

January 2020



Pheasant Ridge Senior Living

29	30	31	Jan 1 Green Salad Homestyle Turkey and Gravy Or Pork Chops and Kraut Cranberry Sage Dressing Buttery Carrots Baked Roll Fruit Cobbler	Feta Garbanzo Bean Salad Baked Ham Chicken with Tomato Mushroom Sauce Scalloped Potatoes Green Beans with Bacon Baked Roll Old Fasioned Custard Pie	Mandarin Citrus Slaw Sweet Sour Meatballs Or Parmesan Crusted Cod Brown Rice Snap Pea Vegetable Blend Spring Egg Roll Glazed Lemon Pound Cake	Green Salad Roasted Lemon Chicken or Corned Beef with Cabbage Wedge Red Potatoes Sauteed Spinach Baked Roll Vanilla Berry Trifle
Broccoli Raisin Salad Honey Glazed Pork or Herbed Roast with Vegetables AuGratin Potatoes Hawaiian Beets Baked Roll Fresh Banana Cream Pie	Cottage Cheese and Fruit Philly Cube Steak Rosemary Roasted Turkey Roasted Yams Capri Blend Baked Roll Pumpkin Angel Cake	Green Salad Smothered Chicken Breasts Or Ham Steaks Mashed Red Potatoes Herbed Corn Baked Roll Fruit Cobbler	Colorful Fruit Salad Lemon Garlic Fish Or Layered Sausage Casserole Rice Orzo Pilaf Green Beans Baked Roll Assorted Desserts	Green Salad Pepper Steak and Gravy Apricot Brown Sugar Ham Mashed Potatoes and Gravy Sauteed Spinach Baked Roll Lemon Cake	Green Salad Chicken with Savory Cream Gravy Or All American Hot Dish Parsley Egg Noodles Sauteed Yellow Squash Baked Roll Cake Chocolates	Tropical Pear Salad Country Style Pork Ribs or Steak Picante Potato Salad Collard Greens Baked Roll Pineapple Parfait
Fruited Jello Salad Meatloaf and Gravy or Cheddar Chicken O'Brien Potatoes Mixed Vegetables Baked Roll Pumpkin Pie	Pineapple Chunks Teriyaki Chicken Tilapia with Tomato Cream Sauce Brown Rice Steamed Broccoli Baked Roll Apple Cobbler	Green Salad Pork Milanese Or Herb Roasted Turkey Sweet Baked Yams Scandinavian Veg Baked Roll Lemon Cream Cake	Four Bean Salad Seasoned Salisbury Steak Or Ham with Raisin Sauce Twice Baked Potato Casserole Cauliflower and Carrots Baked Roll Banana Creme Cake	Green Salad Mushroom and Swiss Chicken Hot Pork Gravy Penne Pasta Roasted Brussels Sprouts Baked Roll Blueberry Pie	Orange-Kiwi Salad Grilled Cod with Lemon Dill Sauce Or Spanish Cubed Steak Rice Pilaf Chef's Steamed Vegetable Baked Roll Cake Chocolates	Green Salad Lasagna Or Sliced Turkey Breast Garlic Zucchini Saute Garlic Bread Buttermilk Spice Cake
Mandarin Oranges Glazed Baked Ham Or Cheese Omelet Baked Yams Seasoned Cabbage Baked Roll Cake Chocolates	Orange Cottage Salad Herb Crusted Chicken Shrimp Creole Ranch Potato Bake Capri Blend Baked Roll Cheesecake	Green Salad Meatballs with Marinara Sauce Or Lemon Oregano Turkey Garlic Pasta Parmesan Green Beans Garlic Bread Chocolate Oreo Poke Cake	Harvest Salad Roast Pork with Apples or Quiche Lorraine Lyonnaise Potatoes Buttered Squash Baked Roll Mixed Berry Crisp	Fresh Fruit Salad Hamburger Steak with Gravy Chicken and Ham with Mushroom Topping Sour Cream Potatoes Parsley Carrots Baked Roll Butterscotch Bread Pudding	Pineapple Fruit Cup Flounder Fillet Or Shredded Pork Lemon Rice Spinach Polonaise Baked Roll Ice Cream Pudding Swirl	Green Salad Turkey Roast Or Sirloin Steak Apple Sausage Stuffing Roasted Parmesan Brussels Sprouts Baked Roll Lazy Daisy Oatmeal Cake
Perfect Pineapple Salad Autumn Pot Roast Or Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	Colorful Quinoa Salad Roasted Chicken Legs Veal Marsala Seasoned Rice Lemon Buttered Broccoli Baked Roll Apple Crisp	Green Salad Pork Chops and Gravy or Country Fried Steak with Gravy Baked Yams Capri Blend Baked Roll Spiced Pear Cake	Cottage Cheese and Fruit Bacon and Cheese Chopped Steak Or Cranberry Glazed Turkey Roast Baked Potato Oven Roasted Cauliflower Baked Roll Banana Crumb Cake	Arugula Caesar Salad Pesto Chicken Pork Roast with Mustard Sauce Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding	Creamy Coleslaw Cod Fillet with Lemon Sauce Or Ham with Pineapple Sauce Roasted Potato Medley Spinach Baked Roll White Cake	Feb 1