

January 2020 Assisted Living Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LOCATION Cafe (C) Dining Room (DR) Fitness Room (FR) Hobby Room (HR) Library (L) Living Room (LR) Theater (T)		New Years Day! 10:00 Forever Fit: Full Body (FR) 10:30 Puzzle Hour: Crazy for Crosswords (HR)	9:00 Forever Fit: Upper Body (FR) 9:30 Coffee & Conversations (C) 10:00 Forever Fit: Upper Body (FR) 10:30 Name That Tune (HR) 1:30 Bridge Club (L) 2:00 Craft Hour (HR) 3:00 Forever Fit: Health Talk (HR) 4:00 Resident Sing Along Group (C) 6:30 Movie Night: Residents' Choice (T)	9:00 Forever Fit: Lower Body (FR) 9:30 Pet Therapy with Callie! 9:30 Learn Mah Jong with Andy (9:30a-11:00a) (L) 10:00 Forever Fit: Lower Body (FR) 11:00 Shabbat Service (L) 2:00 Bingo! (HR) 3:00 Forever Fit: Cornhole (LR) 3:30 Happy Hour (C)	9:00 Saturday Morning Errands (9a-12p) 10:00 Chair Exercise (FR) 4:00 Giant Crossword (C)
10:00 Catholic Service with St. Gabriel's (T) 10:00 Chair Exercise (FR) 2:00 Christian Hymn Sing Along (C) 3:00 Bingo! (HR)	9:00 Forever Fit: Upper Body (FR) 9:30 Morning Chat (C) 10:00 Forever Fit: Upper Body (FR) 11:15 Lunch Outing to Mama Ricottas 2:30 Word Game: Mad Libs (C) 3:00 Forever Fit: Walking Club (FR) 3:30 Happy Hour (C) 6:00 Music Bingo with Candy Prizes! (HR)	9:00 Forever Fit: Lower Body (FR) 9:30 Coffee & Conversations (C) 10:00 Forever Fit: Lower Body (FR) 10:30 Trivia Tuesday (HR) 1:30 Bridge Club (L) 2:00 Live Music with John Lewis! (LR) 2:30 Pet Therapy with George 3:00 Forever Fit: Bowling (LR) 4:00 Afternoon Tea (C)	9:00 Forever Fit: Full Body (FR) 9:30 Current Events (C) 10:00 Forever Fit: Full Body (FR) 2:00 Resident Ambassador Meeting (L) 3:00 Yoga Class with Feel Good Yoga Girl (FR) 4:00 Just for Laughs: Comedy Time (C)	9:00 Forever Fit: Upper Body (FR) 9:30 Coffee & Conversations (C) 10:00 Forever Fit: Upper Body (FR) 10:30 Jeopardy! (HR) 1:30 Bridge Club (L) 2:00 Craft Hour (HR) 3:00 Forever Fit: Walking Club (FR) 4:00 Resident Sing Along Group (C)	9:00 Forever Fit: Lower Body (FR) 9:30 Pet Therapy with Callie! 9:30 Learn Mah Jong with Andy (9:30a-11:30a) (L) 10:00 Forever Fit: Lower Body (FR) 10:30 Outing to the Movies 2:00 Bingo! (HR) 3:00 Forever Fit: Cornhole (LR) 3:30 Happy Hour (C)	10:00 Chair Exercise (FR) 4:00 Giant Crossword (C)
10:00 Catholic Service with St. Gabriel's (T) 10:00 Chair Exercise (FR) 2:00 Central Church Worship Service (T) 3:00 Bingo! (HR)	9:00 Forever Fit: Upper Body (FR) 9:30 Morning Chat (C) 10:00 Forever Fit: Upper Body (FR) 11:15 Lunch Outing to Yama Asian Fusion 2:30 Word Game: Mad Libs (C) 3:00 Forever Fit: Walking Club (FR) 3:30 Happy Hour (C) 6:00 Music Bingo with Candy Prizes! (HR)	9:00 Forever Fit: Lower Body (FR) 9:30 Coffee & Conversations (C) 10:00 Forever Fit: Lower Body (FR) 10:30 Trivia Tuesday (HR) 1:30 Bridge Club (L) 2:00 Rosanne Presents: Sassy and Sentimental, Instrumentals from the 50s and 60s (T) 2:30 Pet Therapy with George 3:00 Forever Fit: Bowling (LR) 3:30 Resident Council (HR)	9:00 Forever Fit: Full Body (FR) 9:30 Current Events (C) 10:00 Forever Fit: Full Body (FR) 10:30 Puzzle Hour: Crazy For Crosswords (HR) 12:00 Parkinson's Support Group (T) 2:00 Bible Study with Larry (T) 3:00 Forever Fit: Exercise Bingo (FR) 4:00 Art Group (C)	9:00 Forever Fit: Upper Body (FR) 9:30 Coffee & Conversations (C) 10:00 Forever Fit: Upper Body (FR) 10:30 Name That Tune (HR) 1:00 St. Gabriel's Catholic Service (T) 1:30 Bridge Club (L) 2:00 Craft Hour (HR) 3:00 Bible Study with Providence United Methodist Church (T) 3:00 Forever Fit: Walking Club (FR) 4:00 Resident Sing Along Group (C) 6:30 Movie Night: Residents' Choice (T)	9:00 Forever Fit: Lower Body (FR) 9:30 Pet Therapy with Callie! 9:30 Learn Mah Jong with Andy (9:30a-11:30a) (L) 10:00 Forever Fit: Lower Body (FR) 2:00 Bingo! (HR) 3:00 Forever Fit: Cornhole (LR) 3:30 Happy Hour (C)	9:00 Saturday Morning Errands (9a-12p) 10:00 Chair Exercise (FR) 4:00 Giant Crossword (C)
10:00 Catholic Service with St. Gabriel's (T) 10:00 Chair Exercise (FR) 2:00 Christian Hymn Sing Along (C) 3:00 Bingo! (HR)	9:00 Forever Fit: Upper Body (FR) 9:30 Morning Chat (C) 10:00 Forever Fit: Upper Body (FR) 2:30 Word Game: Mad Libs (C) 3:00 Forever Fit: Walking Club (FR) 3:30 Happy Hour (C) 6:00 Music Bingo with Candy Prizes! (HR)	9:00 Forever Fit: Lower Body (FR) 9:30 Coffee & Conversations (C) 10:00 Forever Fit: Lower Body (FR) 10:30 Trivia Tuesday (HR) 1:30 Bridge Club (L) 2:30 Pet Therapy with George 3:00 Forever Fit: Bowling (LR) 4:00 Afternoon Tea (C)	9:00 Forever Fit: Full Body (FR) 9:30 Current Events (C) 10:00 Forever Fit: Full Body (FR) 2:00 New Resident Welcome Social (C) 3:00 Yoga Class with Feel Good Yoga Girl (FR) 4:15 Dinner Outing to PF Changs	9:00 Forever Fit: Upper Body (FR) 9:30 Coffee & Conversations (C) 10:00 Forever Fit: Upper Body (FR) 10:30 Jeopardy! (HR) 1:30 Bridge Club (L) 2:00 Craft Hour (HR) 3:00 Forever Fit: Walking Club (FR) 4:00 Resident Sing Along Group (C) 6:30 Movie Night: Residents' Choice (T)	9:00 Forever Fit: Lower Body (FR) 9:30 Pet Therapy with Callie! 9:30 Learn Mah Jong with Andy (9:30a-11:30a) (L) 10:00 Forever Fit: Lower Body (FR) 2:00 Bingo! (HR) 3:00 Forever Fit: Cornhole (LR) 3:30 Happy Hour (C)	10:00 Chair Exercise (FR) 3:00 Live Piano Music with Patti! (DR) 4:00 Giant Crossword (C)
10:00 Catholic Service with St. Gabriel's (T) 10:00 Chair Exercise (FR) 3:00 Bingo! (HR)	9:00 Forever Fit: Upper Body (FR) 9:30 Morning Chat (C) 10:00 Forever Fit: Upper Body (FR) 11:15 Lunch Outing to Smashburger 2:30 Word Game: Mad Libs (C) 3:00 Forever Fit: Walking Club (FR) 3:30 Happy Hour (C) 6:00 Music Bingo with Candy Prizes! (HR)	9:00 Forever Fit: Lower Body (FR) 9:30 Coffee & Conversations (C) 10:00 Forever Fit: Lower Body (FR) 10:30 Trivia Tuesday (HR) 1:30 Bridge Club (L) 2:00 Live Music with David Seidel! (LR) 2:30 Pet Therapy with George 3:00 Forever Fit: Bowling (LR)	9:00 Forever Fit: Full Body (FR) 9:30 Current Events (C) 10:00 Forever Fit: Full Body (FR) 10:30 Puzzle Hour: Crazy For Crosswords (HR) 2:00 Metropolitan Music Ministries (DR) 3:00 Forever Fit: Exercise Bingo (FR) 4:00 Art Group (C)	9:00 Forever Fit: Upper Body (FR) 9:30 Coffee & Conversations (C) 10:00 Forever Fit: Upper Body (FR) 10:30 Name That Tune (HR) 1:30 Bridge Club (L) 2:00 Craft Hour (HR) 3:00 Forever Fit: Healthy Eats (HR) 4:00 Resident Sing Along Group (C) 6:30 Movie Night: Residents' Choice (T)	9:00 Forever Fit: Lower Body (FR) 9:30 Pet Therapy with Callie! 9:30 Learn Mah Jong with Andy (9:30a-11:30a) (L) 10:00 Forever Fit: Lower Body (FR) 2:00 Bingo! (HR) 3:00 Forever Fit: Cornhole (LR) 3:30 Happy Hour (C)	