

January 2020

Assisted Living Lifestyle & Leisure



4435 Pheasant Ridge Road
Roanoke, VA 24014
540-725-1120

- AE Artistic Expression
- CC Community Connections
- CE Continuing Education
- LL Lifestyle & Leisure
- PE Physical Engagement
- SS Spiritual Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 CE UNO (60 min)</p> <p>12:30 CE Bible Puzzles (60 min)</p> <p>2:30 SS Church Service with Richard Carr (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 AE Artistic Therapy (60 min)</p>	<p>9:30 PE Volleyball (45 min)</p> <p>10:30 CC Fun with our Fidura Friends (60 min)</p> <p>1:00 CE Resident Council (Emergency Preparedness & Resident Rights) (60 min)</p> <p>3:00 CE BINGO</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 CE Let's Work on a Jigsaw Puzzle (60 min)</p>	<p>9:00 PE Country Kitchen is reserved for Genesis Rehab Therapy (120 min)</p> <p>9:45 PE Mind and Body Exercise (45 min)</p> <p>1:00 CC Concert by Tiffany (60 min)</p> <p>2:30 CE UNO</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 PE Volleyball (45 min)</p> <p>7:30 AE Artistic Therapy (60 min)</p>	<p>New Year's Day</p> <p>9:30 LL No Van Trip Planned</p> <p>9:30 PE Volleyball (60min)</p> <p>1:00 CC Concert by Robbie and Betty (60 min)</p> <p>2:30 LL Afternoon Movie (120 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 SS Midweek Bible Study (90 min)</p>	<p>10:00 CC Baking with Brenda (90 min)</p> <p>1:00 SS Communion with Pastor Troy (30 min)</p> <p>2:00 CC Concert by Stone Coal Gap (60 min)</p> <p>4:30 CC Sax by Madison (30 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 PE Volleyball (45 min)</p> <p>7:30 CE Winter Word Searches (60min)</p>	<p>8:30 LL Let's Take Down Christmas Decorations! (90 min)</p> <p>9:30 PE Volleyball (45 min)</p> <p>1:00 LL Finish Taking Down Christmas Decorations (180 min)</p> <p>3:00 CE BINGO (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>7:00 AE Winter Artistic Therapy (60 min)</p>	<p>10:00 PE Volleyball (45 min)</p> <p>12:30 AE Winter Artistic Therapy (60 min)</p> <p>2:30 LL Friendship Hour (Grab a friend and enjoy their company!)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 CE RUMMY (60 min)</p>
<p>9:30 CE UNO (60 min)</p> <p>12:30 SS Bible Word Searches (60 min)</p> <p>2:30 SS Church Service with Richard Carr (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 AE Artistic Therapy (60 min)</p> <p>7:00 CE Board Games (60 min)</p>	<p>9:30 PE Volleyball (45 min)</p> <p>10:30 SS Morning Devotion (30 min)</p> <p>1:00 SS Bible Study with Pastor Maurice (60 min)</p> <p>2:30 CE RUMMY (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 CE Let's Work on a Jigsaw Puzzle (60 min)</p>	<p>9:00 PE Country Kitchen is reserved for Genesis Rehab Therapy (120 min)</p> <p>9:45 PE Volleyball (45 min)</p> <p>1:00 CE Word Searches (60min)</p> <p>2:30 CE UNO</p> <p>5:30 LL Vintage Game Shows</p> <p>7:30 AE Artistic Therapy (60 min)</p>	<p>9:30 LL Van Trip to Walmart (90 min)</p> <p>9:30 PE Volleyball (60min)</p> <p>1:00 CE RUMMY (60 min)</p> <p>3:00 AE Artistic Therapy (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 SS Midweek Bible Study (90 min)</p>	<p>10:00 CC Baking with Brenda (90 min)</p> <p>1:00 CC Concert by Sounds of Bluegrass (60 min)</p> <p>2:30 LL Birthday Social (60 min)</p> <p>4:30 CC Sax by Madison (30 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 PE Volleyball (45 min)</p> <p>7:30 CE Winter Word Searches (60min)</p>	<p>9:45 PE Mind and Body Exercise (45 min)</p> <p>10:45 CC Sunshine Club Meeting-Community Project (45 min)</p> <p>1:00 LL Happy Hour with joke telling (60 min)</p> <p>3:00 CE BINGO (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>7:00 AE Winter Artistic Therapy (60 min)</p>	<p>10:00 PE Volleyball (45 min)</p> <p>12:30 AE Winter Artistic Therapy (60 min)</p> <p>2:30 LL Friendship Hour (Grab a friend and enjoy their company!)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 CE RUMMY (60 min)</p>
<p>National Popcorn Day</p> <p>9:30 CE UNO (60 min)</p> <p>12:30 CE Bible Puzzles (60 min)</p> <p>1:30 SS Music by Central Baptist Church (60 min)</p> <p>2:30 SS Church Service with Richard Carr (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 AE Artistic Therapy (60 min)</p> <p>6:30 LL Popcorn Refreshment by our Resident Ambassadors (30 min)</p>	<p>Martin Luther King, Jr. Day</p> <p>10:00 CC Crafts with Hannah (60 min)</p> <p>1:00 LL New Resident Social (Come meet our new residents!) (60 min)</p> <p>3:00 CE BINGO</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 CC Concert by Mountain Music String Band (75 min)</p>	<p>National Hugging Day - Hug Someone and Make Their Day</p> <p>9:00 PE Country Kitchen is reserved for Genesis Rehab Therapy (120 min)</p> <p>9:45 PE Mind and Body Exercise (45 min)</p> <p>1:30 CC Concert by Saxy Keys (90 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 PE Volleyball (45 min)</p> <p>7:30 AE Artistic Therapy (60 min)</p>	<p>9:30 LL Van Trip to Walmart (90 min)</p> <p>9:30 PE Volleyball (60min)</p> <p>1:30 CE ROOK (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 SS Midweek Bible Study (90 min)</p>	<p>10:00 CC Crafts with Brenda (90 min)</p> <p>1:00 LL Ladies' Circle (60 min)</p> <p>2:30 SS Bible Questions with Wanda (60 min)</p> <p>4:30 CC Sax by Madison (30 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 PE Volleyball (45 min)</p> <p>7:30 CE Winter Word Searches (60min)</p>	<p>National Compliment Day - Compliment Someone and Make Their Day</p> <p>9:45 PE Mind and Body Exercise (45 min)</p> <p>10:45 CE Hangman Word Game (45 min)</p> <p>1:00 LL Hand Pamper (Let's love on our hands!)</p> <p>3:00 CE BINGO (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>7:00 AE Winter Artistic Therapy (60 min)</p>	<p>10:00 PE Volleyball (45 min)</p> <p>12:30 AE Winter Artistic Therapy (60 min)</p> <p>2:30 LL Friendship Hour (Grab a friend and enjoy their company!)</p> <p>2:30 CE Quiet Hour (enjoy a book, magazine, or devotional)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 CE RUMMY (60 min)</p>
<p>10:30 SS # Church Service with Dave and Donna Spangler, First Baptist Church (30 min)</p> <p>12:30 SS Bible Word Searches (60 min)</p> <p>2:30 SS Hymns and Bible Study with Pastor Atkins (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 AE Artistic Therapy (60 min)</p> <p>7:00 CE Board Games (60 min)</p>	<p>9:30 PE Volleyball (45 min)</p> <p>10:30 CC Fun with our Fidura Friends (60 min)</p> <p>11:00 LL Salad Bar for lunch (11:00am-1:00pm)</p> <p>1:00 SS Bible Study with Pastor Maurice (60 min)</p> <p>3:00 CC Concert by Marc Baskind (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 CE Let's Work on a Jigsaw Puzzle (60 min)</p>	<p>9:00 PE Country Kitchen is reserved for Genesis Rehab Therapy (120 min)</p> <p>9:45 PE Mind and Body Exercise (45 min)</p> <p>12:30 CE Magazine Scavenger Hunt (60 min)</p> <p>3:00 CE BINGO (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 PE Volleyball (45 min)</p> <p>7:30 AE Artistic Therapy (60 min)</p>	<p>National Corn Chip Day</p> <p>9:30 PE Volleyball (60min)</p> <p>10:30 LL Van Trip to lunch at Angelle's Restaurant in Salem</p> <p>1:30 SS Bible Questions with Wanda (60 min)</p> <p>3:00 LL Corn Chips and Soda Social (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>6:00 SS Midweek Bible Study (90 min)</p>	<p>7:00 Country Kitchen is reserved all day for staff training</p> <p>10:00 PE Volleyball (45 min)</p> <p>1:00 CE UNO (60 min)</p> <p>2:30 LL Snack and Chat</p> <p>4:30 CC Sax by Madison (30 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>7:30 CE Winter Word Searches (60min)</p>	<p>9:45 PE Mind and Body Exercise (45 min)</p> <p>10:45 CE Hangman Word Game (45 min)</p> <p>1:00 SS Concert by Pastor Paul (60 min)</p> <p>3:00 CE BINGO (60 min)</p> <p>5:30 LL Vintage Game Shows</p> <p>7:00 AE Winter Artistic Therapy (60 min)</p>	