

January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears S - Signature Events V - Vitality</p>	<p>Art with Kim-2nd & 4th Wednesdays at 10:30 AM Art with Melanie-2nd Monday each month Music with Marie-1st Thursday each month Music with Allen H.-3rd Sunday each month Music with Don-4th Monday each month</p>	<p>Our Healthy Hands program is offered daily at mealtime.</p>	<p>1 New Year's Day</p> <p>V 10:00 Roll in the New Year K 10:30 The Gift of Time CC 11:00 New Year's Black Eyed Peas 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:00 Songs of Texas GG 3:30 Parachute Circle GF 6:00 LifeShare Games!</p>	<p>2</p> <p>V 10:00 Head to Toe Range of Motion K 10:30 Life Story CC 11:00 Winter Carrot Zucchini Bread 12:45 Relax & Recharge A 2:00 Wooden Bead Necklace M 3:30 January Jingle GG 4:00 Virtual Reality- Space</p>	<p>3</p> <p>V 10:00 Take the Stairs K 10:30 Rolling 31 Days CC 11:00 Blizzard Cookies 12:45 Relax & Recharge A 2:00 My Artisan Journal M 3:30 January Happy Hour L 4:00 Virtual Reality-Infinite Lady Gaga GF 6:00 Old Time Theater</p>	<p>4</p> <p>V 10:00 Quick Qigong K 10:30 Famous Pairs CC 11:00 Sweet & Salty Peanut Butter Dip 12:45 Relax & Recharge A 2:00 Snowman Sensory Bottle M 3:30 Name That Croon GG 4:00 Throwing Horseshoes GF 6:00 Hangman</p>
<p>5</p> <p>V 10:00 Humming Your Way to Health K 10:30 Bible Trivia CC 11:00 Dr. Pepper Pudding Cake 12:45 Relax & Recharge A 2:00 Thirsty Coasters M 3:30 Hymn Sing GG 4:00 Name 10 GF 6:00 Relaxing Puzzle Time</p>	<p>6</p> <p>V 10:00 Snowball Fight K 10:30 Penny Ante CC 11:00 Three Bean Salad 12:45 Relax & Recharge A 2:00 Winter Bubble Trees M 3:00 Glee Club GG 3:30 BINGO I 5:00 Joys of Nature GF 6:00 Hot Chocolate & Tales</p>	<p>7</p> <p>V 10:00 Amazing Grace Chair Yoga K 10:30 What's In Your Junk Drawer? CC 11:00 Almond Cupcakes 12:45 Relax & Recharge A 2:00 Snowy Shaving Cream Paint M 3:30 Legendary Ladies</p>	<p>8</p> <p>V 10:00 Roll in the New Year K 10:30 The Gift of Time CC 11:00 Elvis Presley's Peanut Butter Banana Sandwich 12:45 Relax & Recharge A 2:00 Earth's Rotation Day Globes M 3:00 Songs of Texas GG 3:30 Parachute Circle</p>	<p>9</p> <p>V 10:00 Head to Toe Range of Motion K 10:30 Life Story CC 11:00 Broccoli Cheese Soup 12:45 Relax & Recharge A 2:00 No Sew Fleece Blankets M 3:30 January Jingle GG 4:00 Noodle Ball JG 5:00 Campfire Stories</p>	<p>10</p> <p>V 10:00 Take the Stairs K 10:30 Rolling 31 Days CC 11:00 Chocolate Covered Cherry Bars 12:45 Relax & Recharge A 2:00 My Artisan Journal- Postcard M 3:30 January Happy Hour GG 4:00 Nerf Gun Target Shooting</p>	<p>11</p> <p>V 10:00 Quick Qigong K 10:30 Famous Pairs CC 11:00 Snowman Oreos 12:45 Relax & Recharge A 2:00 Bob Ross Art M 3:30 Name That Croon GG 4:00 Throwing Horseshoes GF 6:00 Hangman 7:00 Nighttime Traditions</p>
<p>12</p> <p>V 10:00 Humming Your Way to Health K 10:30 IN2L-Favorite Hymns CC 11:00 Hot Chocolate Cookies S 11:00 SUNDAY BRUNCH A 2:00 Crystal Icicles M 3:30 Hymn Sing GG 4:00 Name 10 GF 6:00 Relaxing Puzzle Time</p>	<p>13</p> <p>V 10:00 Snowball Fight K 10:30 Penny Ante CC 11:00 Cinnamon Bread Sticks 12:45 Relax & Recharge A 2:00 Dream Catchers M 3:00 Glee Club GG 3:30 BINGO I 5:00 Good News Network GF 6:00 Hot Chocolate & Tales</p>	<p>14</p> <p>V 10:00 Amazing Grace Chair Yoga K 10:30 What's In Your Junk Drawer? CC 11:00 Laura Bush's Texas Cookies 12:45 Relax & Recharge A 2:00 Ribbon Wreath M 3:30 Legendary Ladies</p>	<p>15</p> <p>V 10:00 Roll in the New Year K 10:30 The Gift of Time CC 11:00 Spinach Artichoke Dip 12:45 Relax & Recharge A 2:00 To Be...Collage M 3:00 Songs of Texas GG 3:30 Parachute Circle GF 6:00 LifeShare Games! 7:00 Nighttime Traditions</p>	<p>16</p> <p>V 10:00 Head to Toe Range of Motion K 10:30 Life Story CC 11:00 Pumpkin Spiced Apples 12:45 Relax & Recharge A 2:00 No Sew Fleece Blankets M 3:30 January Jingle GG 4:00 Putt-Putt 5:00 Veterans Group</p>	<p>17</p> <p>V 10:00 Take the Stairs K 10:30 Rolling 31 Days CC 11:00 No Bake Peanut Butter Chex Bars 12:45 Relax & Recharge A 2:00 My Artisan Journal- Life Timeline M 3:30 January Happy Hour L 4:00 Virtual Reality-Gondola</p>	<p>18</p> <p>V 10:00 Quick Qigong K 10:30 Famous Pairs CC 11:00 Cranberry Chocolate Oatmeal Balls 12:45 Relax & Recharge A 2:00 Kindness Flowers M 3:30 Name That Croon GG 4:00 Throwing Horseshoes GF 6:00 Hangman</p>
<p>19</p> <p>V 10:00 Humming Your Way to Health K 10:30 Devotions CC 11:00 Peanut Butter Loaf 12:45 Relax & Recharge A 2:00 No Sew Lavender Scented Sachets M 3:30 Hymn Sing GG 4:00 Name 10</p>	<p>20 Martin Luther King Day</p> <p>V 10:00 Snowball Fight K 10:30 Penny Ante CC 11:00 Ambrosia Salad 12:45 Relax & Recharge A 2:00 DIY Shibori M 3:00 Glee Club GG 3:30 BINGO I 5:00 Ted Talk GF 6:00 Hot Chocolate & Tales</p>	<p>21</p> <p>V 10:00 Amazing Grace Chair Yoga K 10:30 What's In Your Junk Drawer? CC 11:00 Elvis' Pudding Cake 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Legendary Ladies GG 4:00 Grocery Game</p>	<p>22</p> <p>V 10:00 Roll in the New Year K 10:30 The Gift of Time CC 11:00 Crockpot Chicken Noodle Soup 12:45 Relax & Recharge A 2:00 Winter Sugar Painting M 3:00 Songs of Texas GG 3:30 Parachute Circle GF 6:00 LifeShare Games!</p>	<p>23</p> <p>V 10:00 Head to Toe Range of Motion K 10:30 Life Story CC 11:00 Olive Red Pepper Cheddar Dip 12:45 Relax & Recharge A 2:00 DIY Fortune Fun M 3:30 January Jingle GG 4:00 Bowling</p>	<p>24</p> <p>V 10:00 Take the Stairs K 10:30 Rolling 31 Days CC 11:00 Ultra-Gooey Peanut Butter Cookies 12:45 Relax & Recharge A 2:00 My Artisan Journal- Unique as a Snowflake M 3:30 January Happy Hour GG 4:00 Nerf Gun Target Shooting</p>	<p>25 Chinese New Year</p> <p>V 10:00 Quick Qigong K 10:30 Famous Pairs CC 11:00 Fortune Cookies 12:45 Relax & Recharge A 2:00 Winter Process Art M 3:30 Name That Croon GG 4:00 Throwing Horseshoes GF 6:00 Hangman 7:00 Nighttime Traditions</p>
<p>26</p> <p>V 10:00 Humming Your Way to Health K 10:30 Blessings and Inspirations CC 11:00 Loaded Vegetarian Chili 12:45 Relax & Recharge A 2:00 Oil Pastel Winter Tree Art M 3:30 Hymn Sing GG 4:00 Name 10</p>	<p>27</p> <p>V 10:00 Snowball Fight K 10:30 Penny Ante CC 11:00 No Bake Peanut Butter Blossom 12:45 Relax & Recharge A 2:00 My Artisan Box M 3:00 Glee Club GG 3:30 BINGO I 5:00 Random Acts of Kindness</p>	<p>28</p> <p>V 10:00 Amazing Grace Chair Yoga K 10:30 What's In Your Junk Drawer? CC 11:00 Hot Chocolate Cupcakes 12:45 Relax & Recharge A 2:00 My Artisan Box M 3:30 Legendary Ladies GG 4:00 Grocery Game</p>	<p>29</p> <p>V 10:00 Roll in the New Year K 10:30 The Gift of Time CC 11:00 Lemon Thumbprint Cookies 12:45 Relax & Recharge A 2:00 Newspaper Winter Landscape M 3:00 Songs of Texas GG 3:30 Parachute Circle</p>	<p>30</p> <p>V 10:00 Head to Toe Range of Motion K 10:30 Life Story CC 10:45 Cranberry Cream Cheese Dip 12:45 Relax & Recharge A 2:00 Newspaper Winter Landscape M 3:30 January Jingle</p>	<p>31</p> <p>V 10:00 Take the Stairs K 10:30 Rolling 31 Days CC 11:00 Cracker Barrel Hash Brown Casserole 12:45 Relax & Recharge A 2:00 My Artisan Journal- Paint Without a Paintbrush M 3:30 January Happy Hour L 4:00 Virtual Reality-African</p>	