

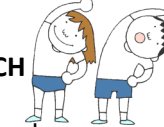
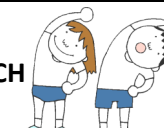


2020 LIFE ENRICHMENT

January

GOVERNOR'S VILLAGE Liberty Suites



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																										
Room Locations AR — Activities Room CH — Chapel CY — Courtyard MDR — Main Dining Rm HH — Health & Hobby Rm HT — Hope Theatre			1. Happy New Years! 10:30 Catholic Communion - CH 11:00 Exercise - HH 1:00 Afternoon Refreshers 2:30 New Years Ice Cream Social 3:30 Travel Back to 1890 5:30 Art Therapy: Adult Coloring & Aroma Therapy	2. 10:00 Exercise - AR 11:00 Junk Drawer Detective 1:00 Afternoon Refreshers 2:30 Baking Cake Pops 3:30 Scrabble Fun -IDP 5:30 Music Bingo	3. 10:00 Pastor Keith - CH 10:45 Exercise 1:00 Afternoon Refreshers 1:30 Sing Along 2:30 Ball Toss 3:30 World Bingo 5:30 Evening Strolls 	4. 10:00 Exercise 10:30 Coffee, Snacks, & Picture ID 1:00 Afternoon Refreshers 1:30 Movie Club Fun 3:30 Who am I? 5:30 Moving To the Music																																										
5. 10:00 Exercise - CH 10:45 Rosary - CH 1:00 Afternoon Refreshers 2:00 Art Therapy: New Years Collage 3:30 Balloon Baseball 5:30 Facials & Aroma Therapy 	6. 10:00 Exercise 11:00 Coffee & Art Styles in 1890's 1:00 Afternoon Refreshers 2:00 Art Therapy: Water Painting 3:30 Hot Coco, Popcorn & Puzzles 5:30 Shoulder massages & Music Therapy	7. 10:00 Pastor Dale - CH 10:45 Exercise - CH 1:00 Afternoon Refreshers 2:30 Baking Club Fun - MDR 3:00 Men's Movie Club 5:30 Picture ID 	8. 10:30 Catholic Communion - CH 11:00 Exercise - HH 1:00 Afternoon Refreshers 2:30 Resident Council - AR 3:30 All about Art in the 1890's 5:30 Art Therapy: Adult Coloring & Music Therapy	9. 10:00 Pastor Julie - AR 11:00 Junk Drawer Detective 1:00 Afternoon Refreshers 2:30 Baking Cake Pops 3:30 Moving to the Music 5:30 Hangman	10. 10:00 Pastor Keith - CH 10:45 Exercise 1:00 Afternoon Refreshers 1:30 Sing Along 2:30 Chair Kickball 3:30 World Bingo 5:30 Puzzle Fun	11. 10:00 Exercise 10:30 Coffee & Morning Meditation 1:00 Afternoon Refreshers 1:30 Movie Club Fun 3:30 What am I? 5:30 Moving To the Music																																										
12. 10:00 Exercise - CH 10:45 Rosary - CH 1:00 Afternoon Refreshers 2:00 Art Therapy: Winter Wonderlands 3:30 Chair Kickball 5:30 Facials & Aroma Therapy	13. 10:00 LIS Children - MDR 11:00 Coffee & Travelogue Thru the 1890's 1:00 Afternoon Refreshers 2:00 Art Therapy: Art Nouveau 3:30 Brain Games 5:30 Hand Massages & Music Therapy 	14. 10:00 Pastor Dale - CH 10:45 Exercise - CH 1:00 Afternoon Refreshers 2:30 Baking Club Fun - MDR 3:00 Men's Movie Club 5:30 Moving to The Music	15. MCS Lunch & Movie 10:30 Catholic Communion - CH 11:00 Exercise - HH 1:00 Afternoon Refreshers 2:30 Monthly Birthday Party-MDR 3:30 All about Food in the 1890's 5:30 Art Therapy: Adult Coloring & Aroma Therapy	16. 10:00 Exercise - AR 11:00 Junk Drawer Detective 1:00 Afternoon Refreshers 2:30 Baking Cake Pops 3:30 Scrabble Fun - IDP 5:30 Bowling Fun 	17. 10:00 Pastor Keith - CH 10:45 Exercise 1:00 Afternoon Refreshers 1:30 Sing Along 2:30 3 Clues, What am I ? 3:30 World Bingo 5:30 Puzzle Fun	18. 10:00 Exercise 10:30 Coffee, Snacks, & Picture ID 1:00 Afternoon Refreshers 1:30 Movie Club Fun 3:30 Who am I? 5:30 Moving To the Music																																										
19. 10:00 Exercise - CH 10:45 Rosary - CH 1:00 Afternoon Refreshers 2:00 Art Therapy - MLK Pictures 3:30 Balloon Volleyball 5:30 Facials & Aroma Therapy	20. 10:00 Exercise 11:00 Coffee & Nat'l Parks 1890's 1:00 Afternoon Refreshers 2:00 Art Therapy: Water Painting 3:30 Hot Coco, Popcorn & Puzzles 5:30 Shoulder Massages & Music Therapy	21. 10:00 Pastor Dale - CH 10:45 Exercise - CH 1:00 Afternoon Refreshers 2:30 UH Music Therapy 1890's 2:30 Baking Club Fun - MDR 3:00 Men's Movie Club 5:30 Sing Along 	22. 10:30 Catholic Communion - CH 11:00 Exercise - HH 1:00 Afternoon Refreshers 2:30 Nature Pam: First National Parks of the 1890's - MDR 3:30 1890's Fashion 5:30 Art Therapy: Adult Coloring & Music Therapy	23. 10:00 Pastor Julie - AR 11:00 Junk Drawer Detective 1:00 Afternoon Refreshers 2:30 Baking Cake Pops 3:30 Scrabble Fun - IDP 5:30 Animal Bingo	24. 10:00 Pastor Keith - CH 10:45 Exercise 1:00 Afternoon Refreshers 1:30 Sing Along 2:30 Balloon Baseball 3:30 World Bingo 5:30 Let's Play Match 	25. 10:00 Exercise 10:30 Coffee & Morning Meditation 1:00 Afternoon Refreshers 1:30 Movie Club Fun 3:30 What am I? 5:30 Moving To the Music																																										
26. 10:00 Exercise - CH 10:45 Rosary - CH 1:00 Afternoon Refreshers 2:00 Art Therapy: Salt Dough Art 3:30 Chair Kickball 5:30 Facials & Aroma Therapy 	27. 10:00 Exercise 11:00 Coffee & <i>Chicken Soup for the Soul</i> 1:00 Afternoon Refreshers 2:00 Art Therapy: Water Painting 3:30 Hot Potato 5:30 Hand Massages & Music Therapy	28. 10:00 Pastor Dale - CH 10:45 Exercise - CH 1:00 Afternoon Refreshers 2:30 Baking Club Fun - MDR 3:00 Men's Movie Club 5:30 Picture ID	29. 10:30 Catholic Communion - CH 11:00 Exercise - HH 1:00 Afternoon Refreshers 2:30 House warming Social - MDR 3:30 1890's Toys 5:30 Art Therapy: Adult Coloring & Aroma Therapy	30. 10:00 Exercise - AR 11:00 Junk Drawer Detective 1:00 Afternoon Refreshers 2:30 Baking Cake Pops 3:30 Scrabble Fun - IDP 5:30 Let's Play Match	31. 10:00 Pastor Keith - CH 10:45 Exercise 1:00 Afternoon Refreshers 1:30 Sing Along 2:30 Ball Toss 3:30 World Bingo 5:30 Puzzle Fun 	February 2020 <table> <tr> <th>Su</th><th>M</th><th>Tu</th><th>W</th><th>Th</th><th>Fr</th><th>Sa</th></tr> <tr> <td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr> <td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr> <td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr> <td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr> <td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> </table>	Su	M	Tu	W	Th	Fr	Sa							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
Su	M	Tu	W	Th	Fr	Sa																																										
						1																																										
2	3	4	5	6	7	8																																										
9	10	11	12	13	14	15																																										
16	17	18	19	20	21	22																																										
23	24	25	26	27	28	29																																										