

January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears</p>	<p>Activity Location Key: HCRR-Health Center Rec. Room ALRR-Assisted Living Rec. Room QC-Queen City Dining Room (HC) UT-Union Terminal Dining Room (AL) EP- Eden Park Parlor (HC) C- Courtyard; FC- Fitness Center</p>	<p>We are currently looking to grow our volunteer program. If you or someone you know would be willing to give the gift of time, please contact the Life Enrichment Director, Mary Cales</p>	<p>1 New Year's Day</p> <p>I 10:00 Church Service-HCRR K 1:00 What's New in the New Year -ALRR CC 3:00 Confetti Popcorn -ALRR G 6:00 Bingo-ALRR</p>	<p>2</p> <p>V 9:30 Chef's Circle-HCRR O 10:00 Silver Sneakers -FC 12:45 Scenic Drive Through the City JG 2:00 Just the Guys-HCRR L 3:30 The Great Pyramids -ALRR</p>	<p>3</p> <p>K 10:00 Large Crossword Puzzle -ALRR I 1:00 Catholic Mass- CIB K 1:00 I Spy - ALRR 2:30 Inspired Living Committee Meeting-ALRR S 3:30 Happy Hour-ALRR M 4:00 Live Entertainment with</p>	<p>4</p> <p>M 9:30 Music of the World - HCRR A 11:00 Soap Making -CIB K 1:30 Finishing Words - HCRR 2:30 Afternoon Matinee-HCRR</p>
<p>5</p> <p>V 9:30 Walking Club-ALRR I 11:00 Deep Breathing and Meditation-HCRR K 1:00 January Trivia -HCRR GF 3:00 Nail Spa-ALRR</p>	<p>6</p> <p>M 10:00 What song artist is this?-HCRR V 11:00 Chair Yoga-ALRR A 1:30 Mandarin Orange Still Life -ALRR GG 3:00 Bingo-ALRR GG 6:00 Pictionary -HCRR</p>	<p>7</p> <p>V 9:45 Trilogy FIT-FC O 11:00 Lunch Bunch Outing at Applebee's A 1:00 Snowman Sensory Jar-ALRR GG 2:30 Audible -ALRR 3:30 BINGO Store-ALRR</p>	<p>8</p> <p>I 10:00 Church Service-HCRR M 1:30 Name that Tune-ALRR CC 3:00 Mocktails -ALRR GF 6:00 Bingo- ALRR</p>	<p>9</p> <p>V 9:30 Chef's Circle-HCRR O 10:00 Silver Sneakers -FC 1:00 Shopping at Kroger L 3:30 Library Presentation and Check Out -HCRR</p>	<p>10</p> <p>K 10:00 What am I?-ALRR L 11:00 Dream VR- HCRR S 12:00 Taste of Town- Chick-Fil-A I 1:00 Catholic Communion-CIB GG 2:00 Remembering the Wonders of Winter -ALRR S 3:30 Happy Hour-ALRR</p>	<p>11</p> <p>A 9:30 January Art-ALRR CC 11:00 Coffee and Conversations-ALRR K 1:00 Life on the Farm Game -HCRR 2:30 Afternoon Matinee-HCRR</p>
<p>12</p> <p>V 9:30 Walking Club-ALRR I 10:30 Hand Massages-HCRR A 1:30 Jewelry Making-ALRR GF 3:00 Nail Spa-ALRR</p>	<p>13</p> <p>M 10:00 Musical Masterpiece-HCRR V 11:00 Chair Yoga-ALRR GG 3:00 Bingo-ALRR K 6:00 January Trivia - HCRR</p>	<p>14</p> <p>V 9:45 Trilogy FIT-FC O 11:00 Lunch Bunch Outing at Main Street Cafe GG 2:30 Question Ball -ALRR A 3:30 Paint Away!-ALRR</p>	<p>15</p> <p>I 10:00 Church Service-HCRR M 1:00 Drumming Circle- ALRR CC 3:00 Apple Pie -ALRR GF 6:00 Bingo -ALRR</p>	<p>16</p> <p>V 9:30 Chef's Circle-HCRR O 10:00 Silver Sneakers -FC 1:00 Scenic drive to get Doughnuts JG 2:00 Just the Guys-HCRR L 3:30 Animals of Egypt -ALRR</p>	<p>17</p> <p>A 10:00 2020 Calendar - ALRR L 11:00 Dream VR- HCRR 2:00 Resident Council - ALRR S 3:30 Happy Hour-ALRR GG 4:00 Euchre Club- ALRR M 4:00 Sing a long -ALRR</p>	<p>18</p> <p>K 9:30 How to write name in Egyptian -HCRR A 11:00 Clay Pottery -ALRR GG 1:00 You be the Judge!- HCRR 2:30 Afternoon Matinee-HCRR</p>
<p>19</p> <p>V 9:30 Walking Club-ALRR I 10:00 Aromatherapy -HCRR S 11:30 Sunday Brunch K 1:30 Memory Streets-HCRR GF 3:00 Nail Spa-ALRR</p>	<p>20 Martin Luther King Day</p> <p>M 10:00 Rhythm Band-HCRR V 11:00 Chair Yoga-ALRR A 1:00 Colorful Cati -ALRR GG 3:00 Bingo-ALRR K 6:00 MLK Trivia-HCRR</p>	<p>21</p> <p>V 9:45 Trilogy FIT-FC O 11:00 Lunch Bunch Outing at Bob Evans K 1:30 Deep in the Heart of Texas -ALRR GG 2:30 Audible -ALRR GF 3:30 BINGO Store-ALRR</p>	<p>22</p> <p>I 10:00 Church Service-HCRR K 1:00 Headbands-ALRR CC 3:00 Winter Cookies -ALRR GF 6:00 Bingo- ALRR</p>	<p>23</p> <p>V 9:30 Chef's Circle-HCRR O 10:00 Silver Sneakers -FC 1:00 Shopping at Peppermint Pig L 3:30 Fun Facts on English -ALRR</p>	<p>24</p> <p>M 9:30 Canasta -ALRR L 11:00 Dream VR- HCRR I 1:00 Catholic Mass-CIB A 1:00 Winter Wreath -ALRR S 3:30 Happy Hour-ALRR M 4:00 Live Entertainment with Richard Scott -ALRR</p>	<p>25 Chinese New Year</p> <p>M 9:30 Music for the Chinese New Year -HCRR K 11:00 Chinese New Year Trivia -ALRR CC 1:30 Valentine's Day Craft -ALRR 2:30 Afternoon Matinee-HCRR</p>
<p>26</p> <p>V 9:30 Walking Club-ALRR I 10:15 Relaxation Exercises -HCRR K 1:30 Word Teasers - HCRR GF 3:00 Nail Spa-ALRR</p>	<p>27</p> <p>M 10:00 Make your own Instrument-HCRR V 11:00 Chair Yoga-ALRR K 1:30 Kings in the Corner-ALRR GG 3:00 Bingo-ALRR K 6:00 Horse Racing- HCRR</p>	<p>28</p> <p>V 9:45 Trilogy FIT-FC O 11:00 Lunch Bunch Outing at Quaker Steak and Lube K 1:30 The Meaning Behind Your Name- ALRR GG 2:30 Hungry Hungry Hippos -ALRR A 3:30 Craft Stick Mug-ALRR</p>	<p>29</p> <p>I 10:00 Church Service-HCRR K 1:00 LRC-ALRR CC 3:00 Cinnamon Raisin Bread -ALRR GG 6:00 Bingo - ALRR</p>	<p>30</p> <p>V 9:30 Chef's Circle-HCRR O 10:00 Silver Sneakers -FC 1:00 Shopping at TJ Maxx GG 2:00 Just the Guys-HCRR L 3:30 Cambodia with Liz- ALRR</p>	<p>31</p> <p>K 10:00 Old home Remedies-ALRR L 11:00 Dream VR- HCRR I 1:00 Catholic Mass-CIB A 2:00 Dream Catcher -ALRR S 3:30 Happy Hour-ALRR M 4:00 Entertainment with Patty -ALRR</p>	<p>The calendar is subject to change. Please check Lifeshare daily for any updates.</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends G - Generations GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments</p>	<p>Activity Location Key: HCRR-Health Center Rec. Room ALRR-Assisted Living Rec. Room QC-Queen City Dining Room (HC) UT-Union Terminal Dining Room (AL) EP- Eden Park Parlor (HC) C- Courtyard; FC- Fitness Center</p>	<p>We are currently looking to grow our volunteer program. If you or anyone you know would be willing to give the gift of time, please contact the Life Enrichment Director, Mary Cales.</p>	<p>1 New Year's Day</p> <p>I 10:00 Church Service-HCRR V 11:00 Strength Training-ALRR MM 11:30 Themed Sensations - HCRR K 1:00 What's New in the New Year -ALRR G 6:00 Bingo-ALRR</p>	<p>2</p> <p>9:30 Chef's Circle-HCRR CC 10:00 Confetti Popcorn -QC O 12:45 Scenic Drive Through the City JG 2:00 Just the Guys-HCRR L 3:30 The Great Pyramids - ALRR MM 4:15 Themed Sensations-HCRR</p>	<p>3</p> <p>V 10:00 Toss and Catch-HCRR MM 11:30 Themed Sensations-HCRR I 1:00 Catholic Mass- CIB 2:30 Inspired Living Committee Meeting-ALRR S 3:30 Happy Hour-ALRR M 4:00 Live Entertainment with</p>	<p>4</p> <p>M 9:30 Music of the World - HCRR K 1:30 Finishing Words - HCRR MM 2:30 Afternoon Matinee-HCRR 4:30 Themed Sensations-HCRR</p>
<p>5</p> <p>I 11:00 Deep Breathing and Meditation-HCRR MM 11:15 Themed Sensations - HCRR K 1:00 January Trivia -HCRR GF 3:00 Nail Spa-ALRR</p>	<p>6</p> <p>M 10:00 What song artist is this?- HCRR V 11:00 Chair Yoga-ALRR MM 11:30 Themed Sensations-HCRR A 1:30 Snowflake Craft - HCRR GG 3:00 Bingo-ALRR GG 6:00 Pictionary -HCRR</p>	<p>7</p> <p>K 9:30 Friendship Circle -HCRR O 11:00 Lunch Bunch Outing at Applebee's M 1:30 Music Trivia-HCRR GG 2:30 Audible -ALRR MM 3:30 BINGO Store-ALRR MM 4:00 Themed Sensations - HCRR</p>	<p>8</p> <p>I 10:00 Church Service-HCRR V 11:00 Strength Training-ALRR MM 11:30 Themed Sensations - HCRR K 1:30 Name 5 -HCRR GF 3:00 Resident Council-HCRR GF 6:00 Bingo- ALRR</p>	<p>9</p> <p>9:30 Chef's Circle-HCRR CC 10:00 Mocktails-QC O 1:00 Shopping at Kroger L 3:30 Library Presentation and Check Out -HCRR MM 4:15 Themed Sensations-HCRR</p>	<p>10</p> <p>V 10:00 Balloon Volleyball-HCRR L 11:00 Dream VR- HCRR MM 11:30 Themed Sensations-HCRR S 12:00 Taste of Town- Chick-Fil-A I 1:00 Catholic Communion-CIB A 1:30 Snowman Craft - HCRR S 3:30 Happy Hour-ALRR</p>	<p>11</p> <p>A 9:30 January Art-ALRR K 1:00 Life on the Farm Game - HCRR MM 2:30 Afternoon Matinee-HCRR 4:30 Themed Sensations-HCRR</p>
<p>12</p> <p>I 10:30 Hand Massages-HCRR MM 11:15 Themed Sensations - HCRR A 1:30 Jewelry Making-ALRR GF 3:00 Nail Spa-ALRR</p>	<p>13</p> <p>A 9:30 Snowman Sensory Jar - HCRR M 10:00 Musical Masterpiece-HCRR V 11:00 Chair Yoga-ALRR MM 11:30 Themed Sensations-HCRR K 1:30 What Am I?- HCRR GG 3:00 Bingo-ALRR</p>	<p>14</p> <p>A 9:30 Clay Ornament Decorating- HCRR O 11:00 Lunch Bunch Outing at Main Street Cafe M 1:30 Follow the Beat to the Music -HCRR GG 2:30 Question Ball -ALRR MM 4:00 Themed Sensations - HCRR</p>	<p>15</p> <p>I 10:00 Church Service-HCRR V 11:00 Strength Training-ALRR MM 11:30 Themed Sensations - HCRR A 2:00 Snowman Tin - HCRR GF 6:00 Bingo -ALRR</p>	<p>16</p> <p>9:30 Chef's Circle-HCRR CC 10:00 Apple Pie-QC O 1:00 Scenic drive to get Doughnuts JG 2:00 Just the Guys-HCRR L 3:30 Animals of Egypt -ALRR MM 4:15 Themed Sensations-HCRR</p>	<p>17</p> <p>V 10:00 Skee Ball -HCRR L 11:00 Dream VR- HCRR MM 11:30 Themed Sensations-HCRR A 1:30 DIY Snow Globe - HCRR S 3:30 Happy Hour-ALRR GG 4:00 Euchre Club- ALRR M 4:00 Sing a long -ALRR</p>	<p>18</p> <p>K 9:30 How to write name in Egyptian -HCRR GG 1:00 You be the Judge!- HCRR MM 2:30 Afternoon Matinee-HCRR 4:30 Themed Sensations-HCRR</p>
<p>19</p> <p>I 10:00 Aromatherapy -HCRR MM 11:15 Themed Sensations - HCRR S 11:30 Sunday Brunch K 1:30 Memory Streets-HCRR GF 3:00 Nail Spa-ALRR</p>	<p>20 Martin Luther King Day</p> <p>M 10:00 Rhythm Band-HCRR V 11:00 Chair Yoga-ALRR MM 11:30 Themed Sensations-HCRR A 1:00 Wintertime Rock Painting-HCRR GG 3:00 Bingo-ALRR K 6:00 MLK Trivia-HCRR</p>	<p>21</p> <p>A 9:00 Icicle Craft- HCRR O 11:00 Lunch Bunch Outing at Bob Evans GG 2:30 Audible -ALRR GF 3:30 BINGO Store-ALRR MM 4:00 Themed Sensations - HCRR</p>	<p>22</p> <p>I 10:00 Church Service-HCRR V 11:00 Strength Training-ALRR MM 1:00 Themed Sensations - HCRR K 2:00 Deep in the Heart of Texas -HCRR GF 6:00 Bingo- ALRR</p>	<p>23</p> <p>9:30 Chef's Circle-HCRR CC 10:00 Cheesy Garlic Crescent Rolls-QC O 1:00 Shopping at Peppermint Pig L 3:30 Fun Facts on English - ALRR MM 4:15 Themed Sensations-HCRR</p>	<p>24</p> <p>V 10:00 Tai Chi-HCRR L 11:00 Dream VR- HCRR MM 11:30 Themed Sensations-HCRR I 1:00 Catholic Mass-CIB A 1:00 Winter Wreath -ALRR S 3:30 Happy Hour-ALRR M 4:00 Live Entertainment with Richard Scott -ALRR</p>	<p>25 Chinese New Year</p> <p>M 9:30 Music for the Chinese New Year -HCRR CC 1:30 Valentine's Day Craft - ALRR MM 2:30 Afternoon Matinee-HCRR 4:30 Themed Sensations-HCRR</p>
<p>26</p> <p>I 10:15 Relaxation Exercises - HCRR MM 11:15 Themed Sensations - HCRR K 1:30 Word Teasers - HCRR GF 3:00 Nail Spa-ALRR</p>	<p>27</p> <p>M 10:00 Make your own Instrument-HCRR V 11:00 Chair Yoga-ALRR MM 11:30 Themed Sensations-HCRR GG 1:30 Ring Toss - HCRR GG 3:00 Bingo-ALRR K 6:00 Horse Racing- HCRR</p>	<p>28</p> <p>A 9:30 Colorful Cati-HCRR O 11:00 Lunch Bunch Outing at Quaker Steak and Lube GF 1:30 Resident Choice!-HCRR GG 2:30 Hungry Hungry Hippos - ALRR K 3:30 Facts on Dolly Partin-HCRR MM 4:00 Themed Sensations -</p>	<p>29</p> <p>I 10:00 Church Service-HCRR V 11:00 Strength Training-ALRR MM 1:00 Themed Sensations - HCRR K 2:00 Friendship Circle - HCRR GG 6:00 Bingo - ALRR</p>	<p>30</p> <p>9:30 Chef's Circle-HCRR CC 10:00 Cinnamon Raisin Bread - QC O 1:00 Shopping at TJ Maxx GG 2:00 Just the Guys-HCRR L 3:30 Cambodia with Liz- ALRR MM 4:15 Themed Sensations-HCRR</p>	<p>31</p> <p>V 10:00 Jazzercise -HCRR L 11:00 Dream VR- HCRR MM 11:30 Themed Sensations-HCRR I 1:00 Catholic Mass-CIB A 2:00 Magazine Collage- HCRR S 3:30 Happy Hour-ALRR M 4:00 Entertainment with Patty - ALRR</p>	<p>The Calendar is subject to change. Please check Lifeshare daily for any updates.</p>

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<p>5</p> <p>V 9:30 Walking Club-ALRR M 3:00 Music with Jackie</p>	<p>6</p> <p>L 2:00 BrainFIT- CIB GG 3:00 Bingo-ALRR</p>	<p>7</p> <p>V 9:45 Trilogy FIT-FC 3:30 BINGO Store-ALRR</p>	<p>8</p> <p>I 10:00 Church Service-HCRR O 11:00 Out to Kroger GF 6:00 Bingo- ALRR</p>	<p>9</p> <p>V 10:00 Silver Sneakers -FC CC 1:00 Cinnamon Raisin Bread- CIB GF 6:00 Movie Night-S</p>	<p>10</p> <p>S 12:00 Taste of Town- Chick-Fil-A I 1:00 Catholic Communion-CIB S 3:30 Happy Hour-ALRR M 4:00 Entertainment with Dono - ALRR</p>	<p>11</p> <p>GF 12:30 Nail Spa-CIB K 1:00 Finishing Lines -HCRR 2:30 Afternoon Matinee-HCRR</p>
<p>12</p> <p>V 9:30 Walking Club-ALRR M 3:00 Music with Jackie</p>	<p>13</p> <p>GG 11:00 Rummikub- CIB L 2:00 BrainFIT- CIB GG 3:00 Bingo-ALRR</p>	<p>14</p> <p>V 9:45 Trilogy FIT-FC CC 1:30 Hand and Foot-CIB</p>	<p>15</p> <p>I 10:00 Church Service-HCRR O 11:15 Out to eat at GreyHound GF 6:00 Bingo -ALRR</p>	<p>16</p> <p>V 10:00 Silver Sneakers -FC CC 3:30 Tacos - CIB GF 6:00 Movie Night-S</p>	<p>17</p> <p>M 10:30 Instruments with Liz- CIB S 3:30 Happy Hour-ALRR GG 4:00 Euchre Club- ALRR M 4:00 Sing a long -ALRR</p>	<p>18</p> <p>GF 12:30 Nail Spa-CIB 2:30 Afternoon Matinee-HCRR</p>
<p>19</p> <p>V 9:30 Walking Club-ALRR I 10:00 Aromatherapy -HCRR S 11:30 Sunday Brunch M 3:00 Music with Jackie</p>	<p>20 Mart in Luther King Day</p> <p>GF 11:00 Chicken Foot- CIB L 2:00 BrainFIT- CIB GG 3:00 Bingo-ALRR</p>	<p>21</p> <p>V 9:45 Trilogy FIT-FC K 2:00 Fun Facts with Liz -CIB GF 3:30 BINGO Store-ALRR</p>	<p>22</p> <p>I 10:00 Church Service-HCRR O 12:30 Out to the Movies GF 6:00 Bingo- ALRR</p>	<p>23</p> <p>V 10:00 Silver Sneakers -FC GF 6:00 Movie Night-S</p>	<p>24</p> <p>A 9:30 Creative Coasters- CIB I 1:00 Catholic Mass-CIB S 3:30 Happy Hour-ALRR M 4:00 Live Entertainment with Richard Scott -ALRR</p>	<p>25 Chinese New Year</p> <p>K 11:00 Chinese New Year Trivia -ALRR GF 12:30 Nail Spa- CIB 2:30 Afternoon Matinee-HCRR</p>
<p>26</p> <p>V 9:30 Walking Club-ALRR M 3:00 Music with Jackie CC 4:00 Pot Luck ideas- CIB</p>	<p>27</p> <p>I 11:00 Group Bible Study- CIB L 2:00 BrainFIT- CIB GG 3:00 Bingo-ALRR</p>	<p>28</p> <p>V 9:45 Trilogy FIT-FC A 3:00 DIY Snowman Globe - CIB</p>	<p>29</p> <p>I 10:00 Church Service-HCRR GG 6:00 Bingo - ALRR</p>	<p>30</p> <p>V 10:00 Silver Sneakers -FC GG 2:00 Just the Guys-HCRR L 3:30 Cambodia with Liz- ALRR GF 6:00 Movie Night-S</p>	<p>31</p> <p>O 11:00 Out to Texas Road House I 1:00 Catholic Mass-CIB S 3:30 Happy Hour-ALRR M 4:00 Entertainment with Patty - ALRR</p>	<p>The calendar is subject to change. Please check Lifeshare daily for any updates.</p>

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<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>Daily Rhythm "About" Times: Morning: 9:00 Vitality 9:30 Keeping it Sharp 10:00 Morning Refresher 10:30 Creative Cooking 11:30 Healthy Hands/Lunch Prep</p> <p>Early Afternoon: 1:00 Relax & Recharge</p>	<p>Late Afternoon: 3:30 Musical Celebration 4:00 Group Games 4:30 Healthy Hands/Dinner Prep</p> <p>Evening: 6:00 Gathering of Friends 7:00 Nighttime Traditions</p> <p>Note: Housekeeping can take place at any time throughout the day.</p>	<p>1 New Year's Day</p> <p>V Roll in the New Year K The Gift of Time CC New Year's Black Eyed Peas Relax & Recharge A Creative Storytelling M Songs of Texas GG Parachute Circle Healthy Hands GF LifeShare Games!</p>	<p>2</p> <p>V Head to Toe Range of Motion K Life Story CC Winter Carrot Zucchini Bread Relax & Recharge A Wooden Bead Necklace M January Jingle GG Mini Muffin Match Up Healthy Hands GF Aqua Painting</p>	<p>3</p> <p>V Take the Stairs K Rolling 31 Days CC Blizzard Cookies Relax & Recharge I Catholic Mass- CIB A My Artisan Journal M January Happy Hour M Live Entertainment with Danielle- ALRR</p>	<p>4</p> <p>V Quick Qigong K Famous Pairs CC Sweet & Salty Peanut Butter Dip Relax & Recharge A Snowman Sensory Bottle M Name That Croon GG Throwing Horseshoes Healthy Hands GF Hangman</p>
<p>5</p> <p>V Humming Your Way to Health K Writer's Circle CC Dr. Pepper Pudding Cake Relax & Recharge A Thirsty Coasters M Hymn Sing GG Name 10 Healthy Hands GF Relaxing Puzzle Time</p>	<p>6</p> <p>V Snowball Fight K Penny Ante CC Three Bean Salad Relax & Recharge O Scenic Drive through the City A Winter Bubble Trees M Glee Club GG Basketball Healthy Hands</p>	<p>7</p> <p>V Amazing Grace Chair Yoga K What's In Your Junk Drawer? CC Almond Cupcakes Relax & Recharge A Snowy Shaving Cream Paint M Legendary Ladies GG Grocery Game Healthy Hands GF Flower Arranging</p>	<p>8</p> <p>V Roll in the New Year K The Gift of Time CC Elvis Presley's Peanut Butter Banana Sandwich Relax & Recharge A Earth's Rotation Day Globes M Songs of Texas GG Parachute Circle Healthy Hands</p>	<p>9</p> <p>V Head to Toe Range of Motion K Life Story CC Broccoli Cheese Soup Relax & Recharge A No Sew Fleece Blankets M January Jingle GG Mini Muffin Match Up Healthy Hands GF Aqua Painting</p>	<p>10</p> <p>V Take the Stairs K Rolling 31 Days CC Chocolate Covered Cherry Bars S Taste of Town- Chick-Fil-A Relax & Recharge I Catholic Communion-CIB A My Artisan Journal- Postcard M January Happy Hour M Entertainment with Dono - ALRR</p>	<p>11</p> <p>V Quick Qigong K Famous Pairs CC Snowman Oreos Relax & Recharge A Bob Ross Art M Name That Croon GG Throwing Horseshoes Healthy Hands GF Hangman</p>
<p>12</p> <p>V Humming Your Way to Health K Writer's Circle CC Hot Chocolate Cookies Relax & Recharge A Crystal Icicles M Hymn Sing GG Name 10 Healthy Hands GF Relaxing Puzzle Time</p>	<p>13</p> <p>V Snowball Fight K Penny Ante CC Cinnamon Bread Sticks O Lunch Bunch Outing! Relax & Recharge A Dream Catchers M Veterans Day Heart Card M Glee Club GG Basketball</p>	<p>14</p> <p>V Amazing Grace Chair Yoga K What's In Your Junk Drawer? CC Laura Bush's Texas Cookies Relax & Recharge A Ribbon Wreath M Legendary Ladies GG Grocery Game Healthy Hands GF Flower Arranging</p>	<p>15</p> <p>V Roll in the New Year K The Gift of Time CC Spinach Artichoke Dip Relax & Recharge A To Be...Collage M Songs of Texas GG Parachute Circle Healthy Hands GF LifeShare Games!</p>	<p>16</p> <p>V Head to Toe Range of Motion K Life Story CC Pumpkin Spiced Apples Relax & Recharge A No Sew Fleece Blankets M January Jingle GG Mini Muffin Match Up Healthy Hands GF Aqua Painting</p>	<p>17</p> <p>V Take the Stairs K Rolling 31 Days CC No Bake Peanut Butter Chex Bars Relax & Recharge A My Artisan Journal- Life Timeline M January Happy Hour GG Nerf Gun Target Shooting Healthy Hands GF Old Time Theater</p>	<p>18</p> <p>V Quick Qigong K Famous Pairs CC Cranberry Chocolate Oatmeal Balls Relax & Recharge A Kindness Flowers M Name That Croon GG Throwing Horseshoes Healthy Hands</p>
<p>19</p> <p>V Humming Your Way to Health K Writer's Circle CC Peanut Butter Loaf S Sunday Brunch Relax & Recharge A No Sew Lavender Scented Sachets M Hymn Sing GG Name 10</p>	<p>20 Martin Luther King Day</p> <p>V Snowball Fight K Penny Ante CC Ambrosia Salad Relax & Recharge O Scenic Drive with a Snack A DIY Shibori M Glee Club GG Basketball Healthy Hands</p>	<p>21</p> <p>V Amazing Grace Chair Yoga K What's In Your Junk Drawer? CC Elvis' Pudding Cake Relax & Recharge A Creative Storytelling M Legendary Ladies GG Grocery Game Healthy Hands GF Flower Arranging</p>	<p>22</p> <p>V Roll in the New Year K The Gift of Time CC Crockpot Chicken Noodle Soup Relax & Recharge A Winter Sugar Painting M Songs of Texas GG Parachute Circle Healthy Hands GF LifeShare Games!</p>	<p>23</p> <p>V Head to Toe Range of Motion K Life Story CC Olive Red Pepper Cheddar Dip Relax & Recharge A DIY Fortune Fun M January Jingle GG Mini Muffin Match Up Healthy Hands GF Aqua Painting</p>	<p>24</p> <p>V Take the Stairs K Rolling 31 Days CC Ultra-Goosey Peanut Butter Cookies Relax & Recharge I Catholic Mass-CIB A My Artisan Journal- Unique as a Snowflake M January Happy Hour</p>	<p>25 Chinese New Year</p> <p>V Quick Qigong K Famous Pairs CC Fortune Cookies Relax & Recharge CC Valentine's Day Craft -ALRR A Winter Process Art M Name That Croon GG Throwing Horseshoes Healthy Hands</p>
<p>26</p> <p>V Humming Your Way to Health K Writer's Circle CC Loaded Vegetarian Chili Relax & Recharge A Oil Pastel Winter Tree Art M Hymn Sing GG Name 10 Healthy Hands GF Relaxing Puzzle Time</p>	<p>27</p> <p>V Snowball Fight K Penny Ante CC No Bake Peanut Butter Blossom Relax & Recharge O Drive to the Park! A My Artisan Box M Glee Club GG Basketball Healthy Hands</p>	<p>28</p> <p>V Amazing Grace Chair Yoga K What's In Your Junk Drawer? CC Hot Chocolate Cupcakes Relax & Recharge A My Artisan Box M Legendary Ladies GG Grocery Game Healthy Hands GF Flower Arranging</p>	<p>29</p> <p>V Roll in the New Year K The Gift of Time CC Lemon Thumbprint Cookies Relax & Recharge A Newspaper Winter Landscape M Songs of Texas GG Parachute Circle Healthy Hands GF LifeShare Games!</p>	<p>30</p> <p>V Head to Toe Range of Motion K Life Story CC Cranberry Cream Cheese Dip Relax & Recharge A Newspaper Winter Landscape M January Jingle GG Mini Muffin Match Up Healthy Hands GF Aqua Painting</p>	<p>31</p> <p>V Take the Stairs K Rolling 31 Days CC Cracker Barrel Hash Brown Casserole Relax & Recharge I Catholic Mass-CIB A My Artisan Journal- Paint Without a Paintbrush M January Happy Hour</p>	<p>The calendar is subject to change. Please check Lifeshare daily for any updates.</p> <p>We are currently looking to grow our volunteer program. If you or someone you know would be willing to give the gift of time, please contact the Life Enrichment Director, Mary Cales.</p>