

January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events	Please sign-up for outings at least 48 hours prior. Due to winter season and harsh weathers, outings may be cancelled or rescheduled.	Activities are subject to change. Any changes will be posted on Lifeshare.	1 New Year's Day K 10:00 Dream VR S 12:00 Chef's Circle K 1:30 What's in the Balloon? M 2:00 Clap to the beat GG 2:30 Bingo-AL	2 MM 10:00 Five Below V 1:30 Roll in the New Year- HC I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	3 A 10:00 2020 Vision L 11:00 Travel with Me I 1:30 Courtesy Cart GF 3:00 Happy Hour- HC M 3:00 Hawaiian Paradise with Julie	4 GG 10:30 Bingo- HC A 1:30 Snow Flake Man K 2:00 5-Clue Guess GF 3:00 Dream VR
5 I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL I 1:00 Protestant Communion- HC I 1:30 Courtesy Cart V 2:30 Quick Qigong	6 K 10:00 Brain Challengers GF 10:00 Kevin the Poodle S 10:30 Inspired Living I 1:30 Courtesy Cart- RTR M 2:00 Don Smitley A 4:00 Crafter's Cove-AL K 6:00 5-Card Bingo	7 A 10:00 Soap Making L 10:00 Travel with Me GG 11:00 Card Games O 1:30 Jo-Ann Fabrics M 2:30 Guess That Song	8 K 10:00 Dream VR S 12:00 Chef's Circle K 1:30 Fruit Cake Detective- HC M 2:00 Music Sing Alongs GG 2:30 Bingo-AL GG 6:00 Shake Loose a Memory	9 V 10:00 Drum Circle O 12:00 Old Barn Outback I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	10 G 10:00 Tender Times A 10:30 New Years Resolutions L 11:00 Let's Be Healthy I 1:30 Courtesy Cart GF 3:00 Happy Hour- HC M 3:00 Music Sensations I 3:30 Dream VR	11 GG 10:30 Bingo- HC A 1:30 Fuse Beads K 2:15 Wacky Words GF 3:00 Dream VR
12 I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL I 1:30 Courtesy Cart V 2:30 Sit & Be Fit	13 K 10:00 Brain Challengers V 10:00 Chair Bingo I 1:30 Courtesy Cart- RTR A 4:00 Crafter's Cove-AL K 6:00 5-Card Bingo	14 A 10:00 Snow Globes L 10:00 Travel with Me GG 11:00 Card Games O 1:30 Dollar Tree M 2:30 Guess That Song	15 K 10:00 Dream VR S 12:00 Chef's Circle K 1:30 Road Trip Detective- HC M 2:00 Humming For Health GG 2:30 Bingo-AL GG 6:00 Penny Ante	16 O 10:00 Country Drive V 1:30 Roll in the New Year- HC I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	17 A 10:00 Snow Slime L 11:00 In the Year 1968 I 1:30 Courtesy Cart GF 3:00 Happy Hour- HC M 3:00 The Band Loco	18 GG 10:30 Bingo- HC A 1:30 Words From the Wise K 2:00 Opposite Search GF 3:00 Dream VR
19 I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL I 1:00 Protestant Worship Service-HCRR I 1:30 Courtesy Cart V 2:30 Muscle Relaxation	20 Martin Luther King Day K 10:00 Brain Challengers S 10:00 Resident Council V 10:30 Chair Bingo I 1:30 Courtesy Cart- RTR A 4:00 Crafter's Cove-AL K 6:00 5-Card Bingo	21 A 10:00 Stained Glass Winter L 10:00 Travel with Me GG 11:00 Card Games O 1:30 Chief M 2:30 Guess That Song	22 K 10:00 Dream VR S 12:00 Chef's Circle K 1:30 Concentration Puzzle M 2:00 Movie Songs GG 2:30 Bingo-AL GG 6:00 Forehead Game	23 M 10:00 Alan Seibert O 12:00 Skyline Chili V 1:30 Roll in the New Year- HC I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	24 G 10:00 Tender Times L 11:00 Travel with Me I 1:30 Courtesy Cart GF 3:00 Happy Hour- HC M 3:00 Music Sing Alongs	25 Chinese New Year GG 10:30 Bingo- HC A 1:30 Snowman Sensory Bottles K 2:15 Word Search: Dog Training GF 3:00 Dream VR
26 I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL S 11:00 SUNDAY BRUNCH I 1:30 Courtesy Cart V 2:30 Sit & Be Fit	27 K 10:00 Brain Challengers V 10:00 Chair Bingo K 11:00 Riddles I 1:30 Courtesy Cart- RTR A 4:00 Crafter's Cove-AL K 6:00 5-Card Bingo	28 A 10:00 Aromatherapy L 10:00 Travel with Me GF 10:30 Room Visits GG 11:00 Card Games O 1:30 Rual King M 2:30 Guess That Song	29 K 10:00 Dream VR S 12:00 Chef's Circle K 1:30 Random Trivia- HC M 2:00 Shake it GG 2:30 Bingo-AL GG 6:00 Bowling	30 V 10:00 Fitness Challenge- HC O 12:00 Fazoli's I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	31 A 10:00 Bob Ross Part 1 L 11:00 Travel with Me I 1:30 Courtesy Cart GF 3:00 Happy Hour- HC M 3:00 Jerry Febus	HC - Health Center Rec Room AL - Assisted Living Rec Room BJC-Blue Jay Café WCB-Wildcat Bistro RP-Rustic Parlor RTR- Room to Room

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A - Artisans CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About	Please sign-up for outings at least 48 hours in advance. Due to winter and harsh weather, outings may be cancelled or rescheduled.	HC - Health Center Rec Room AL - Assisted Living Rec Room BJC-Blue Jay Café WCB-Wildcat Bistro RP-Rustic Parlor RTR- Room to Room	1 New Year's Day GG 10:00 Bingo- HC S 10:30 Chef's Circle GG 10:45 Bingo Resumes MM 11:30 Mindful Moments K 1:30 What's in the Balloon? M 2:00 Clap to the beat GF 2:30 Movie & Popcorn	2 MM 10:00 Five Below MM 11:30 Mindful Moments V 1:30 Roll in the New Year- HC I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	3 A 10:00 2020 Vision L 11:00 Travel with Me MM 11:30 Mindful Moments I 1:30 Courtesy Cart GF 3:00 Happy Hour- HC M 3:00 Hawaiian Paradise with Julie	4 GG 10:30 Bingo- HC MM 11:30 Mindful Moments A 1:30 Snow Flake Man K 2:00 5-Clue Guess GF 2:30 Nail Spa
5 I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL MM 11:30 Mindful Moments I 1:00 Protestant Communion- HC I 1:30 Courtesy Cart V 2:30 Quick Qigong	6 GF 10:00 Kevin the Poodle S 10:30 Inspired Living MM 11:30 Mindful Moments I 1:30 Courtesy Cart- RTR M 2:00 Don Smithey CC 3:00 Smoothies I 4:00 Room Visits K 6:00 5-Card Bingo	7 A 10:00 Soap Making MM 11:30 Mindful Moments O 1:30 Jo-Ann Fabrics M 2:30 Guess That Song	8 GG 10:00 Bingo- HC S 10:30 Chef's Circle GG 10:45 Bingo Resumes MM 11:30 Mindful Moments K 1:30 Fruit Cake Detective- HC M 2:00 Music Sing Alongs GF 2:30 Movie & Popcorn I 4:00 Room Visits GG 6:00 Shake Loose a Memory	9 V 10:00 Drum Circle MM 10:30 Mindful Moments O 12:00 Old Barn Outback I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	10 G 10:00 Tender Times A 10:30 New Years Resolutions L 11:00 Let's Be Healthy MM 11:30 Mindful Moments I 1:30 Courtesy Cart GF 3:00 Happy Hour- HC M 3:00 Music Sensations I 3:30 Dream VR	11 GG 10:30 Bingo- HC MM 11:30 Mindful Moments A 1:30 Fuse Beads K 2:15 Wacky Words GF 2:30 Nail Spa
12 I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL MM 11:30 Mindful Moments I 1:30 Courtesy Cart V 2:30 Sit & Be Fit	13 V 10:00 Chair Bingo MM 11:30 Mindful Moments I 1:30 Courtesy Cart- RTR CC 3:00 No Bake Oreo Truffles I 4:00 Room Visits K 6:00 5-Card Bingo	14 A 10:00 Snow Globes MM 11:30 Mindful Moments O 1:30 Dollar Tree M 2:30 Guess That Song	15 GG 10:00 Bingo- HC S 10:30 Chef's Circle GG 10:45 Bingo Resumes MM 11:30 Mindful Moments K 1:30 Road Trip Detective- HC M 2:00 Humming For Health GF 2:30 Movie & Popcorn I 4:00 Room Visits GG 6:00 Penny Ante	16 O 10:00 Country Drive MM 11:30 Mindful Moments V 1:30 Roll in the New Year- HC I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	17 A 10:00 Snow Slime L 11:00 In the Year 1968 MM 11:30 Mindful Moments I 1:30 Courtesy Cart GF 3:00 Happy Hour- HC M 3:00 The Band Loco	18 GG 10:30 Bingo- HC MM 11:30 Mindful Moments A 1:30 Words From the Wise K 2:00 Opposite Search GF 2:30 Nail Spa
19 I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL MM 11:30 Mindful Moments I 1:00 Protestant Worship Service-HCRR I 1:30 Courtesy Cart V 2:30 Muscle Relaxation	20 Martin Luther King Day S 10:00 Resident Council V 10:30 Chair Bingo MM 11:30 Mindful Moments I 1:30 Courtesy Cart- RTR CC 3:00 Cinnamon Rolls I 4:00 Room Visits K 6:00 5-Card Bingo	21 A 10:00 Stained Glass Winter MM 11:30 Mindful Moments O 1:30 Chief M 2:30 Guess That Song	22 GG 10:00 Bingo- HC S 10:30 Chef's Circle GG 10:45 Bingo Resumes MM 11:30 Mindful Moments K 1:30 Concentration Puzzle M 2:00 Movie Songs GF 2:30 Movie & Popcorn I 4:00 Room Visits GG 6:00 Forehead Game	23 M 10:00 Alan Seibert MM 11:30 Mindful Moments O 12:00 Skyline Chili V 1:30 Roll in the New Year- HC I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	24 G 10:00 Tender Times L 11:00 Travel with Me MM 11:30 Mindful Moments I 1:30 Courtesy Cart GF 3:00 Happy Hour- HC M 3:00 Music Sing Alongs	25 Chinese New Year GG 10:30 Bingo- HC MM 11:30 Mindful Moments A 1:30 Snowman Sensory Bottles K 2:15 Word Search: Dog Training GF 2:30 Nail Spa
26 I 9:00 Catholic Communion- RTR K 9:30 Laughter is Good I 10:30 Rosary-AL S 11:00 SUNDAY BRUNCH MM 11:30 Mindful Moments I 1:30 Courtesy Cart V 2:30 Sit & Be Fit	27 V 10:00 Chair Bingo K 11:00 Riddles MM 11:30 Mindful Moments I 1:30 Courtesy Cart- RTR CC 3:00 Personal Pizzas I 4:00 Room Visits K 6:00 5-Card Bingo	28 A 10:00 Aromatherapy GF 10:30 Room Visits MM 11:30 Mindful Moments O 1:30 Rual King M 2:30 Guess That Song	29 GG 10:00 Bingo- HC S 10:30 Chef's Circle GG 10:45 Bingo Resumes MM 11:30 Mindful Moments K 1:30 Random Trivia- HC M 2:00 Shake it GF 2:30 Movie & Popcorn I 4:00 Room Visits GG 6:00 Bowling	30 V 10:00 Fitness Challenge- HC MM 10:30 Mindful Moments O 12:00 Fazoli's I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	31 A 10:00 Bob Ross Part 1 L 11:00 Travel with Me MM 11:30 Mindful Moments I 1:30 Courtesy Cart GF 3:00 Happy Hour- HC M 3:00 Jerry Febus	Activities are subject to change. All changes will be posted on Community Lifeshares

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A - Artisans CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality			1 New Year's Day V 9:00 Roll in the New Year K 9:30 The Gift of Time CC 10:45 New Year's Black Eyed Peas 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Songs of Texas GG 4:00 Parachute Circle 4:30 Healthy Hands	2 V 9:00 Head to Toe Range of Motion K 9:30 Life Story CC 10:45 Winter Carrot Zucchini Bread 12:45 Relax & Recharge A 2:00 Wooden Bead Necklace I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL	3 V 9:00 Take the Stairs K 9:30 Rolling 31 Days CC 10:45 Blizzard Cookies 12:45 Relax & Recharge O 1:30 Country Drive I 1:30 Courtesy Cart A 2:00 My Artisan Journal GF 3:00 Happy Hour- HC M 3:30 January Happy Hour	4 V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Sweet & Salty Peanut Butter Dip 12:45 Relax & Recharge A 1:30 Short Stories - RTR A 2:00 Snowman Sensory Bottle M 3:30 Name That Croon GG 4:00 Throwing Horseshoes
5 I 9:00 Catholic Communion-RTR V 9:00 Humming Your Way to Health K 9:30 Writer's Circle I 10:30 Rosary-AL CC 10:45 Dr. Pepper Pudding Cake 12:45 Relax & Recharge I 1:00 Protestant Communion-	6 V 9:00 Snowball Fight K 9:30 Penny Ante GF 10:00 Kevin the Poodle CC 10:45 Three Bean Salad 12:45 Relax & Recharge I 1:30 Courtesy Cart- RTR M 2:00 Don Smithy A 2:00 Winter Bubble Trees M 3:30 Glee Club	7 V 9:00 Amazing Grace Chair Yoga K 9:30 What's In Your Junk Drawer? CC 10:45 Almond Cupcakes 12:45 Relax & Recharge A 2:00 Snowy Shaving Cream Paint M 3:30 Legendary Ladies	8 V 9:00 Roll in the New Year K 9:30 The Gift of Time CC 10:45 Elvis Presley's Peanut Butter Banana Sandwich 12:45 Relax & Recharge A 2:00 Earth's Rotation Day Globes M 3:30 Songs of Texas GG 4:00 Parachute Circle	9 V 9:00 Head to Toe Range of Motion K 9:30 Life Story CC 10:45 Broccoli Cheese Soup 12:45 Relax & Recharge A 2:00 No Sew Fleece Blankets I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL M 3:30 January Jingle	10 V 9:00 Take the Stairs K 9:30 Rolling 31 Days G 10:00 Tender Times CC 10:45 Chocolate Covered Cherry Bars 12:45 Relax & Recharge O 1:30 Country Drive I 1:30 Courtesy Cart A 2:00 My Artisan Journal-	11 V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Snowman Oreos 12:45 Relax & Recharge A 1:30 Fuse Beads A 2:00 Bob Ross Art M 3:30 Name That Croon GG 4:00 Throwing Horseshoes 4:30 Healthy Hands
12 I 9:00 Catholic Communion-RTR V 9:00 Humming Your Way to Health K 9:30 Writer's Circle I 10:30 Rosary-AL CC 10:45 Hot Chocolate Cookies 12:45 Relax & Recharge I 1:30 Courtesy Cart	13 V 9:00 Snowball Fight K 9:30 Penny Ante CC 10:45 Cinnamon Bread Sticks 12:45 Relax & Recharge I 1:30 Courtesy Cart- RTR A 2:00 Dream Catchers M 2:00 Veterans Day Heart Card GG 3:30 Glee Club 4:00 Basketball	14 V 9:00 Amazing Grace Chair Yoga K 9:30 What's In Your Junk Drawer? CC 10:45 Laura Bush's Texas Cookies 12:45 Relax & Recharge A 2:00 Ribbon Wreath M 3:30 Legendary Ladies	15 V 9:00 Roll in the New Year K 9:30 The Gift of Time CC 10:45 Spinach Artichoke Dip 12:45 Relax & Recharge A 2:00 To Be...Collage M 3:30 Songs of Texas GG 4:00 Parachute Circle 4:30 Healthy Hands GF 6:00 LifeShare Games!	16 V 9:00 Head to Toe Range of Motion K 9:30 Life Story CC 10:45 Pumpkin Spiced Apples 12:45 Relax & Recharge A 2:00 No Sew Fleece Blankets I 2:30 Protestant Services-HC I 3:30 Catholic Services-AL M 3:30 January Jingle	17 V 9:00 Take the Stairs K 9:30 Rolling 31 Days CC 10:45 No Bake Peanut Butter Chex Bars 12:45 Relax & Recharge O 1:30 Country Drive I 1:30 Courtesy Cart A 2:00 My Artisan Journal- Life Timeline	18 V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Cranberry Chocolate Oatmeal Balls 12:45 Relax & Recharge A 1:30 Words From the Wise A 2:00 Kindness Flowers M 3:30 Name That Croon GG 4:00 Throwing Horseshoes
19 I 9:00 Catholic Communion-RTR V 9:00 Humming Your Way to Health K 9:30 Writer's Circle I 10:30 Rosary-AL CC 10:45 Peanut Butter Loaf 12:45 Relax & Recharge I 1:00 Protestant Worship	20 Martin Luther King Day V 9:00 Snowball Fight K 9:30 Penny Ante CC 10:45 Ambrosia Salad 12:45 Relax & Recharge I 1:30 Courtesy Cart- RTR A 2:00 DIY Shibori M 3:30 Glee Club GG 4:00 Basketball 4:30 Healthy Hands	21 V 9:00 Amazing Grace Chair Yoga K 9:30 What's In Your Junk Drawer? CC 10:45 Elvis' Pudding Cake 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Legendary Ladies GG 4:00 Grocery Game	22 V 9:00 Roll in the New Year K 9:30 The Gift of Time CC 10:45 Crockpot Chicken Noodle Soup 12:45 Relax & Recharge A 2:00 Winter Sugar Painting M 3:30 Songs of Texas GG 4:00 Parachute Circle 4:30 Healthy Hands	23 V 9:00 Head to Toe Range of Motion K 9:30 Life Story M 10:00 Alan Seibert CC 10:45 Olive Red Pepper Cheddar Dip 12:45 Relax & Recharge A 2:00 DIY Fortune Fun I 2:30 Protestant Services-HC	24 V 9:00 Take the Stairs K 9:30 Rolling 31 Days G 10:00 Tender Times CC 10:45 Ultra-Gooey Peanut Butter Cookies 12:45 Relax & Recharge O 1:30 Country Drive I 1:30 Courtesy Cart A 2:00 My Artisan Journal-	25 Chinese New Year V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Fortune Cookies 12:45 Relax & Recharge A 1:30 Snowman Sensory Bottles A 2:00 Winter Process Art M 3:30 Name That Croon GG 4:00 Throwing Horseshoes
26 I 9:00 Catholic Communion-RTR V 9:00 Humming Your Way to Health K 9:30 Writer's Circle I 10:30 Rosary-AL CC 10:45 Loaded Vegetarian Chili S 11:00 SUNDAY BRUNCH 12:45 Relax & Recharge	27 V 9:00 Snowball Fight K 9:30 Penny Ante CC 10:45 No Bake Peanut Butter Blossom 12:45 Relax & Recharge I 1:30 Courtesy Cart- RTR A 2:00 My Artisan Box M 3:30 Glee Club GG 4:00 Basketball	28 V 9:00 Amazing Grace Chair Yoga K 9:30 What's In Your Junk Drawer? CC 10:45 Hot Chocolate Cupcakes 12:45 Relax & Recharge A 2:00 My Artisan Box M 3:30 Legendary Ladies GG 4:00 Grocery Game	29 V 9:00 Roll in the New Year K 9:30 The Gift of Time CC 10:45 Lemon Thumbprint Cookies 12:45 Relax & Recharge A 2:00 Newspaper Winter Landscape M 3:30 Songs of Texas GG 4:00 Parachute Circle	30 V 9:00 Head to Toe Range of Motion K 9:30 Life Story CC 10:45 Cranberry Cream Cheese Dip 12:45 Relax & Recharge A 2:00 Newspaper Winter Landscape I 2:30 Protestant Services-HC	31 V 9:00 Take the Stairs K 9:30 Rolling 31 Days CC 10:45 Cracker Barrel Hash Brown Casserole 12:45 Relax & Recharge O 1:30 Country Drive I 1:30 Courtesy Cart A 2:00 My Artisan Journal- Paint Without a Paintbrush	