

January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Did you know? You can receive a phone call or text reminders about your favorite activities. Sign up with Life Enrichment today.</p>	<p>We love our volunteers! We are looking for volunteers to help us grow. Do you have a talent you'd like to share with others? whether it be the gift of time or a passion you'd like to share, we would love for you to join our volunteer family! Talk to a member of the Life Enrichment team to get started.</p>	<ul style="list-style-type: none"> A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears 	<p>1 New Year's Day</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR CC 10:00 Cooking Club; cookies-ICP V 2:00 Bingocize - HCRR I 3:15 Meditation and Music (New Year Goals)- HCRR GG 4:00 Resident's Choice: Games-PCRR 	<p>2</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit -PCRR K 10:45 You be the Judge- HCRR O 11:15 Panera (pay own way) CC 2:00 Love on a Leash - Room to Room GG 3:15 Card Games - PCRR S 3:30 Chef's Circle - HCRR 	<p>3</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR O 10:00 Scenic Drive; Keenland A 1:30 Crafting Corner with Lisa-PCRR GG 1:30 Life Share Games- HCRR M 3:00 Happy Hour; Trivia - DR K 4:15 Media Cart K 6:15 FRIDAY NIGHT BINGO! - 	<p>4</p> <ul style="list-style-type: none"> GF 10:45 Popcorn, Pastries, and Netflix; Cheers- HCRR V 1:15 Moving to the Music- HCRR L 2:00 Live A Dream VR experience; Route to Everest- HCRR A 3:15 Inspirational Artwork - HCRR
<p>5</p> <ul style="list-style-type: none"> V 10:40 Chair Yoga - HCRR I 1:45 King's Church Service- HCRR GG 3:15 Card Games - PCRR K 4:00 Hot Cocoa and Fireside Chats-PCLR 	<p>6</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit - PCRR K 11:00 Book Club - PCLR V 2:15 Bingocize- HCRR JG 3:30 Reminiscing of 1950's athletes- HCRR M 4:00 Hymns with Sydney - HCRR 	<p>7</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit- PCRR GF 1:30 Resident Choice Games- HCRR O 2:00 Movie Outing (pay own way) S 3:30 Chef's Circle-PCRR L 3:45 Live A Dream VR 	<p>8</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR CC 10:00 Cooking Club; sausage balls -ICP CC 10:45 Visits with Aurora - HCRR V 2:00 Bingocize - HCRR I 3:15 Meditation and Music- HCRR GG 4:00 Resident's Choice: 	<p>9</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit -PCRR K 11:00 You be the Judge- HCRR O 1:30 Scenic Drive; Willmore GG 3:15 Card Games - PCRR S 3:30 Chef's Circle - HCRR M 4:15 Name that Tune - HCRR I 7:00 Trinity Life Bible Study - 	<p>10</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit A 1:30 Crafting Corner with Lisa-PCRR GG 1:30 Life Share Games- HCRR M 3:00 Happy Hour with Franklin K 4:15 Media Cart K 6:15 FRIDAY NIGHT BINGO! - 	<p>11</p> <ul style="list-style-type: none"> GF 10:45 Popcorn, Pastries, and Netflix; Cheers- HCRR V 1:15 Moving to the Music- HCRR L 2:00 Live A Dream VR experience; Pup's Eye View- HCRR A 3:15 Inspirational Artwork - HCRR
<p>12</p> <ul style="list-style-type: none"> V 10:40 Chair Yoga - HCRR S 12:00 Sunday Brunch - DR I 1:45 King's Church Service- HCRR GG 3:15 Card Games - PCRR K 4:00 Hot Cocoa and Fireside Chats-PCLR 	<p>13</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit - PCRR K 11:00 Book Club - PCLR V 2:15 Bingocize- HCRR M 4:00 Hymns with Sydney - HCRR 4:15 Media Cart 	<p>14</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit- PCRR L 10:45 Live A Dream VR experience; England- HCRR O 1:45 Scenic Drive; Jacobson Park S 3:30 Chef's Circle-PCRR 	<p>15</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR CC 10:00 Cooking Club; Biscuits- ICP CC 10:45 Visits with Aurora - HCRR GG 1:30 Popcorn and Puzzels- HCRR V 2:00 Bingocize - HCRR I 3:15 Meditation and Music- 	<p>16</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit -PCRR K 11:00 You be the Judge- HCRR O 11:30 Lunch at the Mall (pay own way) GG 3:15 Card Games - PCRR S 3:30 Chef's Circle - HCRR M 4:15 Name that Tune - HCRR 	<p>17</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR A 1:30 Crafting Corner with Lisa-PCRR GG 1:30 Life Share Games- HCRR M 3:00 Happy Hour; Afternoon Tea - DR K 4:15 Media Cart K 6:15 FRIDAY NIGHT BINGO! - 	<p>18</p> <ul style="list-style-type: none"> GF 10:45 Popcorn, Pastries, and Netflix; Cheers- HCRR V 1:15 Moving to the Music- HCRR L 2:00 Live A Dream VR experience; Antarctica, Unexpected Snow- HCRR A 3:15 Inspirational Artwork - HCRR
<p>19</p> <ul style="list-style-type: none"> V 10:40 Chair Yoga - HCRR I 1:45 King's Church Service- HCRR GG 3:15 Card Games - PCRR K 4:00 Hot Cocoa and Fireside Chats-PCLR 	<p>20 Martin Luther King Day</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit - PCRR K 11:00 Book Club - PCLR V 2:15 Bingocize- HCRR S 3:30 Resident Council- HCRR JG 3:30 Wildlife Adventure- HCRR M 4:00 Hymns with Sydney - HCRR 	<p>21</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit- PCRR L 10:45 Live A Dream VR experience; England- HCRR A 1:30 Learn to draw with artist Gary - HCRR S 3:30 Chef's Circle-PCRR 	<p>22</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR CC 10:00 Cooking Club-ICP CC 10:45 Visits with Aurora - HCRR V 2:00 Bingocize - HCRR I 3:15 Meditation and Music- HCRR GG 4:00 Resident's Choice: Games-PCRR 	<p>23</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit -PCRR K 11:00 You be the Judge- HCRR S 12:00 Taste of Town O 2:00 Dollar Tree GG 3:15 Card Games - PCRR S 3:30 Chef's Circle - HCRR M 4:15 Name that Tune - HCRR 	<p>24</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR A 1:30 Crafting Corner with Lisa-PCRR GG 1:30 Life Share Games- HCRR M 3:00 Happy Hour with Franklin K 4:15 Media Cart K 6:15 FRIDAY NIGHT BINGO! - HCRR 	<p>25 Chinese New Year</p> <ul style="list-style-type: none"> GF 10:45 Popcorn, Pastries, and Netflix; Cheers- HCRR V 1:15 Moving to the Music- HCRR L 2:00 Live A Dream VR experience; Enter the Motordome- HCRR A 3:15 Inspirational Artwork - HCRR
<p>26</p> <ul style="list-style-type: none"> V 10:40 Chair Yoga - HCRR I 1:45 King's Church Service- HCRR GG 3:15 Card Games - PCRR K 4:00 Hot Cocoa and Fireside Chats-PCLR 	<p>27</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit - PCRR K 11:00 Book Club - PCLR V 2:15 Bingocize- HCRR M 4:00 Hymns with Sydney - HCRR 4:15 Media Cart 	<p>28</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit- PCRR L 10:45 Live A Dream VR experience; Science Sky View- HCRR M 2:00 Cornbread Social with Harley Cannon- HCRR S 3:30 Chef's Circle-PCRR 	<p>29</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR CC 10:00 Cooking Club-ICP CC 10:45 Visits with Aurora - HCRR V 2:00 Bingocize - HCRR I 3:15 Meditation and Music- HCRR GG 4:00 Resident's Choice: Games-PCRR 	<p>30</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR V 10:00 Trilogy Fit -PCRR K 11:00 You be the Judge- HCRR O 2:00 Joseph Beth Bookstore GG 3:15 Card Games - PCRR S 3:30 Chef's Circle - HCRR M 4:15 Name that Tune - HCRR 	<p>31</p> <ul style="list-style-type: none"> K 9:15 Coffee and Conversations - HCLR O 10:00 Scenic Drive; Old Richmond Road A 1:30 Crafting Corner with Lisa-PCRR GG 1:30 Life Share Games- HCRR M 3:00 Happy Hour; Mixology- HCRR 	<p>Bus outings can be canceled due to weather. Our priorities are the safety, health, and well being of our Residents and Staff.</p>

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<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments</p>	<p>We love our volunteers? We are looking for volunteers to help us grow. Do you have a talent you'd like to share with others? Whether it be the gift of time or a passion, we would love for you to join our volunteer family! Talk to a member of Life Enrichment to get started.</p>	<p>Key Code: DR- Dining Room ICP-Ice Cream Parlor HCLR-Health Care Living Room PCRR-Personal Care Living Room HCDDP-Health Care Dining Room Patio</p>	<p>1 New Year's Day</p> <p>K 9:15 Coffee and Conversations - HCLR CC 10:00 Cooking Club; cookies-ICP MM 11:30 Themed Sensory Baskets-HCRR V 2:00 Bingocize - HCRR I 3:15 Meditation and Music (New Year Goals)- HCRR</p>	<p>2</p> <p>K 9:15 Coffee and Conversations - HCLR MM 9:15 Themed Sensory Baskets-HCRR K 10:45 You be the Judge- HCRR O 11:15 Panera (pay own way) CC 2:00 Love on a Leash - Room to Room S 3:30 Chef's Circle - HCRR</p>	<p>3</p> <p>K 9:15 Coffee and Conversations - HCLR O 10:00 Scenic Drive; Keenland S 11:00 OT/PT led group activity MM 11:30 Themed Sensory Baskets-HCRR GG 1:30 Life Share Games- HCRR M 3:00 Happy Hour; Trivia - DR K 4:15 Media Cart</p>	<p>4</p> <p>MM 10:00 Themed Sensory Baskets GF 10:45 Popcorn, Pastries, and Netflix; Cheers- HCRR V 1:15 Moving to the Music-HCRR L 2:00 Live A Dream VR experience; Route to Everest-HCRR</p>
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