

2020 LIFE ENRICHMENT

January

RANDALL RESIDENCE - DECATUR

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Year New Theme In 2020 we will explore the Decades. January begins with 1890-1899. Please come take part in an exciting new adventure.	Happy O	New Secare The Lord bless you and keep you; The Lord make His face shine upon you, And be gracious to you; The Lord lift up His countenance upon you, And give you peace. Number 6: 24-26	1 10:00 Bunco 1:30 <i>Little House on The Prairie</i> 3:00 Puzzles	2 9:30 Manicures 1:00 Bible Study with Jim 2:30 Dollar General 3:30 Cards	 3 10:00 Baking: Fruitcake Cookies 1:00 Exercise Video 2:00 Bingo 3:30 Funday Friday: Fruitcake Cookie Tasting or tossing!?! National Fruitcake Toss Day 	4
5	6 9:30 Manicures 10:30 Devotions and Prayer 1:00 Exercise Video 2:00 Bingo 3:15 Uno	7 9:00 Walmart 10:30 Cards 1:30 Chicken Foot 3:00 Golf	8 10:00 Decatur History 1890's 1:00 Exercise Video 2:00 Hand lotion samples 3:00 Birthday Party Winter Skin Relief Day	9 9:30 Manicures 1:00 Bible Study with Jim 2:00 Health with Chelsea 3:00 Come by and "Shock me" 3:45 Dinner at Steak-n-Shake National Static Electricity Day	 Happy Birthday Ruth H.! 10:00 Craft: Snowmen 1:00 Exercise Video 2:00 Bingo 3:15 Funday Friday: Coke Floats & Making a Silent Movie 	11 SICENT MOVIES
12	13 9:30 Manicures 10:30 Devotions and Prayer 1:00 Exercise Video 2:00 Bingo 3:15 Rummy	 14 10:00 Chicken Foot 1:00 Town Hall meeting/Food Chat with Cracker Jacks 3:00 Golf 	15 10:00 Bunco 1:00 Exercise Video 2:00 Card Lotto 3:15 Puzzles and Popcorn	 16 Happy Birthday Jan E.! 9:30 Manicures 10:00 Fig Newtons 1:00 Bible Study with Jim 1:00 Trip: Tour First Presbyterian Church 3:00 Golf National Fig Newton Day 	 17 10:00 Cards 1:00 Exercise Video 2:00 Bingo 3:15 Funday Friday: Music from the 1890's 	18 Decatur's First Presbyterian Church present building was erected on the northwest corner of the same streets in the 1890s. Mosaic floors in the two south entrances are original as are the leaded stained glass windows there.
19	20 9:30 Manicures 10:30 Devotions and Prayer 1:00 Exercise Video 2:00 Bingo 3:15 Uno	21 9:00 Walmart 10:30 Cards 1:30 Chicken Foot 3:00 Golf	 22 10:00 Come Share Pictures from the 1800's 1:00 Exercise Video 2:00 Card Lotto 3:15 Puzzles and Popcorn 	 23 9:30 Manicures 10:15 Lunch @ Kentucky Fried Chicken 1:00 Bible Study with Jim 2:30 Golf 	 24 10:00 Baking: Peanut Butter Treat 2:00 Funday Friday: Tammy Kelton here to sing 3:30 Bingo National Peanut Butter Day 	25
26 Happy Birthday Clara H.!	27 9:30 Manicures 10:30 Devotions and Prayer 1:00 Exercise Video 2:00 Bingo	 28 Dress like a redneck 9:00 Target 1:30 Redneck Olympics in the Dining room Redneck Olympics Redneck Olympics	 29 10:00 Bunco 1:00 Exercise Video 2:00 Visit from Macon County Conservation/1860's Farm 3:30 Puzzles and Corn Chips National Puzzle/Corn Chip Day 	30 9:30 Manicures 10:45 Lunch @ Aloha 1:00 Bible Study with Jim 2:30 Golf	31 10:00 Craft: Coloring 1:00 Exercise Video 2:00 Bingo 3:15 Funday Friday: Sing-a-long	Su M Tu W Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29

