

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
 <p>8700 Riley Drive Little Rock, AR 72205 501-224-4242</p>						New Year's Day 1 10:30 Arts and Crafts - New Year Advice Board 2:00 Music in the Atrium Buddy Case & Casey Penn 3:00 Cooking Club 4:00 Happy Hour 6:30 Danny Miller Performance - Theater		2 10:00 Coffee in the Atrium 11:00 Lunch Bunch - Izzy's 3:00 Trivia & Games 4:00 Science for Seniors 6:00 Serenity Hour		3 10:30 Chair Aerobics 10:30 Manicures and Makeovers 11:00 5 Minute Massage 1:30 Bingo 4:00 Happy Hour & Name That Tune		4 10:00 Worship Service 10:30 Good News and Coffee 11:00 Games For Guys 2:00 Brain Teasers 6:30 Popcorn and a Movie - 1st and 2nd Floor - Grease			
		5 10:30 Sunday Devotionals 2:00 Cards - Uno 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor		6 Pet Therapy with Tom & Harley 10:00 Water Aerobics 10:30 Aromatherapy 2:00 Family Feud 4:00 Happy Hour & Bowling		7 10:30 Morning Drive 1:30 Bingo 3:00 Balloon Volleyball 4:00 Game Time 6:00 Serenity Hour		8 Birthday Night 10:30 Elvis Trivia 2:00 Music in the Atrium - Carol & Rod Dabney 3:00 Cooking Club 4:00 Happy Hour		9 10:00 Community Volunteering 11:00 Lunch bunch- Crazy Habachi 3:00 Cards and Puzzles 4:00 Science for Seniors 6:00 Serenity Hour		10 10:30 Chair Aerobics 10:30 Morning Mental 11:00 Manicures & Massages 1:30 Bingo 4:00 Happy Hour & Name That Tune		11 10:00 Worship Service 10:30 Good News and Coffee 1:00 Tech Time 2:00 Brain Teasers 6:30 Popcorn and a Movie - 1st and 2nd Floor - Rebel Without A Cause	
		12 10:30 Sunday Devotionals 2:00 Cards - Uno 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor		13 Pet Therapy with Tom & Harley 10:00 Water Aerobics 10:30 Aromatherapy 2:00 What Did it Cost? 4:00 Happy Hour & Cards		14 10:30 Morning Drive 1:30 Bingo 2:15 Yoga & Fitness 3:00 Armchair Travels 6:00 Serenity Hour		15 10:30 Arts and Crafts - Winter Painting 2:00 Music in the Atrium - Paul Morphis 3:00 Cooking Club 4:00 Happy Hour		16 10:00 Coffee in the Atrium 11:00 Lunch Bunch - TGIF 3:00 Trivia & Games 4:00 Science for Seniors 6:00 Serenity Hour		17 10:00 Spa Hour - 1st Floor 10:30 Chair Aerobics 11:00 5 Minute Massage 1:30 Bingo 4:00 Happy Hour & Name That Tune		18 10:00 Worship Service 10:30 Good News and Coffee 11:00 Games For Guys 2:00 Brain Teasers 6:30 Popcorn and a Movie - 1st and 2nd Floor - Benji	
		19 10:30 Sunday Devotionals 2:00 Cards - Uno 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor		20 Martin Luther King, Jr. Day Pet Therapy with Tom & Harley 10:00 Water Aerobics 10:30 Aromatherapy 2:00 Discussion Jar 4:00 Happy Hour & Bowling		21 10:30 Morning Drive 1:30 Bingo 2:15 Yoga & Fitness 4:00 Mini Golf 6:00 Serenity Hour		22 10:30 Arts and Crafts - Centerpieces 2:00 Music in the Atrium - Butch Money Gospel 3:00 Cooking Club 4:00 Happy Hour		23 10:00 Community Volunteering 11:00 Lunch Bunch - Apple Bee's 3:00 Cards and Puzzles 4:00 Science for Seniors 6:00 Serenity Hour		24 10:00 Spa Hour - 1st Floor 10:30 Chair Aerobics 11:00 5 Minute Massage 1:30 Bingo 4:00 Happy Hour & Name That Tune		25 10:00 Worship Service 10:30 Good News and Coffee 1:00 Tech Time 2:00 Brain Teasers 6:30 Popcorn and a Movie - 1st and 2nd Floor - National Treasure	
		26 10:30 Sunday Devotionals 2:00 Cards - Uno 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor		27 Pet Therapy with Tom & Harley 10:00 Water Aerobics 10:30 Aromatherapy 2:00 Bean Bag Toss 4:00 Happy Hour & Cards		28 10:30 Morning Drive 1:30 Bingo 2:15 Yoga & Fitness 3:00 On This Day 6:00 Serenity Hour		29 10:30 Arts and Crafts - Bird Feeders 1:30 Word Games 3:00 Cooking Club 4:00 Happy Hour		30 10:00 Coffee in the Atrium 11:00 Lunch Bunch - Corky's 3:00 Trivia & Games 4:00 Science for Seniors 6:00 Serenity Hour		31 10:00 Spa Hour - 1st Floor 10:30 Chair Aerobics 11:00 5 Minute Massage 1:30 Bingo 4:00 Happy Hour & Name That Tune		Healthy Snacks & Hydration offered throughout each day!	