



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events	Key G-Gathering Room B- Bistro T- Theater	All activities are subject to change. Please View the community Lifeshare monitors around the campus for daily programming updates.	New Year's Day S 8:30 Hospitality Cart V 9:30 Morning Stretches -B I 10:30 Catholic Communion - B GF 10:30 Otis Spunkmeyer Cookies - B O 11:30 Lunch Bring In Mcallisters - RSVP to Life Enrichment GG 2:30 BINGO - G GF 3:30 Popcorn Social - B	S 8:30 Hospitality Cart 10:00 Virtual Reality Room Visits I 10:30 Thankful Thursdays & Coffee - B S 11:00 Chef's Circle - B CC 2:30 Fruit Salad Pizza - B CC 2:30 Therapy Dog Zoey - Room Visits	S 8:30 Hospitality Cart 10:00 Shopping at Dollar Tree - See Life Enrichment CC 1:30 Manicures - B K 2:15 Trivia - B S 3:00 Happy Hour - B M 3:00 Live Entertainment with Joe Clymer	4 K 10:00 Who, What, When Trivia - B A 11:00 Color my World - B GC 2:00 BINGO - G M 3:30 Sing-a-longs -B		
GF 10:00 Movie Matinee - B 1:30 Sunday Service with Pastor Grose - G GC 3:00 Board Games - B X 3:30 Trivia -B	8:30 Hospitality Cart 9:30 Virtual Reality Room Visits S 11:00 Inspired Living Committee - T GF 2:30 Milkshakes - B V 3:00 Activity Ball - T	8:30 Hospitality Cart 10:00 Color My World - B 10:45 Bible Study with Bob & Susan - G 2:29 Taste of Town 2:30 Fall Wreath Craft- B 3:00 Coffee Social-B 6:00 Card Sharks-B	8 8:30 Hospitality Cart V 9:30 Morning Stretches -B I 10:30 Catholic Communion - B GF 10:30 Otis Spunkmeyer Cookies - B O 11:30 Lunch Out to O'Charleys - RSVP to Life Enrichment GC 2:30 BINGO - G GF 3:30 Popcorn Social - B	 8:30 Hospitality Cart 10:00 Virtual Reality Room Visits 10:30 Thankful Thursdays & Coffee - B 11:00 Chef's Circle - B 2:30 Puppy Chow - B 2:30 Therapy Dog Zoey - Room Visits 	 8:30 Hospitality Cart 10:00 Shopping to At Home Decor Store- See Life Enrichment 1:30 Manicures - B 2:15 Trivia - B 3:00 Happy Hour - B 3:00 Live Entertainment with Stan the Banjo Man 	I1 K 10:00 Who, What, When Trivia - B A 11:00 Color my World - B GC 2:00 BINGO - G M 3:30 Sing-a-longs -B		
8:30 Hospitality Cart 10:00 Movie Matinee - B 1:30 Hymns & Worship - G 3:00 Board Games - B 3:30 Trivia -B	S 8:30 Hospitality Cart 9:30 Virtual Reality Room Visits S 11:00 AL Resident Council - G GF 2:30 Root Beer Floats - B V 3:00 Bowling - T	S 8:30 Hospitality Cart A 10:00 Color My World - B I 10:45 Bible Study with Bob & Susan - G A 2:30 Fall Wreath Craft- B GF 3:00 Coffee Social-B GC 6:00 Card Sharks-B	 8:30 Hospitality Cart 9:30 Morning Stretches -B 10:30 Catholic Communion - B 10:30 Otis Spunkmeyer Cookies - B 11:30 Lunch Carry In Taco Bell - RSVP to Life Enrichment 2:30 BINGO - G 3:30 Popcorn Social - B 	S 8:30 Hospitality Cart 10:00 Virtual Reality Room Visits I 10:30 Thankful Thursdays & Coffee - B S 11:00 Chef's Circle - B 2:30 Rice Krispie Treats - B CC 2:30 Therapy Dog Zoey - Room Visits	S 8:30 Hospitality Cart O 10:00 Shopping at Walmart- See Life Enrichment CC 1:30 Manicures - B K 2:15 Trivia - B S 3:00 Happy Hour - B M 3:00 Live Entertainment with R.J. Sutton	S 8:30 Hospitality Cart K 10:00 Who, What, When Trivia - B A 11:00 Color my World - B GC 2:00 BINGO - G M 3:30 Sing-a-longs -B		
S 8:30 Hospitality Cart GF 10:00 Sunday Hymns - B S 11:00 Sunday Brunch - Both Dining Rooms C 2:00 Yahtzee - B C 3:00 Board Games - B K 3:30 Trivia -B	8:30 Hospitality Cart 10:00 Virtual Reality Room Visits M 11:00 Name That Tune- B GF 2:00 Ice Cream Sundaes - B 3:00 Ladderball- T	8:30 Hospitality Cart 10:00 Color My World - B 1 10:45 Bible Study with Bob & Susan - G 2:30 Fall Wreath Craft- B 3:00 Coffee Social-B 6:00 Card Sharks-B	S 8:30 Hospitality Cart V 9:30 Morning Stretches -B I 10:30 Catholic Communion - B GF 10:30 Otis Spunkmeyer Cookies - B O 11:30 Lunch Out to Portillos- RSVP to Life Enrichment GG 2:30 BINGO - G GF 3:30 Popcorn Social - B	S 8:30 Hospitality Cart 10:00 Virtual Reality Room Visits I 10:30 Thankful Thursdays & Coffee - B S 11:00 Chef's Circle - B C 2:30 Baking Club - B C 2:30 Therapy Dog Zoey - Room Visits	S 8:30 Hospitality Cart 10:00 Shopping at Big Lots- See Life Enrichment CC 1:30 Manicures - B K 2:15 Trivia - B S 3:00 Happy Hour - B M 3:00 Live Entertainment with Nicole Bridgens	25 Chinese New Year S 8:30 Hospitality Cart K 10:00 Who, What, When Trivia - B A 11:00 Color my World - B GC 2:00 BINGO - G M 3:30 Sing-a-longs -B		
8:30 Hospitality Cart GF 10:00 Movie Matinee - B 1:30 CHAPEL ROCK CHRISTIAN SERVICE - G GG 3:00 Board Games - B 3:30 Trivia -B	S 8:30 Hospitality Cart 10:00 Virtual Reality Room Visits M 11:00 Name That Tune -B 2:30 Smoothies - B 3:00 Ring Toss - T	S 8:30 Hospitality Cart 10:00 Color My World - B 1 10:45 Bible Study with Bob & Susan - G 2:00 Lutheran Worship Service - G A 2:30 Fall Wreath Craft- B GF 3:00 Coffee Social-B GC 6:00 Card Sharks-B	S 8:30 Hospitality Cart V 9:30 Morning Stretches -B I 10:30 Catholic Communion - B GF 10:30 Otis Spunkmeyer Cookies - B O 11:30 Lunch Out to Chilis- RSVP to Life Enrichment GG 2:30 BINGO - G GF 3:30 Popcorn Social - B	 8:30 Hospitality Cart 10:00 Virtual Reality Room Visits 10:30 Thankful Thursdays & Coffee - B 11:00 Chef's Circle - B 2:30 Baking Club - B 2:30 Therapy Dog Zoey - Room Visits 	8:30 Hospitality Cart 10:00 Shopping at Meijer - See Life Enrichment CC 1:30 Manicures - B K 2:15 Trivia - B S 3:00 Happy Hour - B M 3:00 Live Entertainment with Doug Debaun			

Wellbrooke of Avon Life Enrichment Activities- Health Center Control Cont



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
A - Artisans CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MN - Mindful Moments M - Music to My Ears O - Out & About	Key G-Gathering Room B- Bistro T- Theater Room	All activities are subject to change. Please view the community lifeshare monitors around the campus for daily programming updates.	 New Year's Day 8:30 Hospitality Cart 9:30 Morning Stretches -B 10:30 Catholic Communion - B GF 10:30 Otis Spunkmeyer Cookies - B 11:30 Lunch Bring In Mcallisters - RSVP to Life Enrichment MM 1:30 Mindful Moments GG 2:30 BINGO - G 	S 8:30 Hospitality Cart L 10:00 Virtual Reality Room Visits I 10:30 Thankful Thursdays & Coffee - B S 11:00 Chef's Circle - B MM 1:30 Mindful Moments CC 2:30 Fruit Salad Pizza - B CC 2:30 Therapy Dog Zoey -	 10:00 Shopping at Dollar Tree - See Life Enrichment 1:30 Manicures - B 	K 10:00 Who, What, When Trivia - B A 11:00 Color my World - B MN 1:30 Mindful Moments GC 2:00 BINGO - G M 3:30 Sing-a-longs -B	
GF 10:00 Movie Matinee - B 1:30 Mindful Moments 1:30 Sunday Service with Pastor Grose - G GC 3:00 Board Games - B K 3:30 Trivia -B	8:30 Hospitality Cart 9:30 Virtual Reality Room Visits S 11:00 Inspired Living Committee - T MM 1:30 Mindful Moments GF 2:30 Milkshakes - B V 3:00 Activity Ball - T	7 S 8:30 Hospitality Cart A 10:00 Color My World - B I 10:45 Bible Study with Bob & Susan - G MN 1:30 Mindful Moments S 2:29 Taste of Town A 2:30 Snowmen foam cups- B GF 3:00 Coffee Social-B GC 6:00 Card Sharks-B	8 8:30 Hospitality Cart V 9:30 Morning Stretches -B I 10:30 Catholic Communion - B GF 10:30 Otis Spunkmeyer Cookies - B O 11:30 Lunch Out to O'Charleys - RSVP to Life Enrichment MN 1:30 Mindful Moments GG 2:30 BINGO - G	S 8:30 Hospitality Cart L 10:00 Virtual Reality Room Visits I 10:30 Thankful Thursdays & Coffee - B S 11:00 Chef's Circle - B MN 1:30 Mindful Moments CC 2:30 Rice Krispies - B CC 2:30 Therapy Dog Zoey -	8:30 Hospitality Cart 10:00 Shopping to At Home Decor Store- See Life Enrichment CC 1:30 Manicures - B MM 1:30 Mindful Moments K 2:15 Trivia - B S 3:00 Happy Hour - B M 3:00 Live Entertainment with	11 K 10:00 Who, What, When Trivia - B 11:00 Color my World - B 1:30 Mindful Moments 2:00 BINGO - G M 3:30 Sing-a-longs -B	
8:30 Hospitality Cart 10:00 Movie Matinee - B 1:30 Hymns & Worship - G 1:30 Mindful Moments 3:00 Board Games - B 3:30 Trivia -B	S 8:30 Hospitality Cart 9:30 Virtual Reality Room Visits MM 1:30 Mindful Moments GF 2:30 Root Beer Floats - B 3:00 Bowling - T	8:30 Hospitality Cart 10:00 Color My World - B 1 10:45 Bible Study with Bob & Susan - G MN 1:30 Mindful Moments A 2:30 old pine tree painting- B GF 3:00 Coffee Social-B GC 6:00 Card Sharks-B	S 8:30 Hospitality Cart V 9:30 Morning Stretches -B I 10:30 Catholic Communion - B GF 10:30 Otis Spunkmeyer Cookies - B O 11:30 Lunch Carry In Taco Bell - RSVP to Life Enrichment MM 1:30 Mindful Moments GG 2:30 BINGO - G	S 8:30 Hospitality Cart 10:00 Virtual Reality Room Visits I 10:30 Thankful Thursdays & Coffee - B S 11:00 Chef's Circle - B MM 1:30 Mindful Moments CC 2:30 Therapy Dog Zoey - Room Visits	S 8:30 Hospitality Cart 10:00 Shopping at Walmart- See Life Enrichment CC 1:30 Manicures - B MW 1:30 Mindful Moments K 2:15 Trivia - B S 3:00 Happy Hour - B M 3:00 Live Entertainment with R.J. Sutton	S 8:30 Hospitality Cart 10:00 Who, What, When Trivia - B 11:00 Color my World - B 1:30 Mindful Moments CC 2:00 BINGO - G M 3:30 Sing-a-longs -B	
S 8:30 Hospitality Cart GF 10:00 Sunday Hymns - B S 11:00 Sunday Brunch - Both Dining Rooms MN 1:30 Mindful Moments GC 2:00 Yahtzee - B GC 3:00 Board Games - B K 3:30 Trivia -B	S 8:30 Hospitality Cart 10:00 Virtual Reality Room Visits MM 1:30 Mindful Moments GF 2:00 Ice Cream Sundaes - B 3:00 Ladderball- T	GF 3:00 Coffee Social-B GC 6:00 Card Sharks-B	S 8:30 Hospitality Cart 9:30 Morning Stretches -B 1 10:30 Catholic Communion - B GF 10:30 Otis Spunkmeyer Cookies - B 0 11:30 Lunch Out to Portillos- RSVP to Life Enrichment MM 1:30 Mindful Moments GG 2:30 BINGO - G	S 8:30 Hospitality Cart 10:00 Virtual Reality Room Visits I 10:30 Thankful Thursdays & Coffee - B S 11:00 Chef's Circle - B MM 1:30 Mindful Moments CC 2:30 Baking Club: No bake chocolate peanut butter	S 8:30 Hospitality Cart 10:00 Shopping at Big Lots- See Life Enrichment CC 1:30 Manicures - B MN 1:30 Mindful Moments K 2:15 Trivia - B S 3:00 Happy Hour - B M 3:00 Live Entertainment with Nicole Bridgens	Chinese New Year 8:30 Hospitality Cart 10:00 Who, What, When Trivia - B A 11:00 Color my World - B 1:30 Mindful Moments CC 2:00 BINGO - G M 3:30 Sing-a-longs -B	
8:30 Hospitality Cart 10:00 Movie Matinee - B 1:30 CHAPEL ROCK CHRISTIAN SERVICE - G MN 1:30 Mindful Moments 3:00 Board Games - B K 3:30 Trivia - B	S 8:30 Hospitality Cart 10:00 Virtual Reality Room Visits M 11:00 Name That Tune -B MN 1:30 Mindful Moments GF 2:30 Smoothies - B V 3:00 Ring Toss - T	S 8:30 Hospitality Cart 10:00 Color My World - B 1 10:45 Bible Study with Bob & Susan - G MN 1:30 Mindful Moments 1 2:00 Lutheran Worship Service - G A 2:30 Inspiration Canvas- B GF 3:00 Coffee Social-B	S 8:30 Hospitality Cart V 9:30 Morning Stretches -B I 10:30 Catholic Communion - B GF 10:30 Otis Spunkmeyer Cookies - B O 11:30 Lunch Out to Chilis- RSVP to Life Enrichment I:30 Mindful Moments GG 2:30 BINGO - G	30 S 8:30 Hospitality Cart 10:00 Virtual Reality Room Visits I 10:30 Thankful Thursdays & Coffee - B S 11:00 Chef's Circle - B MM 1:30 Mindful Moments CC 2:30 Baking Club: Banana Crumb Cake - B	S 8:30 Hospitality Cart 10:00 Shopping at Meijer - See Life Enrichment CC 1:30 Manicures - B MN 1:30 Mindful Moments K 2:15 Trivia - B S 3:00 Happy Hour - B M 3:00 Live Entertainment with Doug Debaun		

Wellbrooke of Avon Life Enrichment Activities- Legacy Lane The Life Enrichment Activities of Avon Life Enrichment Avon Life Enrichment Activities of Avon Life Enrichment Avon Life Enr



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
A - Artisans CC - Creative Cooking GF - Gathering of Friends GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About V - Vitality	All activities are subject to change please see the community lifeshare for any programming updates.		New Year's Day V Roll in the New Year K The Gift of Time C New Year's Black Eyed Peas Relax & Recharge A Creative Storytelling M Songs of Texas G Parachute Circle Healthy Hands GF LifeShare Games!	V Head to Toe Range of Motion K Life Story Winter Carrot Zucchini Bread Relax & Recharge Wooden Bead Necklace Fruit Salad Pizza - B M January Jingle GG Mini Muffin Match Up Healthy Hands	Take the Stairs K Rolling 31 Days Blizzard Cookies Relax & Recharge Scenic Drive A My Artisan Journal M Live Entertainment with Joe Clymer M January Happy Hour GG Nerf Gun Target Shooting	V Quick Qigong K Famous Pairs CC Sweet & Salty Peanut Butter Dip Relax & Recharge A Snowman Sensory Bottle M Name That Croon GG Throwing Horseshoes Healthy Hands GF Hangman		
V Humming Your Way to Health K Writer's Circle C Dr. Pepper Pudding Cake Relax & Recharge I Sunday Service with Pastor Grose - G A Thirsty Coasters M Hymn Sing GG Name 10	V Snowball Fight K Penny Ante C Three Bean Salad Relax & Recharge A Winter Bubble Trees GF Milkshakes - B M Glee Club GG Basketball Healthy Hands	 7 V Amazing Grace Chair Yoga K What's In Your Junk Drawer? CC Almond Cupcakes Relax & Recharge A Snowy Shaving Cream Paint M Legendary Ladies GG Grocery Game Healthy Hands GF Flower Arranging 	V Roll in the New Year K The Gift of Time CC Elvis Presley's Peanut Butter Banana Sandwhich Relax & Recharge A Earth's Rotation Day Globes M Songs of Texas GG Parachute Circle Healthy Hands	V Head to Toe Range of Motion Life Story Broccoli Cheese Soup Relax & Recharge No Sew Fleece Blankets Rice Krispies - B January Jingle GG Mini Muffin Match Up Healthy Hands	V Take the Stairs K Rolling 31 Days C Chocolate Covered Cherry Bars Relax & Recharge Scenic Drive A My Artisan Journal- Postcard M Live Entertainment with Stan the Banjo Man January Happy Hour	V Quick Qigong K Famous Pairs C Snowman Oreos Relax & Recharge A Bob Ross Art M Name That Croon G Throwing Horseshoes Healthy Hands GF Hangman		
V Humming Your Way to Health K Writer's Circle C Hot Chocolate Cookies Relax & Recharge A Crystal Icicles M Hymn Sing G Name 10 Healthy Hands GF Relaxing Puzzle Time	V Snowball Fight K Penny Ante CC Cinnamon Bread Sticks Relax & Recharge A Dream Catchers Veterans Day Heart Card M Glee Club GG Basketball Healthy Hands	V Amazing Grace Chair Yoga K What's In Your Junk Drawer? C Laura Bush's Texas Cookies Relax & Recharge A Ribbon Wreath M Legendary Ladies G Grocery Game Healthy Hands F Flower Arranging	V Roll in the New Year K The Gift of Time C Spinach Artichoke Dip Relax & Recharge A To BeCollage M Songs of Texas G Parachute Circle Healthy Hands LifeShare Games!	V Head to Toe Range of Motion Life Story C Pumpkin Spiced Apples Relax & Recharge A No Sew Fleece Blankets C Very Berry Smoothie - B January Jingle G Mini Muffin Match Up Healthy Hands	No Bake Peanut Butter Chex Bars Relax & Recharge Scenic Drive My Artisan Journal- Life Timeline Live Entertainment with R.J. Sutton	V Quick Qigong K Famous Pairs C Cranberry Chocolate Oatmeal Balls Relax & Recharge A Kindness Flowers Name That Croon G Throwing Horseshoes Healthy Hands		
V Humming Your Way to Health K Writer's Circle C Peanut Butter Loaf Relax & Recharge A No Sew Lavender Scented Sachets Yahtzee - B Hymn Sing G Name 10	Martin Luther King Day Snowball Fight Penny Ante CC Ambrosia Salad Relax & Recharge A DIY Shibori M Glee Club GC Basketball Healthy Hands GF Hot Chocolate & Tales	V Amazing Grace Chair Yoga K What's In Your Junk Drawer? C Elvis' Pudding Cake Relax & Recharge A Creative Storytelling Legendary Ladies G Grocery Game Healthy Hands GF Flower Arranging	V Roll in the New Year K The Gift of Time C Crockpot Chicken Noodle Soup Relax & Recharge A Winter Sugar Painting M Songs of Texas G Parachute Circle Healthy Hands LifeShare Games!	V Head to Toe Range of Motion K Life Story C Olive Red Pepper Cheddar Dip Relax & Recharge DIY Fortune Fun Baking Club: No bake chocolate peanut butter bars - B January Jingle Mini Muffin Match Up	V Take the Stairs K Rolling 31 Days Ultra-Gooey Peanut Butter Cookies Relax & Recharge Scenic Drive A My Artisan Journal- Unique as a Snowflake M Live Entertainment with Nicole	V Quick Qigong K Famous Pairs C Fortune Cookies Relax & Recharge A Winter Process Art M Name That Croon G Throwing Horseshoes Healthy Hands GF Hangman		
V Humming Your Way to Health K Writer's Circle C Loaded Vegetarian Chili Relax & Recharge A Oil Pastel Winter Tree Art M Hymn Sing G Name 10 Healthy Hands GF Relaxing Puzzle Time	V Snowball Fight K Penny Ante CC No Bake Peanut Butter Blossom Relax & Recharge A My Artisan Box M Glee Club GC Basketball Healthy Hands GF Hot Chocolate & Tales	V Amazing Grace Chair Yoga K What's In Your Junk Drawer? CC Hot Chocolate Cupcakes Relax & Recharge A My Artisan Box M Legendary Ladies GC Grocery Game Healthy Hands GF Flower Arranging	V Roll in the New Year K The Gift of Time C Lemon Thumbprint Cookies Relax & Recharge A Newspaper Winter Landscape M Songs of Texas G Parachute Circle Healthy Hands GF LifeShare Games!	V Head to Toe Range of Motion K Life Story C Cranberry Cream Cheese Dip Relax & Recharge A Newspaper Winter Landscape B Baking Club: Banana Crumb Cake B January Jingle G Mini Muffin Match Up	 Take the Stairs Rolling 31 Days Cracker Barrel Hash Brown Casserole Relax & Recharge Scenic Drive My Artisan Journal- Paint Without a Paintbrush Live Entertainment with Doug 			