


January 2020
AL Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div></div> <div>THE MERIDIAN</div> <div>— AT WATERWAYS —</div> <div><div><div>AE</div>Artistic Expression</div><div><div>CC</div>Community Connections</div><div><div>CE</div>Continuing Education</div><div><div>LL</div>Lifestyle & Leisure</div><div><div>PE</div>Physical Engagement</div><div><div>SS</div>Spiritual Support</div></div>			<div>New Year's Day 1</div> <div>11:00 <div>PE</div> Fitness with Genesis - 1st Floor [AR]</div> <div>1:30 <div>LL</div> Bridge Game - 1st Floor [AR]</div> <div>2:30 <div>LL</div> Movie Matinee "Mr. Brooks" with Kevin Kostner & Demi Moore - 1st Floor [TH]</div> <div>4:00 <div>LL</div> Social Hour - 8th Floor [B]</div> <div>7:30 <div>LL</div> Evening Movie "The Band Wagon" with Fred Astaire & Cyd Charisse - 1st Floor [TH]</div>	<div>11:00 <div>PE</div> Get Fit Where You Sit with Ciera- 1st Floor [AR] 2</div> <div>2:00 Residents Town Hall Meeting - 1st Floor [TH]</div> <div>3:00 <div>LL</div> Cookie & Ice Cream Social - 1st Floor [TH]</div> <div>3:30 <div>LL</div> Puzzles and More [AR]</div> <div>7:30 <div>LL</div> Evening Movie "Midsommar" with Florence Pugh & Jack Reynol- 1st Floor [TH]</div>	<div>11:00 <div>PE</div> Advanced Chair Exercise with Beatriz - 1st Floor [AR] 3</div> <div>1:10 <div>AE</div> Chorus "Alive & Singing" - 8th Floor</div> <div>2:15 <div>CE</div> Documentary: "100 Years on the Lincoln Highway" - 1st Floor [TH]</div> <div>2:30 <div>CC</div> Skye the Therapy Dog - 1st Floor [PA]</div> <div>4:30 <div>LL</div> Happy Hour with Tony - 8th Floor [SO]</div> <div>7:30 <div>LL</div> Evening Movie "Oblivion" with Tom Cruise & Morgan Freeman - 1st Floor [TH]</div>	<div>11:00 <div>SS</div> Chair Yoga and Meditation with Chloe - 1st Floor [AR] 4</div> <div>1:30 <div>LL</div> Bridge Game (Always looking for players) - 1st Floor [AR]</div> <div>1:30 <div>LL</div> Movie Matinee "The Irish Man" with Robert De Niro & Al Pacino - 1st Floor [TH]</div> <div>3:30 <div>CC</div> Yale Russian Chorus Performing at The Meridian - 1st Floor [PA]</div> <div>7:30 <div>LL</div> Night at the Cinema "Once Upon a Time in Hollywood" with Leonardo Di Caprio & Brad Pitt - 1st Floor [TH]</div>	
	<div>11:00 <div>PE</div> Workout with Ciera - 1st Floor 5</div> <div>1:30 <div>LL</div> Bingo - 1st Floor [AR]</div> <div>2:30 <div>LL</div> Sunday Matinee "Marriage Story" with Scarlett Johansson & Adam Driver - 1st Floor [TH]</div> <div>3:00 <div>CC</div> Paws for Friendship with GIZMO - 1st Floor [WSC]</div> <div>3:15 <div>LL</div> Corn Hole with Bryce - 1st Floor [PA]</div> <div>7:30 <div>LL</div> Sunday Night Movie "Safe House" with Denzel Washington & Ryan Reynolds - 1st Floor [TH]</div>	<div>11:00 <div>PE</div> Shape Yourself with Ciera -1st Floor [AR] 6</div> <div>1:30 <div>LL</div> Monday Matinee "The Pelican Brief" with Julia Roberts & Denzel Washington - 1st Floor [TH]</div> <div>2:30 <div>SS</div> Energy Medicine with Shardae - 1st Floor [AR]</div> <div>3:00 <div>LL</div> Lemon-A-Peel - 1st Floor [PA]</div> <div>3:30 <div>CE</div> Cognitive with Genesis - 1st Floor [CK]</div> <div>7:30 <div>LL</div> Evening Movie "Jumanji: Welcome to the Jungle" with Dwayne Johnson & Karen Gillan - 1st Floor [TH]</div>	<div>11:00 <div>SS</div> Chair Yoga and Meditation with Chloe - 1st Floor [AR] 7</div> <div>2:00 <div>AE</div> Music Appreciation "Michael Buble - Live Full Concert 2017" - 1st Floor [TH]</div> <div>2:00 <div>SS</div> Sound Therapy with Andrea Bredak - 1st Floor [AR]</div> <div>3:15 <div>AE</div> Arts & Crafts with Ciera - 1st Floor [AR]</div> <div>7:30 <div>LL</div> Evening Movie "Gran Torino" with Clint Eastwood & Christopher Carley - 1st Floor [TH]</div>	<div>11:00 <div>PE</div> Fitness with Genesis - 1st Floor [AR] 8</div> <div>1:30 <div>LL</div> Bridge Game - 1st Floor [AR]</div> <div>1:30 <div>CE</div> Culture Hour "Ben Franklin" - 1st Floor [TH]</div> <div>2:30 <div>AE</div> Piano Sessions with Mickey Havens - 8th Floor [B]</div> <div>4:00 <div>LL</div> Social Hour - 8th Floor [B]</div> <div>7:30 <div>LL</div> Evening Movie "Tower Heist" with Ben Stiller & Eddie Murphy - 1st Floor [TH]</div>	<div>11:00 <div>PE</div> Get Fit Where You Sit with Ciera - 1st Floor [AR] 9</div> <div>1:30 <div>LL</div> Massage Makes Me Happy with LeCorey (R.S.V.P at Concierge) - 1st Floor [AR]</div> <div>2:30 <div>CE</div> Trivia Games with Ciera - 1st Floor [CK]</div> <div>5:30 <div>LL</div> Dinner Outing "Indian Harbor" R.S.V.P. at Concierge [OU]</div> <div>7:30 <div>LL</div> Evening Movie "The Big Sleep" with Humphrey Bogart & Lauren Bacall - 1st Floor [TH]</div>	<div>11:00 <div>PE</div> Advanced Chair Exercise with Beatriz - 1st Floor [AR] 10</div> <div>1:10 <div>AE</div> Chorus "Alive & Singing" - 8th Floor</div> <div>2:15 <div>CE</div> Documentary: "Christopher Columbus" - 1st Floor [TH]</div> <div>4:00 <div>LL</div> Mimosa Social Hour - 8th Floor [B]</div> <div>4:30 <div>LL</div> Happy Hour with Garry Samms - 8th Floor [SO]</div> <div>7:30 <div>LL</div> Evening Movie "Lucy" with Scarlett Johansson & Morgan Freeman - 1st Floor [TH]</div>	<div>11:00 <div>SS</div> Chair Yoga and Meditation with Chloe - 1st Floor [AR] 11</div> <div>1:30 <div>LL</div> Bridge Game (Always looking for players) - 1st Floor [AR]</div> <div>1:30 <div>LL</div> Movie Matinee "Just Cause" with Sean Connery & Laurence Fishburne - 1st Floor [TH]</div> <div>3:30 <div>LL</div> Smoothies & Stories with Beatriz & Mary - 1st Floor [CK]</div> <div>4:00 <div>LL</div> Resident Council - Activities Meeting - 1st Floor [CK]</div> <div>7:30 <div>LL</div> Night at the Cinema "Good Boys" with Jacob Tremblay & Keith L. Williams - 1st Floor [TH]</div>
	<div>11:00 <div>PE</div> Workout with Ciera - 1st Floor 12</div> <div>1:30 <div>LL</div> Bingo - 1st Floor [AR]</div> <div>2:30 <div>LL</div> Sunday Matinee "Murder at 1600" with Wesley Snipes & Diane Lane - 1st Floor [TH]</div> <div>3:15 <div>LL</div> Corn Hole with Bryce - 1st Floor [PA]</div> <div>7:30 <div>LL</div> Sunday Night Movie "Moonrise Kingdom" with Jared Gilman & Kera Hayward - 1st Floor [TH]</div>	<div>11:00 <div>PE</div> Shape Yourself with Ciera -1st Floor [AR] 13</div> <div>1:30 <div>LL</div> Getting to Know You with Bryce - 1st Floor [WSC]</div> <div>1:30 <div>LL</div> Monday Matinee "The Score" with Robert De Niro & Edward Norton - 1st Floor [TH]</div> <div>3:00 <div>LL</div> Lemon-A-Peel - 1st Floor [PA]</div> <div>3:30 <div>CE</div> Cognitive with Genesis - 1st Floor [CK]</div> <div>7:30 <div>LL</div> Evening Movie "Mulholland Drive" with Naomi Watts & Ann Miller - 1st Floor [TH]</div>	<div>10:15 <div>SS</div> Shabbat Service - 1st Floor [TH] 14</div> <div>11:00 <div>SS</div> Chair Yoga and Meditation with Chloe - 1st Floor [AR]</div> <div>1:30 <div>CC</div> Voting Registration with Broward County Supervisor of Elections [AR]</div> <div>2:00 <div>CC</div> Rita and Raven Winter Visit - 1st Floor [PA]</div> <div>3:15 <div>AE</div> Arts & Crafts with Ciera - 1st Floor [AR]</div> <div>7:30 <div>LL</div> Evening Movie "Traitor" with Don Cheadle & Guy Pearce - 1st Floor [TH]</div>	<div>11:00 <div>PE</div> Fitness with Genesis - 1st Floor [AR] 15</div> <div>1:30 <div>LL</div> Bridge Game - 1st Floor [AR]</div> <div>1:30 <div>CE</div> Culture Hour "Ernest Hemingway - Wrestling with Life" - 1st Floor [TH]</div> <div>2:30 <div>AE</div> Piano Sessions with Carlos Trappberger - 8th Floor [B]</div> <div>4:00 <div>LL</div> Social Hour - 8th Floor [B]</div> <div>7:30 <div>LL</div> Evening Movie "Rebel Without a Cause" with James Dean & Natalie Wood - 1st Floor [TH]</div>	<div>11:00 <div>PE</div> Get Fit Where You Sit with Ciera - 1st Floor [AR] 16</div> <div>2:30 <div>CE</div> Trivia Games with Ciera - 1st Floor [CK]</div> <div>3:30 <div>LL</div> Birthday Bash with Chris Autore & Beatriz - 1st Floor [TH]</div> <div>7:30 <div>LL</div> Evening Movie "Chef" with John Favreau & Sofia Vergara - 1st Floor [TH]</div>	<div>11:00 <div>PE</div> Advanced Chair Exercise with Beatriz - 1st Floor [AR] 17</div> <div>1:10 <div>AE</div> Chorus "Alive & Singing" - 8th Floor</div> <div>2:15 <div>CE</div> Documentary: "History's Mysteries: Drake's Secret Voyage" - 1st Floor [TH]</div> <div>4:30 <div>LL</div> Happy Hour with Don Stansfield - 8th Floor [SO]</div> <div>7:30 <div>LL</div> Evening Movie "Where'd You Go, Bernadette" with Cate Blanchett & Billy Crudup - 1st Floor [TH]</div>	<div>11:00 <div>SS</div> Chair Yoga and Meditation with Chloe - 1st Floor [AR] 18</div> <div>1:30 <div>LL</div> Bridge Game (Always looking for players) - 1st Floor [AR]</div> <div>1:30 <div>LL</div> Movie Matinee "Butterfiled 8" with Elizabeth Taylor & Laurence Harvey - 1st Floor [TH]</div> <div>3:30 <div>LL</div> Smoothies & Stories with Beatriz & Mary - 1st Floor [CK]</div> <div>7:30 <div>LL</div> Night at the Cinema "Hustlers" with Constance Wu & Jennifer Lopez - 1st Floor [TH]</div>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>11:00 Workout with Ciera - 1st Floor</div> <div>1:30 Bingo - 1st Floor [AR]</div> <div>2:30 Sunday Matinee "The Cincinnati Kid" with Steve Mc. Queen & Ann Margret - 1st Floor [TH]</div> <div>3:00 Paws for Friendship with GIZMO - 1st Floor [WSC]</div> <div>3:15 Corn Hole with Bryce - 1st Floor [PA]</div> <div>7:30 Sunday Night Movie "Confessions of a Dangerous Mind" with George Clooney & Drew Barrymore - 1st Floor [TH]</div> <div>19</div>	<div>Martin Luther King, Jr. Day</div> <div>11:00 Shape Yourself with Ciera -1st Floor [AR]</div> <div>1:30 Getting to Know You with Bryce - 1st Floor [WSC]</div> <div>1:30 Monday Matinee "The King" with Timothee Chalamet & Joel Edgerton - 1st Floor [TH]</div> <div>2:30 Energy Medicine with Shardae - 1st Floor [AR]</div> <div>3:00 Lemon-A-Peel - 1st Floor [PA]</div> <div>3:30 Cognitive with Genesis - 1st Floor [CK]</div> <div>7:30 Evening Movie "The Boys Are Back" with Clive Owen & Laura Fraser - 1st Floor [TH]</div> <div>20</div>	<div>11:00 Chair Yoga and Meditation with Chloe - 1st Floor [AR]</div> <div>1:30 Massage Makes Me Happy with LeCorey (R.S.V.P at Concierge) - 1st Floor [AR]</div> <div>2:00 Music Appreciation "2Cellos - Back to the Roots" - 1st Floor [TH]</div> <div>3:15 Arts & Crafts with Ciera - 1st Floor [AR]</div> <div>7:30 Evening Movie "Flawless" with Michael Caine & Demi Moore - 1st Floor [TH]</div> <div>21</div>	<div>11:00 Fitness with Genesis - 1st Floor [AR]</div> <div>1:30 Bridge Game - 1st Floor [AR]</div> <div>1:30 Culture Hour "Leonardo da Vinci" - 1st Floor [TH]</div> <div>2:30 Piano Sessions with Rich Margolis - 8th Floor [B]</div> <div>4:00 Social Hour - 8th Floor [B]</div> <div>7:30 Evening Movie "Howl" with James Franco & David Strathairn - 1st Floor [TH]</div> <div>22</div>	<div>11:00 Get Fit Where You Sit with Almarie - 1st Floor [AR]</div> <div>12:00 Lunch Outing "Season's 52" R.S.V.P. at Concierge [OU]</div> <div>2:00 Arts & Crafts with Ciera - 1st Floor [AR]</div> <div>2:30 Trivia Games with Ciera - 1st Floor [CK]</div> <div>7:30 Evening Movie "The Goldfinch" with Ansel Elgort & Oakes Fegley - 1st Floor [TH]</div> <div>23</div>	<div>11:00 Get Fit Where You Sit with Almarie - 1st Floor [AR]</div> <div>1:10 Chorus "Alive & Singing" - 8th Floor</div> <div>2:15 Documentary: "In Search of History: The Real Robinson Crusoe" - 1st Floor [TH]</div> <div>4:30 Happy Hour with Mickey Havens - 8th Floor [B]</div> <div>7:30 Evening Movie "The Peanut Butter Falcon" with Shia LaBeouf & Dakota Johnson - 1st Floor [TH]</div> <div>24</div>	<div>11:00 Chair Yoga and Meditation with Chloe - 1st Floor [AR]</div> <div>1:30 Bridge Game (Always looking for players) - 1st Floor [AR]</div> <div>1:30 Movie Matinee "Fracture" with Anthony Hopkins & Ryan Goslin - 1st Floor [TH]</div> <div>3:30 Smoothies & Stories with Mary - 1st Floor [CK]</div> <div>7:30 Night at the Cinema "Angel Has Fallen" with Gerard Butler & Morgan Freeman - 1st Floor [TH]</div> <div>25</div>
<div>11:00 Workout with Ciera - 1st Floor [AR]</div> <div>1:30 Bingo - 1st Floor [AR]</div> <div>2:30 Sunday Matinee "Sarah's Key" with Aidan Quinn & Kristin Scott Thomas - 1st Floor [TH]</div> <div>3:15 Corn Hole with Bryce - 1st Floor [PA]</div> <div>7:30 Sunday Night Movie "Cold Mountain" with Nicole Kidman & Jude Law - 1st Floor [TH]</div> <div>26</div>	<div>11:00 Shape Yourself with Ciera -1st Floor [AR]</div> <div>1:30 Getting to Know You with Bryce - 1st Floor [WSC]</div> <div>1:30 Monday Matinee "The Rum Diary" with Johnny Depp & Aaron Eckhart - 1st Floor [TH]</div> <div>3:00 Lemon-A-Peel - 1st Floor [PA]</div> <div>3:30 Cognitive with Genesis - 1st Floor [CK]</div> <div>7:30 Evening Movie "Vera Drake" with Imelda Stauton & Phil Davis - 1st Floor [TH]</div> <div>27</div>	<div>10:15 Shabbat Service - 1st Floor [TH]</div> <div>11:00 Chair Yoga and Meditation with Chloe - 1st Floor [AR]</div> <div>12:00 Lunch and Shopping day at Galleria Mall [OU]</div> <div>1:30 Cooking Biscuits and collecting supplies for the Abandoned Pet Rescue Center [CK]</div> <div>2:00 Music Appreciation "Hauser - Live in Zagreb" - 1st Floor [TH]</div> <div>3:15 Arts & Crafts with Ciera - 1st Floor [AR]</div> <div>7:30 Evening Movie "Legends of the Fall" with Brad Pitt & Anthony Hopkins - 1st Floor [TH]</div> <div>28</div>	<div>11:00 Fitness with Genesis - 1st Floor [AR]</div> <div>1:30 Bridge Game - 1st Floor [AR]</div> <div>1:30 Culture Hour "Warren Buffett" - 1st Floor [TH]</div> <div>2:30 Piano Sessions with Chris Autore - 8th Floor [B]</div> <div>4:00 Sangria Club & Live Music with Richard Malfitano Trio - 1st Floor [PA]</div> <div>7:30 Evening Movie "Eyed Wide Shut" with Nicole Kidman & Tom Cruise - 1st Floor [TH]</div> <div>29</div>	<div>11:00 Get Fit Where You Sit with Almarie - 1st Floor [AR]</div> <div>2:00 Arts & Crafts with Ciera - 1st Floor [AR]</div> <div>2:30 Trivia Games with Ciera - 1st Floor [CK]</div> <div>7:30 Evening Movie "The Edge of Love" with Keira Knightley & Sienna Miller - 1st Floor [TH]</div> <div>30</div>	<div>11:00 Get Fit Where You Sit with Almarie - 1st Floor [AR]</div> <div>1:10 Chorus "Alive & Singing" - 8th Floor</div> <div>2:15 Documentary:"The Queen's Mother in Law (Royal Family Documentary) - 1st Floor [TH]</div> <div>4:30 Happy Hour with Laura - 8th Floor [SO]</div> <div>7:30 Evening Movie "In Fabric" with Marianne Jean-Baptiste & Gwendoline Christie - 1st Floor [TH]</div> <div>31</div>	<div>Location Keys</div> <div>Activities Room AR</div> <div>Bar B</div> <div>Country Kitchen CK</div> <div>Outing OU</div> <div>Patio PA</div> <div>Solarium SO</div> <div>Theater TH</div> <div>Waterside Cafe WSC</div>