

January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About</p>			<p>1 New Year's Day</p> <p>V 9:30 TrilogyFIT Act Rm L 10:00 What's New in the New Year! Act Cafe CC 12:00 Funny New Years Resolutions All DR K 1:30 New Years Puzzles Act Rm</p>	<p>2</p> <p>MM 9:30 Mindful Moments HC-LR K 10:00 BINGO HC-DR M 12:00 Peaceful Music DR CC 12:00 Funny New Years Resolutions All DR 1:30 Columbus Cruise 5:30 Roaming Robin's Music K 6:00 LifeShare Trivia</p>	<p>3</p> <p>MM 9:00 Reindeer Games HC V 9:30 Trilogy Fit HC-DR GF 10:00 Taste Testing NEW!! Act Rm GG 1:30 Horse Races AL-DR M 3:30 Happy Hour HC-DR</p>	<p>4</p> <p>I 10:00 Bible Study HC-DR K 12:00 Daily Chronicles DR CC 1:30 Afternoon Independent Games Act Rm MM 1:30 Mindful Moments HC</p>
<p>5</p> <p>10:00 Worship Service K 11:45 Daily Chronicle DR A 1:30 Winter Art Act Rm L 2:45 Winter Wildlife Act Rm</p>	<p>6</p> <p>V 9:30 Trilogy Fit AL K 12:00 Daily Chronicles DR A 2:00 Artisans Act Rm K 4:00 Virtual Realty Program!</p>	<p>7</p> <p>MM 9:30 Mindful Moments HC K 10:00 BINGO HC-DR S 10:50 Chef's Circle HC-DR K 3:30 Virtual Reality Program Visits M 6:30 Critney Family TCS-DR</p>	<p>8</p> <p>MM 9:30 Tai Chi HC-LR V 9:30 TrilogyFIT Act Rm K 3:30 Trivia Time! HC-LR</p>	<p>9</p> <p>MM 9:30 Mindful Moments HC-LR K 10:00 BINGO HC-DR M 12:00 Peaceful Music DR 1:30 Columbus Cruise K 6:00 LifeShare Trivia</p>	<p>10</p> <p>MM 9:00 Mindful Moments HC V 9:30 Trilogy Fit HC-DR GF 10:00 Taste Testing NEW!! Act Rm GG 10:30 Nail Spa Act Rm JG 1:30 Just the Guys Movies Act Rm M 3:30 Happy Hour HC-DR</p>	<p>11</p> <p>I 10:00 Bible Study HC-DR K 12:00 Daily Chronicles DR CC 1:30 Afternoon Independent Games Act Rm MM 1:30 Mindful Moments HC</p>
<p>12</p> <p>10:00 Worship Service K 11:45 Daily Chronicle DR A 1:30 Winter Art Act Rm L 2:45 Winter Wildlife Act Rm</p>	<p>13</p> <p>V 9:30 Trilogy Fit AL I 10:00 Worship Service HC-DR K 12:00 Daily Chronicles DR A 2:00 Artisans Act Rm GG 2:30 Inspired Living Committee K 4:00 Virtual Realty Program!</p>	<p>14</p> <p>MM 9:30 Mindful Moments HC K 10:00 BINGO HC-DR S 10:50 Chef's Circle HC-DR GG 1:30 Pass the Trash Game K 3:30 Virtual Reality Program Visits</p>	<p>15</p> <p>MM 9:30 Mindful Moments HC-LR V 9:30 TrilogyFIT Act Rm CC 1:30 Resident Council HC K 3:30 Trivia Time! HC-LR</p>	<p>16</p> <p>MM 9:30 Mindful Moments HC-LR K 10:00 BINGO HC-DR M 12:00 Peaceful Music DR 1:30 Columbus Cruise K 6:00 LifeShare Trivia</p>	<p>17</p> <p>MM 9:00 Mindful Moments HC V 9:30 Trilogy Fit HC-DR GF 10:00 Taste Testing NEW!! Act Rm JG 12:00 Men's Lunch with Ross! GG 1:30 Horse Races AL-DR M 3:30 Happy Hour with Susie Grelle HC-DR</p>	<p>18</p> <p>I 10:00 Bible Study HC-DR K 12:00 Daily Chronicles DR CC 1:30 Afternoon Independent Games Act Rm MM 1:30 Mindful Moments HC</p>
<p>19</p> <p>I 9:30 Early Worship Service K 11:00 Sunday Brunch K 11:45 Daily Chronicle DR A 1:30 Winter Art Act Rm L 2:45 Winter Wildlife Act Rm</p>	<p>20 Mart in Luther King Day</p> <p>V 9:30 Trilogy Fit AL K 12:00 Daily Chronicles MLK Edition DR A 2:00 Doves of Peace Artisans Act Rm K 4:00 Virtual Realty Program!</p>	<p>21</p> <p>MM 9:30 Mindful Moments HC K 10:00 BINGO HC-DR S 10:50 Chef's Circle HC-DR K 3:30 Virtual Reality Program Visits I 6:30 Worship Service HC-DR</p>	<p>22</p> <p>MM 9:30 Mindful Moments HC-LR V 9:30 TrilogyFIT Act Rm K 1:30 Jackpot Game Act Rm K 3:30 Trivia Time! HC-LR</p>	<p>23</p> <p>MM 9:30 Mindful Moments HC-LR K 10:00 BINGO HC-DR M 12:00 Peaceful Music DR 1:30 Columbus Cruise K 6:00 LifeShare Trivia</p>	<p>24</p> <p>MM 9:00 Mindful Moments HC V 9:30 Trilogy Fit HC-DR GF 10:00 Taste Testing NEW!! Act Rm GG 10:30 Nail Spa Act. Rm. M 3:30 Happy Hour HC-DR</p>	<p>25 Chinese New Year</p> <p>I 10:00 Bible Study HC-DR K 12:00 Daily Chronicles DR CC 1:30 Afternoon Independent Games Act Rm MM 1:30 Mindful Moments HC</p>
<p>26</p> <p>10:00 Worship Service K 11:45 Daily Chronicle DR A 1:30 Winter Art Act Rm L 2:45 Winter Wildlife Act Rm</p>	<p>27</p> <p>V 9:30 Trilogy Fit AL K 12:00 Daily Chronicles DR A 2:00 Artisans Act Rm K 4:00 Virtual Realty Program!</p>	<p>28</p> <p>MM 9:30 Mindful Moments HC K 10:00 BINGO HC-DR S 10:50 Chef's Circle HC-DR K 3:30 Virtual Reality Program Visits M 3:30 Tom's Music HC-DR</p>	<p>29</p> <p>MM 9:30 Mindful Moments HC-LR V 9:30 TrilogyFIT Act Rm K 1:30 Pokeno Act Rm K 3:30 Trivia Time! HC-LR</p>	<p>30</p> <p>MM 9:30 Mindful Moments HC-LR K 10:00 BINGO HC-DR M 12:00 Peaceful Music DR O 1:30 Columbus Cruise K 6:00 LifeShare Trivia</p>	<p>31</p> <p>MM 9:00 Mindful Moments HC V 9:30 Trilogy Fit HC-DR GF 10:00 Taste Testing NEW!! Act Rm M 3:30 Happy Hour HC-DR</p>	

January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears V - Vitality</p>			<p>1 New Year's Day</p> <p>V 9:00 Roll in the New Year K 9:30 The Gift of Time L 10:00 What's New in the New Year! Act Cafe CC 10:45 New Year's Black Eyed Peas CC 12:00 Funny New Years Resolutions All DR 12:45 Relax & Recharge</p>	<p>2</p> <p>V 9:00 Head to Toe Range of Motion K 9:30 Life Story CC 10:45 Winter Carrot Zucchini Bread CC 12:00 Funny New Years Resolutions All DR 12:45 Relax & Recharge A 2:00 Wooden Bead Necklace</p>	<p>3</p> <p>V 9:00 Take the Stairs K 9:30 Rolling 31 Days CC 10:45 Blizzard Cookies 12:45 Relax & Recharge A 2:00 My Artisan Journal M 3:30 January Happy Hour GG 4:00 Nerf Gun Target Shooting 4:30 Healthy Hands GF 6:00 Old Time Theater</p>	<p>4</p> <p>V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Sweet & Salty Peanut Butter Dip 12:45 Relax & Recharge A 2:00 Snowman Sensory Bottle M 3:30 Name That Croon GG 4:00 Throwing Horseshoes 4:30 Healthy Hands</p>
<p>5</p> <p>V 9:00 Humming Your Way to Health K 9:30 Writer's Circle CC 10:45 Dr. Pepper Pudding Cake 12:45 Relax & Recharge A 2:00 Thirsty Coasters M 3:30 Hymn Sing GG 4:00 Name 10 4:30 Healthy Hands</p>	<p>6</p> <p>V 9:00 Snowball Fight K 9:30 Penny Ante CC 10:45 Three Bean Salad 12:45 Relax & Recharge A 2:00 Winter Bubble Trees M 3:30 Glee Club GG 4:00 Basketball K 4:00 Virtual Realty Program! 4:30 Healthy Hands</p>	<p>7</p> <p>V 9:00 Amazing Grace Chair Yoga K 9:30 What's In Your Junk Drawer? CC 10:45 Almond Cupcakes 12:45 Relax & Recharge A 2:00 Snowy Shaving Cream Paint M 3:30 Legendary Ladies</p>	<p>8</p> <p>V 9:00 Roll in the New Year K 9:30 The Gift of Time CC 10:45 Elvis Presley's Peanut Butter Banana Sandwich 12:45 Relax & Recharge A 2:00 Earth's Rotation Day Globes M 3:30 Songs of Texas GG 4:00 Parachute Circle</p>	<p>9</p> <p>V 9:00 Head to Toe Range of Motion K 9:30 Life Story CC 10:45 Broccoli Cheese Soup 12:45 Relax & Recharge A 2:00 No Sew Fleece Blankets M 3:30 January Jingle GG 4:00 Mini Muffin Match Up 4:30 Healthy Hands</p>	<p>10</p> <p>V 9:00 Take the Stairs K 9:30 Rolling 31 Days CC 10:45 Chocolate Covered Cherry Bars 12:45 Relax & Recharge A 2:00 My Artisan Journal- Postcard M 3:30 January Happy Hour GG 4:00 Nerf Gun Target Shooting</p>	<p>11</p> <p>V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Snowman Oreos 12:45 Relax & Recharge A 2:00 Bob Ross Art M 3:30 Name That Croon GG 4:00 Throwing Horseshoes 4:30 Healthy Hands GF 6:00 Hangman</p>
<p>12</p> <p>V 9:00 Humming Your Way to Health K 9:30 Writer's Circle CC 10:45 Hot Chocolate Cookies 12:45 Relax & Recharge A 2:00 Crystal Icicles M 3:30 Hymn Sing GG 4:00 Name 10 4:30 Healthy Hands</p>	<p>13</p> <p>V 9:00 Snowball Fight K 9:30 Penny Ante CC 10:45 Cinnamon Bread Sticks 12:45 Relax & Recharge A 2:00 Dream Catchers 2:00 Veterans Day Heart Card M 3:30 Glee Club GG 4:00 Basketball K 4:00 Virtual Realty Program!</p>	<p>14</p> <p>V 9:00 Amazing Grace Chair Yoga K 9:30 What's In Your Junk Drawer? CC 10:45 Laura Bush's Texas Cookies 12:45 Relax & Recharge GG 1:30 Pass the Trash Game A 2:00 Ribbon Wreath</p>	<p>15</p> <p>V 9:00 Roll in the New Year K 9:30 The Gift of Time CC 10:45 Spinach Artichoke Dip 12:45 Relax & Recharge A 2:00 To Be...Collage M 3:30 Songs of Texas GG 4:00 Parachute Circle 4:30 Healthy Hands GF 6:00 LifeShare Games!</p>	<p>16</p> <p>V 9:00 Head to Toe Range of Motion K 9:30 Life Story CC 10:45 Pumpkin Spiced Apples 12:45 Relax & Recharge A 2:00 No Sew Fleece Blankets M 3:30 January Jingle GG 4:00 Mini Muffin Match Up 4:30 Healthy Hands</p>	<p>17</p> <p>V 9:00 Take the Stairs K 9:30 Rolling 31 Days CC 10:45 No Bake Peanut Butter Chex Bars 12:45 Relax & Recharge A 2:00 My Artisan Journal- Life Timeline M 3:30 January Happy Hour GG 4:00 Nerf Gun Target Shooting</p>	<p>18</p> <p>V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Cranberry Chocolate Oatmeal Balls 12:45 Relax & Recharge A 2:00 Kindness Flowers M 3:30 Name That Croon GG 4:00 Throwing Horseshoes 4:30 Healthy Hands</p>
<p>19</p> <p>V 9:00 Humming Your Way to Health K 9:30 Writer's Circle CC 10:45 Peanut Butter Loaf 12:45 Relax & Recharge A 2:00 No Sew Lavender Scented Sachets M 3:30 Hymn Sing GG 4:00 Name 10</p>	<p>20 Martin Luther King Day</p> <p>V 9:00 Snowball Fight K 9:30 Penny Ante CC 10:45 Ambrosia Salad 12:45 Relax & Recharge A 2:00 DIY Shibori M 3:30 Glee Club GG 4:00 Basketball K 4:00 Virtual Realty Program! 4:30 Healthy Hands</p>	<p>21</p> <p>V 9:00 Amazing Grace Chair Yoga K 9:30 What's In Your Junk Drawer? CC 10:45 Elvis' Pudding Cake 12:45 Relax & Recharge A 2:00 Creative Storytelling M 3:30 Legendary Ladies GG 4:00 Grocery Game</p>	<p>22</p> <p>V 9:00 Roll in the New Year K 9:30 The Gift of Time CC 10:45 Crockpot Chicken Noodle Soup 12:45 Relax & Recharge K 1:30 Jackpot Game Act Rm A 2:00 Winter Sugar Painting M 3:30 Songs of Texas GG 4:00 Parachute Circle</p>	<p>23</p> <p>V 9:00 Head to Toe Range of Motion K 9:30 Life Story CC 10:45 Olive Red Pepper Cheddar Dip 12:45 Relax & Recharge A 2:00 DIY Fortune Fun M 3:30 January Jingle GG 4:00 Mini Muffin Match Up</p>	<p>24</p> <p>V 9:00 Take the Stairs K 9:30 Rolling 31 Days CC 10:45 Ultra-Goosey Peanut Butter Cookies 12:45 Relax & Recharge A 2:00 My Artisan Journal- Unique as a Snowflake M 3:30 January Happy Hour GG 4:00 Nerf Gun Target Shooting</p>	<p>25 Chinese New Year</p> <p>V 9:00 Quick Qigong K 9:30 Famous Pairs CC 10:45 Fortune Cookies 12:45 Relax & Recharge A 2:00 Winter Process Art M 3:30 Name That Croon GG 4:00 Throwing Horseshoes 4:30 Healthy Hands GF 6:00 Hangman</p>
<p>26</p> <p>V 9:00 Humming Your Way to Health K 9:30 Writer's Circle CC 10:45 Loaded Vegetarian Chili 12:45 Relax & Recharge A 2:00 Oil Pastel Winter Tree Art M 3:30 Hymn Sing GG 4:00 Name 10 4:30 Healthy Hands</p>	<p>27</p> <p>V 9:00 Snowball Fight K 9:30 Penny Ante CC 10:45 No Bake Peanut Butter Blossom 12:45 Relax & Recharge A 2:00 My Artisan Box M 3:30 Glee Club GG 4:00 Basketball K 4:00 Virtual Realty Program!</p>	<p>28</p> <p>V 9:00 Amazing Grace Chair Yoga K 9:30 What's In Your Junk Drawer? CC 10:45 Hot Chocolate Cupcakes 12:45 Relax & Recharge A 2:00 My Artisan Box M 3:30 Legendary Ladies M 3:30 Tom's Music HC-DR</p>	<p>29</p> <p>V 9:00 Roll in the New Year K 9:30 The Gift of Time CC 10:45 Lemon Thumbprint Cookies 12:45 Relax & Recharge K 1:30 Pokeno Act Rm A 2:00 Newspaper Winter Landscape M 3:30 Songs of Texas</p>	<p>30</p> <p>V 9:00 Head to Toe Range of Motion K 9:30 Life Story CC 10:45 Cranberry Cream Cheese Dip 12:45 Relax & Recharge A 2:00 Newspaper Winter Landscape M 3:30 January Jingle</p>	<p>31</p> <p>V 9:00 Take the Stairs K 9:30 Rolling 31 Days CC 10:45 Cracker Barrel Hash Brown Casserole 12:45 Relax & Recharge A 2:00 My Artisan Journal- Paint Without a Paintbrush M 3:30 January Happy Hour GG 4:00 Nerf Gun Target Shooting</p>	