

# January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Birthday!</p> <p>8 Jeannie B. 12 Bunny M. 13 Gary A. 16 Howard K. 17 Joe W. 17 Jean R. 25 Peggy F. 30 Marvin S.</p>	<p>Please RSVP for Sunday Brunch at the front desk. Brunch will be held on January 19th from 11am to 1pm. Residents may have two complimentary guests with each extra guest \$7 each.</p>	<p>Please RSVP for all outings with a member of Life Enrichment at least 24 hours in advance.</p>	<p><b>1</b> <b>New Year's Day</b></p> <p><b>9:30</b> TrilogyFit-2nd Floor Gym <b>11:00</b> Daily Chronicle-200 Hall Nurses Station <b>1:30</b> Bingo- 1st Floor Dining</p>	<p><b>2</b></p> <p><b>9:30</b> TrilogyFit-2nd Floor Gym <b>11:00</b> Daily Chronicle-200 Hall Nurses Station <b>1:30</b> Shopping at Walmart-RSVP <b>3:30</b> Rummikub-1st Floor Dining Room</p>	<p><b>3</b></p> <p><b>9:30</b> Catholic Service with St. Maria Goretti- 2nd Floor Theater <b>9:30</b> TrilogyFit-2nd Floor Gym <b>11:00</b> Daily Chronicle-200 Hall Nurses Station <b>1:30</b> Activity Planning Meeting-Billiards Room <b>3:30</b> Happy Hour-3:30-4:30-</p>	<p><b>4</b></p> <p><b>10:00</b> Bingo-1st Floor Dining <b>1:30</b> Movie Matinee-2nd Floor Theater <b>2:00</b> Jigsaw Junkies-Lobby</p>
<p><b>5</b></p> <p><b>9:45</b> Heart of the Nation Catholic Mass-AL Theater <b>10:15</b> Piano Hymns-Lobby <b>10:30</b> Church Service-Lobby <b>1:30</b> Sunday at the Movies-2nd Floor Theater <b>2:00</b> Activity Cart Room Visits</p>	<p><b>6</b></p> <p><b>9:30</b> Sittercise with Sam-2nd Floor Gym <b>11:00</b> Daily Chronicle-200 Hall Nurses Station <b>1:30</b> Live Music with John Perkins-Lobby <b>3:45</b> Chef Circle-2nd Floor Pub <b>6:00</b> Group Games with Lisa-1st Floor Dining Room</p>	<p><b>7</b></p> <p><b>9:30</b> TrilogyFit-2nd Floor Gym <b>10:30</b> Lunch at Noble Romans-RSVP <b>11:00</b> Daily Chronicle-200 Hall Nurses Station <b>1:30</b> Therapy Dog Visits with Maverick <b>3:00</b> Live Music with Steve Robbins-Lobby</p>	<p><b>8</b></p> <p><b>9:30</b> TrilogyFit-2nd Floor Gym <b>11:00</b> Daily Chronicle-200 Hall Nurses Station <b>1:30</b> Bingo- 1st Floor Dining <b>3:00</b> Catholic Rosary- 2nd Floor Theater <b>4:00</b> Therapy Dog Visits with Max</p>	<p><b>9</b></p> <p><b>9:30</b> TrilogyFit-2nd Floor Gym <b>11:00</b> Daily Chronicle-200 Hall Nurses Station <b>1:30</b> Shopping at Meijer-RSVP <b>3:30</b> Rummikub-1st Floor Dining Room</p>	<p><b>10</b></p> <p><b>9:30</b> TrilogyFit-2nd Floor Gym <b>11:00</b> Daily Chronicle-200 Hall Nurses Station <b>1:30</b> PoKeNo-1st Floor Dining Room <b>3:30</b> Happy Hour-3:30-4:30-Lobby <b>3:30</b> Live Music with RJ Sutton-Lobby</p>	<p><b>11</b></p> <p><b>10:00</b> Bingo-1st Floor Dining <b>1:30</b> Movie Matinee-2nd Floor Theater <b>2:00</b> Jigsaw Junkies-Lobby</p>
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Happy Birthday! 8 Jeannie B. 12 Bunny M. 13 Gary A. 16 Howard K. 17 Joe W. 17 Jean R. 25 Peggy F. 30 Marvin S.	Please RSVP for Sunday Brunch at the front desk. Brunch will be held on January 19th from 11am to 1pm. Residents may have two complimentary guests with each extra guest \$7 each.		<b>1</b> <b>New Year's Day</b> <b>9:00</b> Roll in the New Year <b>9:30</b> Jumbo Crossword <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>1:30</b> Bingo <b>4:00</b> Volleyball <b>4:30</b> Healthy Hands <b>6:00</b> LifeShare Games! <b>7:00</b> Nighttime Traditions	<b>2</b> <b>9:00</b> Head to Toe Range of Motion <b>9:30</b> Hangman <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Wooden Bead Necklace <b>4:00</b> Match Up Game <b>4:30</b> Healthy Hands <b>6:00</b> Aqua Painting	<b>3</b> <b>9:15</b> Sittercise <b>9:30</b> Yahtzee <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Movie and Popcorn <b>3:30</b> January Happy Hour <b>4:00</b> Target Toss <b>4:30</b> Healthy Hands <b>6:00</b> Old Time Theater	<b>4</b> <b>9:00</b> Quick Qigong <b>9:30</b> Famous Pairs <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Snowman Sensory Bottle <b>3:30</b> Name That Croon <b>4:00</b> Throwing Horseshoes <b>4:30</b> Healthy Hands <b>6:00</b> Hangman
<b>5</b> <b>9:00</b> Sunday Stretch <b>9:30</b> Mad Libs <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Activity Cart Room Visits <b>3:30</b> Hymn Sing <b>4:00</b> Name 10 <b>4:30</b> Healthy Hands <b>6:00</b> Relaxing Puzzle Time	<b>6</b> <b>9:00</b> Snowball Toss <b>9:30</b> Pennies In <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Winter Bubble Trees <b>3:00</b> Sittercise with Sam <b>4:00</b> Glee Club <b>4:30</b> Healthy Hands <b>6:00</b> Hot Chocolate & Tales	<b>7</b> <b>9:00</b> Chair Yoga <b>9:30</b> Card Games <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>1:30</b> Therapy Dog Visits with Maverick <b>2:00</b> Scenic Drive <b>4:30</b> Healthy Hands <b>6:00</b> Flower Arranging	<b>8</b> <b>9:00</b> Roll in the New Year <b>9:30</b> Jumbo Crossword <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>1:30</b> Bingo <b>4:00</b> Volleyball <b>4:30</b> Healthy Hands <b>6:00</b> LifeShare Games <b>7:00</b> Nighttime Traditions	<b>9</b> <b>9:00</b> Head to Toe Range of Motion <b>9:30</b> Hangman <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> No Sew Fleece Blankets <b>4:00</b> Match Up Game <b>4:30</b> Healthy Hands <b>6:00</b> Aqua Painting	<b>10</b> <b>9:15</b> Sittercise <b>9:30</b> Yahtzee <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Movie and Popcorn <b>3:30</b> January Happy Hour <b>4:00</b> Target Toss <b>4:30</b> Healthy Hands <b>6:00</b> Old Time Theater	<b>11</b> <b>9:00</b> Quick Qigong <b>9:30</b> Famous Pairs <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Bob Ross Art <b>3:30</b> Name That Croon <b>4:00</b> Throwing Horseshoes <b>4:30</b> Healthy Hands <b>6:00</b> Hangman
<b>12</b> <b>9:00</b> Sunday Stretch <b>9:30</b> Mad Libs <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Activity Cart Room Visits <b>3:30</b> Hymn Sing <b>4:00</b> Name 10 <b>4:30</b> Healthy Hands <b>6:00</b> Relaxing Puzzle Time	<b>13</b> <b>9:00</b> Snowball Toss <b>9:30</b> Pennies In <b>10:30</b> Guitar Visits with Robin <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> SHOPPING DAY-Lobby <b>3:00</b> Sittercise with Sam <b>4:00</b> Glee Club <b>4:30</b> Healthy Hands	<b>14</b> <b>9:00</b> Chair Yoga <b>9:30</b> Card Games <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>1:30</b> Therapy Dog Visits with Maverick <b>2:00</b> Ribbon Wreath <b>4:00</b> Grocery Game <b>4:30</b> Healthy Hands	<b>15</b> <b>9:00</b> Roll in the New Year <b>9:30</b> Jumbo Crossword <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>1:30</b> Bingo <b>4:00</b> Volleyball <b>4:30</b> Healthy Hands <b>6:00</b> LifeShare Games <b>7:00</b> Nighttime Traditions	<b>16</b> <b>9:00</b> Head to Toe Range of Motion <b>9:30</b> Hangman <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> No Sew Fleece Blankets <b>4:00</b> Match Up Game <b>4:30</b> Healthy Hands <b>6:00</b> Aqua Painting	<b>17</b> <b>9:15</b> Sittercise <b>9:30</b> Yahtzee <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Movie and Popcorn <b>3:30</b> January Happy Hour <b>4:00</b> Target Toss <b>4:30</b> Healthy Hands <b>6:00</b> Old Time Theater	<b>18</b> <b>9:00</b> Quick Qigong <b>9:30</b> Famous Pairs <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Kindness Flowers <b>3:30</b> Name That Croon <b>4:00</b> Throwing Horseshoes <b>4:30</b> Healthy Hands <b>6:00</b> Hangman
<b>19</b> <b>9:00</b> Sunday Stretch <b>9:30</b> Mad Libs <b>10:45</b> Creative Cooking <b>11:00</b> Sunday Brunch 11am-1pm-RSVP <b>12:45</b> Relax & Recharge <b>2:00</b> Activity Cart Room Visits <b>3:30</b> Hymn Sing <b>4:00</b> Name 10	<b>20</b> <b>Martin Luther King Day</b> <b>9:00</b> Snowball Toss <b>9:30</b> Pennies In <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> DIY Shibori <b>3:00</b> Sittercise with Sam <b>4:00</b> Glee Club <b>4:30</b> Healthy Hands <b>6:00</b> Hot Chocolate & Tales	<b>21</b> <b>9:00</b> Chair Yoga <b>9:30</b> Card Games <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>1:30</b> Therapy Dog Visits with Maverick <b>2:00</b> Scenic Drive <b>4:30</b> Healthy Hands <b>6:00</b> Flower Arranging	<b>22</b> <b>9:00</b> Roll in the New Year <b>9:30</b> Jumbo Crossword <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>1:30</b> Bingo <b>4:00</b> Volleyball <b>4:30</b> Healthy Hands <b>6:00</b> LifeShare Games <b>7:00</b> Nighttime Traditions	<b>23</b> <b>9:00</b> Head to Toe Range of Motion <b>9:30</b> Hangman <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> DIY Fortune Fun <b>4:00</b> Match Up Game <b>4:30</b> Healthy Hands <b>6:00</b> Aqua Painting	<b>24</b> <b>9:15</b> Sittercise <b>9:30</b> Yahtzee <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Movie and Popcorn <b>3:30</b> January Happy Hour <b>4:00</b> Target Toss <b>4:30</b> Healthy Hands <b>6:00</b> Old Time Theater	<b>25</b> <b>Chinese New Year</b> <b>9:00</b> Quick Qigong <b>9:30</b> Famous Pairs <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Winter Process Art <b>3:30</b> Name That Croon <b>4:00</b> Throwing Horseshoes <b>4:30</b> Healthy Hands <b>6:00</b> Hangman
<b>26</b> <b>9:00</b> Sunday Stretch <b>9:30</b> Mad Libs <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Activity Cart Room Visits <b>3:30</b> Hymn Sing <b>4:00</b> Name 10 <b>4:30</b> Healthy Hands <b>6:00</b> Relaxing Puzzle Time	<b>27</b> <b>9:00</b> Snowball Toss <b>9:30</b> Pennies In <b>10:30</b> Guitar Visits with Robin <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> My Artisan Box <b>3:00</b> Sittercise with Sam <b>4:00</b> Glee Club <b>4:30</b> Healthy Hands	<b>28</b> <b>9:00</b> Chair Yoga <b>9:30</b> Card Games <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>1:30</b> Therapy Dog Visits with Maverick <b>2:00</b> Scenic Drive <b>4:30</b> Healthy Hands <b>6:00</b> Flower Arranging	<b>29</b> <b>9:00</b> Roll in the New Year <b>9:30</b> Jumbo Crossword <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>1:30</b> Bingo <b>4:00</b> Volleyball <b>4:30</b> Healthy Hands <b>6:00</b> LifeShare Games <b>7:00</b> Nighttime Traditions	<b>30</b> <b>9:00</b> Head to Toe Range of Motion <b>9:30</b> Hangman <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Newspaper Winter Landscape <b>4:00</b> Match Up Game <b>4:30</b> Healthy Hands	<b>31</b> <b>9:15</b> Sittercise <b>9:30</b> Yahtzee <b>10:45</b> Creative Cooking <b>12:45</b> Relax & Recharge <b>2:00</b> Movie and Popcorn <b>3:30</b> January Happy Hour <b>4:00</b> Target Toss <b>4:30</b> Healthy Hands <b>6:00</b> Old Time Theater	