



Celebrating IL Resident Birthdays in January

- Jan 2 – Bob N.
- Jan 3 – Darryl R. & Kay T.
- Jan 5 – Jean H.
- Jan 6 – Sadie B.
- Jan 7 – Michele J.
- Jan 9 – Hank S.
- Jan 10 – Wanda B.
- Jan 11 – Margaret H.
- Jan 16 – Kay K. & Joan M.

Please join us for a birthday celebration in the dining room on January 21st! All residents are welcome to attend!



FRIENDS & FAMILY REFERRAL PROGRAM!

CHEF’S COOKING DEMONSTRATIONS

04

National Spaghetti Day Pasta Bar at 2:00pm in the Café

13

National Peach Melba Day at 2:00pm in the Café

14

National Oatmeal Month Oatmeal Bar at 8:30am in the Dining Room for breakfast

20

Cheese Lover’s Day snacks and Mac & Cheese at 12:00pm in the Dining Room

RESIDENT INFORMATION

All sign-up sheets for outings, doctor visits, church outings, shopping trips, walking club, and more are found in the green binder in the Post Office. Please sign up in advance! Space is limited on some outings.

Any comments, suggestions, concerns, and compliments for the Resident Council to review can be placed in the suggestion box in the Post Office. These notes are read monthly at the council meetings with management. The minutes from the monthly Resident Council meetings are posted in the Post Office. Residents are welcome to read the minutes, and the front desk will make copies.

The All Community Meeting for residents and managers meets on the last Thursday of the month. This month we will meet on January 30th. All residents are invited to join our department heads to discuss community ongoings and to answer any questions.

Welcome Home all of the new residents this month:
*Joe and Marion Graham, apt 102
*Charlene Weekfall, apt 341
We are very happy you are here!

Please see Ariel, Life Enrichment Manager, with any important announcements for the newsletter!

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

JANUARY 2020



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Facebook: /WaltonwoodCherryHill



HAPPY NEW YEAR!

“Tomorrow is the first blank page of a 365 page book. Write a good one.” — Brad Paisley

With a new year comes new opportunities, and the chance to try things differently than you have done in the last year. You may make some new friends, try a new food, or even go on an outing with the life enrichment department! Try to keep your resolution in the new year – see how long you can stick to it!

This month, we have some new events for you to try. There will be a new chair dancing class led by Jan on January 3rd and 17th. We will have a variety show to entertain you with comedy, juggling, and more on January 14th. Celebrate National Polka Music month with us on January 16th. Join us for a winter themed bingo game on January 22nd. And more!

On January 31st in honor of National Inspire Your Heart with Art day, we will have our 2nd annual Art Exhibition featuring pieces made by our talented residents! Please contact Ariel to submit your artworks. And please attend!!

Every year, Waltonwood uses a third party to send a survey to you. It should have arrived in your mailboxes. Please fill them out to the best of your ability. We value your input to make us a better community! Surveys are due by January 3rd. You are welcome to come to the activity room on January 1st to enjoy refreshments while you complete your surveys!

As always, please review the monthly Life Enrichment calendar for all of the fun programs and events!

COMMUNITY MANAGEMENT

- Jennifer Crader
Executive Director
- Deanna Hite
Business Office Manager
- Renee Ralsky
Marketing Manager
- Jolene Maples
Move In Coordinator
- Kara Triplett
Culinary Services Manager
- April Marcotte
Independent Living Manager
- Ariel Starr
Independent Living Life Enrichment Manager
- Christina Ewald
Assisted Living Life Enrichment Manager
- Candice Jones
Memory Care Life Enrichment Manager
- Jasmine Montgomery
Resident Care Manager
- Tiffany Woodson
Wellness Coordinator
- Charlie Harris
Wellness Coordinator
- Lindsay Orler
Housekeeping Supervisor

ASSOCIATE SPOTLIGHT

Independent Living Associate of the Month:
Christopher “Toph” Soroka, Dishwasher

Waltonwood Cherry Hill Associates of the Year:
Hanan Barakat, Dining Room Supervisor & Richard Ware, Maintenance Technician

Toph does a great job in the kitchen. He is very helpful and goes above and beyond his duties.

Throughout the year, we are always able to rely on Hanan and Rich. Thank you so much for all you do for us! We included a picture of Carla to acknowledge her hard work and dedication to our community. She will be dearly missed!

Please see the front desk concierge to nominate an associate you feel has been doing a wonderful job!



DECEMBER HIGHLIGHTS

05

We made Christmas trees from popsicle sticks. Here is Joan G.!

12

We welcomed our newest residents with entertainment. Here is Donna S.!



14

Here is Bob P. with his decorated stockings, just in time for Christmas!

19

Our annual Holiday Family Dinner with Santa. Here is Santa with Agnes W. and Jim L.!



FOREVER FIT: JANUARY JOURNAL

Every January millions of Americans resolve to move more, eat better and stress less. In fact, nearly 55% of all New Year’s resolutions focus on improving our overall health & wellness and while that’s an encouraging number, only 8% actual stick to their plan. There are certain tactics however that make it much more likely you’ll have success in staying on track and reaching your goals. This January try a resolution journal. A quick entry of daily activity provides a 24-hour snapshot showing if the choices you’ve made took you closer too or further from your ultimate goal. Whether a short note or lengthy paragraph keeping a journal helps to create the accountability necessary to achieve success now and for the months to come. So, this January write it down, give yourself a tool to help make 2020 your healthiest year ever!

- Chris, Fitness Instructor

TRANSPORTATION INFORMATION

Waltonwood offers transportation via bus or car for resident appointments and activity outings Monday through Friday. Please see the front desk receptionist to request a bus trip. We require at least a 24-hour advance notice, but of course, the earlier the better.

The bus is free for trips under 10 miles. If the trip is longer than 10 miles, a fee of \$2 per mile will be charged. Residents will not be charged for mileage on group activity outings.

All sign up sheets for activity outings, walking gro up outings, community doctor visits, church outings, etc, can be found in the Green Binder in the Post Office. You must sign up by writing your name on the respective sheet.

In addition to the regularly scheduled outings found on the Life Enrichment Calendar, here are our special outings for this month:

- 1/9: Sanders/Morley Candy Factory Tour and Hot Fudge Cream Puffs
- 1/16: Shopping at Target and JC Penney
- 1/23: Kensington Nature Center “Animals in Winter”
- 1/29: Schoolcraft College Classical Concert
- 1/30: Dinner Outing: J. Alexander’s

JANUARY SPECIAL EVENTS

10

Scam Presentation by
Canton Township Trustee,
Ann Marie

14

Variety Entertainment Show
by Ben, featuring comedy,
juggling, and more!

22

Winter themed bingo in the
Dining Room

31

Resident Art Exhibition
featuring artwork made by
Waltonwood residents!



EXECUTIVE DIRECTOR CORNER

Dear Cherry Hill Residents,

Please join me in welcoming Farah McClure to our Assisted Living/Memory Care Life Enrichment team! Farah will be assisting in creating engaging moments for our residents. If you see Farah in the community, please say hello. On January 16th, we will be celebrating National Polka Music Month with entertainment and, of course, perogies! We will be displaying art created by some of our talented Independent Living residents on January 31st in honor of National Inspire Your Heart with Art Day. Please plan to visit!

I look forward to serving all of you in the coming year. Please feel free to reach out to me with any questions or concerns you may have.

“The best way to find yourself is to lose yourself in the service of others” – Mahatma Gandhi

Sincerely, Jennifer Crader