

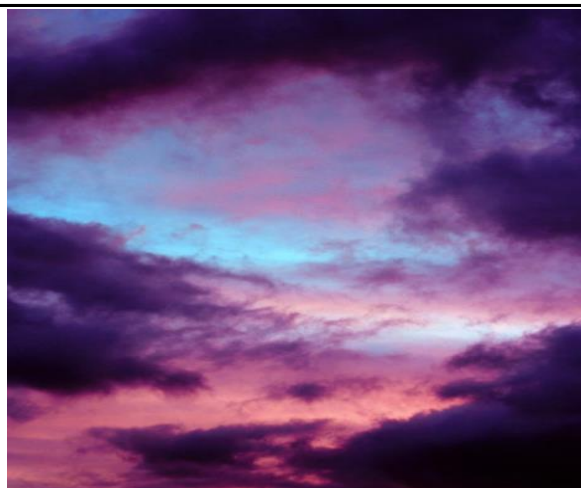

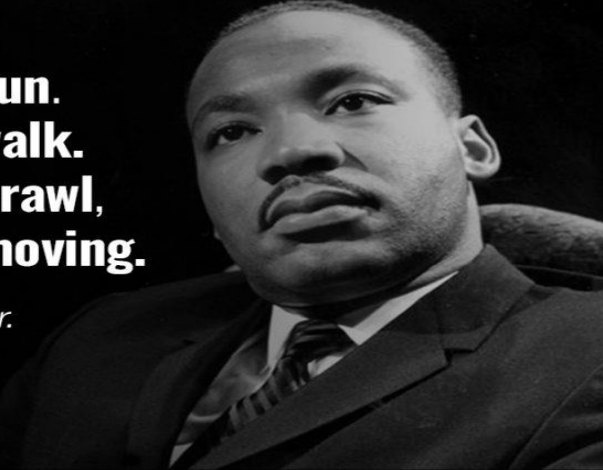


Bella Vista January Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	<div>Trust the timing in which things are happening.</div> <div></div> <div><div>January Birthdays!</div><div>1/3 - Dorothy B. 1/7 – John E. 1/9 – Robert B. 1/12 – Johnnie P. 1/16 – Brad S. 1/20 – Joan D. 1/23 – Helen G. 1/24 – Roberto S. 1/26 – Mabel H. 1/27 – Karen V. 1/28 – Angie C.</div><div></div><div>january</div><div></div></div>				
<div><div><div>Dress Up Days for January!</div><div>•January 3rd: Gypsy Day!</div><div>•January 10th: Comfy Winter Day!</div><div>•January 17th: Tourist Day!</div><div>•January 24th: Futuristic Day!</div></div></div>			<div>1<div>9:00 Yoga for Seniors (4F) 10:00 Bible Study (3M) 1:00 25¢ Bingo with Lucy (3M) 6:30 Movie: Sleepless (4T)</div><div>HAPPY NEW YEAR!</div></div>	<div>2<div>10:30 Total Body Fitness (4F) 12:00 Thai Spices Restaurant* 1:00 Hand & Foot (3M) 1:00 Bridge (1C) 2:00 Activity Planning Meeting for February (3M) 3:00 Texas Hold 'Em (3M) 7:00 Pinochle (1C)</div></div>	<div>3<div>10:30 Driver Available* 1:00 Health Talk: CBD Presentation with Zina (1C) 2:00 Happy Hour (DR) Jamee Soulz Dance Party & Karaoke 6:30 Movie: (4T)</div></div>	<div>4<div>10:30 25¢ Bingo (3M) 1:00 Wii Games (4T) 3:00 Texas Hold 'Em (3M) 6:30 Movie: Scrooge (4T)</div></div>					
<div>5<div>9:30 Catholic Communion (3M) 2:00 Non-Denominational Service (3M) 6:30 Movie: Resident's Choice (4T)</div></div>	<div>6<div>10:30 Total Body Fitness (4F) 11:30 Walmart* 1:00 25¢ & Prize Bingo (3M) 3:00 Texas Hold 'Em (3M) 6:30 Movie: War and Peace (4T) 7:00 Mexican Train (3M)</div></div>	<div>7<div>10:30 Tea & History (1C) 1:00 Wii Games (4T) 2:00 Blood Pressure Clinic with Compassionate Assistance (1C) 3:00 Tai Chi, Breathe, Balance, & Self Massage Techniques with Roxanne (4F)</div></div>	<div>8<div>9:00 Yoga for Seniors (4F) 10:00 Bible Study (3M) 1:00 25¢ Bingo (3M) 2:30 Town Hall Meeting (3M) 6:30 Movie: The Poseidon Adventure (4T)</div></div>	<div>9<div>10:30 Total Body Fitness (4F) 1:00 Bridge (1C) 2:00 Food for Thought Meeting(3M) 2:00 Craft: Creating our own Dream Journals (4F) 3:00 Texas Hold 'Em (3M) 7:00 Pinochle (1C)</div></div>	<div>10<div>9:00 Coffee Zona* 2:00 Happy Hour (DR) Kim & Steven Devoss Duo Vocals and Guitar 6:30 Movie: So Dear to My Heart (4T) FULL MOON TONIGHT!</div></div>	<div>11<div>10:30 25¢ Bingo (3M) 1:00 Wii Games (4T) 3:00 Texas Hold 'Em (3M) 6:30 Movie: The Hoax (4T)</div></div>					
<div>12<div>9:30 Catholic Communion (3M) 2:00 Non-Denominational Service (3M) 6:30 Movie: Resident's Choice (4T)</div></div>	<div>13<div>10:30 Total Body Fitness (4F) 11:30 White Dove Thrift Store* 1:00 25¢ Bingo (3M) 3:00 Texas Hold 'Em (3M) 6:30 Movie: McLintock (4T) 7:00 Mexican Train (3M)</div></div>	<div>14<div>10:30 Refreshing Morning Stroll Outside with Alexis (L) 1:00 Wii Games (4T) 2:00 Trivia and Prizes (3M) 3:00 Tai Chi, Breathe, Balance, & Self Massage Techniques with Roxanne (4F)</div></div>	<div>15<div>9:00 Yoga for Seniors (4F) 11:00 Catholic Mass (3M) 1:00 25¢ Bingo (3M) 2:30 Making a 3 strand stretch bracelet with Mariann (3M) 6:30 Movie: We are Marshall (4T)</div></div>	<div>16<div>10:30 Total Body Fitness (4F) 1:00 Bridge (1C) 2:00 Wine & Acrylic Painting Class with Alexis (4C) 3:00 Texas Hold 'Em (3M) 7:00 Pinochle (1C)</div></div>	<div>17<div>10:30 Driver Available* 10:30 Word Explosion (3M) The Word is: Inspirational 2:00 Happy Hour (DR) Carl Block Vocalist 6:30 Movie: Intollerable Cruelty (4T)</div></div>	<div>18<div>9:30 25 Cent Bingo (3M) 1:00 Wii Games (4T) 3:00 Texas Hold 'Em (3M) 6:30 Movie: Paul Hogan is Crocodile Dundee (4T)</div></div>					
<div>19<div>9:30 Catholic Communion (3M) 2:00 Non-Denominational Service (3M) 6:30 Movie: Resident's Choice (4T)</div></div>	<div>20<div>10:30 Total Body Fitness (4F) 11:30 Wild Horse Pass* 12:30 Sprouts* 1:00 25¢ Bingo (3M) 3:00 Texas Hold 'Em (3M) 6:30 Movie: (4T) 7:00 Mexican Train (3M) MARTIN LUTHER KING DAY!</div></div>	<div>21<div>10:30 Tea & News (1C) 1:00 Wii Games (4T) 1:00 Line Dancing with Lyn (4F) 2:00 Craft: Easy Sun Catchers (4F) 3:00 Tai Chi, Breathe, Balance, & Self Massage Techniques with Roxanne (4F)</div></div>	<div>22<div>9:00 Yoga for Seniors (4F) 10:00 Bible Study (3M) 1:00 25¢ & Prize Bingo (3M) 2:30 Ice Cream Social (1C) 6:30 Movie: Brides Maids (4T)</div></div>	<div>23<div>10:30 Total Body Fitness (4F) 10:45 AMC Mesa Grand Theater: The Last Laugh* 1:00 Bridge (1C) 3:00 Texas Hold 'Em (3M) 7:00 Pinochle (1C)</div></div>	<div>24<div>9:00 Mesa Marketplace* 2:00 Happy Hour (DR) Ken Levine Vocalist Movie: Clint Eastwood in Hang Em' High (4T) NEW MOON TONIGHT!</div></div>	<div>25<div>10:30 25¢ Bingo (3M) 1:00 Wii Games (4T) 3:00 Texas Hold 'Em (3M) 6:30 Movie: The Politicians Wife (4T) CHINESE NEW YEAR!</div></div>					
<div>26<div>9:30 Catholic Communion (3M) 2:00 Non-Denominational Service (3M) 6:30 Movie: Resident's Choice (4T)</div></div>	<div>27<div>10:30 Total Body Fitness (4F) 11:30 Village Inn Restaurant* 1:00 25¢ Bingo (3M) 2:30 Sing-A Longs with Alexis (1C) 3:00 Texas Hold 'Em (3M) 6:30 Movie: A Death in the Family (4T) 7:00 Mexican Train (3M)</div></div>	<div>28<div>10:30 Refreshing Morning Stroll Outside with Alexis (IL) 1:00 Wii Games (4T) 2:00 Wine & Acrylic Painting Class with Alexis (4C) 3:00 Tai Chi, Breathe, Balance, & Self Massage Techniques with Roxanne (4F)</div></div>	<div>29<div>9:00 Yoga for Seniors (4F) 10:00 Bible Study (3M) 1:00 25¢ Bingo (3M) 2:30 Jewelry Making Class with Mariann (3M) 6:30 Movie: Over her Dead Body (4T)</div></div>	<div>30<div>10:30 Total Body Fitness (4F) 12:00 Burlington* 1:00 Bridge (1C) 2:00 January Birthday Party Social with Comedian Jenny Locklin (4F) 3:00 Texas Hold 'Em (3M) 7:00 Pinochle (1C)</div></div>	<div>31<div>9:00 Walmart* 10:30 Word Explosion (3M) The Word is: Commemorative 2:00 Happy Hour (DR) Pam and Bruce Keyboard and Vocals 6:30 Movie: Top Gun (4T)</div></div>						
<div><div><div>If you can't fly, then run. If you can't run, then walk. If you can't walk, then crawl, but by all means, keep moving.</div><div>- Martin Luther King Jr.</div></div></div>		Library, Banks, Post Office, Pharmacy, Drs. and Grocery Stores		Bella Vista Senior Living 1825 W. Emelita Ave. Mesa, AZ 85202		Location Key					
		Monday:		Concierge.....(480) 964-0410 Dining Room.....(480) 219-6218 Salon.....(602) 399-3162 Offices located on 2nd Floor		* = Sign up at Activity Table ** = Sign up at Concierge 1L = 1st Floor Lobby 1C = 1st Floor Café 3LB = 3rd Floor Library 3M = 3rd Floor Multipurpose 3MC = 3rd Floor Man Cave					
		Library/Banks/Post Office * 1/6 & 1/20, '- 9:00 a.m.	CVS/Walgreens * 1/13 & 1/27'- 9:00 a.m.								
		Tuesdays & Wednesdays Only** Doctors' Appointments - Please schedule as soon as possible!									
		Thursdays Albertsons - 8:30 a.m. * Fry's - 9:00am & 10:00 a.m. *	Fridays Hair & Nail Salons - 12:30 p.m. **								
						4C = 4th Floor Craft Room 4F = 4th Floor Fitness 4T = 4th Floor Theater BR = Breezeway DR = Dining Room P = Swimming Pool VDR = Villa Dining Room					