

# January Activity Highlights

Every Thursday, 10:15am

Saturday, January 4th

Thursday, Jan 2nd

Tues Jan. 7th, 14th & 28th 3:00pm

January 23rd 1:30pm

Fridays, 3:00pm

Music Therapy with Liska

Dementia Support Group (Granite room)

Music w/ the Rhinestone Cowboy

Music w/ Sally's Choir

Music w/ Molly Paige

Help Thy Neighbor Games



*Here Comes Santa Claus (and Mrs. Claus!)*



## Happy Holidays to One & All!

The holiday season was filled with many festivities in the Atrium! We made Christmas decorations, had a group of local carolers from churches and girl scout groups and of course the best of all was our visit from The Quarry Choir.

It all began in November when the residents began making red and green paperchains, candy canes, and Christmas wreaths. The Atrium Christmas tree was also adorned with hand crocheted ribbons made by the residents.

Once again a girl scout troop came to sing with the residents. They described what level of girl scouts they were and then sang beautiful Christmas songs enjoyed by all.

Elena brought several children from her church. The residents enjoyed listening to piano recitals and of course Christmas caroling.

Santa and Mrs. Claus made a special appearance once again this year. The residents were given beautiful lap robes made by volunteers of a variety of churches. The love that was poured into making the blankets shown the beauty and love the residents experienced by this small act of kindness.

Our holiday season was once again celebrated with the Quarry Choir. That day was filled with smiles, laughter and so much joy. The Quarry choir is truly a gift to all of us who are blessed to partake in listening to their voices.

*Merry Christmas, Happy Hanukkah, and Happy Holidays to everyone who has touched our lives here at the Quarry!*



Happy Birthday!

Barbara  
January 23rd



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>The Six Principles of Wellbeing:</p> <ul style="list-style-type: none"> <li>Artistic Expression</li> <li>Physical Engagement</li> <li>Spiritual Support</li> </ul>			<p>1 Happy New Year</p> <p><b>AM</b> It's a Brand New Day Baking</p> <p><b>PM</b> 1:00 Wags and Wiggles w/Gracie and Lydia Fitness Fun Singalong w/ Georgina Rae Relaxing Moments</p>	<p>2</p> <p><b>AM</b> 10:15 Music Therapy w/ Liska</p> <p><b>PM</b> 1:30 Rhinestone Cowboy Birthday Party Fun with Words Wags &amp; Wiggles w/Mark &amp; Heidi 5:30 Relaxing Moments</p>	<p>3</p> <p><b>AM</b> It's a Brand New Day Black Jack</p> <p><b>PM</b> Fitness Fun Help thy neighbor Bingo 5:30pm Relaxing Moments</p>	<p>4</p> <p><b>AM</b> Movie 9:30 Joyride</p> <p><b>PM</b> Fitness Fun Say it with Music 3:30 Dementia Support</p>
<p>5</p> <p><b>AM</b> It's A Brand New Day Relaxing Moments</p> <p><b>PM</b> Fitness Fun Let's Do Trivia 3:00 Hymns &amp; Devotions 7:00pm Classic Movies (Ch. 98)</p>	<p>6</p> <p><b>AM</b> It's A Brand New Day Fun with Words</p> <p><b>PM</b> 1:30 Ron Ruiz Relaxing Moments Documentary Ch. 98</p>	<p>7</p> <p><b>AM</b> Movie Joy Ride</p> <p><b>PM</b> 1:00Catholic Rosary Fitness Fun 3:00 Sally's Choir</p>	<p>8</p> <p><b>AM</b> It's a Brand New Day Baking</p> <p><b>PM</b> Fitness Fun Singalong w/ Georgina Rae Relaxing Moments</p>	<p>9</p> <p><b>AM</b> 10:15 Music Therapy w/Liska</p> <p><b>PM</b> Fitness Fun Fun with Words Wags &amp; Wiggles w/Mark &amp; Heidi 5:30 Relaxing Moments</p>	<p>10</p> <p><b>AM</b> It's a Brand New Day Black Jack</p> <p><b>PM</b> Fitness fun Help thy neighbor bingo 5:30 Relaxing Moments</p>	<p>11</p> <p><b>AM</b> 9:30 Joy Ride</p> <p><b>PM</b> Fitness Fun Say it with Music</p>
<p>12</p> <p><b>AM</b> It's A Brand New Day Relaxing Moments</p> <p><b>PM</b> Fitness Fun Let's Do Trivia Hymns and Devotions</p>	<p>13</p> <p><b>AM</b> It's A Brand New Day Fun with Words</p> <p><b>PM</b> Fitness Fun Reminiscing Relaxing Moments</p>	<p>14</p> <p><b>AM</b> Movie Joy Ride</p> <p><b>PM</b> 1:00Catholic Rosary Fitness Fun 3:00 Sally's Choir</p>	<p>15</p> <p><b>AM</b> It's a Brand New Day Baking</p> <p><b>PM</b> 1:00 Wags &amp; Wiggles w/Gracie &amp; Lydia Fitness Fun Singalong w/ Georgina Rae Relaxing Moments</p>	<p>16</p> <p><b>AM</b> 10:15 Music Therapy w/Liska</p> <p><b>PM</b> Fitness Fun Fun with Words Wags &amp; Wiggles w/Mark &amp; Heidi 5:30 Relaxing Moments</p>	<p>17</p> <p><b>AM</b> It's A Brand New Day Black Jack</p> <p><b>PM</b> Fitness Fun Help thy neighbor bingo</p>	<p>18</p> <p><b>AM</b> It's a Brand New Day</p> <p><b>PM</b> Fitness Fun Say it with Music 5:30 Relaxing Moments</p>
<p>19</p> <p><b>AM</b> It's A Brand New Day Relaxing Moments</p> <p><b>PM</b> Fitness Fun Let's Do Trivia Hymns and Devotions w/ Sally 7:00pm Classic Movies Ch. 98</p>	<p>20 Martin Luther King Day</p> <p><b>AM</b> It's A Brand New Day Fun with Words</p> <p><b>PM</b> 1:30 Music w/ Ron Ruiz Relaxing Moments Documentary Ch. 98</p>	<p>21</p> <p><b>AM</b> Movie Joy Ride</p> <p><b>PM</b> 1:00Catholic Rosary Fitness Fun 3:00 Anne Iams Relaxing Moments</p>	<p>22</p> <p><b>AM</b> It's a brand New Day</p> <p><b>PM</b> 1:00 Wags &amp; Wiggles w/greyhounds Fitness Fun Singalong w/ Georgina Rae Relaxing Moments</p>	<p>23 Happy Birthday Barbara</p> <p><b>AM</b> 10:15 Music Therapy w/ Liska</p> <p><b>PM</b> 1:30 Molly Paige Fun with Words Wags &amp; Wiggles w/Mark &amp; Heidi 5:30 Relaxing Moments</p>	<p>24</p> <p><b>AM</b> It's A Brand New Day Black Jack</p> <p><b>PM</b> Fitness Fun Help thy neighbor bingo</p>	<p>25</p> <p><b>AM</b> It's a Brand New Day</p> <p><b>PM</b> Fitness Fun Say it with Music 5:30 Relaxing Moments</p>
<p>26</p> <p><b>AM</b> It's A Brand New Day Relaxing Moments</p> <p><b>PM</b> Fitness Fun Let's Do Trivia Hymns and Devotions 7:00 Classic Movies Ch. 98</p>	<p>27</p> <p><b>AM</b> It's A Brand New Day Fun with Words</p> <p><b>PM</b> Fitness Fun Reminiscing Relaxing Moments Documentary Ch. 98</p>	<p>28</p> <p><b>AM</b> Movie Joy Ride</p> <p><b>PM</b> 1:00 Catholic Rosary Fitness Fun 3:00 Sally's Choir</p>	<p>29</p> <p><b>AM</b> It's a brand New Day Baking</p> <p><b>PM</b> Fitness Fun Singalong w/ Georgina Rae Relaxing Moments</p>	<p>30</p> <p><b>AM</b> 10:30 Music Therapy w/ Liska</p> <p><b>PM</b> Fitness Fun Fun with Words Wags &amp; Wiggles w/Mark &amp; Heidi 5:30 Relaxing Moments</p>	<p>31</p> <p><b>AM</b> Movie It's A Brand New Day Black Jack</p> <p><b>PM</b> Fitness Fun Help thy neighbor bingo</p>	