



Sage Desert Senior Living

29	30	31	Jan 1	2	3	4
			Green Salad Homestyle Turkey and Gravy <i>or</i> Pork Chops and Kraut Cranberry Sage Dressing Buttery Carrots Baked Roll Fruit Cobbler	Feta Garbanzo Bean Salad Chicken with Tomato Mushroom Sauce <i>or</i> Halibut with Lemon Butter Scalloped Potatoes Green Beans with Bacon Baked Roll Old Fasioned Custard Pie	Mandarin Citrus Slaw Sweet Sour Meatballs <i>or</i> Parmesan Crusted Cod Brown Rice Snap Pea Vegetable Blend Spring Egg Roll Glazed Lemon Pound Cake	Green Salad Roasted Lemon Chicken <i>or</i> Corned Beef with Cabbage Wedge Red Potatoes Sauteed Spinach Baked Roll Vanilla Berry Trifle
5	6	7	8	9	10	11
Broccoli Raisin Salad Honey Glazed Pork <i>or</i> Herbed Roast with Vegetables AuGratin Potatoes Hawaiian Beets Baked Roll Fresh Banana Cream Pie	Cottage Cheese and Fruit Philly Cube Steak <i>or</i> Rosemary Roasted Turkey Roasted Yams Capri Blend Baked Roll Pumpkin Angel Cake	Green Salad Smothered Chicken Breasts <i>or</i> German Braised Sausage Mashed Red Potatoes Herbed Corn Baked Roll Blueberry Cobbler	Select Orange Salad Lemon Garlic Fish <i>or</i> Citrus Glazed Ham Rice Orzo Pilaf Green Beans Baked Roll Fresh Coconut Cream Pie	Cranberry Applesauce Pepper Steak and Gravy <i>or</i> Turkey Roast with Stuffing Boiled Potatoes Baby Carrots Baked Roll Eclair Pudding Cake	Green Salad Chicken with Savory Cream Gravy <i>or</i> Salmon with Honey Thyme Sauce Parsley Egg Noodles Sauteed Yellow Squash Baked Roll Black Forest Poke Cake	Tropical Pear Salad Country Style Pork Ribs <i>or</i> Steak Picante Potato Salad Collard Greens Baked Roll Pineapple Parfait
12	13	14	15	16	17	18
Fruited Jello Salad Meatloaf and Gravy <i>or</i> Feta Chicken O'Brien Potatoes Mixed Vegetables Baked Roll Pumpkin Pie	Pineapple Cucumber Salad Teriyaki Chicken <i>or</i> Tilapia with Tomato Cream Sauce Brown Rice Honey Glazed Pea Pods and Carrots Baked Roll Apple Cobbler	Green Salad Pork Milanese <i>or</i> Herb Roasted Turkey Sweet Baked Yams Scandinavian Veg Baked Roll Lemon Cream Cake	Four Bean Salad Seasoned Salisbury Steak <i>or</i> Ham with Raisin Sauce Twice Baked Potato Casserole Cauliflower and Carrots Baked Roll Banana Split Dessert	Green Salad Mushroom and Swiss Chicken <i>or</i> Hot Pork Gravy Penne Pasta Roasted Brussels Sprouts Baked Roll Fresh Blueberry Pie	Orange-Kiwi Salad Grilled Cod with Lemon Dill Sauce <i>or</i> Spanish Cubed Steak Rice Pilaf Chef's Steamed Vegetable Baked Roll Key Lime Pudding	Green Salad Traditional Lasagna <i>or</i> Sliced Turkey Breast Garlic Zucchini Saute Garlic Bread Buttermilk Spice Cake
19	20	21	22	23	24	25
Kale and Feta Salad Glazed Baked Ham <i>or</i> Pepper Steak Baked Yams Seasoned Cabbage Baked Roll Dutch Apple Pie	Orange Cottage Salad Sour Cream Chicken <i>or</i> Shrimp Creole Ranch Potato Bake Capri Blend Baked Roll Cheesecake	Green Salad Meatballs with Marinara Sauce <i>or</i> Lemon Oregano Turkey Garlic Pasta Parmesan Green Beans Garlic Bread Chocolate Oreo Poke Cake	Harvest Salad Roast Pork with Apples <i>or</i> Quiche Lorraine Lyonnaise Potatoes Buttered Squash Baked Roll Mixed Berry Crisp	Fresh Fruit Salad Hamburger Steak and Gravy <i>or</i> Chicken Vanderbilt Sour Cream Potatoes Parsley Carrots Baked Roll Butterscotch Bread Pudding	Pineapple Fruit Cup Flounder Fillet <i>or</i> Shredded Pork Lemon Rice Spinach Polonaise Baked Roll Ice Cream Pudding Swirl	Green Salad Turkey Roast <i>or</i> Sirloin Steak Apple Sausage Stuffing Roasted Parmesan Brussels Sprouts Baked Roll Lazy Daisy Oatmeal Cake
26	27	28	29	30	31	Feb 1
Perfect Pineapple Salad Autumn Pot Roast <i>or</i> Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	Colorful Quinoa Salad Roasted Chicken Legs <i>or</i> Veal Marsala Parmesan Potatoes Lemon Buttered Broccoli Baked Roll Black Forest Mousse	Green Salad Pork Chops and Gravy <i>or</i> St. Louis BBQ Beef Ribs Mashed Red Potatoes Baked Seasoned Squash Baked Roll Spiced Pear Cake	Cottage Cheese and Fruit Bacon and Cheese Chopped Steak <i>or</i> Cranberry Glazed Turkey Roast Baked Potato Oven Roasted Cauliflower Baked Roll Banana Crumb Cake	Arugula Caesar Salad Pesto Chicken <i>or</i> Pork Roast with Mustard Sauce Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding	Creamy Coleslaw Cod Fillet with Lemon Sauce <i>or</i> Ham with Pineapple Sauce Roasted Potato Medley Spinach Baked Roll White Cake	