## **ASSISTED LIVING Life Enrichment**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Key Code 1 Assisted Living Activity Room 2 Charlie's Pub 3 Sun Room 4 Health Center Activity Room 5 Assisted Living Living Room 6 Conference Room	* Please notify Life Enrichment Staff at least 24 hours prior to outing if interested in participating  \$ May require money  Outings are subject to change due to weather conditions.		1 New Year's Day  JG 9:00 Men's Group 1 1 10:30 Church of the Living God 5 V 11:00 Motion Madness 1 2:00 Holiday Cooking 2 K 3:30 Brain Games	2 10:00 Seasonal Cooking at the Pub 2 S 10:30 Chef's Circle 5 V 11:00 Motion Madness 1 A 2:00 Lets Get Crafty 1 K 6:00 Game Night - 1	9:30 Friday Fun Outing *5 V 11:00 Motion Madness 5 K 1:30 Euchre Group 1 V 2:30 Standing Balance Group 3 S 4:00 Happy Hour 5	4  V 10:00 Move to Music 4  K 11:00 BINGO 4  K 1:30 Card Club 1  GF 2:30 Fun at the Pub 2	
To:00 Notable News Review 3 11:00 Wii Sports 4 1:30 Card Club 1 2:00 Gospel Music with Larry D. 5	S 10:00 AL Resident Council Meeting 1 11:00 Motion Madness 1 1:30 Euchre 1 3:00 Crafts 1 K 6:00 Evening Card Game 1	7 V 11:00 Motion Madness 1 1:30 Card Club with Myra 1 2:30 Standing, Balance Group 5 K 4:00 BINGO 4	9:00 Men's Group 1 11:00 Motion Madness 1 K 1:30 Euchre Group 1 2:00 Community Outing 5*	9 10:00 Seasonal Cooking at the Pub 2 10:30 Catholic Communion 2 10:30 Chef's Circle 5 11:00 Motion Madness 1 2:30 Music with Jimmy Priest 5 6:00 Game Night - 1	9:30 Friday Fun Outing *5 V 11:00 Motion Madness 5 K 1:30 Euchre Group 1 V 2:30 Standing Balance Group 3 S 4:00 Happy Hour 5	11  V 10:00 Move to Music 4  K 11:00 BINGO 4  K 1:30 Card Club 1  S 2:30 Celebrate January  Birthdays 2	
10:00 Notable News Review 3 V 11:00 Wii Sports 4 K 1:30 Card Club 1 GF 2:30 Fun at the Pub 2	S 10:30 Activity Planning Committee Meeting 1 V 11:00 Motion Madness 1 K 1:30 Euchre 1 A 3:00 Crafts 1 K 6:00 Evening Card Game 1	V 11:00 Motion Madness 1 1:30 Card Club with Myra 1 2:30 Standing, Balance Group 5 4:00 BINGO 4	9:00 Men's Group 1 11:00 Motion Madness 1 K 1:30 Euchre Group 1 0 2:00 Community Outing 5*	10:00 Seasonal Cooking at the Pub 2 S 10:30 Chef's Circle 5 V 11:00 Motion Madness 1 A 2:00 Lets Get Crafty 1 I 3:30 Hymn Sing with the Burtons 5 K 6:00 Game Night - 1	9:30 Friday Fun Outing *5 V 11:00 Motion Madness 5 K 1:30 Euchre Group 1 V 2:30 Standing Balance Group 3 S 4:00 Happy Hour 5	18  V 10:00 Move to Music 4  K 11:00 BINGO 4  K 1:30 Card Club 1  GF 2:30 Fun at the Pub 2	
10:00 Notable News Review 3 V 11:00 Wii Sports 4 K 1:30 Card Club 1 GF 2:30 Fun at the Pub 2	Martin Luther King Day  V 11:00 Motion Madness 1 1:00 Massages with Myra 2 1:30 Euchre 1 K 6:00 Evening Card Game 1	V 11:00 Motion Madness 1 1:30 Card Club with Myra 1 2:30 Standing, Balance Group 5 4:00 BINGO 4	9:00 Men's Group 1 11:00 Motion Madness 1 K 1:30 Euchre Group 1 0 2:00 Community Outing 5*	23 CC 10:00 Seasonal Cooking at the Pub 2 S 10:30 Chef's Circle 5 V 11:00 Motion Madness 1 A 2:00 Lets Get Crafty 1 K 6:00 Game Night - 1	9:30 Friday Fun Outing *5 V 11:00 Motion Madness 5 K 1:30 Euchre Group 1 V 2:30 Standing Balance Group 3 S 4:00 Happy Hour 5	Chinese New Year  V 10:00 Move to Music 4 K 11:00 BINGO 4 K 1:30 Card Club 1 M 2:30 Music with Jimmy Priest 5	
K 10:00 Notable News Review 3 S 11:00 Family Brunch 11a - 1p V 11:00 Wii Sports 4 K 1:30 Card Club 1	V 11:00 Motion Madness 1 1:30 Euchre 1 A 3:00 Crafts 1 K 6:00 Evening Card Game 1	V 11:00 Motion Madness 1 1:30 Card Club with Myra 1 V 2:30 Standing, Balance Group 5 K 4:00 BINGO 4	29 3G 9:00 Men's Group 1 V 11:00 Motion Madness 1 K 1:30 Euchre Group 1 O 2:00 Community Outing 5*	30 CC 10:00 Seasonal Cooking at the Pub 2 S 10:30 Chef's Circle 5 V 11:00 Motion Madness 1 A 2:00 Lets Get Crafty 1 K 6:00 Game Night - 1	31 O 9:30 Friday Fun Outing *5 V 11:00 Motion Madness 5 K 1:30 Euchre Group 1 V 2:30 Standing Balance Group 3 S 4:00 Happy Hour 5		

## **Health Center Life Enrichment**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Key Code 1 Assisted Living Activities Room 2 Charlie's Pub 3 Sun Room 4 Health Center Activity Room 5 Assisted Living Living Room 6 Conference Room	A - Artisans CC - Creative Cooking GF - Gathering of Friends I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce MW - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality	* Please notify the Life Enrichment Staff at least 24 hours prior to outing if interested  \$ May require money  Outings are subject to change due to weather conditions	New Year's Day  9:00 Men's Group 1 10:00 Stretch and Flex 3 1 10:30 Church of the Living God 5 V 11:00 Motion Madness 1 2:00 Holiday Cooking 2 K 3:30 Brain Games 1	2 10:00 Seasonal Cooking at the Pub 2 S 10:30 Chef's Circle 5 V 11:00 Motion Madness 1 A 2:00 Lets Get Crafty 1 K 6:00 Game Night - 1	9:30 Friday Fun Outing *5 10:30 Happy Hands 3 V 11:00 Motion Madness 5 K 1:30 Euchre Group 1 S 4:00 Happy Hour 5	4 V 10:00 Move to Music 4 K 11:00 BINGO 4 K 1:30 Card Club 1 GF 2:30 Fun at the Pub 2	
K 10:00 Notable News Review 3 11:00 Wii Sports 4 1:30 Card Club 1 2:00 Gospel Music with Larry D. 5	S 10:00 H.C. Resident Council Meeting 3 MN 11:00 Mindful Moments 3 V 11:00 Motion Madness 1 I:30 Euchre 1 A 3:00 Crafts 1 K 6:00 Evening Card Game 1	7 V 10:30 Move to Music 3 V 11:00 Motion Madness 1 K 1:30 Card Club with Myra 1 K 4:00 BINGO 4	9:00 Men's Group 1 V 10:00 Stretch and Flex 3 V 11:00 Motion Madness 1 O 2:00 Community Outing 5* 2:30 Brain Games K 3:30 Brain Games 1	9 CC 10:00 Seasonal Cooking at the Pub 2 1 10:30 Catholic Communion 2 5 10:30 Chef's Circle 5 V 11:00 Motion Madness 1 M 2:30 Music with Jimmy Priest 5 K 6:00 Game Night - 1	9:30 Friday Fun Outing *5 10:30 Happy Hands 3 11:00 Motion Madness 5 K 1:30 Euchre Group 1 S 4:00 Happy Hour 5	V 10:00 Move to Music 4 K 11:00 BINGO 4 K 1:30 Card Club 1 S 2:30 Celebrate January Birthdays 2	
12  K 10:00 Notable News Review 3  V 11:00 Wii Sports 4  K 1:30 Card Club 1  GF 2:30 Fun at the Pub 2	13  V 10:00 Massages with Myra 3 S 10:30 Activity Planning Committee Meeting 1 MN 11:00 Mindful Moments 3 V 11:00 Motion Madness 1 K 1:30 Euchre 1 A 3:00 Crafts 1 K 6:00 Evening Card Game 1	14  V 10:30 Move to Music 3 V 11:00 Motion Madness 1 K 1:30 Card Club with Myra 1 K 4:00 BINGO 4	JG 9:00 Men's Group 1 M 10:00 Judy's Therapeutic Music V 10:00 Stretch and Flex 3 V 11:00 Motion Madness 1 O 2:00 Community Outing 5* 2:30 Brain Games K 3:30 Brain Games 1	16 CC 10:00 Seasonal Cooking at the Pub 2 S 10:30 Chef's Circle 5 V 11:00 Motion Madness 1 A 2:00 Lets Get Crafty 1 I 3:30 Hymn Sing with the Burtons 5 K 6:00 Game Night - 1	9:30 Friday Fun Outing *5 10:30 Happy Hands 3 V 11:00 Motion Madness 5 K 1:30 Euchre Group 1 S 4:00 Happy Hour 5	18  V 10:00 Move to Music 4  K 11:00 BINGO 4  K 1:30 Card Club 1  GF 2:30 Fun at the Pub 2	
19  K 10:00 Notable News Review 3 V 11:00 Wii Sports 4 K 1:30 Card Club 1 GF 2:30 Fun at the Pub 2	Martin Luther King Day  11:00 Mindful Moments 3 11:00 Motion Madness 1 1:30 Euchre 1 K 6:00 Evening Card Game 1	V 10:30 Move to Music 3 V 11:00 Motion Madness 1 K 1:30 Card Club with Myra 1 K 4:00 BINGO 4	22  JG 9:00 Men's Group 1  10:00 Stretch and Flex 3  V 11:00 Motion Madness 1  O 2:00 Community Outing 5*  2:30 Brain Games  K 3:30 Brain Games 1	23 CC 10:00 Seasonal Cooking at the Pub 2 S 10:30 Chef's Circle 5 V 11:00 Motion Madness 1 A 2:00 Lets Get Crafty 1 K 6:00 Game Night - 1	9:30 Friday Fun Outing *5 10:30 Happy Hands 3 V 11:00 Motion Madness 5 K 1:30 Euchre Group 1 S 4:00 Happy Hour 5	Chinese New Year  V 10:00 Move to Music 4 I1:00 BINGO 4 I:30 Card Club 1 M 2:30 Music with Jimmy Priest 5	
K 10:00 Notable News Review 3 S 11:00 Family Brunch 11a - 1p V 11:00 Wii Sports 4 K 1:30 Card Club 1	11:00 Mindful Moments 3 V 11:00 Motion Madness 1 K 1:30 Euchre 1 K 6:00 Evening Card Game 1	28  V 10:30 Move to Music 3 V 11:00 Motion Madness 1 K 1:30 Card Club with Myra 1 K 4:00 BINGO 4	29  JG 9:00 Men's Group 1 V 10:00 Stretch and Flex 3 V 11:00 Motion Madness 1 O 2:00 Community Outing 5* 2:30 Brain Games K 3:30 Brain Games 1	30 CC 10:00 Seasonal Cooking at the Pub 2 S 10:30 Chef's Circle 5 V 11:00 Motion Madness 1 A 2:00 Lets Get Crafty 1 K 6:00 Game Night - 1	9:30 Friday Fun Outing *5 10:30 Happy Hands 3 V 11:00 Motion Madness 5 K 1:30 Euchre Group 1 4:00 Happy Hour 5		

**Morrison Woods Health Campus Life Enrichment - Memory Care** 



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Outings are subject to change due to weather conditions.			<ul> <li>New Year's Day</li> <li>9:00 Roll in the New Year</li> <li>9:30 The Gift of Time</li> <li>10:45 New Year's Black Eyed Peas</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 Creative Storytelling</li> <li>3:30 Songs of Texas</li> <li>4:00 Parachute Circle</li> <li>4:30 Healthy Hands</li> </ul>	9:00 Head to Toe Range of Motion  K 9:30 Life Story  9:45 BINGO  10:45 Winter Carrot Zucchini Bread  12:45 Relax & Recharge  2:00 Wooden Bead Necklace  3:30 January Jingle	9:00 Take the Stairs 9:30 Friday Fun Outing *5 9:30 Rolling 31 Days CC 10:45 Blizzard Cookies 12:45 Relax & Recharge A 2:00 My Artisan Journal M 3:30 January Happy Hour GC 4:00 Nerf Gun Target Shooting 4:30 Healthy Hands	9:00 Quick Qigong  9:30 Famous Pairs  10:45 Sweet & Salty Peanut Butter Dip 12:45 Relax & Recharge  2:00 Snowman Sensory Bottle 3:30 Name That Croon  4:00 Throwing Horseshoes 4:30 Healthy Hands
9:00 Humming Your Way to Health  Solution Pepper Pudding Cake 10:45 Dr. Pepper Pudding Cake 12:45 Relax & Recharge  A 2:00 Thirsty Coasters  M 3:30 Hymn Sing  GC 4:00 Name 10 4:30 Healthy Hands	9:00 Snowball Fight 9:30 Penny Ante 10:45 Three Bean Salad 12:45 Relax & Recharge 2:00 Winter Bubble Trees 3:30 Glee Club GC 4:00 Basketball 4:30 Healthy Hands GF 6:00 Hot Chocolate & Tales	7 V 9:00 Amazing Grace Chair Yoga K 9:30 What's In Your Junk Drawer? K 9:45 BINGO CC 10:45 Almond Cupcakes 12:45 Relax & Recharge A 2:00 Snowy Shaving Cream Paint	9:00 Roll in the New Year 9:30 The Gift of Time 10:45 Elvis Presley's Peanut Butter Banana Sandwhich 12:45 Relax & Recharge A 2:00 Earth's Rotation Day Globes M 3:30 Songs of Texas GG 4:00 Parachute Circle	9 9:00 Head to Toe Range of Motion  K 9:30 Life Story K 9:45 BINGO CC 10:45 Broccoli Cheese Soup 12:45 Relax & Recharge A 2:00 No Sew Fleece Blankets M 3:30 January Jingle GC 4:00 Mini Muffin Match Up	9:00 Take the Stairs 9:30 Friday Fun Outing *5 9:30 Rolling 31 Days CC 10:45 Chocolate Covered Cherry Bars 12:45 Relax & Recharge A 2:00 My Artisan Journal- Postcard M 3:30 January Happy Hour	V 9:00 Quick Qigong K 9:30 Famous Pairs C 10:45 Snowman Oreos 12:45 Relax & Recharge A 2:00 Bob Ross Art M 3:30 Name That Croon GG 4:00 Throwing Horseshoes 4:30 Healthy Hands GF 6:00 Hangman
9:00 Humming Your Way to Health  Solution 10:45 Hot Chocolate Cookies 12:45 Relax & Recharge 2:00 Crystal Icicles 3:30 Hymn Sing 4:00 Name 10 4:30 Healthy Hands	9:00 Snowball Fight 9:30 Penny Ante 10:45 Cinnamon Bread Sticks 12:45 Relax & Recharge 2:00 Dream Catchers 2:00 Veterans Day Heart Card 3:30 Glee Club GC 4:00 Basketball 4:30 Healthy Hands	V 9:00 Amazing Grace Chair Yoga K 9:30 What's In Your Junk Drawer? K 9:45 BINGO C 10:45 Laura Bush's Texas Cookies 12:45 Relax & Recharge A 2:00 Ribbon Wreath	9:00 Roll in the New Year 9:30 The Gift of Time CC 10:45 Spinach Artichoke Dip 12:45 Relax & Recharge A 2:00 To BeCollage M 3:30 Songs of Texas GC 4:00 Parachute Circle 4:30 Healthy Hands GF 6:00 LifeShare Games!	9:00 Head to Toe Range of Motion  K 9:30 Life Story 9:45 BINGO CC 10:45 Pumpkin Spiced Apples 12:45 Relax & Recharge A 2:00 No Sew Fleece Blankets M 3:30 January Jingle GC 4:00 Mini Muffin Match Up	V 9:00 Take the Stairs 9:30 Friday Fun Outing *5 9:30 Rolling 31 Days CC 10:45 No Bake Peanut Butter Chex Bars 12:45 Relax & Recharge A 2:00 My Artisan Journal- Life Timeline M 3:30 January Happy Hour	V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Cranberry Chocolate Oatmeal Balls 12:45 Relax & Recharge A 2:00 Kindness Flowers M 3:30 Name That Croon GC 4:00 Throwing Horseshoes 4:30 Healthy Hands
<ul> <li>9:00 Humming Your Way to Health</li> <li>9:30 Writer's Circle</li> <li>10:45 Peanut Butter Loaf</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 No Sew Lavender</li> <li>Scented Sachets</li> <li>3:30 Hymn Sing</li> <li>4:00 Name 10</li> </ul>	<ul> <li>Martin Luther King Day</li> <li>9:00 Snowball Fight</li> <li>9:30 Penny Ante</li> <li>10:45 Ambrosia Salad</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 DIY Shibori</li> <li>3:30 Glee Club</li> <li>4:00 Basketball</li> <li>4:30 Healthy Hands</li> <li>6:00 Hot Chocolate &amp; Tales</li> </ul>	V 9:00 Amazing Grace Chair Yoga K 9:30 What's In Your Junk Drawer? K 9:45 BINGO CC 10:45 Elvis' Pudding Cake 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Legendary Ladies	9:00 Roll in the New Year 9:30 The Gift of Time 10:45 Crockpot Chicken Noodle Soup 12:45 Relax & Recharge 2:00 Winter Sugar Painting 3:30 Songs of Texas GC 4:00 Parachute Circle 4:30 Healthy Hands	<ul> <li>9:00 Head to Toe Range of Motion</li> <li>9:30 Life Story</li> <li>9:45 BINGO</li> <li>10:45 Olive Red Pepper Cheddar Dip</li> <li>12:45 Relax &amp; Recharge</li> <li>2:00 DIY Fortune Fun</li> <li>3:30 January Jingle</li> </ul>	9:00 Take the Stairs 9:30 Friday Fun Outing *5 9:30 Rolling 31 Days CC 10:45 Ultra-Gooey Peanut Butter Cookies 12:45 Relax & Recharge A 2:00 My Artisan Journal- Unique as a Snowflake M 3:30 January Happy Hour	25 Chinese New Year  V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Fortune Cookies 12:45 Relax & Recharge A 2:00 Winter Process Art M 3:30 Name That Croon GC 4:00 Throwing Horseshoes 4:30 Healthy Hands GF 6:00 Hangman
9:00 Humming Your Way to Health  S 9:30 Writer's Circle  10:45 Loaded Vegetarian Chili  12:45 Family Brunch 11am-1pm  12:45 Relax & Recharge  A 2:00 Oil Pastel Winter Tree Art  M 3:30 Hymn Sing  4:00 Name 10	9:00 Snowball Fight 9:30 Penny Ante 10:45 No Bake Peanut Butter Blossom 12:45 Relax & Recharge 2:00 My Artisan Box 3:30 Glee Club GC 4:00 Basketball 4:30 Healthy Hands	V 9:00 Amazing Grace Chair Yoga K 9:30 What's In Your Junk Drawer? K 9:45 BINGO CC 10:45 Hot Chocolate Cupcakes 12:45 Relax & Recharge A 2:00 My Artisan Box M 3:30 Legendary Ladies	9:00 Roll in the New Year 9:30 The Gift of Time 10:45 Lemon Thumbprint Cookies 12:45 Relax & Recharge A 2:00 Newspaper Winter Landscape M 3:30 Songs of Texas GC 4:00 Parachute Circle	9:00 Head to Toe Range of Motion  9:30 Life Story 9:45 BINGO CC 10:45 Cranberry Cream Cheese Dip 12:45 Relax & Recharge A 2:00 Newspaper Winter Landscape	9:00 Take the Stairs 9:30 Friday Fun Outing *5 9:30 Rolling 31 Days CC 10:45 Cracker Barrel Hash Brown Casserole 12:45 Relax & Recharge A 2:00 My Artisan Journal- Paint Without a Paintbrush M 3:30 January Happy Hour	

## **Morrison Woods Health Campus Villa Community Calendar**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Think about some ideas for outings in 2020 and let me know. Food ideas are always good.	Would you like to volunteer? See Angie about how you can become a Morrison Woods Volunteer for some of our residents.	Please call or text Angie for any of your Villa concerns or ideas. 765-716-2286.	New Year's Day      9:00 Suzuki Music     Appreciation for children      11:00 Madness in Motion @     Main campus	12:00 Housekeeping for villas 10:00 Free Flow Chi 11:00 Madness in Motion @ Main campus	3 V 11:00 Madness in Motion @ Main campus S 4:00 Happy Hour @ main campus	9:00 Suzuki Music Appreciation for children	
2:00 Gospel Music with Larry D @ main capus	To the state of th	7  GF 8:30 Biscuits & Gravy 11:00 Madness in Motion @ Main campus	9:00 Suzuki Music Appreciation for children V 11:00 Madness in Motion @ Main campus CD 4:00 St. Vincent Blood Pressure Checks M 6:30 Live Bluegrass	12:00 Housekeeping for villas 1 10:30 Catholic Communion @ Main Campus V 11:00 Madness in Motion @ Main campus M 2:30 Muisc with Jimmie Priest @ Main campus	V 11:00 Madness in Motion @ Main campus S 4:00 Happy Hour @ main campus	9:00 Suzuki Music Appreciation for children	
12	13 V 11:00 Madness in Motion @ Main campus	V 11:00 Madness in Motion @ Main campus	15  M 9:00 Suzuki Music Appreciation for children V 11:00 Madness in Motion @ Main campus	12:00 Housekeeping for villas 10:00 Free Flow Chi 11:00 Madness in Motion @ Main campus 3:30 Hymn Sing with the Burtons	V 11:00 Madness in Motion @ Main campus S 4:00 Happy Hour @ main campus	9:00 Suzuki Music Appreciation for children	
19	20 Martin Luther King Day  V 11:00 Madness in Motion @ Main campus	GF 8:30 Coffee and Donuts 11:00 Madness in Motion @ Main campus SEC (Senior Exec. Committee)	M 9:00 Suzuki Music Appreciation for children V 11:00 Madness in Motion @ Main campus	12:00 Housekeeping for villas 11:00 Madness in Motion @ Main campus	V 11:00 Madness in Motion @ Main campus O 12:00 Out and About (TBD) S 4:00 Happy Hour @ main campus	25 Chinese New Year  M 9:00 Suzuki Music Appreciation for children M 2:30 Music With Jimmy Priest @ main campus	
S 11:30 Sunday Brunch (see Angie for free tickets)	V 11:00 Madness in Motion @ Main campus	V 11:00 Madness in Motion @ Main campus	M 9:00 Suzuki Music Appreciation for children V 11:00 Madness in Motion @ Main campus	12:00 Housekeeping for villas 11:00 Madness in Motion @ Main campus	31 V 11:00 Madness in Motion @ Main campus S 4:00 Happy Hour @ main campus	Sunday Brunches are now being held at the clubhouse! 11:30-12:30 on the 4th Sunday of each month. See Angie for your free tickets.	