicken Breasts <i>or</i> German Braised Sausage Mashed Red Potatoes Herbed Corn Blueberry Cobbler	Caesar Salad Lemon Garlic Fish <i>or</i> Citrus Glazed Ham Mushroom Rice Green Beans Brownies	Three Bean Salad Pepper Steak and Gravy <i>or</i> Pan Seared Turkey Chops Best Noodles Baby Carrots Cheesecake with Fruit Topping	Green Salad Chicken with Savory Cream Gravy <i>or</i> Salmon with Honey Thyme Sauce Baked Yams Peas and Mushrooms Fruit Crisp	Fall Fruit Salad Country Style Pork Ribs <i>or</i> Steak Picante Fresh Mashed Potatoes and Gravy Chef's Steamed Vegetable Carrot Cake
12	13	14	15	16	17	18
Coleslaw Vinaigrette Meatloaf and Gravy <i>or</i> Crispy Fried Chicken O'Brien Potatoes Mixed Vegetables Fresh Lemon Bars	Pineapple Cucumber Salad Teriyaki Chicken <i>or</i> Tilapia with Savory Herb Butter Brown Rice Lemon Buttered Broccoli Apple Cobbler	Green Salad Pork Milanese <i>or</i> Herb Roasted Turkey Sweet Baked Yams Scandinavian Veg Fruit Crisp	Four Bean Salad Seasoned Salisbury Steak <i>or</i> Ham with Raisin Sauce Twice Baked Potato Casserole Cauliflower and Carrots Banana Pudding	Green Salad Mushroom and Swiss Chicken <i>or</i> Savory Pork Roast Penne Pasta Green Beans Chocolate Cake	Fruity Green Salad Grilled Cod with Lemon Dill Sauce <i>or</i> Spanish Cubed Steak Rice Pilaf Chef's Steamed Vegetable Key Lime Pudding	Caesar Salad Traditional Lasagna <i>or</i> Sliced Turkey Breast Seasoned Fried Potatoes Garlic Zucchini Saute Buttermilk Spice Cake
19	20	21	22	23	24	25
Oriental Broccoli Salad Glazed Baked Ham <i>or</i> Pepper Steak Baked Yams Seasoned Cabbage Dutch Apple Pie	Cottage Cheese and Fruit Bourbon Chicken <i>or</i> Shrimp Creole Seasoned Mushroom Rice Capri Blend Cheesecake	Green Salad Meatballs with Marinara Sauce <i>or</i> Lemon Oregano Turkey Garlic Pasta Parmesan Green Beans Banana Sheet Cake	Caesar Salad Roast Pork with Apples <i>or</i> Hunter's Chicken Lyonnais Potatoes Buttered Squash Mixed Berry Crisp	Fresh Fruit Salad Hamburger Steak with Gravy <i>or</i> Baked Ham Sour Cream Potatoes Parsley Carrots Butterscotch Bread Pudding	Coleslaw Italian Pork Roast <i>or</i> Breaded Catfish Lemon Rice California Normandy Blend Strawberry Angel Dessert	Green Salad Turkey Roast <i>or</i> Sirloin Steak Apple Sausage Stuffing Roasted Parmesan Brussels Sprouts Peach Pie
26	27	28	29	30	31	Feb 1
Apple Coleslaw Autumn Pot Roast <i>or</i> Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Assorted Desserts	Green Salad Roasted Chicken Legs <i>or</i> Veal Marsala Seasoned Rice Lemon Buttered Broccoli Apple Crisp	Sour Cream Cucumber Salad Pork Chops and Gravy <i>or</i> Country Fried Steak with Gravy Baked Yams Capri Blend Spiced Pear Cake	Cottage Cheese and Fruit Bacon and Cheese Chopped Steak <i>or</i> Italian Lasagna Fresh Mashed Potatoes and Gravy Oven Roasted Cauliflower Carrot Cake	Green Salad Pesto Chicken <i>or</i> Pork Roast with Mustard Sauce Lemon Pasta Green Beans Pumpkin Pie	Creamy Coleslaw Cod Fillet with Lemon Sauce <i>or</i> Ham with Pineapple Sauce Roasted Potato Medley Mixed Vegetables Carrot Cake	