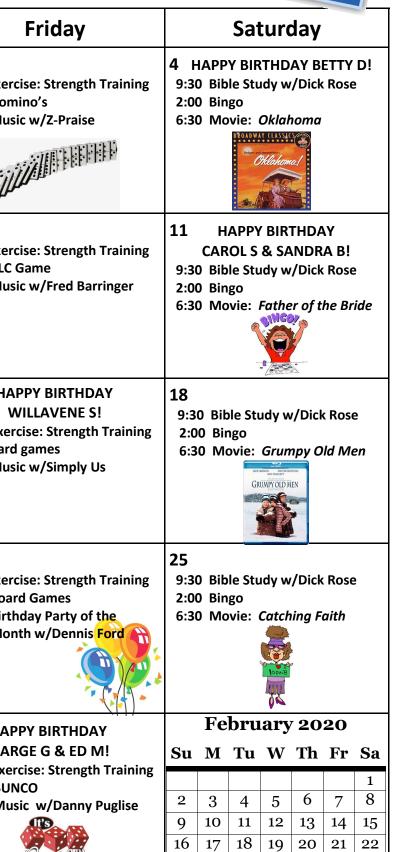


2020 LIFE ENRICHMENT

January

VILLA at the LAKE

Sunday	Monday	Tuesday	Wednesday	Thursday	
Let's Explore the 1890's	*Just a friendly reminder: All envelopes for shopping requests will be picked up every <u>Wednesday</u> morning	*Please see Leslie to be added to the outings list. Outings are on a first-come, first-serve basis. All outings are weather-permitting & are subject to change.	1 HAPPY BIRTHDAY MARILYN F & HELEN J! 8:30 Shopping Envelope Pick-up 9:00 Exercise: Strength Training 1:00 Bingo 2:00 Music w/Rosmary Mead	2 9:00 Men's Group 10:45 Exercise (Feet & Hands) 1:00 Outing to: Walmart	3 9:00 Exer 1:00 Dom 2:00 Mus
5 1:30 Good Shepherd Lutheran 2:30 Catholic Communion	6 9:00 Exercise: Strength Training 10:45 Wii Bowling 1:00 Craft: Yarn Dolls (Step 1)	7 9:00 Exercise: Easy Stretch 10:30 Visit Elementary School 1:30 Movie: <i>Newsies</i>	8 8:30 Shopping Envelope Pick-up 9:00 Exercise: Strength Training 1:00 Bingo 2:00 Music w/Jim Fuller	9 Library Visit 9:00 Men's Group 10:45 Exercise (Feet & Hands) 1:30 Scenic Ride	10 9:00 Exer 1:00 RLC 2:00 Mus
12 1:30 Reverend Leonard 2:30 Catholic Communion	13 9:00 Exercise: Strength Training 10:45 Wii Bowling 1:30 Taste the foods of the 1890's	14 9:00 Exercise: Easy Stretch 10:45 Make Peanut Butter Cookies 1:30 Movie: <i>Cinderella</i>	15 8:30 Shopping Envelope Pick-up 9:00 Exercise: Strength Training 1:00 Bingo 3:00 Bible Study (Chapel)	16 9:00 Men's Group 10:45 Exercise (Feet & Hands) 1:30 Outing to: Thrift Store in Girard, PA	17 HA V 9:00 Exer 1:00 Card 2:00 Mus
19 1:30 Pastor Mike: Wesleyan Methodist Church 2:30 Catholic Communion	20 HAPPY BIRTHDAY PAT D! 9:00 Exercise: Strength Training 10:45 Wii Bowling 1:30 Craft: Sip & Paint w/Tina	21 9:00 Exercise: Easy Stretch 1:30 Lutheran Communion 2:00 Opening Ceremony for Villa Olympics	22 8:30 Shopping Envelope Pick-up 9:00 Exercise: Strength Training 1:00 Villa Olympics 2:00 Music w/Cat Lilly 3:00 Bible Study (Chapel)	23 Library Visit 9:00 Men's Group 10:45 Exercise (Feet & Hands) 1:00 Villa Olympics & Closing Ceremony	24 9:00 Exer 1:00 Boa 2:00 Birtl Mor
26 1:30 New Leaf 2:30 Catholic Communion	27 9:00 Exercise: Strength Training 10:45 Wii Bowling 1:00 Craft: Yarn Dolls (Step 2)	28 9:00 Exercise: Easy Stretch 11:00 Lunch Bunch: KFC 1:00 Resident Council Mtg. 7:00 Historical Society Mtg.	29 8:30 Shopping Envelope Pick-up 9:00 Exercise: Strength Training 1:00 Bingo 6:00 Music w/Just Lee	30 9:00 Men's Group 10:45 Exercise (Feet & Hands) 1:30 Outing to: Dollar Tree	31 HAF MAF 9:00 Exer 1:00 BUN 2:00 Mus



23 24 25 26 27 28 29

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