## The Willows at Harrodsburg Health Center

## January 2020





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Make a difference in someone's life today! Ask a team member how you can become a volunteer!	Ombudsman Paula Parks 859-613-4875	All activities are subject to change - any additions or changes will be posted via Lifeshare.	New Year's Day  9:15 Mindful Moments - Baby Care I 10:30 Bible Study with Rod & Jill  GF 1:30 Book Club 3:00 Planning our New Years Resolutions, Intentions, and Goals!	9:15 Mindful Moments - Sports 11:00 BINGO 1 1:30 Bible Study with Leroy & Carol 3G 2:30 Playing Pool with Jeff! 3:30 VR Experience: Route to Everest GG 6:00 Penny Ante!	9:15 Mindful Moments - Cooking 10:30 Scenic Drive 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys	9:15 Mindful Moments - Hand Massage and Relaxation 11:30 Color Me Happy! 1:30 Puzzles and Popcorn 3:00 Texas Trivia	
9:15 Mindful Moments - Animals  10:30 Service by Salvisa Baptist Youth  11:00 Name That Croon Making Peach Fried Pies with Martha!  3:30 VR Experience: Pup's Eye View	9:15 Mindful Moments - Gardening K 10:00 Coffee and Conversation V 11:00 Balloon Volleyball O 1:30 Shopping Trip: Wal-Mart K 6:00 Left, Right, Center	7 MM 9:15 Mindful Moments - Beach K 11:00 BINGO M 1:30 Karaoke with Jim! S 2:30 Chef's Circle M 3:30 Glee Club with Jane	MM 9:15 Mindful Moments - Baby Care I 10:30 Bible Study with Rod & Jill CC 11:00 Bookmobile GF 1:30 Book Club M 3:00 Mike Mackin Piano Fun!	Carol  1:30 Canines 4 Christ	9:15 Mindful Moments - Cooking 10:30 Scenic Drive 2:00 BINGO Store 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys	9:15 Mindful Moments - Hand Massage and Relaxation 11:30 Color Me Happy! 1:30 Puzzles and Popcorn K 3:00 Who Am I?	
9:15 Mindful Moments - Animals 9:30 New Providence Church 11:30 BRUNCH 2:00 Burgin Baptist 3:30 VR Experience: Enter the Motordome	MM 9:15 Mindful Moments - Gardening K 10:00 Coffee and Conversation O 1:30 Shopping Trip- Dollar Tree in Danville K 6:00 Pokeno	MM 9:15 Mindful Moments - Beach K 11:00 BINGO S 1:15 Calendar Planning Meeting S 2:30 Chef's Circle M 3:30 Glee Club with Jane	MN 9:15 Mindful Moments - Baby Care I 10:30 Bible Study with Rod & Jill S 12:00 Taste of Town GF 1:30 Book Club GF 3:00 VR Experience: Invasion, Invasion!	9:15 Mindful Moments - Sports 1 10:00 St. Phillips Episcopal Church 11:00 BINGO 1 1:30 Bible Study with Leroy & Carol A 2:30 Cotton Swab Snowflakes GC 6:00 Scrabble	MN 9:15 Mindful Moments - Cooking O 10:30 Scenic Drive 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys	MM 9:15 Mindful Moments - Hand Massage and Relaxation A 11:30 Color Me Happy! I:30 Puzzles and Popcorn M 3:00 Nick's Saturday Sing-along!	
the Dinner Table	<ul> <li>Martin Luther King Day</li> <li>9:15 Mindful Moments -         Gardening</li> <li>10:00 Coffee and Conversation:         Discussion of Martin         Luther King Jr.</li> <li>11:30 Lunch Bunch - Grannys         Diner (Pay Own Way)</li> <li>2:00 Music by Steve Frazee</li> <li>6:00 Pass The Trash</li> </ul>	9:15 Mindful Moments - Beach K 11:00 BINGO S 1:15 Resident Council-HC S 2:30 Chef's Circle M 3:30 Glee Club with Jane	MN 9:15 Mindful Moments - Baby Care I 10:30 Bible Study with Rod & Jill CC 11:00 Bookmobile GF 1:30 Book Club 3:00 The Year of the Rat: Learning About the Chinese New Year!	Carol  1:30 Canines 4 Christ  2:00 VR Experience: A Day in	9:15 Mindful Moments - Cooking 10:30 Scenic Drive 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys M 6:30 MERCER BIBLE FELLOWSHIP	25 Chinese New Year  MM 9:15 Mindful Moments - Hand Massage and Relaxation  10:00 VR Experience: Science Sky Dive  A 11:30 Color Me Happy!  GF 1:30 Movie Matinee	
9:15 Mindful Moments - Animals K 11:00 Show and Tell 2:00 Service by Steve Sleeper L 3:00 VR Experience: Antartica 4:00 Junk Drawer Detective	9:15 Mindful Moments - Gardening K 10:00 Coffee and Conversation 1:30 Shopping Trip- Wal-Mart GC 6:00 NIGHT BINGO	9:15 Mindful Moments - Beach 1 11:00 Harrodsburg Baptist 2:00 Immanuel Baptist 2:30 Chef's Circle M 3:30 Glee Club with Jane	MM 9:15 Mindful Moments - Baby Care I 10:30 Bible Study with Rod & Jill GF 1:30 Book Club M 3:00 An Afternoon with Todd Bodenheimer as ELVIS	MM 9:15 Mindful Moments - Sports 11:00 BINGO 1:30 Bible Study with Leroy & Carol CC 2:30 Resident Pampering Party! A 3:30 DIY Shadowboxes GC 6:00 Yahtzee	9:15 Mindful Moments - Cooking 10:30 Scenic Drive 3:00 Happy Hour 4:00 Hymn Sing with the Royaltys	Like us on Facebook at The Willows at Harrodsburg  Follow us on Twitter  @W_Harrodsburg	

## The Willows at Harrodsburg **Personal Care**

## January 2020





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Make a difference in someone's life oday! Ask a team member how you an become a volunteer!	Ombudsman Paula Parks 859-613-4875	All activities are subject to change - any additions or changes will be posted via Lifeshare.	1 New Year's Day 1 10:30 Bible Study with Rod & Jill GF 1:30 Book Club 3:00 Planning our New Years Resolutions, Intentions, and Goals! V 4:00 Trilogy Fit	X 11:00 BINGO I 1:30 Bible Study with Leroy & Carol JG 2:30 Playing Pool with Jeff! 3:30 VR Experience: Route to Everest GG 6:00 Penny Ante!	O 10:30 Scenic Drive GF 1:30 Resident's Choice! S 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys	A 11:30 Color Me Happy!  K 1:30 Puzzles and Popcori  3:00 Texas Trivia  V 4:00 Trilogy Fit		
10:30 Service by Salvisa Baptist Youth 11:00 Name That Croon 1:30 Making Peach Fried Pies with Martha! 3:30 VR Experience: Pup's Eye View	K 10:00 Coffee and Conversation 11:00 Balloon Volleyball O 1:30 Shopping Trip: Wal-Mart V 4:00 Trilogy Fit K 6:00 Left, Right, Center	7  K 11:00 BINGO M 1:30 Karaoke with Jim! S 2:30 Chef's Circle M 3:30 Glee Club with Jane	I 10:30 Bible Study with Rod & Jill CC 11:00 Bookmobile GF 1:30 Book Club 3:00 Mike Mackin Piano Fun! V 4:00 Trilogy Fit	9  K 11:00 BINGO I 1:30 Bible Study with Leroy & Carol I 1:30 Canines 4 Christ I 2:30 VR Experience: Winter in Venice A 3:30 Colorful Cacti: Making Faux Plants GG 6:00 UNO	10  10:30 Scenic Drive 2:00 BINGO Store 3:00 Happy Hour 4:00 Hymn Sing with the Royaltys	11:30 Color Me Happy!  K 1:30 Puzzles and Popcorr  K 3:00 Who Am I?  V 4:00 Trilogy Fit		
9:30 New Providence Church 11:30 BRUNCH 2:00 Burgin Baptist 3:30 VR Experience: Enter the Motordome	13 K 10:00 Coffee and Conversation 1:30 Shopping Trip- Dollar Tree in Danville V 4:00 Trilogy Fit K 6:00 Pokeno	K 11:00 BINGO S 1:15 Calendar Planning Meeting S 2:30 Chef's Circle M 3:30 Glee Club with Jane	I 10:30 Bible Study with Rod & Jill S 12:00 Taste of Town S 1:15 Resident Council - PC GF 1:30 Book Club GF 3:00 VR Experience: Invasion, Invasion! V 4:00 Trilogy Fit	I 10:00 St. Phillips Episcopal Church K 11:00 BINGO I 1:30 Bible Study with Leroy & Carol A 2:30 Cotton Swab Snowflakes GG 6:00 Scrabble	17 O 10:30 Scenic Drive GF 1:30 Resident's Choice! 3:00 Happy Hour 4:00 Hymn Sing with the Royaltys	A 11:30 Color Me Happy! I:30 Puzzles and Popcor M 3:00 Nick's Saturday Singlong! V 4:00 Trilogy Fit		
<ul> <li>11:00 Junk Drawer Detective</li> <li>1:30 Winter Chapel on Canvas</li> <li>3:30 Community Church</li> <li>4:00 Conversations Around the Dinner Table</li> </ul>	20 Martin Luther King Day  K 10:00 Coffee and Conversation: Discussion of Martin Luther King Jr.  O 11:30 Lunch Bunch - Grannys Diner (Pay Own Way)  M 2:00 Music by Steve Frazee 4:00 Trilogy Fit GG 6:00 Pass The Trash	X 11:00 BINGO V 1:30 Chair Yoga S 2:30 Chef's Circle M 3:30 Glee Club with Jane	1 10:30 Bible Study with Rod & Jill CC 11:00 Bookmobile GF 1:30 Book Club 3:00 The Year of the Rat: Learning About the Chinese New Year! V 4:00 Trilogy Fit	X 11:00 BINGO I 1:30 Bible Study with Leroy & Carol I 1:30 Canines 4 Christ I 2:00 VR Experience: A Day in the Life on the Refuge S 4:00 -7:00 PM Winter Wonderland Family Night	24  O 10:30 Scenic Drive 3:00 Happy Hour M 4:00 Hymn Sing with the Royaltys M 6:30 MERCER BIBLE FELLOWSHIP	25 Chinese New Year  10:00 VR Experience: Scient Sky Dive  A 11:30 Color Me Happy!  GF 1:30 Movie Matinee  V 4:00 Trilogy Fit		
11:00 Show and Tell 2:00 Service by Steve Sleeper 3:00 VR Experience: Antartica 4:00 Junk Drawer Detective	X 10:00 Coffee and Conversation 1:30 Shopping Trip- Wal-Mart 4:00 Trilogy Fit GC 6:00 NIGHT BINGO	11:00 Harrodsburg Baptist 2:00 Immanuel Baptist 2:30 Chef's Circle 3:30 Glee Club with Jane	I 10:30 Bible Study with Rod & Jill  GF 1:30 Book Club  M 3:00 An Afternoon with Todd Bodenheimer as ELVIS  V 4:00 Trilogy Fit	30  K 11:00 BINGO I 1:30 Bible Study with Leroy & Carol CC 2:30 Resident Pampering Party! A 3:30 DIY Shadowboxes GC 6:00 Yahtzee	O 10:30 Scenic Drive I:30 Resident's Choice! S 3:00 Happy Hour 4:00 Hymn Sing with the Royaltys	Follow us on Facebook at The Willows at Harrodsburg Like us on Twitter @W_Harrodsburg		