



January Birthday

1/29 Virginia Isenogle

CHEF'S COOKING DEMONSTRATIONS

8 Vanilla/Chocolate Malt Station-
Lunchtime

15 Macaroni & Cheese Bar-
Lunchtime

16 Cooking Class-Eggrolls for
Chinese New Year-3pm

29 Bananas Foster-Dinner

CHEF'S SIGNATURE RECIPE



Apple Pie by Grandma Ople



Prep
30 m



Cook
1 h



Ready In
1 h 30 m

Recipe By: MOSHASHAMA

"This was my grandmother's apple pie recipe. I have never seen another one quite like it. It will always be my favorite and has won me several first place prizes in local competitions. I hope it becomes one of your favorites as well!"

Ingredients

1 recipe pastry for a 9 inch double crust pie 1/2 cup white sugar
1/2 cup unsalted butter 1/2 cup packed brown sugar
3 tablespoons all-purpose flour 8 Granny Smith apples - peeled, cored and sliced
1/4 cup water

Directions

- 1 Preheat oven to 425 degrees F (220 degrees C). Melt the butter in a saucepan. Stir in flour to form a paste. Add water, white sugar and brown sugar, and bring to a boil. Reduce temperature and let simmer.
- 2 Place the bottom crust in your pan. Fill with apples, mounded slightly. Cover with a lattice work crust. Gently pour the sugar and butter liquid over the crust. Pour slowly so that it does not run off.
- 3 Bake 15 minutes in the preheated oven. Reduce the temperature to 350 degrees F (175 degrees C). Continue baking for 35 to 45 minutes, until apples are soft.

TWELVE OAKS CONNECT

JANUARY 2020



27475 Huron Circle, Novi, MI 48377
www.waltonwood.com | 248-735-1030
Facebook: /Waltonwood Twelve Oaks



Dear families,

As we close the door on 2019, and open a new door for 2020, I just want to take a few moments and reflect. Sadly we have lost some very special residents, but they left an imprint on all of our hearts. We had an amazing spring and summer enjoying our courtyard and all of the sensory delights that it brings. We hired our wonderful Life Enrichment Assistant Stacey, and enjoy the great energy she brings everyday. We are so blessed to have our wonderful core group of resident care associates and med techs. I can't believe that I will be here a year, the end of this month. What an amazing experience it has been for myself and all of the residents. I have also enjoyed getting to know your families.

I look forward to all of the growth that we will have in 2020 with our residents and the new one's that we will meet. We have fresh new outing ideas, as well as new activities that we look forward to implementing. Of course we will still enjoy all of our old favorites and keep busy as we hope that winter goes by fast. So a fond farewell to 2019 and welcome to 2020. Happy, healthy and safe New Year to all!

COMMUNITY MANAGEMENT

Angie Hanson
Executive Director

Nicole McDonald
Business Office Manager

Nicholas Lalios
Culinary Services Manager

Alyssa "Lee" Tobias
Independent Living Manager

Alecia Greenberg
Life Enrichment Manager

Stephan Skidmore
Environmental Services Manager

Heather Laskos
Marketing Manager

Betsy Weakland
Marketing Manager

Binita Patel
Resident Care Manager

Wellness Coordinator

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



FRIENDS & FAMILY REFERRAL PROGRAM!

ASSOCIATE SPOTLIGHT

Caprice Coakley is our wonderful, ever smiling, Culinary Supervisor. A friend of hers was a med tech and suggested she check out WTO, she will be here 4 years in August. Family is very important to her, and she feels like it's a family in the kitchen. She loves who she works with.

Caprice learned how to cook from both of her grandmothers, who each have a different style of cooking. She also watches the food network and you tube videos to get her cooking inspiration.

When Caprice isn't cooking, she takes care of her grandmother, enjoys sleeping and being a homebody. She enjoys action and scary movies. Caprice has 2 brothers and 2 sisters and she is very close to both of her grandmothers.

Caprice grew up in Detroit and went to Henry Ford High School. After she graduated, she moved to Ohio and lived there for 7 years. While in Ohio she worked for Cedar Pointe and Kalahari Resort on their culinary teams. They both were very fast paced environments, which she really enjoyed.

Her positive energy, hard work ethic and helpful spirit are just a few of the reasons that make Caprice such an inspiring member of our 12 Oaks team.



DECEMBER HIGHLIGHTS

10 Home for the Holidays. What an amazing sensory experience we had making our own potpourri with fresh ingredients and wonderful spices.

13 Family Holiday Dinner. Our dining room was a bustling place with delicious food, family and music.



16 Gingerbread House. Our dining room was a bustling place with delicious food, family and music.

18 Holiday Lights Outing. We bundled up and brought blankets on the bus with us and went to see the beautiful holiday lights display at Hines Park.



FOREVER FIT - Focus on Health

January Journal

Every January millions of Americans resolve to move more, eat better and stress less. In fact, nearly 55% of all New Year's resolutions focus on improving our overall health & wellness and while that's an encouraging number, only 8% actual stick to their plan. There are certain tactics however that make it much more likely you'll have success in staying on track and reaching your goals. This January try a resolution journal. A quick entry of daily activity provides a 24-hour snapshot showing if the choices you've made took you closer too or further from your ultimate goal. Whether a short note or lengthy paragraph keeping a journal helps to create the accountability necessary to achieve success now and for the months to come. So, this January write it down, give yourself a tool to help make 2020 your healthiest year ever!

TRANSPORTATION INFORMATION

We welcome families to join us on the outings with your loved one. If you have any questions or fun ideas for outings please call Alecia at 248-735-1030.

January 8: Novi Ice Dancers at 10:30 am

January 15: Scenic Drive and Cocoa at 10:30 am

January 22: Great Harvest Bread Company at 10:30 am

January 29: Red Robin Birthday Celebration at noon

JANUARY SPECIAL EVENTS

2 January Birthday Celebration. Please come join us at 2:30pm as we celebrate Virginia and Alecia's Birthdays with ice Cream sundaes.

8 Elvis' Birthday Celebration. We're going to shake, rattle and roll as we make peanut butter and banana sandwiches, his favorite.

9 Community Service- Dog Treats. We will be making dog treats for our furry friends that come to visit, as well as taking some to local shelter dogs

23 Celebrating Our First Place Bowling Team. Yes, we are the champions! We will celebrate by getting an award, and enjoying cookies in the shape of bowling pins!



EXECUTIVE DIRECTOR

Happy New Year everyone!! I always look forward to the beginning of a year because it gives me the opportunity to start off fresh and set goals for the new year. 2020 will bring new refreshing changes to the Waltonwood community as well. We will begin to see many faces around the community as a remodel to the common areas begin. I will keep you all informed as we learn more. So far, a lighting crew has been out to count and assess our current lighting configurations and to begin the plan for standardizing and upgrading fixtures. I look forward to learning the design plan and will share with everyone as the plan comes together, so stay tuned! I would also like to take this time to announce a new member to our team. Betsy Weakland is our new Marketing and Sales Manager and will start full time with us on January 6th. Betsy's office will be located behind the reception area on the Assisted Living side of campus. Wishing you all a new year full of good health and happiness.

Angie Hanson, Executive Director