



January Birthdays

January Birthday Celebration

No resident birthday, at this time, but we will celebrate none-the-less!

January 3rd
At 2:00pm


(New Time, but same great celebration)
(all are welcome)

CHEF’S COOKING DEMONSTRATIONS

07 Vanilla /Chocolate Malt Station Lunchtime
14 Macaroni & Cheese Bar-Lunchtime


23 Cooking Class-Eggrolls for Chinese New Year
29 Bananas Foster-Dinnertime


CHEF'S SIGNATURE RECIPE




Apple Pie by Grandma Ople

★★★★★

Prep

Cook

Ready in

30 m

1 h

1 h 30 m

Recipe By: MOSHASMAMA

"This was my grandmother's apple pie recipe. I have never seen another one quite like it. It will always be my favorite and has won me several first place prizes in local competitions. I hope it becomes one of your favorites as well!"

Ingredients

1 recipe pastry for a 9 inch double crust pie

1/2 cup white sugar

1/2 cup unsalted butter

1/2 cup packed brown sugar

3 tablespoons all-purpose flour

8 Granny Smith apples - peeled, cored and sliced

1/4 cup water

Directions

- Preheat oven to 425 degrees F (220 degrees C). Melt the butter in a saucepan. Stir in flour to form a paste. Add water, white sugar and brown sugar, and bring to a boil. Reduce temperature and let simmer.
- Place the bottom crust in your pan. Fill with apples, mounded slightly. Cover with a lattice work crust. Gently pour the sugar and butter liquid over the crust. Pour slowly so that it does not run off.
- Bake 15 minutes in the preheated oven. Reduce the temperature to 350 degrees F (175 degrees C). Continue baking for 35 to 45 minutes, until apples are soft.



FRIENDS & FAMILY REFERRAL PROGRAM!

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS CONNECT



27495 Huron Circle, Novi, MI 48377
www.waltonwood.com | 248-735-1030
Facebook: /WaltonwoodTwelveOaks



Have you ever wondered why they drop a ceremonial ball in New York City?

There is no particular reason other than that New York City has a flair for the dramatic. The ball drop was originally conceived as an advertising stunt by the first owner of the New York Times, Adolph Ochs, to celebrate the opening of his newspaper's new headquarters at the Times Square location. The popularity of the annual event immediately overshadowed all other New Year's events and its popularity remains undiminished. The origins of the concept are rooted in the time balls used by 19th century navies to synchronize the clocks of their ships.

COMMUNITY MANAGEMENT

Karis Jones
Regional Executive Director

Angie Hanson
Executive Director

Nicole McDonald
Business Office Manager

Nicholas Lalios
Culinary Services Manager

Randi Furniss
Housekeeping Supervisor

Alyssa “Lee” Tobias
Independent Living Manager

Stefanie Roland
Life Enrichment Manager

Stephan Skidmore
Maintenance Supervisor

Heather Laskos
Marketing Manager

Binita Patel
Resident Care Manager

ASSOCIATE SPOTLIGHT

Caprice Coakley is our wonderful, ever smiling, Culinary Supervisor. A friend of hers was a med tech and suggested she check out WTO, she will be here 4 years in August. Family is very important to her, and she feels like it's a family in the kitchen. She loves who she works with.

Caprice learned how to cook from both of her grandmothers, who each have a different style of cooking. She also watches the food network and you tube videos to get her cooking inspiration.

When Caprice isn't cooking, she takes care of her grandmother, enjoys sleeping and being a homebody. She enjoys action and scary movies. Caprice has 2 brothers and 2 sisters and she is very close to both of her grandmothers.

Caprice grew up in Detroit and went to Henry Ford High School. After she graduated, she moved to Ohio and lived there for 7 years. While in Ohio she worked for Cedar Pointe and Kalahari Resort on their culinary teams. They both were very fast paced environments, which she really enjoyed.

Her positive energy, hard work ethic and helpful spirit are just a few of the reasons that make Caprice such an inspiring member of our 12 Oaks team.



DECEMBER HIGHLIGHTS

3

Our residents have such a heart for others and on **Giving Tuesday**, it was no different. But, this time our focus was our furry friends. We baked our yummy dog treats and packaged them up and delivered them to the Michigan Humane Society.

17

Lunch at the **Genitti's Theatre** did not disappoint. The afternoon was filled with wonderful food and laughter. Thanks to our good sports, Mike, Maurice and our private caregivers for entertaining us!

FOREVER FIT - Focus on Health
January Journal

Every January millions of Americans resolve to move more, eat better and stress less. In fact, nearly 55% of all New Year's resolutions focus on improving our overall health & wellness and while that's an encouraging number, only 8% actual stick to their plan. There are certain tactics however that make it much more likely you'll have success in staying on track and reaching your goals. This January try a resolution journal. A quick entry of daily activity provides a 24-hour snapshot showing if the choices you've made took you closer too or further from your ultimate goal. Whether a short note or lengthy paragraph keeping a journal helps to create the accountability necessary to achieve success now and for the months to come. So, this January write it down, give yourself a tool to help make 2020 your healthiest year ever!

10

Home for the Holidays was a huge success. The community was hustling and bustling as the residents and local community joined us for Food, Crafts and Music by Violin George.



20

With all the holiday entertainment that has filled our residents, we still fit in one more opportunity to get into the holiday spirit. **The DSO "Home for the Holidays"** concert did just the trick!



TRANSPORTATION INFORMATION

Another great month of outings is in the works that will include local museums, events, eateries, concerts and seasonal activities. We welcome families to join us on the outings with your loved one. If you have any questions or fun ideas for outings please call Stefanie at 248-735-1030. Don't forget to sign up in the book located outside the Dining Room as soon as you are interested. Our bus fills up fast!

Kroger Grocery Store – 9:30 am on all Tuesday's in January

Holy Family Catholic Church – 8:30 am on all Wednesdays in the month

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|------|-------|------------------------------|
| 1/7 | 11:30 | Lunch & Movie |
| 1/14 | 11:15 | Men's Club: Miller's Bar |
| 1/21 | 11:15 | Olive Garden |
| 1/21 | 2:00 | Bee's Knees Hands on Pottery |
| 1/28 | 11:30 | Siegel's Deli |

JANUARY SPECIAL EVENTS

8th

Join us as we learn more about our neighbors. We will be hosting a **Tea Party and Show & Tell at 3:00pm**. Bring a favorite souvenir from one of your adventures that you enjoyed.

15th

Jenn from Wayne County Parks will be back for another interesting educational talk on **"Animals in Winter"**.

14th

Catholic Mass with Deacon Pete has a new time and location. Join us on the 2nd Tuesday of the Month at 10:30am in the Memory Care Community.

24th

Well, one New Year celebration is not enough for our community. Join us as we ring in the **Chinese New Year** with a special hands on demo with Nick too!



EXECUTIVE DIRECTOR CORNER

Happy New Year everyone!! I always look forward to the beginning of a year because it gives me the opportunity to start off fresh and set goals for the new year. 2020 will bring new refreshing changes to the Waltonwood community as well. We will begin to see many faces around the community as a remodel to the common areas begin. I will keep you all informed as we learn more. So far, a lighting crew has been out to count and assess our current lighting configurations and to begin the plan for standardizing and upgrading fixtures. I look forward to learning the design plan and will share with everyone as the plan comes together, so stay tuned! I would also like to take this time to announce a new member to our team. Betsy Weakland is our new Marketing and Sales Manager and will start full time with us on January 6th. Betsy's office will be located behind the reception area on the Assisted Living side of campus. Wishing you all a new year full of good health and happiness.