The Springs of Lima Assisted Living

# January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HCAC - Health Center Activity Center ALAC - Assisted Living Activity Center HCDR - Health center Dining Room RR - Resident Room			<ul> <li>New Year's Day</li> <li>10:15 Devotions - Jerry Burton L.B.T HCAC</li> <li>1:15 Popcorn Time - Gracely Parlor</li> <li>3:30 Bingo with Annie and Anna - ALAC</li> <li>3:30 Pet Visits with Bailey - RR</li> </ul>	1 10:15 New Creations Church-HCAC S 1:30 Resident Council-HCAC S 2:00 Inspired Living-ALAC K 3:30 Bingo with Annie/Anna -ALAC K 6:00 Cards & Games - HCAC	3 I 9:30 Catholic Communion Service -HCAC K 10:30 cardio drumming - HCAC O 1:00 Scenic Drive - O V 2:00 Jeff Davis Performs - HCAC S 3:00 Happy Hour - HCDR	1:30 Ladder Golf - HCAC 2:30 A Cup Of Comfort - HCAC 3:30 Movie Matinee - HCAC
A 1:45 Creative Corner - ALAC 3:00 Hymn Sing - HCAC	9:30 Meijer Outing 2:00 Pokeno - HCAC 3:30 Lifelong Learning - ALAC	7 V 9:30 Sit and Be Fit - HCAC M 10:30 Karaokee Fun- HCAC S 1:30 Chef's Circle-HC Conf. 2:00 Community Connections - HCAC A 3:30 Creative Corner - ALAC K 6:00 Cards & Games - HCAC	7:15 Chick Filet - O 10:15 Bible Study with Jean and Brenda - HCAC S 12:00 Taste of Town-DR S 1:15 Popcorn Time - Gracely Parlor JG 2:00 Boys & Brews - HCAC 3:30 Bingo with Annie and Anna - ALAC	9 V 10:15 Tabletop Ping Pong-HCAC S 11:00 Samson Visits - RR CC 2:00 Creative Cooking - ALAC K 3:30 Bingo with Annie/Anna - ALAC K 6:00 Cards & Games - HCAC	10  V 10:15 Cardio Drumming - HCAC  O 10:15 Scenic Drive - O 2:00 Ray Cheney Performs - HCDR  CC 3:00 Dr. Nadler Visits - AL Parlor  S 3:00 Happy Hour - HCDR	1:30 Corn Hole - HCAC 2:30 A Cup Of Comfort - HCAC 3:30 Movie Matinee - HCAC
S 11:00 Brunch - DR A 1:45 Creative Corner - ALAC M 3:00 Hymn Sing - HCAC	10:30 Kewpee - O 2:00 Pokeno - HCAC 3:30 Lifelong Learning/ Johnny Appleseed Park Presentation - ALAC	14  V 10:15 Move/Get Pretty-HCAC M 10:45 Body/Soul Music - HCAC S 1:30 Chef's Circle-HC Conf. 2:00 Community Connections - HCAC A 3:30 Creative Corner - ALAC K 6:00 Cards & Games - HCAC	I 10:15 Bible Study with Tony - HCAC S 1:15 Popcorn Time - Gracely Parlor 2:00 Lifeshare Word Search - HCAC S 3:30 Bingo with Annie and Anna - ALAC 3:30 Pet Visits with Bailey - RR	V 10:15 Bowling - HCAC I 1:30 Open Door Baptist Church - HCAC K 3:30 Bingo with Annie/Anna - ALAC K 6:00 Cards & Games - HCAC	17  10:15 Cardio Drummimg - HCAC  V 10:15 Scenic Drive - O  V 2:00 Jerry Febus Performs - HCDR  S 3:00 Happy Hour - HCDR	1:30 Movin with the music - HCAC 1 2:30 A Cup Of Comfort - HCAC 3:30 Movie Matinee - HCAC
1:45 Creative Corner - ALAC 4:00 Sharon Mennonite Church performs - HCAC	10:30 Movie and Lunch - O 2:00 Loco Performs - HCDR 3:30 Lifelong Learning - ALAC	V 10:15 Goin To Grannys - HCAC M 10:45 Play Instruments- HCAC s 1:30 Chef's Circle-HC Conf. 2:00 Community Connections - HCAC A 3:30 Creative Corner - ALAC K 6:00 Cards & Games - HCAC	I 10:15 Bible Study with Jean & Brenda - HCAC S 1:15 Popcorn Time - Gracely Parlor 2:00 Boys and Brews-HCAC 3:30 Bingo with Annie and Anna - ALAC 3:30 Pet Visits with Bailey - RR	23  K 9:45 Daily Chronicle -HCAC 11:00 Samson Visits - RR JG 2:00 creative Cooking - HCAC K 3:30 Bingo with Annie/Anna - ALAC K 6:00 Cards & Games - HCAC	V 10:15 Cardio Drumming - HCAC I:00 Scenic Drive - O M 2:00 Lauren Smith Performs - HCDR S 3:00 Happy Hour - HCDR	1:30 Trilogy Fit - HCAC 2:30 A Cup Of Comfort - HCAC 3:30 Movie Matinee - HCAC
A 1:45 Creative Corner - ALAC 3:00 Hymn Slng - HCAC	10:00 Scenic Drive - O 2:00 Chuck Summers Performs - HCDR 3:30 Lifelong Learning - ALAC	V 10:15 Move/Get Pretty-HCAC 1:30 Chef's Circle-HC Conf. 2:00 Community Connections Lima Public Library - HCAC A 3:30 Creative Corner - ALAC K 6:00 Cards & Games - HCAC	I 10:15 Bible Study and Craft - HCAC S 1:15 Popcorn Time - Gracely Parlor 2:00 Lifeshare Wordsearch - HCAC L 3:30 Bingo with Annie and Anna - ALAC 3:30 Pet Visits with Bailey - RR	30  K 9:45 Daily Chronicle - HCAC 10:15 Tabletop Ping Pong - HCAC M 10:45 Let's Play the Bells - HCAC CC 2:00 Creative Cooking - HCAC K 3:30 Bingo with Annie/Anna - ALAC K 6:00 Cards & Games - HCAC	9:15 westgate bowling & lunch 2:00 Cardio Drumming - HCAC S 3:00 Happy Hour - HCDR	

**Springs of Lima Health Center** 

# January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
HCAC - Health Center Activity Center ALAC - Assisted Living Activity Center RDR - Restorative Dining Room RR - Resident Rooms HCDR - Health Center Dining Room			1 New Year's Day  10:15 Devotions - Jerry Burton L.B.T HCAC  11:30 Mindful Moments -RDR  1:15 Popcorn Time - Gracely Parlor  2:00 New Year/New Friends - HCAC  3:30 Bingo with Annie and Anna - ALAC	10:15 New Creations Church-HCAC 11:30 Mindful Moments -RDR 1:30 Resident Council-HCAC 2:00 Inspired Living-ALAC 3:00 Activity Cart - RR 3:30 Bingo with Annie/Anna - ALAC 4:00 Sensory Sensations-RDR	9:30 Catholic Communion Service -HCAC 10:30 cardio drumming - HCAC 11:30 Mindful Moments -RDR 1:00 Scenic Drive - O 2:00 Jeff Davis Performs - HCAC 3:00 Happy Hour - HCDR	11:30 Mindful Moments -RDR 1:30 Ladder Golf - HCAC 2:30 A Cup Of Comfort - HCAC 3:30 Movie Matinee - HCAC	
1:15 Activity Cart - RR 1:45 Creative Corner - ALAC 3:00 Hymn Sing - HCAC 4:00 Mindful Moments - RDR	9:30 Meijer Outing 11:30 Mindful Moments -RDR 2:00 Pokeno - HCAC 3:30 Lifelong Learning - ALAC	9:30 Sit and Be Fit - HCAC 10:30 Karaokee Fun- HCAC 11:30 Mindful Moments - RDR 1:30 Chef's Circle-HC Conf. 2:00 Community Connections - HCAC 3:30 Creative Corner - ALAC 4:00 Sensory Sensations-RDR 6:00 Cards & Games - HCAC	7:15 Chick Filet - O 10:15 Bible Study with Jean and Brenda - HCAC 11:30 Mindful Moments -RDR 12:00 Taste of Town-DR 1:15 Popcorn Time - Gracely Parlor 2:00 Boys & Brews - HCAC 3:30 Bingo with Annie and Anna -	9:45 Daily Chronicle - HCAC 10:15 Tabletop Ping Pong-HCAC 11:00 Samson Visits - RR 11:30 Mindful Moments - RDR 2:00 Creative Cooking - ALAC 3:30 Bingo with Annie/Anna - ALAC 4:00 Sensory Sensations-RDR 6:00 Cards & Games - HCAC	10:15 Cardio Drumming - HCAC 10:15 Scenic Drive - O 11:30 Mindful Moments -RDR 2:00 Ray Cheney Performs - HCDR 3:00 Dr. Nadler Visits - AL Parlor 3:00 Happy Hour - HCDR	11:30 Mindful Moments -RDR 1:30 Corn Hole - HCAC 2:30 A Cup Of Comfort - HCAC 3:30 Movie Matinee - HCAC	
11:00 Brunch - DR 1:15 Activity Cart - RR 1:45 Creative Corner - ALAC 3:00 Hymn Sing - HCAC 4:00 Mindful Moments - RDR	10:30 Kewpee - O 11:30 Mindful Moments -RDR 2:00 Pokeno - HCAC 3:30 Lifelong Learning/ Johnny Appleseed Park Presentation - ALAC	9:30 Nail Spa - HCAC 9:45 Daily Chronicle - HCAC 10:15 Move/Get Pretty-HCAC 10:45 Body/Soul Music - HCAC 11:30 Mindful Moments -RDR 1:30 Chef's Circle-HC Conf. 2:00 Community Connections - HCAC 3:30 Creative Corner - ALAC	10:15 Bible Study with Tony - HCAC 11:30 Mindful Moments -RDR 1:15 Popcorn Time - Gracely Parlor 2:00 Lifeshare Word Search - HCAC 3:30 Bingo with Annie and Anna - ALAC	9:45 Daily Chronicle - HCAC 10:15 Bowling - HCAC 11:30 Mindful Moments - RDR 1:30 Open Door Baptist Church - HCAC 3:30 Bingo with Annie/Anna - ALAC 4:00 Sensory Sensations-RDR 6:00 Cards & Games - HCAC	10:15 Cardio Drummimg - HCAC 10:15 Scenic Drive - O 11:30 Mindful Moments -RDR 2:00 Jerry Febus Performs - HCDR 3:00 Happy Hour - HCDR	11:30 Mindful Moments -RDR 1:30 Movin with the music - HCAC 2:30 A Cup Of Comfort - HCAC 3:30 Movie Matinee - HCAC	
1:15 Activity Cart - RR 1:45 Creative Corner - ALAC 3:00 Mindful Moments - RDR 4:00 Sharon Mennonite Church performs - HCAC	10:30 Movie and Lunch - O 11:30 Mindful Moments - RDR 2:00 Loco Performs - HCDR 3:30 Lifelong Learning - ALAC	10:15 Goin To Grannys - HCAC 10:45 Play Instruments- HCAC 11:30 Mindful Moments - RDR 1:30 Chef's Circle-HC Conf. 2:00 Community Connections - HCAC 3:30 Creative Corner - ALAC 4:00 Sensory Sensations-RDR 6:00 Cards & Games - HCAC	10:15 Bible Study with Jean & Brenda - HCAC 11:30 Mindful Moments - RDR 1:15 Popcorn Time - Gracely Parlor 2:00 Boys and Brews-HCAC 3:30 Bingo with Annie and Anna - ALAC 3:30 Pet Visits with Bailey - RR	9:45 Daily Chronicle -HCAC 10:15 Snowball Fight - HCAC 10:45 Lets Play Bells - HCAC 11:00 Samson Visits - RR 11:30 Mindful Moments -RDR 2:00 creative Cooking - HCAC 3:00 Activity Cart - RR 3:30 Bingo with Annie/Anna -	10:15 Cardio Drumming - HCAC 11:30 Mindful Moments - RDR 1:00 Scenic Drive - O 2:00 Lauren Smith Performs - HCDR 3:00 Happy Hour - HCDR	25 Chinese New Year  11:30 Mindful Moments - RDR 1:30 Trilogy Fit - HCAC 2:30 A Cup Of Comfort - HCAC 3:30 Movie Matinee - HCAC	
1:15 Activity Cart - RR 1:45 Creative Corner - ALAC 3:00 Hymn Slng - HCAC 4:00 Mindful Moments - RDR	10:00 Scenic Drive - O 11:30 Mindful Moments -RDR 2:00 Chuck Summers Performs - HCDR 3:30 Lifelong Learning - ALAC	9:30 Nail Spa - HCAC 10:15 Move/Get Pretty-HCAC 10:45 Body/Soul & Music - HCAC 11:30 Mindful Moments -RDR 1:30 Chef's Circle-HC Conf. 2:00 Community Connections Lima Public Library - HCAC 3:30 Creative Corner - ALAC 4:00 Sensory Sensations-RDR	10:15 Bible Study and Craft - HCAC 11:30 Mindful Moments -RDR 1:15 Popcorn Time - Gracely Parlor 2:00 Lifeshare Wordsearch - HCAC 3:30 Bingo with Annie and Anna - ALAC	9:45 Daily Chronicle - HCAC 10:15 Tabletop Ping Pong - HCAC 10:45 Let's Play the Bells - HCAC 11:30 Mindful Moments -RDR 2:00 Creative Cooking - HCAC 3:30 Bingo with Annie/Anna - ALAC 4:00 Sensory Sensations-RDR 6:00 Cards & Games - HCAC	9:15 westgate bowling & lunch 11:30 Mindful Moments -RDR 2:00 Cardio Drumming - HCAC 3:00 Happy Hour - HCDR		

Springs Of Lima Legacy Lane

### January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
HCAC - Health Center Activity			1 New Year's Day	2	3	4		
Center			Roll in the New Year	Head to Toe Range of Motion	Take the Stairs	Quick Qigong		
ALAC - Assisted Living Activity			The Gift of Time	Life Story	Rolling 31 Days	Famous Pairs		
Center RR - Resident Rooms			Devotions - Jerry Burton L.B.T HCAC	Winter Carrot Zucchini Bread Relax & Recharge	cardio drumming - HCAC Blizzard Cookies	Sweet & Salty Peanut Butter Dip Relax & Recharge		
HCDR - Health Center Dining Room			New Year's Black Eyed Peas	Wooden Bead Necklace	Relax & Recharge	Snowman Sensory Bottle		
			Relax & Recharge	January Jingle	Scenic Drive - O	Name That Croon		
			Creative Storytelling Songs of Texas	Mini Muffin Match Up	Jeff Davis Performs - HCAC	Throwing Horseshoes		
			Parachute Circle	Healthy Hands Aqua Painting	My Artisan Journal Happy Hour - HCDR	Healthy Hands Hangman		
5	6	7	8	9	10	11		
Humming Your Way to Health	Snowball Fight	Amazing Grace Chair Yoga	Roll in the New Year	Head to Toe Range of Motion	Take the Stairs	Quick Qigong		
Writer's Circle	Penny Ante	What's In Your Junk Drawer?	The Gift of Time	Life Story	Rolling 31 Days	Famous Pairs		
Or. Pepper Pudding Cake Relax & Recharge	Three Bean Salad Relax & Recharge	Almond Cupcakes Relax & Recharge	Elvis Presley's Peanut Butter Banana Sandwhich	Broccoli Cheese Soup Relax & Recharge	Scenic Drive - O Chocolate Covered Cherry Bars	Snowman Oreos Relax & Recharge		
Thirsty Coasters	Winter Bubble Trees	Snowy Shaving Cream Paint	Taste of Town-DR	No Sew Fleece Blankets	Relax & Recharge	Bob Ross Art		
lymn Sing	Glee Club	Legendary Ladies	Relax & Recharge	January Jingle	My Artisan Journal- Postcard	Name That Croon		
Name 10 Healthy Hands	Basketball Healthy Hands	Grocery Game Healthy Hands	Earth's Rotation Day Globes Songs of Texas	Mini Muffin Match Up Healthy Hands	Ray Cheney Performs - HCDR Happy Hour - HCDR	Throwing Horseshoes Healthy Hands		
Relaxing Puzzle Time	Hot Chocolate & Tales	Flower Arranging	Parachute Circle	Aqua Painting	January Happy Hour	Hangman		
2	13	14	15	16	17	18		
Humming Your Way to Health	Snowball Fight	Amazing Grace Chair Yoga	Roll in the New Year	Head to Toe Range of Motion	Take the Stairs	Quick Qigong		
Nriter's Circle Hot Chocolate Cookies	Penny Ante Kewpee - O	What's In Your Junk Drawer?	The Gift of Time Spinach Artichoke Dip	Life Story	Rolling 31 Days	Famous Pairs		
Relax & Recharge	Cinnamon Bread Sticks	Move/Get Pretty-HCAC Laura Bush's Texas Cookies	Relax & Recharge	Pumpkin Spiced Apples Relax & Recharge	Cardio Drummimg - HCAC Scenic Drive - O	Cranberry Chocolate Oatmeal Ball Relax & Recharge		
Crystal Icicles	Relax & Recharge	Relax & Recharge	To BeCollage	Open Door Baptist Church - HCAC	No Bake Peanut Butter Chex Bars	Kindness Flowers		
Hymn Sing - HCAC	Dream Catchers	Ribbon Wreath	Songs of Texas Parachute Circle	No Sew Fleece Blankets	Relax & Recharge	Name That Croon		
Hymn Sing Name 10	Veterans Day Heart Card Glee Club	Legendary Ladies Grocery Game	Healthy Hands	January Jingle Mini Muffin Match Up	My Artisan Journal- Life Timeline Happy Hour - HCDR	Throwing Horseshoes Healthy Hands		
Healthy Hands	Basketball	Healthy Hands	LifeShare Games!	Healthy Hands	January Happy Hour	Hangman		
9	20 Martin Luther King Day	21	22	23	24	25 Chinese New Year		
Humming Your Way to Health	Snowball Fight	Amazing Grace Chair Yoga	Roll in the New Year	Head to Toe Range of Motion	Take the Stairs	Quick Qigong		
Writer's Circle Peanut Butter Loaf	Penny Ante Movie and Lunch - O	What's In Your Junk Drawer? Elvis' Pudding Cake	The Gift of Time Crockpot Chicken Noodle Soup	Life Story Daily Chronicle -HCAC	Rolling 31 Days Ultra-Gooey Peanut Butter Cookies	Famous Pairs Fortune Cookies		
Relax & Recharge	Ambrosia Salad	Relax & Recharge	Relax & Recharge	Olive Red Pepper Cheddar Dip	Relax & Recharge	Relax & Recharge		
No Sew Lavender Scented Sachets	Relax & Recharge	Creative Storytelling	Winter Sugar Painting	Samson Visits - RR	Scenic Drive - O	Winter Process Art		
lymn Sing Name 10	DIY Shibori Loco Performs - HCDR	Legendary Ladies Grocery Game	Songs of Texas Parachute Circle	Relax & Recharge DIY Fortune Fun	My Artisan Journal- Unique as a Snowflake	Name That Croon Throwing Horseshoes		
Healthy Hands	Glee Club	Healthy Hands	Healthy Hands	January Jingle	Happy Hour - HCDR	Healthy Hands		
Relaxing Puzzle Time	Basketball	Flower Arranging	LifeShare Games!	Mini Muffin Match Up	January Happy Hour	Hangman		
6	27	28	29	30	31			
Humming Your Way to Health	Snowball Fight	Amazing Grace Chair Yoga	Roll in the New Year	Head to Toe Range of Motion	Take the Stairs			
Nriter's Circle Loaded Vegetarian Chili	Penny Ante Scenic Drive - O	What's In Your Junk Drawer? Move/Get Pretty-HCAC	The Gift of Time Bible Study and Craft - HCAC	Life Story Cranberry Cream Cheese Dip	Rolling 31 Days Cracker Barrel Hash Brown			
Relax & Recharge	No Bake Peanut Butter Blossom	Hot Chocolate Cupcakes	Lemon Thumbprint Cookies	Relax & Recharge	Casserole			
Oil Pastel Winter Tree Art	Relax & Recharge	Relax & Recharge	Relax & Recharge	Newspaper Winter Landscape	Relax & Recharge			
Hymn Sing - HCAC	My Artisan Box	My Artisan Box	Newspaper Winter Landscape	January Jingle	My Artisan Journal- Paint Without a			
Hymn Sing Name 10	Chuck Summers Performs - HCDR Glee Club	Legendary Ladies Grocery Game	Songs of Texas Parachute Circle	Mini Muffin Match Up Healthy Hands	Paintbrush Happy Hour - HCDR			
Healthy Hands	Basketball	Healthy Hands	Healthy Hands	Aqua Painting	January Happy Hour			